

## 1 - Spring Swim sessie 1: Series

28-2-2025 - 16:45

Programmanr. 1  
28-2-2025 - 16:45

Dames, 400m wisselslag  
Spring Swim Record: Djanilla Brink: 4:54.28

Juniores 2 en ouder  
Resultaten Voorronde

Punten: AQUA 2024

| Rang                                                    | In.tijd | Tijd    | Pnt | RT      |
|---------------------------------------------------------|---------|---------|-----|---------|
| 1. Sam De Bont                                          | 5:02.33 | 5:04.65 | 664 | Q       |
| 50m: 31.81 150m: 1:50.19 250m: 3:12.90 350m: 4:30.67    |         |         |     |         |
| 100m: 1:09.11 200m: 2:30.04 300m: 3:56.85 400m: 5:04.65 |         |         |     |         |
| 2. Mare Schallenberg                                    | 5:05.41 | 5:05.97 | 656 | Q       |
| 50m: 34.21 150m: 1:54.29 250m: 3:15.32 350m: 4:32.47    |         |         |     |         |
| 100m: 1:14.41 200m: 2:33.34 300m: 3:57.08 400m: 5:05.97 |         |         |     |         |
| 3. Frouke Ludwig                                        | 4:59.99 | 5:06.23 | 654 | +0,82 Q |
| 50m: 32.00 150m: 1:47.77 250m: 3:11.13 350m: 4:32.13    |         |         |     |         |
| 100m: 1:08.08 200m: 2:25.69 300m: 3:57.00 400m: 5:06.23 |         |         |     |         |
| 4. Ismay Lichtendonk                                    | 5:10.05 | 5:09.82 | 631 | +0,75 Q |
| 50m: 31.56 150m: 1:49.51 250m: 3:13.53 350m: 4:35.33    |         |         |     |         |
| 100m: 1:09.52 200m: 2:28.76 300m: 3:59.05 400m: 5:09.82 |         |         |     |         |
| 5. Rhodée van den Ham                                   | 5:06.74 | 5:10.55 | 627 | +0,82 Q |
| 50m: 31.64 150m: 1:50.28 250m: 3:15.02 350m: 4:36.41    |         |         |     |         |
| 100m: 1:08.17 200m: 2:31.36 300m: 3:59.73 400m: 5:10.55 |         |         |     |         |
| 6. Megan Jonkman                                        | 5:09.00 | 5:13.65 | 609 | +0,85 Q |
| 50m: 32.31 150m: 1:51.58 250m: 3:18.60 350m: 4:39.15    |         |         |     |         |
| 100m: 1:08.72 200m: 2:33.16 300m: 4:03.87 400m: 5:13.65 |         |         |     |         |
| 7. Nova Nijziel                                         | 5:14.02 | 5:16.00 | 595 | +0,76 Q |
| 50m: 31.89 150m: 1:49.10 250m: 3:15.59 350m: 4:40.19    |         |         |     |         |
| 100m: 1:08.85 200m: 2:28.95 300m: 4:03.16 400m: 5:16.00 |         |         |     |         |
| 8. Yill van Bezouw                                      | 5:21.80 | 5:20.67 | 569 | +0,82 Q |
| 50m: 31.56 150m: 1:52.48 250m: 3:20.46 350m: 4:45.15    |         |         |     |         |
| 100m: 1:08.85 200m: 2:34.43 300m: 4:06.99 400m: 5:20.67 |         |         |     |         |
| 9. Luus Gielens                                         | 5:13.70 | 5:23.61 | 554 | +0,81 Q |
| 50m: 34.42 150m: 1:55.49 250m: 3:23.75 350m: 4:48.01    |         |         |     |         |
| 100m: 1:14.08 200m: 2:36.15 300m: 4:11.14 400m: 5:23.61 |         |         |     |         |
| 10. Marlies Dijsselhof                                  | 5:35.34 | 5:31.61 | 515 | +0,85 R |
| 50m: 33.47 150m: 1:58.94 250m: 3:26.56 350m: 4:54.62    |         |         |     |         |
| 100m: 1:16.72 200m: 2:40.33 300m: 4:15.21 400m: 5:31.61 |         |         |     |         |
| 11. Rixt Rothschild                                     | 5:44.37 | 5:32.10 | 513 | +0,85 R |
| 50m: 35.19 150m: 2:01.52 250m: 3:30.30 350m: 4:55.83    |         |         |     |         |
| 100m: 1:17.31 200m: 2:45.00 300m: 4:18.11 400m: 5:32.10 |         |         |     |         |
| 12. Anna Lepoutre                                       | 5:50.65 | 5:33.47 | 506 | +0,77   |
| 50m: 33.20 150m: 1:56.44 250m: 3:28.39 350m: 4:57.62    |         |         |     |         |
| 100m: 1:11.81 200m: 2:38.57 300m: 4:19.24 400m: 5:33.47 |         |         |     |         |
| 13. Tess Vonk                                           | 5:31.07 | 5:34.11 | 503 | +0,69   |
| 50m: 33.31 150m: 1:57.35 250m: 3:27.40 350m: 4:55.52    |         |         |     |         |
| 100m: 1:13.18 200m: 2:41.59 300m: 4:15.07 400m: 5:34.11 |         |         |     |         |
| 14. Noa van Zalk                                        | 5:39.21 | 5:35.10 | 499 | +0,48   |
| 50m: 32.59 150m: 1:57.54 250m: 3:29.17 350m: 4:58.09    |         |         |     |         |
| 100m: 1:12.55 200m: 2:40.80 300m: 4:19.31 400m: 5:35.10 |         |         |     |         |

DZ&PC Spring Swim 2025

Programmanr. 1, Dames, 400m wisselslag, Voorronde, Junioren 2 en ouder

| Rang |                    |                   |               |               |  |  | In.tijd | Tijd           | Pnt | RT    |
|------|--------------------|-------------------|---------------|---------------|--|--|---------|----------------|-----|-------|
| 15.  | Milou Filemon      | Blue Marlins      | 201100078     |               |  |  | 5:34.15 | <b>5:35.99</b> | 495 | +0,55 |
|      | 50m: 34.95         | 150m: 1:59.17     | 250m: 3:31.39 | 350m: 4:59.99 |  |  |         |                |     |       |
|      | 100m: 1:16.89      | 200m: 2:40.23     | 300m: 4:22.16 | 400m: 5:35.99 |  |  |         |                |     |       |
| 16.  | Manou Longayroux   | Blue Marlins      | 201000580     |               |  |  | 5:45.27 | <b>5:38.87</b> | 482 | +0,70 |
|      | 50m: 34.29         | 150m: 2:01.46     | 250m: 3:35.86 | 350m: 5:03.59 |  |  |         |                |     |       |
|      | 100m: 1:15.18      | 200m: 2:44.40     | 300m: 4:23.58 | 400m: 5:38.87 |  |  |         |                |     |       |
| 17.  | Elin Reinstra      | TriVia            | 201100842     |               |  |  | 5:43.05 | <b>5:40.82</b> | 474 | +0,87 |
|      | 50m: 37.11         | 150m: 2:04.40     | 250m: 3:35.50 | 350m: 5:04.28 |  |  |         |                |     |       |
|      | 100m: 1:22.75      | 200m: 2:45.22     | 300m: 4:26.44 | 400m: 5:40.82 |  |  |         |                |     |       |
| 18.  | Raegan Belmar      | Blue Marlins      | 201004070     |               |  |  | 5:25.67 | <b>5:40.83</b> | 474 | +0,83 |
|      | 50m: 34.00         | 150m: 2:00.36     | 250m: 3:34.07 | 350m: 5:03.68 |  |  |         |                |     |       |
|      | 100m: 1:15.31      | 200m: 2:44.17     | 300m: 4:25.22 | 400m: 5:40.83 |  |  |         |                |     |       |
| 19.  | Kinley Cole        | Psv               | 200903696     |               |  |  | 5:34.96 | <b>5:41.29</b> | 472 | +0,47 |
|      | 50m: 32.90         | 150m: 1:58.56     | 250m: 3:32.07 | 350m: 5:04.67 |  |  |         |                |     |       |
|      | 100m: 1:14.28      | 200m: 2:42.94     | 300m: 4:24.55 | 400m: 5:41.29 |  |  |         |                |     |       |
| 20.  | Femke ter Horst    | ZPC Hoogeveen     | 201000108     |               |  |  | 5:52.01 | <b>5:42.08</b> | 469 | +0,76 |
|      | 50m: 35.45         | 150m: 2:01.70     | 250m: 3:35.75 | 350m: 5:05.02 |  |  |         |                |     |       |
|      | 100m: 1:17.06      | 200m: 2:44.37     | 300m: 4:27.31 | 400m: 5:42.08 |  |  |         |                |     |       |
| 21.  | Frédérique Nijziel | De Dolfijn        | 201103114     |               |  |  | 5:46.03 | <b>5:42.09</b> | 469 | +0,73 |
|      | 50m: 32.15         | 150m: 1:54.89     | 250m: 3:32.47 | 350m: 5:04.40 |  |  |         |                |     |       |
|      | 100m: 1:10.76      | 200m: 2:37.77     | 300m: 4:27.12 | 400m: 5:42.09 |  |  |         |                |     |       |
| 22.  | Odenza Soselisa    | Blue Marlins      | 201101780     |               |  |  | 5:34.80 | <b>5:45.12</b> | 457 | +0,63 |
|      | 50m: 34.21         | 150m: 1:59.85     | 250m: 3:34.45 | 350m: 5:06.30 |  |  |         |                |     |       |
|      | 100m: 1:13.67      | 200m: 2:45.43     | 300m: 4:23.98 | 400m: 5:45.12 |  |  |         |                |     |       |
| 23.  | Sofie Vos          | ZPC Hoogeveen     | 200800804     |               |  |  | 5:45.30 | <b>5:47.86</b> | 446 |       |
|      | 50m: 37.69         | 150m: 2:07.12     | 250m: 3:39.43 | 350m: 5:10.05 |  |  |         |                |     |       |
|      | 100m: 1:23.14      | 200m: 2:49.37     | 300m: 4:30.52 | 400m: 5:47.86 |  |  |         |                |     |       |
| 24.  | Breanna Belmar     | Blue Marlins      | 201004068     |               |  |  | 5:48.63 | <b>5:47.93</b> | 446 | +0,80 |
|      | 50m: 35.20         | 150m: 2:06.32     | 250m: 3:41.48 | 350m: 5:10.10 |  |  |         |                |     |       |
|      | 100m: 1:18.35      | 200m: 2:52.32     | 300m: 4:31.84 | 400m: 5:47.93 |  |  |         |                |     |       |
| 25.  | Elke Kriesels      | Hieronymus        | 201100898     |               |  |  | 5:53.16 | <b>5:48.64</b> | 443 | +0,80 |
|      | 50m: 34.09         | 150m: 2:04.99     | 250m: 3:40.31 | 350m: 5:10.42 |  |  |         |                |     |       |
|      | 100m: 1:18.44      | 200m: 2:49.80     | 300m: 4:30.77 | 400m: 5:48.64 |  |  |         |                |     |       |
| 26.  | Simone Brobbel     | SG Hoeksche Waard | 201200058     |               |  |  | 6:06.76 | <b>5:50.14</b> | 437 | +0,84 |
|      | 50m: 34.27         | 150m: 2:00.74     | 250m: 3:36.86 | 350m: 5:12.43 |  |  |         |                |     |       |
|      | 100m: 1:16.79      | 200m: 2:42.63     | 300m: 4:31.49 | 400m: 5:50.14 |  |  |         |                |     |       |
| 27.  | Wieke Dekker       | De Dolfijn        | 201002020     |               |  |  | 5:48.41 | <b>5:53.40</b> | 425 | +0,62 |
|      | 50m: 38.44         | 150m: 2:12.12     | 250m: 3:45.34 | 350m: 5:14.28 |  |  |         |                |     |       |
|      | 100m: 1:26.25      | 200m: 2:57.48     | 300m: 4:34.25 | 400m: 5:53.40 |  |  |         |                |     |       |
| 28.  | Evita Hoornweg     | TriVia            | 201002046     |               |  |  | 6:10.51 | <b>5:54.51</b> | 421 | +0,83 |
|      | 50m: 35.37         | 150m: 2:06.45     | 250m: 3:41.61 | 350m: 5:16.55 |  |  |         |                |     |       |
|      | 100m: 1:18.69      | 200m: 2:52.53     | 300m: 4:34.47 | 400m: 5:54.51 |  |  |         |                |     |       |
| 29.  | Hanna Heller       | Zpc Amersfoort    | 201102730     |               |  |  | 6:05.86 | <b>5:54.81</b> | 420 |       |
|      | 50m: 35.06         | 150m: 2:06.08     | 250m: 3:41.52 | 350m: 5:16.30 |  |  |         |                |     |       |
|      | 100m: 1:19.36      | 200m: 2:50.90     | 300m: 4:34.46 | 400m: 5:54.81 |  |  |         |                |     |       |

Programmanr. 1, Dames, 400m wisselslag, Voorronde, Junioren 2 en ouder

| Rang                                                            | In.tijd | Tijd           | Pnt | RT    |
|-----------------------------------------------------------------|---------|----------------|-----|-------|
| 30. Isa Segenhout Orca Leeuwarden 201000128                     | 6:05.71 | <b>5:55.39</b> | 418 | +0,83 |
| 50m: 35.59 150m: 2:08.35 250m: 3:44.27 350m: 5:16.97            |         |                |     |       |
| 100m: 1:21.30 200m: 2:53.14 300m: 4:37.07 400m: 5:55.39         |         |                |     |       |
| 31. Lois Waterham Dedemsvaart-AC 200803726                      | 5:41.45 | <b>5:57.92</b> | 409 | +0,52 |
| 50m: 35.61 150m: 2:05.83 250m: 3:43.66 350m: 5:18.28            |         |                |     |       |
| 100m: 1:19.16 200m: 2:50.96 300m: 4:36.79 400m: 5:57.92         |         |                |     |       |
| 32. Anique Polinder Dedemsvaart-AC 200800008                    | 6:13.71 | <b>5:59.78</b> | 403 | +0,92 |
| 50m: 37.33 150m: 2:11.88 250m: 3:48.40 350m: 5:21.20            |         |                |     |       |
| 100m: 1:24.39 200m: 2:58.03 300m: 4:41.12 400m: 5:59.78         |         |                |     |       |
| 33. Noortje Bisperink Zpc Amersfoort 201100486                  | 6:01.39 | <b>6:00.57</b> | 400 | +0,81 |
| 50m: 38.11 150m: 2:08.17 250m: 3:45.84 350m: 5:22.06            |         |                |     |       |
| 100m: 1:25.99 200m: 2:50.72 300m: 4:41.99 400m: 6:00.57         |         |                |     |       |
| 34. Myrthe Bruinsma Zpc Amersfoort 201101108                    | 6:01.91 | <b>6:07.87</b> | 377 | +0,98 |
| 50m: 36.39 150m: 2:12.08 250m: 3:48.68 350m: 5:27.02            |         |                |     |       |
| 100m: 1:23.23 200m: 2:58.43 300m: 4:41.79 400m: 6:07.87         |         |                |     |       |
| 35. Querine Schminnes ZC Borger 201200624                       | 6:08.82 | <b>6:23.51</b> | 333 |       |
| 50m: 41.40 150m: 2:25.37 250m: 4:07.09 350m: 5:41.93            |         |                |     |       |
| 100m: 1:33.48 200m: 3:14.90 300m: 4:58.36 400m: 6:23.51         |         |                |     |       |
| 36. Charlie Klaver De Dolfijn 201102094                         | 6:13.90 | <b>6:29.97</b> | 316 | +0,63 |
| 50m: 40.07 150m: 2:25.29 250m: 4:06.92 350m: 5:46.76            |         |                |     |       |
| 100m: 1:29.34 200m: 3:17.26 300m: 4:58.76 400m: 6:29.97         |         |                |     |       |
| 37. Femke Griemink Ksn (Sg) 200802376                           | 6:48.99 | <b>6:40.29</b> | 293 | +0,52 |
| 50m: 40.91 150m: 2:24.61 250m: 4:11.24 350m: 5:55.10            |         |                |     |       |
| 100m: 1:32.78 200m: 3:15.98 300m: 5:09.33 400m: 6:40.29         |         |                |     |       |
| 38. Emma Juliette Jansen Zpc Amersfoort 201200158               | 6:59.43 | <b>6:46.90</b> | 278 | +0,73 |
| 50m: 43.53 150m: 2:32.76 250m: 4:17.58 350m: 5:58.60            |         |                |     |       |
| 100m: 1:39.56 200m: 3:25.79 300m: 5:10.88 400m: 6:46.90         |         |                |     |       |
| DIS Evy Anna Nijdam Orca Leeuwarden 201100834                   | 6:33.93 |                |     |       |
| AA - De start ingezet voor het startsignaal (en wel gezwommen). |         |                |     |       |
| AFGEM Nikita van den Ouden Psv 199900622                        | 4:58.81 |                |     |       |

Programmanr. 2 Heren, 1500m vrije slag Junioren 1 en ouder  
28-2-2025 - 17:11 Spring Swim record: Tiago Fonseca Gomes: 16:00.88 Resultaten

Punten: AQUA 2024

| Rang                                                                               | In.tijd  | Tijd            | Pnt | RT    |
|------------------------------------------------------------------------------------|----------|-----------------|-----|-------|
| 1. Tieme Wiersma DZ&PC 200701031                                                   | 16:11.55 | <b>15:58.98</b> | 749 |       |
| 50m: 29.55 100m: 1:00.83 200m: 2:04.82 400m: 4:12.76 800m: 8:30.54 1500m: 15:58.98 |          |                 |     |       |
| 2. Bram Loots Kzc 200700197                                                        | 15:47.73 | <b>16:10.32</b> | 723 | +0,74 |
| 50m: 29.01 100m: 1:00.03 200m: 2:04.80 400m: 4:13.84 800m: 8:32.01 1500m: 16:10.32 |          |                 |     |       |
| 3. Martijn Nies Psv 200902095                                                      | 16:50.88 | <b>16:26.78</b> | 687 | +0,81 |
| 50m: 29.45 100m: 1:01.69 200m: 2:07.07 400m: 4:16.55 800m: 8:38.53 1500m: 16:26.78 |          |                 |     |       |
| 4. Olivier Wilbers ZPC Hoogeveen 200600181                                         | 16:42.74 | <b>16:37.11</b> | 666 | +0,76 |
| 50m: 30.96 100m: 1:04.30 200m: 2:10.79 400m: 4:25.04 800m: 8:52.33 1500m: 16:37.11 |          |                 |     |       |

DZ&PC Spring Swim 2025

Programmanr. 2, Heren, 1500m vrije slag, Junioren 1 en ouder

| Rang |                                |         |                  |         |              |         |       |         | In.tijd  | Tijd     | Pnt    | RT       |
|------|--------------------------------|---------|------------------|---------|--------------|---------|-------|---------|----------|----------|--------|----------|
| 5.   | Jasper Van Remoortere          |         | Zwemfed          |         | VZF/10015/09 |         |       |         | 16:32.59 | 16:51.99 | 637    | +0,79    |
|      | 50m:                           | 29.70   | 100m:            | 1:02.32 | 200m:        | 2:08.63 | 400m: | 4:22.85 | 800m:    | 8:54.54  | 1500m: | 16:51.99 |
| 6.   | Bas Blanker                    |         | Acz              |         | 200601497    |         |       |         | 17:02.59 | 16:57.33 | 627    | +0,62    |
|      | 50m:                           | 29.77   | 100m:            | 1:02.46 | 200m:        | 2:09.08 | 400m: | 4:23.79 | 800m:    | 8:56.36  | 1500m: | 16:57.33 |
| 7.   | Mattias Stolk                  |         | HZ&PC Heerenveen |         | 201000525    |         |       |         | 18:22.64 | 17:38.52 | 557    |          |
|      | 50m:                           | 31.97   | 250m:            | 2:52.64 | 450m:        | 5:15.93 | 650m: | 7:38.76 | 850m:    | 10:02.12 | 1200m: | 14:12.26 |
|      | 100m:                          | 1:06.81 | 300m:            | 3:28.39 | 500m:        | 5:51.33 | 700m: | 8:14.39 | 900m:    | 10:37.56 | 1300m: | 15:22.38 |
|      | 150m:                          | 1:42.06 | 350m:            | 4:04.10 | 550m:        | 6:27.17 | 750m: | 8:50.47 | 1000m:   | 11:49.50 | 1400m: | 16:32.15 |
|      | 200m:                          | 2:17.18 | 400m:            | 4:39.83 | 600m:        | 7:02.89 | 800m: | 9:26.35 | 1100m:   | 13:00.86 | 1500m: | 17:38.52 |
| 8.   | Emiel de Bruijn                |         | Dedemsvaart-AC   |         | 200700953    |         |       |         | 18:42.30 | 17:38.86 | 556    | +0,78    |
|      | 50m:                           | 30.33   | 250m:            | 2:49.62 | 450m:        | 5:12.84 | 650m: | 7:37.03 | 850m:    | 10:00.24 | 1200m: | 14:10.14 |
|      | 100m:                          | 1:04.47 | 300m:            | 3:24.96 | 500m:        | 5:48.82 | 700m: | 8:12.71 | 900m:    | 10:35.60 | 1300m: | 15:21.23 |
|      | 150m:                          | 1:39.31 | 350m:            | 4:00.68 | 550m:        | 6:25.24 | 750m: | 8:48.67 | 1000m:   | 11:47.31 | 1400m: | 16:31.90 |
|      | 200m:                          | 2:14.41 | 400m:            | 4:36.63 | 600m:        | 7:01.07 | 800m: | 9:24.41 | 1100m:   | 12:58.91 | 1500m: | 17:38.86 |
| 9.   | Milan Veelders                 |         | O Z & P C        |         | 200800279    |         |       |         | 17:12.37 | 17:39.69 | 555    | +0,77    |
|      | 50m:                           | 29.52   | 100m:            | 1:03.81 | 200m:        | 2:12.94 | 400m: | 4:32.83 | 800m:    | 9:17.75  | 1500m: | 17:39.69 |
| 10.  | Sverre van der Zwaan           |         | Wvz              |         | 200900737    |         |       |         | 17:16.93 | 17:44.24 | 548    | +0,47    |
|      | 50m:                           | 30.57   | 100m:            | 1:04.82 | 200m:        | 2:14.71 | 400m: | 4:35.55 | 800m:    | 9:21.66  | 1500m: | 17:44.24 |
| 11.  | Tim Zuurman                    |         | Dedemsvaart-AC   |         | 200700131    |         |       |         | 17:47.15 | 17:55.46 | 531    | +0,98    |
|      | 50m:                           | 31.43   | 100m:            | 1:06.41 | 200m:        | 2:17.16 | 400m: | 4:39.89 | 800m:    | 9:28.80  | 1500m: | 17:55.46 |
| 12.  | Denzel Barthen                 |         | Wvz              |         | 200700147    |         |       |         | 17:01.51 | 17:57.73 | 527    | +0,79    |
|      | 50m:                           | 28.44   | 100m:            | 1:01.03 | 200m:        | 2:08.88 | 400m: | 4:34.74 | 800m:    | 9:24.45  | 1500m: | 17:57.73 |
| 13.  | Dax van den Noulund            |         | Blue Marlins     |         | 201000071    |         |       |         | 18:44.86 | 18:01.70 | 522    | +0,79    |
|      | 50m:                           | 31.68   | 250m:            | 2:55.08 | 450m:        | 5:19.39 | 650m: | 7:44.77 | 850m:    | 10:10.73 | 1200m: | 14:26.07 |
|      | 100m:                          | 1:06.90 | 300m:            | 3:31.00 | 500m:        | 5:55.67 | 700m: | 8:21.26 | 900m:    | 10:47.04 | 1300m: | 15:38.95 |
|      | 150m:                          | 1:42.86 | 350m:            | 4:07.09 | 550m:        | 6:32.07 | 750m: | 8:58.09 | 1000m:   | 11:59.95 | 1400m: | 16:51.39 |
|      | 200m:                          | 2:18.97 | 400m:            | 4:43.17 | 600m:        | 7:08.37 | 800m: | 9:34.34 | 1100m:   | 13:12.96 | 1500m: | 18:01.70 |
| 14.  | Baris Tomu                     |         | Zpch             |         | 201000869    |         |       |         | 18:49.27 | 18:10.75 | 509    | +0,70    |
|      | <i>* Eindtijd back up tijd</i> |         |                  |         |              |         |       |         |          |          |        |          |
|      | 50m:                           | 31.65   | 250m:            | 2:55.99 | 450m:        | 5:21.56 | 650m: | 7:46.62 | 850m:    | 10:12.06 | 1200m: | 14:29.26 |
|      | 100m:                          | 1:07.87 | 300m:            | 3:32.43 | 500m:        | 5:58.35 | 700m: | 8:23.16 | 900m:    | 10:49.05 | 1300m: | 15:43.86 |
|      | 150m:                          | 1:43.30 | 350m:            | 4:08.41 | 550m:        | 6:33.96 | 750m: | 8:59.26 | 1000m:   | 12:01.95 | 1400m: | 16:59.46 |
|      | 200m:                          | 2:19.80 | 400m:            | 4:45.08 | 600m:        | 7:10.33 | 800m: | 9:35.76 | 1100m:   | 13:16.16 | 1500m: | 18:10.75 |
| 15.  | Tycho Wienbelt                 |         | De Vikings       |         | 201001397    |         |       |         | 18:50.46 | 18:13.78 | 505    | +0,59    |
|      | 50m:                           | 31.71   | 250m:            | 2:54.44 | 450m:        | 5:20.26 | 650m: | 7:47.61 | 850m:    | 10:15.35 | 1200m: | 14:35.13 |
|      | 100m:                          | 1:06.72 | 300m:            | 3:30.80 | 500m:        | 5:57.24 | 700m: | 8:24.57 | 900m:    | 10:52.14 | 1300m: | 15:49.09 |
|      | 150m:                          | 1:42.29 | 350m:            | 4:06.99 | 550m:        | 6:34.01 | 750m: | 9:01.32 | 1000m:   | 12:06.73 | 1400m: | 17:03.09 |
|      | 200m:                          | 2:18.56 | 400m:            | 4:43.87 | 600m:        | 7:10.98 | 800m: | 9:38.36 | 1100m:   | 13:20.82 | 1500m: | 18:13.78 |
| 16.  | Stan Tibben                    |         | Dedemsvaart-AC   |         | 200503591    |         |       |         | 18:44.16 | 18:23.56 | 491    | +0,72    |
|      | 50m:                           | 31.86   | 250m:            | 2:55.23 | 450m:        | 5:21.87 | 650m: | 7:48.63 | 850m:    | 10:17.74 | 1200m: | 14:39.44 |
|      | 100m:                          | 1:07.25 | 300m:            | 3:31.49 | 500m:        | 5:58.69 | 700m: | 8:25.52 | 900m:    | 10:55.46 | 1300m: | 15:55.08 |
|      | 150m:                          | 1:42.82 | 350m:            | 4:08.31 | 550m:        | 6:34.99 | 750m: | 9:02.28 | 1000m:   | 12:09.92 | 1400m: | 17:10.49 |
|      | 200m:                          | 2:19.40 | 400m:            | 4:44.98 | 600m:        | 7:12.01 | 800m: | 9:40.04 | 1100m:   | 13:24.44 | 1500m: | 18:23.56 |
| 17.  | Figo van Duuren                |         | Zpch             |         | 200800391    |         |       |         | 19:12.03 | 18:26.20 | 488    | +0,76    |
|      | 50m:                           | 31.45   | 250m:            | 2:55.83 | 450m:        | 5:23.54 | 650m: | 7:53.36 | 850m:    | 10:22.97 | 1200m: | 14:45.66 |
|      | 100m:                          | 1:06.93 | 300m:            | 3:32.81 | 500m:        | 6:01.13 | 700m: | 8:31.13 | 900m:    | 11:00.52 | 1300m: | 16:00.01 |
|      | 150m:                          | 1:42.66 | 350m:            | 4:09.37 | 550m:        | 6:38.04 | 750m: | 9:08.51 | 1000m:   | 12:15.64 | 1400m: | 17:14.92 |
|      | 200m:                          | 2:19.03 | 400m:            | 4:46.66 | 600m:        | 7:15.94 | 800m: | 9:45.89 | 1100m:   | 13:30.44 | 1500m: | 18:26.20 |

Programmanr. 2, Heren, 1500m vrije slag, Junioren 1 en ouder

| Rang |                     |         |                |         |           |         |       |          | In.tijd | Tijd            | Pnt    | RT       |
|------|---------------------|---------|----------------|---------|-----------|---------|-------|----------|---------|-----------------|--------|----------|
| 18.  | Twan Wielage        |         | Ksn (Sg)       |         | 200902671 |         |       | 19:22.19 |         | <b>18:41.67</b> | 468    | +0,44    |
|      | 50m:                | 33.16   | 250m:          | 3:00.44 | 450m:     | 5:31.67 | 650m: | 8:03.08  | 850m:   | 10:35.36        | 1200m: | 14:59.60 |
|      | 100m:               | 1:09.17 | 300m:          | 3:38.24 | 500m:     | 6:09.60 | 700m: | 8:41.21  | 900m:   | 11:13.62        | 1300m: | 16:14.58 |
|      | 150m:               | 1:45.99 | 350m:          | 4:16.01 | 550m:     | 6:47.23 | 750m: | 9:19.23  | 1000m:  | 12:29.41        | 1400m: | 17:29.66 |
|      | 200m:               | 2:23.20 | 400m:          | 4:54.03 | 600m:     | 7:25.58 | 800m: | 9:57.95  | 1100m:  | 13:44.86        | 1500m: | 18:41.67 |
| 19.  | Donny van den Bosch |         | Wiekslag       |         | 199502001 |         |       | 18:00.56 |         | <b>18:44.96</b> | 464    | +0,85    |
|      | 50m:                | 31.71   | 250m:          | 2:58.03 | 450m:     | 5:29.42 | 650m: | 8:01.62  | 850m:   | 10:33.74        | 1200m: | 15:00.96 |
|      | 100m:               | 1:06.98 | 300m:          | 3:35.82 | 500m:     | 6:07.05 | 700m: | 8:39.72  | 900m:   | 11:11.52        | 1300m: | 16:17.84 |
|      | 150m:               | 1:43.65 | 350m:          | 4:13.90 | 550m:     | 6:45.32 | 750m: | 9:17.93  | 1000m:  | 12:28.09        | 1400m: | 17:34.71 |
|      | 200m:               | 2:20.52 | 400m:          | 4:51.62 | 600m:     | 7:23.42 | 800m: | 9:55.76  | 1100m:  | 13:44.57        | 1500m: | 18:44.96 |
| 20.  | Dyon Scholten       |         | Steenwijk 1934 |         | 200900095 |         |       | 19:25.51 |         | <b>19:11.02</b> | 433    |          |
|      | 50m:                | 32.86   | 250m:          | 3:01.03 | 450m:     | 5:34.03 | 650m: | 8:06.05  | 900m:   | 11:19.86        | 1300m: | 16:38.51 |
|      | 100m:               | 1:09.53 | 300m:          | 3:40.02 | 500m:     | 6:12.66 | 700m: | 8:45.04  | 1000m:  | 12:39.18        | 1400m: | 17:55.05 |
|      | 150m:               | 1:46.42 | 350m:          | 4:17.78 | 550m:     | 6:50.45 | 750m: | 9:22.80  | 1100m:  | 13:57.75        | 1500m: | 19:11.02 |
|      | 200m:               | 2:24.06 | 400m:          | 4:56.61 | 600m:     | 7:28.45 | 800m: | 10:01.87 | 1200m:  | 15:17.42        |        |          |

Programmanr. 3  
28-2-2025 - 18:00

Dames, 800m vrije slag  
Spring Swim record: Serena Stel: 8:53.94

Junioren 2 en ouder  
Resultaten

Punten: AQUA 2024

| Rang |                      |         |                |         |           |         |       |         | In.tijd | Tijd    | Pnt   | RT      |
|------|----------------------|---------|----------------|---------|-----------|---------|-------|---------|---------|---------|-------|---------|
| 1.   | Jade van der Schrier |         | Azc 1          |         | 200800692 |         |       | 9:10.66 |         | 8:59.49 | 725   |         |
|      | 50m:                 | 31.22   | 200m:          | 2:11.31 | 350m:     | 3:53.55 | 500m: | 5:35.82 | 650m:   | 7:18.98 | 800m: | 8:59.49 |
|      | 100m:                | 1:04.12 | 250m:          | 2:45.48 | 400m:     | 4:27.57 | 550m: | 6:10.30 | 700m:   | 7:53.19 |       |         |
|      | 150m:                | 1:37.60 | 300m:          | 3:19.02 | 450m:     | 5:01.95 | 600m: | 6:44.49 | 750m:   | 8:27.53 |       |         |
| 2.   | Bregje Dekkers       |         | Psv            |         | 200900746 |         |       | 9:19.53 |         | 9:12.85 | 674   | +0,50   |
|      | 50m:                 | 31.65   | 200m:          | 2:15.97 | 350m:     | 4:01.95 | 500m: | 5:47.24 | 650m:   | 7:31.08 | 800m: | 9:12.85 |
|      | 100m:                | 1:05.79 | 250m:          | 2:51.42 | 400m:     | 4:37.16 | 550m: | 6:21.96 | 700m:   | 8:05.56 |       |         |
|      | 150m:                | 1:40.92 | 300m:          | 3:26.97 | 450m:     | 5:12.11 | 600m: | 6:56.56 | 750m:   | 8:39.66 |       |         |
| 3.   | Fenne Metten         |         | Zpc Amersfoort |         | 201000102 |         |       | 9:33.13 |         | 9:19.88 | 649   | +0,61   |
|      | 50m:                 | 30.78   | 200m:          | 2:15.50 | 350m:     | 4:01.92 | 500m: | 5:49.43 | 650m:   | 7:36.98 | 800m: | 9:19.88 |
|      | 100m:                | 1:04.98 | 250m:          | 2:50.87 | 400m:     | 4:37.86 | 550m: | 6:25.21 | 700m:   | 8:12.38 |       |         |
|      | 150m:                | 1:40.02 | 300m:          | 3:26.27 | 450m:     | 5:13.45 | 600m: | 7:01.17 | 750m:   | 8:47.59 |       |         |
| 4.   | Julie van Nispen     |         | Z&PV Nuenen    |         | 200800290 |         |       | 9:14.86 |         | 9:21.75 | 642   | +0,77   |
|      | 50m:                 | 31.46   | 200m:          | 2:17.19 | 350m:     | 4:04.28 | 500m: | 5:50.85 | 650m:   | 7:38.31 | 800m: | 9:21.75 |
|      | 100m:                | 1:06.26 | 250m:          | 2:52.92 | 400m:     | 4:39.67 | 550m: | 6:26.71 | 700m:   | 8:13.73 |       |         |
|      | 150m:                | 1:41.84 | 300m:          | 3:28.34 | 450m:     | 5:15.57 | 600m: | 7:02.11 | 750m:   | 8:49.01 |       |         |
| 5.   | Frouke Ludwig        |         | DZ&PC          |         | 200800112 |         |       | 9:09.31 |         | 9:22.12 | 641   | +0,83   |
|      | 50m:                 | 31.78   | 200m:          | 2:16.91 | 350m:     | 4:04.19 | 500m: | 5:50.46 | 650m:   | 7:38.18 | 800m: | 9:22.12 |
|      | 100m:                | 1:06.25 | 250m:          | 2:52.93 | 400m:     | 4:39.62 | 550m: | 6:26.30 | 700m:   | 8:13.77 |       |         |
|      | 150m:                | 1:41.36 | 300m:          | 3:28.19 | 450m:     | 5:15.18 | 600m: | 7:01.98 | 750m:   | 8:49.18 |       |         |
| 6.   | Nina van der Schrier |         | Azc 1          |         | 201000444 |         |       | 9:46.07 |         | 9:39.48 | 585   | +0,93   |
|      | 50m:                 | 31.46   | 200m:          | 2:19.23 | 350m:     | 4:09.21 | 500m: | 6:00.88 | 650m:   | 7:52.19 | 800m: | 9:39.48 |
|      | 100m:                | 1:06.67 | 250m:          | 2:55.57 | 400m:     | 4:46.75 | 550m: | 6:38.17 | 700m:   | 8:28.82 |       |         |
|      | 150m:                | 1:42.37 | 300m:          | 3:32.41 | 450m:     | 5:23.52 | 600m: | 7:15.58 | 750m:   | 9:04.88 |       |         |
| 7.   | Amé Hulleman         |         | DZ&PC          |         | 200202794 |         |       | 9:24.95 |         | 9:46.63 | 564   | +0,91   |
|      | 50m:                 | 32.56   | 200m:          | 2:21.55 | 350m:     | 4:12.53 | 500m: | 6:04.09 | 650m:   | 7:55.35 | 800m: | 9:46.63 |
|      | 100m:                | 1:08.38 | 250m:          | 2:58.35 | 400m:     | 4:49.88 | 550m: | 6:41.23 | 700m:   | 8:32.72 |       |         |
|      | 150m:                | 1:44.59 | 300m:          | 3:35.67 | 450m:     | 5:26.73 | 600m: | 7:18.47 | 750m:   | 9:09.92 |       |         |

DZ&PC Spring Swim 2025

Programmanr. 3, Dames, 800m vrije slag, Junioren 2 en ouder

| Rang |                    |                      |               |               |               |                |  | In.tijd  | Tijd            | Pnt | RT    |
|------|--------------------|----------------------|---------------|---------------|---------------|----------------|--|----------|-----------------|-----|-------|
| 8.   | Fenna Westerneng   | DZ&PC                | 200900070     |               |               |                |  | 9:48.00  | <b>9:47.34</b>  | 562 | +0,76 |
|      | 50m: 33.34         | 200m: 2:24.18        | 350m: 4:16.03 | 500m: 6:07.82 | 650m: 7:58.50 | 800m: 9:47.34  |  |          |                 |     |       |
|      | 100m: 1:09.31      | 250m: 3:01.46        | 400m: 4:53.08 | 550m: 6:44.78 | 700m: 8:35.27 |                |  |          |                 |     |       |
|      | 150m: 1:46.98      | 300m: 3:38.39        | 450m: 5:31.24 | 600m: 7:20.98 | 750m: 9:11.91 |                |  |          |                 |     |       |
| 9.   | Ismay Lichtendonk  | Dedemsvaart-AC       | 200400622     |               |               |                |  | 9:24.37  | <b>9:48.07</b>  | 560 | +0,81 |
|      | 50m: 32.31         | 200m: 2:18.20        | 350m: 4:05.99 | 500m: 5:57.40 | 650m: 7:53.15 | 800m: 9:48.07  |  |          |                 |     |       |
|      | 100m: 1:07.15      | 250m: 2:53.97        | 400m: 4:42.47 | 550m: 6:35.79 | 700m: 8:31.94 |                |  |          |                 |     |       |
|      | 150m: 1:42.58      | 300m: 3:29.60        | 450m: 5:19.27 | 600m: 7:14.58 | 750m: 9:10.78 |                |  |          |                 |     |       |
| 10.  | Imre Bouwland      | ZPC Hoogeveen        | 200700388     |               |               |                |  | 9:42.15  | <b>9:49.73</b>  | 555 | +0,45 |
|      | 50m: 32.67         | 200m: 2:23.83        | 350m: 4:14.43 | 500m: 6:07.14 | 650m: 7:59.56 | 800m: 9:49.73  |  |          |                 |     |       |
|      | 100m: 1:09.14      | 250m: 3:00.90        | 400m: 4:52.17 | 550m: 6:44.48 | 700m: 8:37.02 |                |  |          |                 |     |       |
|      | 150m: 1:46.46      | 300m: 3:37.77        | 450m: 5:29.50 | 600m: 7:22.63 | 750m: 9:13.96 |                |  |          |                 |     |       |
| 11.  | Vera Wassink       | DZ&PC                | 200604976     |               |               |                |  | 9:52.26  | <b>9:54.49</b>  | 542 |       |
|      | 50m: 33.23         | 200m: 2:25.65        | 350m: 4:18.62 | 500m: 6:12.27 | 650m: 8:05.76 | 800m: 9:54.49  |  |          |                 |     |       |
|      | 100m: 1:10.38      | 250m: 3:03.19        | 400m: 4:56.76 | 550m: 6:50.57 | 700m: 8:42.91 |                |  |          |                 |     |       |
|      | 150m: 1:48.24      | 300m: 3:40.79        | 450m: 5:34.54 | 600m: 7:27.95 | 750m: 9:19.98 |                |  |          |                 |     |       |
| 12.  | Djelaysa Buunk     | Z & PC De Zeeuwse Kl | 200900536     |               |               |                |  | 9:53.90  | <b>9:58.51</b>  | 531 | +0,77 |
|      | 50m: 33.37         | 200m: 2:24.12        | 350m: 4:16.51 | 500m: 6:10.01 | 650m: 8:05.93 | 800m: 9:58.51  |  |          |                 |     |       |
|      | 100m: 1:09.57      | 250m: 3:01.80        | 400m: 4:54.15 | 550m: 6:48.47 | 700m: 8:44.28 |                |  |          |                 |     |       |
|      | 150m: 1:46.84      | 300m: 3:39.12        | 450m: 5:32.21 | 600m: 7:27.06 | 750m: 9:22.40 |                |  |          |                 |     |       |
| 13.  | Ylène Zondervan    | Zpc Amersfoort       | 201200016     |               |               |                |  | 10:06.27 | <b>9:59.79</b>  | 528 | +0,81 |
|      | 50m: 33.39         | 200m: 2:25.04        | 350m: 4:18.92 | 500m: 6:13.03 | 650m: 8:07.83 | 800m: 9:59.79  |  |          |                 |     |       |
|      | 100m: 1:10.15      | 250m: 3:03.30        | 400m: 4:56.94 | 550m: 6:50.95 | 700m: 8:45.31 |                |  |          |                 |     |       |
|      | 150m: 1:47.48      | 300m: 3:40.89        | 450m: 5:34.97 | 600m: 7:29.46 | 750m: 9:23.33 |                |  |          |                 |     |       |
| 14.  | Myrthe Natzijl     | DZ&PC                | 200400076     |               |               |                |  | 9:36.30  | <b>10:02.12</b> | 521 | +0,90 |
|      | 50m: 32.80         | 200m: 2:23.36        | 350m: 4:16.75 | 500m: 6:11.77 | 650m: 8:06.77 | 800m: 10:02.12 |  |          |                 |     |       |
|      | 100m: 1:09.21      | 250m: 3:00.70        | 400m: 4:55.26 | 550m: 6:49.87 | 700m: 8:45.79 |                |  |          |                 |     |       |
|      | 150m: 1:45.88      | 300m: 3:38.93        | 450m: 5:33.22 | 600m: 7:28.63 | 750m: 9:23.94 |                |  |          |                 |     |       |
| 15.  | Marijke Drent      | Bubble               | 199906232     |               |               |                |  | 9:55.64  | <b>10:02.99</b> | 519 | +0,85 |
|      | 50m: 33.50         | 200m: 2:27.77        | 350m: 4:23.51 | 500m: 6:18.11 | 650m: 8:12.31 | 800m: 10:02.99 |  |          |                 |     |       |
|      | 100m: 1:10.86      | 250m: 3:06.52        | 400m: 5:02.28 | 550m: 6:56.21 | 700m: 8:50.24 |                |  |          |                 |     |       |
|      | 150m: 1:49.00      | 300m: 3:45.01        | 450m: 5:37.61 | 600m: 7:34.36 | 750m: 9:27.02 |                |  |          |                 |     |       |
| 16.  | Ilse Jongepier     | TriVia               | 201000006     |               |               |                |  | 10:12.76 | <b>10:04.19</b> | 516 |       |
|      | 50m: 32.60         | 200m: 2:25.30        | 350m: 4:19.86 | 500m: 6:16.19 | 650m: 8:12.23 | 800m: 10:04.19 |  |          |                 |     |       |
|      | 100m: 1:09.70      | 250m: 3:02.93        | 400m: 4:58.75 | 550m: 6:54.78 | 700m: 8:50.70 |                |  |          |                 |     |       |
|      | 150m: 1:47.42      | 300m: 3:41.86        | 450m: 5:37.14 | 600m: 7:33.54 | 750m: 9:28.04 |                |  |          |                 |     |       |
| 17.  | Yanique Bax        | Zpc Amersfoort       | 201001428     |               |               |                |  | 10:09.03 | <b>10:05.51</b> | 513 | +0,75 |
|      | 50m: 33.72         | 200m: 2:27.20        | 350m: 4:22.81 | 500m: 6:18.09 | 650m: 8:12.73 | 800m: 10:05.51 |  |          |                 |     |       |
|      | 100m: 1:11.11      | 250m: 3:05.40        | 400m: 5:01.84 | 550m: 6:56.42 | 700m: 8:50.99 |                |  |          |                 |     |       |
|      | 150m: 1:49.01      | 300m: 3:44.20        | 450m: 5:39.19 | 600m: 7:34.70 | 750m: 9:28.72 |                |  |          |                 |     |       |
| 18.  | Brechtje Slootweg  | Zpc Amersfoort       | 201101744     |               |               |                |  | 10:13.79 | <b>10:07.71</b> | 507 |       |
|      | 50m: 33.79         | 200m: 2:26.88        | 350m: 4:20.71 | 500m: 6:15.95 | 650m: 8:13.08 | 800m: 10:07.71 |  |          |                 |     |       |
|      | 100m: 1:11.03      | 250m: 3:04.67        | 400m: 4:59.15 | 550m: 6:55.09 | 700m: 8:51.85 |                |  |          |                 |     |       |
|      | 150m: 1:48.92      | 300m: 3:42.84        | 450m: 5:37.61 | 600m: 7:34.17 | 750m: 9:30.39 |                |  |          |                 |     |       |
| 19.  | Leyona Lichtendonk | Dedemsvaart-AC       | 200700010     |               |               |                |  | 10:15.38 | <b>10:23.27</b> | 470 | +0,80 |
|      | 50m: 33.63         | 200m: 2:26.84        | 350m: 4:23.51 | 500m: 6:24.48 | 650m: 8:24.10 | 800m: 10:23.27 |  |          |                 |     |       |
|      | 100m: 1:10.87      | 250m: 3:05.35        | 400m: 5:03.64 | 550m: 7:03.80 | 700m: 9:04.61 |                |  |          |                 |     |       |
|      | 150m: 1:48.24      | 300m: 3:44.70        | 450m: 5:43.38 | 600m: 7:44.64 | 750m: 9:43.78 |                |  |          |                 |     |       |

Programmanr. 3, Dames, 800m vrije slag, Junioren 2 en ouder

| Rang |               |         |              |         |           |         | In.tijd  | Tijd    | Pnt      | RT      |       |          |
|------|---------------|---------|--------------|---------|-----------|---------|----------|---------|----------|---------|-------|----------|
| 20.  | Raegan Belmar |         | Blue Marlins |         | 201004070 |         | 10:12.26 |         | 10:23.73 | 469     | +0,81 |          |
|      | 50m:          | 33.82   | 200m:        | 2:27.98 | 350m:     | 4:26.13 | 500m:    | 6:26.23 | 650m:    | 8:26.83 | 800m: | 10:23.73 |
|      | 100m:         | 1:11.39 | 250m:        | 3:07.02 | 400m:     | 5:06.06 | 550m:    | 7:06.39 | 700m:    | 9:06.85 |       |          |
|      | 150m:         | 1:44.27 | 300m:        | 3:46.57 | 450m:     | 5:45.72 | 600m:    | 7:47.12 | 750m:    | 9:45.46 |       |          |

Programmanr. 4  
28-2-2025 - 18:21

Heren, 400m wisselslag  
Spring Swim record: Thomas Jansen: 4:20.54

Junioren 1 en ouder  
Resultaten Voorronde

Punten: AQUA 2024

| Rang |                           |                  |               |               |  |  | In.tijd | Tijd    | Pnt | RT    |   |
|------|---------------------------|------------------|---------------|---------------|--|--|---------|---------|-----|-------|---|
| 1.   | Sven Klink                | Swol 1894        |               | 200500349     |  |  | 4:27.56 | 4:32.38 | 705 | +0,75 | Q |
|      | 50m: 27.96                | 150m: 1:36.13    | 250m: 2:50.38 | 350m: 4:02.21 |  |  |         |         |     |       |   |
|      | 100m: 1:00.44             | 200m: 2:11.24    | 300m: 3:29.88 | 400m: 4:32.38 |  |  |         |         |     |       |   |
| 2.   | Wouter Zijlstra           | HZ&PC Heerenveen |               | 200401545     |  |  | 4:37.21 | 4:40.15 | 648 |       | Q |
|      | 50m: 29.13                | 150m: 1:41.26    | 250m: 2:57.48 | 350m: 4:09.61 |  |  |         |         |     |       |   |
|      | 100m: 1:02.95             | 200m: 2:18.17    | 300m: 3:37.92 | 400m: 4:40.15 |  |  |         |         |     |       |   |
| 3.   | Bas Claerhout             | Zwemfed          |               | VZF/10003/08  |  |  | 4:36.51 | 4:40.95 | 643 |       | Q |
|      | 50m: 29.21                | 150m: 1:39.10    | 250m: 2:55.67 | 350m: 4:08.63 |  |  |         |         |     |       |   |
|      | 100m: 1:02.02             | 200m: 2:15.28    | 300m: 3:36.37 | 400m: 4:40.95 |  |  |         |         |     |       |   |
| 4.   | Tiede Groener             | Psv              |               | 200700155     |  |  | 4:35.11 | 4:42.24 | 634 | +0,76 | Q |
|      | 50m: 28.82                | 150m: 1:41.00    | 250m: 2:58.05 | 350m: 4:11.67 |  |  |         |         |     |       |   |
|      | 100m: 1:02.89             | 200m: 2:17.75    | 300m: 3:38.49 | 400m: 4:42.24 |  |  |         |         |     |       |   |
| 5.   | Yarno van Dam             | Acz              |               | 200800115     |  |  | 4:39.79 | 4:43.55 | 625 | +0,76 | Q |
|      | 50m: 28.61                | 150m: 1:37.22    | 250m: 2:55.02 | 350m: 4:11.28 |  |  |         |         |     |       |   |
|      | 100m: 1:01.38             | 200m: 2:13.48    | 300m: 3:37.65 | 400m: 4:43.55 |  |  |         |         |     |       |   |
| 6.   | Alexander Van Hoey Billie | Zwemfed          |               | VZF/10014/09  |  |  | 4:50.11 | 4:45.74 | 611 | +0,54 | Q |
|      | 50m: 27.95                | 150m: 1:40.84    | 250m: 2:55.80 | 350m: 4:11.62 |  |  |         |         |     |       |   |
|      | 100m: 1:03.49             | 200m: 2:17.22    | 300m: 3:36.55 | 400m: 4:45.74 |  |  |         |         |     |       |   |
| 7.   | Nikodim Markovic          | Blue Marlins     |               | 200700255     |  |  | 4:45.55 | 4:46.20 | 608 | +0,75 | Q |
|      | 50m: 28.58                | 150m: 1:39.67    | 250m: 2:56.53 | 350m: 4:13.35 |  |  |         |         |     |       |   |
|      | 100m: 1:03.04             | 200m: 2:15.66    | 300m: 3:38.28 | 400m: 4:46.20 |  |  |         |         |     |       |   |
| 8.   | Joseph Van Wellen         | Zwemfed          |               | VZF/10016/08  |  |  | 4:48.61 | 4:49.91 | 585 | +0,75 | Q |
|      | 50m: 28.23                | 150m: 1:42.54    | 250m: 3:02.57 | 350m: 4:17.52 |  |  |         |         |     |       |   |
|      | 100m: 1:03.51             | 200m: 2:19.81    | 300m: 3:44.49 | 400m: 4:49.91 |  |  |         |         |     |       |   |
| 9.   | Storm Boxum               | DZ&PC            |               | 200700421     |  |  | 4:55.93 | 4:50.75 | 580 | +0,78 | Q |
|      | 50m: 28.72                | 150m: 1:42.81    | 250m: 3:00.51 | 350m: 4:16.53 |  |  |         |         |     |       |   |
|      | 100m: 1:03.26             | 200m: 2:20.95    | 300m: 3:41.36 | 400m: 4:50.75 |  |  |         |         |     |       |   |
| 10.  | Karsten van Groenigen     | Zwemfed          |               | VZF/10013/08  |  |  | 5:03.17 | 4:51.62 | 575 | +0,70 | R |
|      | 50m: 31.18                | 150m: 1:49.32    | 250m: 3:06.32 | 350m: 4:19.74 |  |  |         |         |     |       |   |
|      | 100m: 1:09.21             | 200m: 2:29.12    | 300m: 3:46.34 | 400m: 4:51.62 |  |  |         |         |     |       |   |
| 11.  | Jisse Lousma              | Wvz              |               | 200701493     |  |  | 5:02.11 | 4:58.59 | 535 | +0,51 | R |
|      | 50m: 28.52                | 150m: 1:41.32    | 250m: 3:02.06 | 350m: 4:25.26 |  |  |         |         |     |       |   |
|      | 100m: 1:02.35             | 200m: 2:19.00    | 300m: 3:47.10 | 400m: 4:58.59 |  |  |         |         |     |       |   |
| 12.  | Tim van Erven             | DZ&PC            |               | 200700175     |  |  | 4:58.39 | 4:58.89 | 534 | +0,84 |   |
|      | 50m: 31.00                | 150m: 1:47.25    | 250m: 3:09.37 | 350m: 4:26.96 |  |  |         |         |     |       |   |
|      | 100m: 1:08.57             | 200m: 2:25.47    | 300m: 3:53.73 | 400m: 4:58.89 |  |  |         |         |     |       |   |

DZ&PC Spring Swim 2025

Programmanr. 4, Heren, 400m wisselslag, Voorronde, Junioren 1 en ouder

| Rang |                     |                 |               |               |  |  | In.tijd | Tijd           | Pnt | RT    |
|------|---------------------|-----------------|---------------|---------------|--|--|---------|----------------|-----|-------|
| 13.  | Storm Tolsma        | DZ&PC           | 200600277     |               |  |  | 5:00.04 | <b>4:59.64</b> | 530 | +0,83 |
|      | 50m: 30.54          | 150m: 1:47.65   | 250m: 3:08.25 | 350m: 4:25.66 |  |  |         |                |     |       |
|      | 100m: 1:07.54       | 200m: 2:26.79   | 300m: 3:50.32 | 400m: 4:59.64 |  |  |         |                |     |       |
| 14.  | Emiel de Bruijn     | Dedemsvaart-AC  | 200700953     |               |  |  | 5:03.22 | <b>5:00.05</b> | 527 | +0,77 |
|      | 50m: 29.30          | 150m: 1:48.29   | 250m: 3:09.87 | 350m: 4:27.45 |  |  |         |                |     |       |
|      | 100m: 1:04.78       | 200m: 2:29.93   | 300m: 3:52.33 | 400m: 5:00.05 |  |  |         |                |     |       |
| 15.  | Jelte de Jong       | Zpch            | 200900975     |               |  |  | 4:56.81 | <b>5:02.21</b> | 516 | +0,80 |
|      | 50m: 30.18          | 150m: 1:44.42   | 250m: 3:08.08 | 350m: 4:28.31 |  |  |         |                |     |       |
|      | 100m: 1:05.43       | 200m: 2:23.07   | 300m: 3:53.16 | 400m: 5:02.21 |  |  |         |                |     |       |
| 16.  | Jelte de Boer       | De Vikings      | 200700345     |               |  |  | 5:28.47 | <b>5:02.65</b> | 514 |       |
|      | 50m: 30.07          | 150m: 1:46.72   | 250m: 3:08.43 | 350m: 4:28.62 |  |  |         |                |     |       |
|      | 100m: 1:06.40       | 200m: 2:25.72   | 300m: 3:52.73 | 400m: 5:02.65 |  |  |         |                |     |       |
| 17.  | Jesse van der Meij  | De Dolfijn      | 200600841     |               |  |  | 5:11.05 | <b>5:04.12</b> | 506 | +0,81 |
|      | 50m: 32.33          | 150m: 1:52.48   | 250m: 3:13.46 | 350m: 4:30.94 |  |  |         |                |     |       |
|      | 100m: 1:10.37       | 200m: 2:32.27   | 300m: 3:54.51 | 400m: 5:04.12 |  |  |         |                |     |       |
| 18.  | Adriaan Coppelmans  | Azc 1           | 200903243     |               |  |  | 5:01.03 | <b>5:04.21</b> | 506 | +0,65 |
|      | 50m: 31.42          | 150m: 1:47.14   | 250m: 3:08.22 | 350m: 4:29.68 |  |  |         |                |     |       |
|      | 100m: 1:09.63       | 200m: 2:24.40   | 300m: 3:53.40 | 400m: 5:04.21 |  |  |         |                |     |       |
| 19.  | Stan Tibben         | Dedemsvaart-AC  | 200503591     |               |  |  | 5:23.04 | <b>5:08.84</b> | 484 | +0,50 |
|      | 50m: 30.82          | 150m: 1:50.31   | 250m: 3:14.43 | 350m: 4:35.13 |  |  |         |                |     |       |
|      | 100m: 1:08.87       | 200m: 2:30.86   | 300m: 3:59.62 | 400m: 5:08.84 |  |  |         |                |     |       |
| 20.  | Aidan van der Stelt | Blue Marlins    | 200900901     |               |  |  | 5:17.81 | <b>5:09.22</b> | 482 | +0,73 |
|      | 50m: 31.19          | 150m: 1:50.04   | 250m: 3:14.90 | 350m: 4:35.94 |  |  |         |                |     |       |
|      | 100m: 1:08.63       | 200m: 2:31.43   | 300m: 4:00.52 | 400m: 5:09.22 |  |  |         |                |     |       |
| 21.  | Jere Wiersma        | DZ&PC           | 200701037     |               |  |  | 5:07.37 | <b>5:10.78</b> | 475 |       |
|      | 50m: 31.75          | 150m: 1:50.79   | 250m: 3:15.44 | 350m: 4:36.93 |  |  |         |                |     |       |
|      | 100m: 1:09.92       | 200m: 2:29.61   | 300m: 4:01.73 | 400m: 5:10.78 |  |  |         |                |     |       |
| 22.  | Kasper Lubbers      | Orca Leeuwarden | 201100025     |               |  |  | 5:36.96 | <b>5:10.88</b> | 474 | +0,63 |
|      | 50m: 33.66          | 150m: 1:53.86   | 250m: 3:16.00 | 350m: 4:36.22 |  |  |         |                |     |       |
|      | 100m: 1:13.83       | 200m: 2:32.67   | 300m: 4:00.11 | 400m: 5:10.88 |  |  |         |                |     |       |
| 23.  | Jaydey Schonewille  | Steenwijk 1934  | 200800025     |               |  |  | 5:06.58 | <b>5:13.12</b> | 464 |       |
|      | 50m: 31.64          | 150m: 1:52.32   | 250m: 3:14.40 | 350m: 4:36.93 |  |  |         |                |     |       |
|      | 100m: 1:10.69       | 200m: 2:31.25   | 300m: 3:59.94 | 400m: 5:13.12 |  |  |         |                |     |       |
| 24.  | Lucas Bemmer        | De Duinkikkers  | 200700219     |               |  |  | 5:15.09 | <b>5:15.92</b> | 452 | +0,85 |
|      | 50m: 30.04          | 150m: 1:48.09   | 250m: 3:14.21 | 350m: 4:37.51 |  |  |         |                |     |       |
|      | 100m: 1:06.54       | 200m: 2:29.30   | 300m: 3:59.15 | 400m: 5:15.92 |  |  |         |                |     |       |
| 25.  | Thijmen Pruijssers  | Hieronymus      | 201000129     |               |  |  | 5:20.32 | <b>5:17.41</b> | 445 | +0,73 |
|      | 50m: 32.61          | 150m: 1:53.78   | 250m: 3:19.94 | 350m: 4:43.30 |  |  |         |                |     |       |
|      | 100m: 1:13.11       | 200m: 2:33.35   | 300m: 4:06.76 | 400m: 5:17.41 |  |  |         |                |     |       |
| 26.  | Evren Ege Orcunus   | De Dolfijn      | 201003253     |               |  |  | 5:18.05 | <b>5:17.85</b> | 444 | +0,56 |
|      | 50m: 32.17          | 150m: 1:51.45   | 250m: 3:17.39 | 350m: 4:41.73 |  |  |         |                |     |       |
|      | 100m: 1:10.18       | 200m: 2:32.86   | 300m: 4:04.62 | 400m: 5:17.85 |  |  |         |                |     |       |
| 27.  | Sven Mulder         | Wvz             | 200901655     |               |  |  | 5:34.68 | <b>5:18.98</b> | 439 | +0,72 |
|      | 50m: 33.11          | 150m: 1:54.78   | 250m: 3:21.70 | 350m: 4:46.15 |  |  |         |                |     |       |
|      | 100m: 1:15.04       | 200m: 2:34.67   | 300m: 4:09.75 | 400m: 5:18.98 |  |  |         |                |     |       |

Programmanr. 4, Heren, 400m wisselslag, Voorronde, Junioren 1 en ouder

| Rang |                               |                   |               |               |  |  | In.tijd | Tijd           | Pnt | RT    |
|------|-------------------------------|-------------------|---------------|---------------|--|--|---------|----------------|-----|-------|
| 28.  | Abel op den Velde             | De Duinkikkers    | 201000079     |               |  |  | 5:20.93 | <b>5:20.27</b> | 434 | +0,79 |
|      | 50m: 31.09                    | 150m: 1:51.33     | 250m: 3:19.86 | 350m: 4:45.59 |  |  |         |                |     |       |
|      | 100m: 1:10.46                 | 200m: 2:30.97     | 300m: 4:09.58 | 400m: 5:20.27 |  |  |         |                |     |       |
| 29.  | Ruben Nooter                  | Dedemsvaart-AC    | 200901577     |               |  |  | 5:50.28 | <b>5:23.55</b> | 421 | +0,67 |
|      | 50m: 32.61                    | 150m: 1:56.42     | 250m: 3:23.13 | 350m: 4:47.98 |  |  |         |                |     |       |
|      | 100m: 1:14.93                 | 200m: 2:37.99     | 300m: 4:09.60 | 400m: 5:23.55 |  |  |         |                |     |       |
| 30.  | Niek Sonneveld                | Wvz               | 200802631     |               |  |  | 5:09.50 | <b>5:24.10</b> | 418 | +0,89 |
|      | 50m: 33.44                    | 150m: 1:54.59     | 250m: 3:22.03 | 350m: 4:48.43 |  |  |         |                |     |       |
|      | 100m: 1:15.28                 | 200m: 2:33.58     | 300m: 4:10.26 | 400m: 5:24.10 |  |  |         |                |     |       |
| 31.  | Floris van der Valk           | Wiekslag          | 200801891     |               |  |  | 5:32.25 | <b>5:24.81</b> | 416 | +0,66 |
|      | 50m: 30.39                    | 150m: 1:51.11     | 250m: 3:20.40 | 350m: 4:46.73 |  |  |         |                |     |       |
|      | 100m: 1:07.48                 | 200m: 2:34.21     | 300m: 4:06.86 | 400m: 5:24.81 |  |  |         |                |     |       |
| 32.  | Milan Schuilenburg            | Zpc Amersfoort    | 201000935     |               |  |  | 5:23.75 | <b>5:25.68</b> | 412 |       |
|      | 50m: 33.98                    | 150m: 2:01.81     | 250m: 3:28.32 | 350m: 4:48.62 |  |  |         |                |     |       |
|      | 100m: 1:16.43                 | 200m: 2:46.68     | 300m: 4:11.35 | 400m: 5:25.68 |  |  |         |                |     |       |
| 33.  | Dani Yefimov                  | O Z & P C         | 200901305     |               |  |  | 5:35.00 | <b>5:26.46</b> | 409 | +0,80 |
|      | 50m: 33.82                    | 150m: 1:58.37     | 250m: 3:26.03 | 350m: 4:49.54 |  |  |         |                |     |       |
|      | 100m: 1:14.78                 | 200m: 2:40.85     | 300m: 4:11.82 | 400m: 5:26.46 |  |  |         |                |     |       |
| 34.  | Henry Watson                  | De Dolfijn        | 201001703     |               |  |  | 5:38.33 | <b>5:26.52</b> | 409 | +0,60 |
|      | 50m: 31.80                    | 150m: 1:53.95     | 250m: 3:22.02 | 350m: 4:49.49 |  |  |         |                |     |       |
|      | 100m: 1:11.50                 | 200m: 2:35.24     | 300m: 4:10.29 | 400m: 5:26.52 |  |  |         |                |     |       |
| 35.  | Brian Arturo Bloemsma         | De Dolfijn        | 200901155     |               |  |  | 5:10.29 | <b>5:29.92</b> | 397 | +0,96 |
|      | 50m: 31.04                    | 150m: 1:54.46     | 250m: 3:22.86 | 350m: 4:48.16 |  |  |         |                |     |       |
|      | 100m: 1:09.66                 | 200m: 2:39.84     | 300m: 4:08.83 | 400m: 5:29.92 |  |  |         |                |     |       |
| 36.  | Joey Snabel                   | Zpc Amersfoort    | 201002847     |               |  |  | 5:31.84 | <b>5:31.08</b> | 392 | +0,69 |
|      | 50m: 32.25                    | 150m: 1:58.45     | 250m: 3:27.20 | 350m: 4:54.35 |  |  |         |                |     |       |
|      | 100m: 1:13.68                 | 200m: 2:40.17     | 300m: 4:15.42 | 400m: 5:31.08 |  |  |         |                |     |       |
| 37.  | Cayden Malone                 | De Dolfijn        | 201002195     |               |  |  | 5:39.05 | <b>5:35.31</b> | 378 | +0,70 |
|      | 50m: 32.99                    | 150m: 1:59.44     | 250m: 3:28.64 | 350m: 4:56.61 |  |  |         |                |     |       |
|      | 100m: 1:14.41                 | 200m: 2:42.56     | 300m: 4:17.74 | 400m: 5:35.31 |  |  |         |                |     |       |
| 38.  | Stan Rothschild               | ZPC Hoogeveen     | 201000353     |               |  |  | 5:56.04 | <b>5:38.79</b> | 366 | +0,75 |
|      | 50m: 35.93                    | 150m: 2:05.51     | 250m: 3:34.69 | 350m: 5:02.82 |  |  |         |                |     |       |
|      | 100m: 1:20.78                 | 200m: 2:47.92     | 300m: 4:22.42 | 400m: 5:38.79 |  |  |         |                |     |       |
| 39.  | Mathijs Boersma               | ZPC Hoogeveen     | 201000313     |               |  |  | 5:28.73 | <b>5:40.87</b> | 360 | +0,98 |
|      | <i>* Eindtijd backup tijd</i> |                   |               |               |  |  |         |                |     |       |
|      | 50m: 36.72                    | 150m: 2:08.31     | 250m: 3:37.60 | 350m: 5:03.02 |  |  |         |                |     |       |
|      | 100m: 1:24.72                 | 200m: 2:51.87     | 300m: 4:25.62 | 400m: 5:40.87 |  |  |         |                |     |       |
| 40.  | Luca Monster                  | SG Hoeksche Waard | 201100343     |               |  |  | 5:45.63 | <b>5:42.38</b> | 355 | +0,75 |
|      | 50m: 32.59                    | 150m: 1:59.81     | 250m: 3:31.43 | 350m: 5:02.25 |  |  |         |                |     |       |
|      | 100m: 1:12.88                 | 200m: 2:44.54     | 300m: 4:19.57 | 400m: 5:42.38 |  |  |         |                |     |       |
| 41.  | Nathan Magava                 | De Dolfijn        | 201003067     |               |  |  | 5:42.17 | <b>5:42.91</b> | 353 | +0,60 |
|      | 50m: 32.80                    | 150m: 1:59.71     | 250m: 3:32.75 | 350m: 5:02.29 |  |  |         |                |     |       |
|      | 100m: 1:12.72                 | 200m: 2:45.18     | 300m: 4:20.34 | 400m: 5:42.91 |  |  |         |                |     |       |
| 42.  | David van der Valk            | Wiekslag          | 201100519     |               |  |  | 5:52.99 | <b>5:43.94</b> | 350 | +0,75 |
|      | 50m: 34.79                    | 150m: 2:02.52     | 250m: 3:36.27 | 350m: 5:06.79 |  |  |         |                |     |       |
|      | 100m: 1:15.87                 | 200m: 2:47.58     | 300m: 4:26.39 | 400m: 5:43.94 |  |  |         |                |     |       |

Programmanr. 4, Heren, 400m wisselslag, Voorronde, Junioren 1 en ouder

| Rang  |                      |                  |           |         |       |         | In.tijd | Tijd           | Pnt | RT    |
|-------|----------------------|------------------|-----------|---------|-------|---------|---------|----------------|-----|-------|
| 43.   | Daan Mulder          | Ksn (Sg)         | 201100267 |         |       |         | 5:32.38 | <b>5:47.23</b> | 340 | +0,80 |
|       | 50m:                 | 36.19            | 150m:     | 2:06.95 | 250m: | 3:40.61 | 350m:   | 5:10.20        |     |       |
|       | 100m:                | 1:21.50          | 200m:     | 2:51.21 | 300m: | 4:30.33 | 400m:   | 5:47.23        |     |       |
| 44.   | Abe Pasop            | Dedemsvaart-AC   | 201000501 |         |       |         | 6:03.33 | <b>5:49.96</b> | 332 | +0,74 |
|       | 50m:                 | 36.58            | 150m:     | 2:10.17 | 250m: | 3:42.33 | 350m:   | 5:11.53        |     |       |
|       | 100m:                | 1:24.11          | 200m:     | 2:56.26 | 300m: | 4:31.15 | 400m:   | 5:49.96        |     |       |
| 45.   | Izayah Castillo      | Blue Marlins     | 201100311 |         |       |         | 6:15.21 | <b>5:51.60</b> | 328 | +0,91 |
|       | 50m:                 | 32.08            | 150m:     | 2:02.58 | 250m: | 3:37.01 | 350m:   | 5:09.86        |     |       |
|       | 100m:                | 1:15.56          | 200m:     | 2:48.36 | 300m: | 4:27.57 | 400m:   | 5:51.60        |     |       |
| 46.   | Gijs Nooter          | Dedemsvaart-AC   | 201000725 |         |       |         | 6:40.30 | <b>5:57.71</b> | 311 | +0,29 |
|       | 50m:                 | 37.94            | 150m:     | 2:14.30 | 250m: | 3:49.16 | 350m:   | 5:18.69        |     |       |
|       | 100m:                | 1:29.83          | 200m:     | 2:58.31 | 300m: | 4:39.38 | 400m:   | 5:57.71        |     |       |
| 47.   | Luca Karsten Schüler | HZ&PC Heerenveen | 201101451 |         |       |         | 5:47.10 | <b>6:00.61</b> | 304 |       |
|       | 50m:                 | 38.86            | 150m:     | 2:15.30 | 250m: | 3:50.94 | 350m:   | 5:21.33        |     |       |
|       | 100m:                | 1:28.18          | 200m:     | 3:01.22 | 300m: | 4:41.15 | 400m:   | 6:00.61        |     |       |
| 48.   | Milan van den Berg   | Swol 1894        | 201100253 |         |       |         | 6:12.88 | <b>6:07.28</b> | 287 | +0,70 |
|       | 50m:                 | 40.47            | 150m:     | 2:13.62 | 250m: | 3:50.96 | 350m:   | 5:26.82        |     |       |
|       | 100m:                | 1:28.71          | 200m:     | 2:57.32 | 300m: | 4:45.16 | 400m:   | 6:07.28        |     |       |
| 49.   | Lars Thül            | Swol 1894        | 201200119 |         |       |         | 5:44.90 | <b>6:16.21</b> | 267 | +0,97 |
|       | 50m:                 | 38.20            | 150m:     | 2:15.46 | 250m: | 3:56.34 | 350m:   | 5:34.47        |     |       |
|       | 100m:                | 1:28.05          | 200m:     | 3:00.68 | 300m: | 4:52.25 | 400m:   | 6:16.21        |     |       |
| AFGEM | Thomas Nauta         | Arethusa         | 200900339 |         |       |         | 5:15.47 |                |     |       |

## 2 - Spring Swim sessie 2: Series

1-3-2025 - 9:00

Programmanr. 5  
1-3-2025 - 9:00

Heren, 400m vrije slag  
SpringSwimRecord: S. de Freitas Steverink: 3:58.65

Junioren 1 en ouder  
Resultaten Voorronde

Punten: AQUA 2024

| Rang                      | In.tijd       | Tijd          | Pnt           | RT      |
|---------------------------|---------------|---------------|---------------|---------|
| 1. Lucas Peters           | 3:52.75       | 4:00.55       | 765           | +0,68 Q |
| 50m: 27.24                | 150m: 1:27.40 | 250m: 2:28.72 | 350m: 3:30.74 |         |
| 100m: 56.94               | 200m: 1:57.94 | 300m: 2:59.52 | 400m: 4:00.55 |         |
| 2. Tieme Wiersma          | 4:09.37       | 4:05.37       | 721           | +0,73 Q |
| 50m: 28.12                | 150m: 1:29.58 | 250m: 2:32.26 | 350m: 3:35.22 |         |
| 100m: 58.41               | 200m: 2:00.86 | 300m: 3:03.86 | 400m: 4:05.37 |         |
| 3. Bas Claerhout          | 4:02.10       | 4:06.82       | 708           | Q       |
| 50m: 27.76                | 150m: 1:29.37 | 250m: 2:32.13 | 350m: 3:35.87 |         |
| 100m: 58.33               | 200m: 2:00.76 | 300m: 3:04.17 | 400m: 4:06.82 |         |
| 4. Bere Waerniers         | 4:10.98       | 4:06.91       | 708           | +0,75 Q |
| 50m: 27.93                | 150m: 1:30.62 | 250m: 2:34.03 | 350m: 3:36.73 |         |
| 100m: 58.71               | 200m: 2:03.10 | 300m: 3:05.70 | 400m: 4:06.91 |         |
| 5. Austin Namesnik        | 4:01.70       | 4:08.18       | 697           | Q       |
| 50m: 27.08                | 150m: 1:28.91 | 250m: 2:33.41 | 350m: 3:40.54 |         |
| 100m: 57.42               | 200m: 2:00.46 | 300m: 3:06.72 | 400m: 4:08.18 |         |
| 6. Martijn Nies           | 4:07.35       | 4:08.28       | 696           | +0,59 Q |
| 50m: 27.70                | 150m: 1:29.46 | 250m: 2:32.75 | 350m: 3:37.11 |         |
| 100m: 58.31               | 200m: 2:01.03 | 300m: 3:04.82 | 400m: 4:08.28 |         |
| 7. Seppe Lammens          | 4:04.35       | 4:08.76       | 692           | +0,77 Q |
| 50m: 27.68                | 150m: 1:29.16 | 250m: 2:32.59 | 350m: 3:37.54 |         |
| 100m: 58.08               | 200m: 2:00.76 | 300m: 3:04.94 | 400m: 4:08.76 |         |
| 8. Levi Kindt             | 4:06.92       | 4:09.63       | 685           | +0,67 Q |
| 50m: 27.30                | 150m: 1:30.46 | 250m: 2:34.18 | 350m: 3:38.48 |         |
| 100m: 58.33               | 200m: 2:02.61 | 300m: 3:06.41 | 400m: 4:09.63 |         |
| 9. Wouter Zijlstra        | 4:09.77       | 4:09.80       | 683           | +0,65 Q |
| 50m: 28.15                | 150m: 1:30.79 | 250m: 2:34.67 | 350m: 3:39.22 |         |
| 100m: 59.18               | 200m: 2:02.62 | 300m: 3:06.88 | 400m: 4:09.80 |         |
| 10. Jasper Van Remoortere | 4:06.51       | 4:10.02       | 681           | +0,74 R |
| 50m: 28.60                | 150m: 1:30.84 | 250m: 2:35.05 | 350m: 3:39.92 |         |
| 100m: 59.26               | 200m: 2:02.77 | 300m: 3:07.34 | 400m: 4:10.02 |         |
| 11. Bram Loots            | 4:00.22       | 4:11.48       | 670           | +0,70 R |
| 50m: 28.34                | 150m: 1:31.68 | 250m: 2:37.25 | 350m: 3:41.09 |         |
| 100m: 59.35               | 200m: 2:04.23 | 300m: 3:09.37 | 400m: 4:11.48 |         |
| 12. Olivier Wilbers       | 4:11.95       | 4:12.64       | 660           | +0,77   |
| 50m: 29.47                | 150m: 1:33.06 | 250m: 2:37.83 | 350m: 3:42.15 |         |
| 100m: 1:01.50             | 200m: 2:05.57 | 300m: 3:10.49 | 400m: 4:12.64 |         |
| 13. Yarno van Dam         | 4:17.61       | 4:14.23       | 648           | +0,76   |
| 50m: 27.88                | 150m: 1:31.85 | 250m: 2:37.21 | 350m: 3:42.36 |         |
| 100m: 59.81               | 200m: 2:04.62 | 300m: 3:10.28 | 400m: 4:14.23 |         |
| 14. Tiede Groener         | 4:12.55       | 4:15.97       | 635           | +0,59   |
| 50m: 28.65                | 150m: 1:33.07 | 250m: 2:38.54 | 350m: 3:44.48 |         |
| 100m: 1:00.35             | 200m: 2:06.17 | 300m: 3:12.08 | 400m: 4:15.97 |         |

DZ&PC Spring Swim 2025

Programmanr. 5, Heren, 400m vrije slag, Voorronde, Junioren 1 en ouder

| Rang |                      |                  |               |               |  |  | In.tijd | Tijd           | Pnt | RT    |
|------|----------------------|------------------|---------------|---------------|--|--|---------|----------------|-----|-------|
| 15.  | Denzel Barthen       | Wvz              | 200700147     |               |  |  | 4:15.45 | <b>4:19.08</b> | 612 | +0,75 |
|      | 50m: 28.20           | 150m: 1:32.67    | 250m: 2:40.32 | 350m: 3:49.23 |  |  |         |                |     |       |
|      | 100m: 1:00.35        | 200m: 2:06.70    | 300m: 3:14.84 | 400m: 4:19.08 |  |  |         |                |     |       |
| 16.  | Milan Veelders       | O Z & P C        | 200800279     |               |  |  | 4:14.56 | <b>4:20.29</b> | 604 | +0,64 |
|      | 50m: 28.67           | 150m: 1:33.01    | 250m: 2:38.76 | 350m: 3:46.32 |  |  |         |                |     |       |
|      | 100m: 1:00.84        | 200m: 2:05.73    | 300m: 3:12.14 | 400m: 4:20.29 |  |  |         |                |     |       |
| 17.  | Storm Boxum          | DZ&PC            | 200700421     |               |  |  | 4:20.69 | <b>4:20.34</b> | 604 | +0,84 |
|      | 50m: 28.20           | 150m: 1:33.30    | 250m: 2:39.85 | 350m: 3:47.15 |  |  |         |                |     |       |
|      | 100m: 1:00.40        | 200m: 2:06.57    | 300m: 3:13.63 | 400m: 4:20.34 |  |  |         |                |     |       |
| 18.  | Ronis van Everdingen | Dwk              | 200300043     |               |  |  | 4:25.62 | <b>4:20.39</b> | 603 |       |
|      | 50m: 28.43           | 150m: 1:33.44    | 250m: 2:40.61 | 350m: 3:47.46 |  |  |         |                |     |       |
|      | 100m: 1:00.15        | 200m: 2:07.11    | 300m: 3:14.19 | 400m: 4:20.39 |  |  |         |                |     |       |
| 19.  | Tim Boerefijn        | Wvz              | 200802815     |               |  |  | 4:23.00 | <b>4:22.42</b> | 589 | +0,75 |
|      | 50m: 28.72           | 150m: 1:35.48    | 250m: 2:43.18 | 350m: 3:50.40 |  |  |         |                |     |       |
|      | 100m: 1:02.02        | 200m: 2:09.46    | 300m: 3:17.22 | 400m: 4:22.42 |  |  |         |                |     |       |
| 20.  | Tim van Erven        | DZ&PC            | 200700175     |               |  |  | 4:18.39 | <b>4:23.18</b> | 584 |       |
|      | 50m: 29.40           | 150m: 1:35.88    | 250m: 2:43.21 | 350m: 3:50.01 |  |  |         |                |     |       |
|      | 100m: 1:02.37        | 200m: 2:09.81    | 300m: 3:16.74 | 400m: 4:23.18 |  |  |         |                |     |       |
| 21.  | Storm Tolsma         | DZ&PC            | 200600277     |               |  |  | 4:27.88 | <b>4:24.52</b> | 575 | +0,77 |
|      | 50m: 29.52           | 150m: 1:35.46    | 250m: 2:43.41 | 350m: 3:51.45 |  |  |         |                |     |       |
|      | 100m: 1:02.04        | 200m: 2:09.45    | 300m: 3:17.16 | 400m: 4:24.52 |  |  |         |                |     |       |
| 22.  | Bas Blanker          | Acz              | 200601497     |               |  |  | 4:18.49 | <b>4:26.00</b> | 566 |       |
|      | 50m: 29.61           | 150m: 1:36.40    | 250m: 2:43.67 | 350m: 3:52.33 |  |  |         |                |     |       |
|      | 100m: 1:02.71        | 200m: 2:09.98    | 300m: 3:17.74 | 400m: 4:26.00 |  |  |         |                |     |       |
| 23.  | Jelte de Jong        | Zpch             | 200900975     |               |  |  | 4:22.93 | <b>4:26.31</b> | 564 | +0,85 |
|      | 50m: 29.48           | 150m: 1:36.59    | 250m: 2:44.67 | 350m: 3:52.82 |  |  |         |                |     |       |
|      | 100m: 1:02.89        | 200m: 2:11.19    | 300m: 3:19.11 | 400m: 4:26.31 |  |  |         |                |     |       |
| 24.  | Lou van Leeuwen      | De Dolfijn       | 200702779     |               |  |  | 4:38.99 | <b>4:29.17</b> | 546 |       |
|      | 50m: 30.51           | 150m: 1:37.52    | 250m: 2:45.92 | 350m: 3:55.35 |  |  |         |                |     |       |
|      | 100m: 1:03.67        | 200m: 2:11.27    | 300m: 3:20.70 | 400m: 4:29.17 |  |  |         |                |     |       |
| 25.  | Jere Wiersma         | DZ&PC            | 200701037     |               |  |  | 4:30.68 | <b>4:29.51</b> | 544 | +0,81 |
|      | 50m: 30.04           | 150m: 1:37.88    | 250m: 2:46.83 | 350m: 3:55.51 |  |  |         |                |     |       |
|      | 100m: 1:03.61        | 200m: 2:12.43    | 300m: 3:21.31 | 400m: 4:29.51 |  |  |         |                |     |       |
| 26.  | Mattias Stolk        | HZ&PC Heerenveen | 201000525     |               |  |  | 4:32.06 | <b>4:31.66</b> | 531 | +0,57 |
|      | 50m: 30.44           | 150m: 1:39.14    | 250m: 2:49.18 | 350m: 3:59.39 |  |  |         |                |     |       |
|      | 100m: 1:03.98        | 200m: 2:14.18    | 300m: 3:24.23 | 400m: 4:31.66 |  |  |         |                |     |       |
| 27.  | Ramon Vos            | ZPC Hoogeveen    | 201100051     |               |  |  | 4:33.73 | <b>4:31.80</b> | 530 |       |
|      | 50m: 30.38           | 150m: 1:39.44    | 250m: 2:49.95 | 350m: 3:59.07 |  |  |         |                |     |       |
|      | 100m: 1:04.41        | 200m: 2:14.62    | 300m: 3:24.49 | 400m: 4:31.80 |  |  |         |                |     |       |
| 28.  | Baris Tomu           | Zpch             | 201000869     |               |  |  | 4:40.71 | <b>4:32.73</b> | 525 | +0,68 |
|      | 50m: 30.97           | 150m: 1:39.08    | 250m: 2:48.43 | 350m: 3:58.73 |  |  |         |                |     |       |
|      | 100m: 1:04.41        | 200m: 2:13.33    | 300m: 3:23.19 | 400m: 4:32.73 |  |  |         |                |     |       |
| 29.  | Tim Zuurman          | Dedemsvaart-AC   | 200700131     |               |  |  | 4:28.22 | <b>4:33.27</b> | 522 | +0,63 |
|      | 50m: 30.09           | 150m: 1:38.36    | 250m: 2:48.88 | 350m: 3:59.55 |  |  |         |                |     |       |
|      | 100m: 1:03.89        | 200m: 2:13.59    | 300m: 3:24.27 | 400m: 4:33.27 |  |  |         |                |     |       |

Programmanr. 5, Heren, 400m vrije slag, Voorronde, Junioren 1 en ouder

| Rang |                      |                  |               |               |  |  | In.tijd | Tijd           | Pnt | RT    |
|------|----------------------|------------------|---------------|---------------|--|--|---------|----------------|-----|-------|
| 30.  | Abel op den Velde    | De Duinkikkers   | 201000079     |               |  |  | 4:36.99 | <b>4:34.13</b> | 517 | +0,79 |
|      | 50m: 30.56           | 150m: 1:39.67    | 250m: 2:50.22 | 350m: 4:00.84 |  |  |         |                |     |       |
|      | 100m: 1:04.12        | 200m: 2:14.36    | 300m: 3:25.20 | 400m: 4:34.13 |  |  |         |                |     |       |
| 31.  | Aidan van der Stelt  | Blue Marlins     | 200900901     |               |  |  | 4:36.92 | <b>4:34.55</b> | 515 | +0,79 |
|      | 50m: 29.90           | 150m: 1:39.16    | 250m: 2:50.62 | 350m: 4:02.85 |  |  |         |                |     |       |
|      | 100m: 1:03.96        | 200m: 2:15.07    | 300m: 3:26.98 | 400m: 4:34.55 |  |  |         |                |     |       |
| 32.  | Juan Cruz Slappendel | Orca Leeuwarden  | 200903053     |               |  |  | 4:32.24 | <b>4:35.25</b> | 511 | +0,81 |
|      | 50m: 28.71           | 150m: 1:37.44    | 250m: 2:49.41 | 350m: 4:02.09 |  |  |         |                |     |       |
|      | 100m: 1:02.24        | 200m: 2:13.33    | 300m: 3:26.04 | 400m: 4:35.25 |  |  |         |                |     |       |
| 33.  | Dax van den Nouland  | Blue Marlins     | 201000071     |               |  |  | 4:45.86 | <b>4:36.20</b> | 505 |       |
|      | 50m: 31.17           | 150m: 1:41.21    | 250m: 2:52.36 | 350m: 4:02.47 |  |  |         |                |     |       |
|      | 100m: 1:05.64        | 200m: 2:16.92    | 300m: 3:27.72 | 400m: 4:36.20 |  |  |         |                |     |       |
| 34.  | Tycho Wienbelt       | De Vikings       | 201001397     |               |  |  | 4:40.88 | <b>4:37.57</b> | 498 | +0,77 |
|      | 50m: 31.02           | 150m: 1:41.25    | 250m: 2:52.52 | 350m: 4:03.52 |  |  |         |                |     |       |
|      | 100m: 1:05.62        | 200m: 2:16.87    | 300m: 3:28.21 | 400m: 4:37.57 |  |  |         |                |     |       |
| 35.  | Twan Wielage         | Ksn (Sg)         | 200902671     |               |  |  | 4:46.77 | <b>4:38.92</b> | 491 |       |
|      | 50m: 31.66           | 150m: 1:41.09    | 250m: 2:51.70 | 350m: 4:04.09 |  |  |         |                |     |       |
|      | 100m: 1:06.07        | 200m: 2:16.23    | 300m: 3:27.96 | 400m: 4:38.92 |  |  |         |                |     |       |
| 36.  | Thijmen Pruijssers   | Hieronymus       | 201000129     |               |  |  | 4:40.04 | <b>4:39.27</b> | 489 | +0,60 |
|      | 50m: 30.80           | 150m: 1:40.86    | 250m: 2:53.54 | 350m: 4:05.29 |  |  |         |                |     |       |
|      | 100m: 1:04.87        | 200m: 2:17.98    | 300m: 3:29.66 | 400m: 4:39.27 |  |  |         |                |     |       |
| 37.  | Enno Brahms          | SV Wildeshausen  | 397825        |               |  |  | 4:30.65 | <b>4:42.30</b> | 473 | +0,69 |
|      | 50m: 29.85           | 150m: 1:37.70    | 250m: 2:49.86 | 350m: 4:05.80 |  |  |         |                |     |       |
|      | 100m: 1:02.81        | 200m: 2:13.61    | 300m: 3:27.64 | 400m: 4:42.30 |  |  |         |                |     |       |
| 38.  | Dyon Scholten        | Steenwijk 1934   | 200900095     |               |  |  | 4:44.52 | <b>4:43.55</b> | 467 | +0,70 |
|      | 50m: 31.50           | 150m: 1:41.57    | 250m: 2:54.03 | 350m: 4:07.23 |  |  |         |                |     |       |
|      | 100m: 1:05.91        | 200m: 2:17.98    | 300m: 3:30.89 | 400m: 4:43.55 |  |  |         |                |     |       |
| 39.  | Mathijs Boersma      | ZPC Hoogeveen    | 201000313     |               |  |  | 4:39.11 | <b>4:46.74</b> | 452 | +0,94 |
|      | 50m: 31.81           | 150m: 1:43.11    | 250m: 2:56.64 | 350m: 4:10.71 |  |  |         |                |     |       |
|      | 100m: 1:06.75        | 200m: 2:19.75    | 300m: 3:33.69 | 400m: 4:46.74 |  |  |         |                |     |       |
| 40.  | Roan van der Stege   | Swol 1894        | 200900107     |               |  |  | 4:50.06 | <b>4:47.24</b> | 449 | +0,94 |
|      | 50m: 32.61           | 150m: 1:45.16    | 250m: 2:58.34 | 350m: 4:11.52 |  |  |         |                |     |       |
|      | 100m: 1:08.89        | 200m: 2:22.45    | 300m: 3:35.21 | 400m: 4:47.24 |  |  |         |                |     |       |
| 41.  | Kasper Lubbers       | Orca Leeuwarden  | 201100025     |               |  |  | 4:58.10 | <b>4:50.92</b> | 432 | +0,60 |
|      | 50m: 32.90           | 150m: 1:45.82    | 250m: 3:00.41 | 350m: 4:15.49 |  |  |         |                |     |       |
|      | 100m: 1:09.12        | 200m: 2:22.89    | 300m: 3:38.05 | 400m: 4:50.92 |  |  |         |                |     |       |
| 42.  | Kick Germers         | Swol 1894        | 201000185     |               |  |  | 5:06.19 | <b>4:51.39</b> | 430 | +0,68 |
|      | 50m: 33.09           | 150m: 1:46.80    | 250m: 3:01.49 | 350m: 4:16.24 |  |  |         |                |     |       |
|      | 100m: 1:09.53        | 200m: 2:24.10    | 300m: 3:39.04 | 400m: 4:51.39 |  |  |         |                |     |       |
| 43.  | Milan Schuilenburg   | Zpc Amersfoort   | 201000935     |               |  |  | 4:58.67 | <b>4:54.13</b> | 418 |       |
|      | 50m: 32.51           | 150m: 1:46.14    | 250m: 3:01.43 | 350m: 4:17.28 |  |  |         |                |     |       |
|      | 100m: 1:09.04        | 200m: 2:23.46    | 300m: 3:38.99 | 400m: 4:54.13 |  |  |         |                |     |       |
| 44.  | Victor de Haan       | HZ&PC Heerenveen | 201001921     |               |  |  | 4:58.78 | <b>5:02.97</b> | 383 | +0,80 |
|      | 50m: 32.63           | 150m: 1:48.58    | 250m: 3:07.70 | 350m: 4:26.73 |  |  |         |                |     |       |
|      | 100m: 1:09.58        | 200m: 2:27.59    | 300m: 3:47.03 | 400m: 5:02.97 |  |  |         |                |     |       |

Programmanr. 5, Heren, 400m vrije slag, Voorronde, Junioren 1 en ouder

| Rang |                      |                  |               |               |  |  | In.tijd | Tijd           | Pnt | RT    |
|------|----------------------|------------------|---------------|---------------|--|--|---------|----------------|-----|-------|
| 45.  | Robin Mintjes        | HZ&PC Heerenveen | 201000957     |               |  |  | 5:06.97 | <b>5:03.62</b> | 380 | +0,87 |
|      | 50m: 33.46           | 150m: 1:50.06    | 250m: 3:08.81 | 350m: 4:27.12 |  |  |         |                |     |       |
|      | 100m: 1:10.83        | 200m: 2:29.12    | 300m: 3:48.58 | 400m: 5:03.62 |  |  |         |                |     |       |
| 46.  | Milan Eikenaar       | Swol 1894        | 201100599     |               |  |  | 5:17.54 | <b>5:12.59</b> | 348 | +0,87 |
|      | 50m: 33.28           | 150m: 1:50.94    | 250m: 3:12.65 | 350m: 4:33.79 |  |  |         |                |     |       |
|      | 100m: 1:11.53        | 200m: 2:31.86    | 300m: 3:53.94 | 400m: 5:12.59 |  |  |         |                |     |       |
| 47.  | Kris Stoyanov        | Blue Marlins     | 201201505     |               |  |  | 5:19.58 | <b>5:15.57</b> | 339 | +0,62 |
|      | 50m: 33.48           | 150m: 1:53.89    | 250m: 3:16.39 | 350m: 4:38.01 |  |  |         |                |     |       |
|      | 100m: 1:12.50        | 200m: 2:35.24    | 300m: 3:57.34 | 400m: 5:15.57 |  |  |         |                |     |       |
| 48.  | Izayah Castillo      | Blue Marlins     | 201100311     |               |  |  | 5:36.09 | <b>5:19.55</b> | 326 | +0,80 |
|      | 50m: 32.99           | 150m: 1:52.04    | 250m: 3:14.63 | 350m: 4:38.63 |  |  |         |                |     |       |
|      | 100m: 1:12.03        | 200m: 2:33.57    | 300m: 3:56.74 | 400m: 5:19.55 |  |  |         |                |     |       |
| 49.  | Marcelo Fritz Medina | De Dolfijn       | 201201885     |               |  |  | 5:27.27 | <b>5:30.10</b> | 296 | +0,80 |
|      | 50m: 35.51           | 150m: 1:58.07    | 250m: 3:24.20 | 350m: 4:49.52 |  |  |         |                |     |       |
|      | 100m: 1:16.03        | 200m: 2:41.34    | 300m: 4:07.21 | 400m: 5:30.10 |  |  |         |                |     |       |
| 50.  | Leif Moormann        | SV Wildeshausen  | 484018        |               |  |  | 5:35.91 | <b>5:39.70</b> | 271 |       |
|      | 50m: 34.55           | 150m: 1:56.17    | 250m: 3:24.98 | 350m: 4:56.48 |  |  |         |                |     |       |
|      | 100m: 1:13.93        | 200m: 2:39.93    | 300m: 4:11.07 | 400m: 5:39.70 |  |  |         |                |     |       |

Programmanr. 6  
1-3-2025 - 9:26

Dames, 100m vlinderslag  
Spring Swim record: Kinge Zandringa: 59.82

Junioren 2 en ouder  
Resultaten Voorronde

Punten: AQUA 2024

| Rang |                    |                |              |  |  |  | In.tijd | Tijd           | Pnt | RT      |
|------|--------------------|----------------|--------------|--|--|--|---------|----------------|-----|---------|
| 1.   | Femke Spiering     | Zpc Amersfoort | 200204514    |  |  |  | 59.78   | <b>1:01.70</b> | 727 | +0,76 A |
|      | 50m: 28.69         | 100m: 1:01.70  |              |  |  |  |         |                |     |         |
| 2.   | Kinge Zandringa    | De Dolfijn     | 199801422    |  |  |  | 1:00.04 | <b>1:02.16</b> | 711 | +0,72 A |
|      | 50m: 28.80         | 100m: 1:02.16  |              |  |  |  |         |                |     |         |
| 3.   | Elise Tanis        | De Dolfijn     | 200200120    |  |  |  | 1:00.94 | <b>1:02.67</b> | 693 | +0,70 A |
|      | 50m: 29.29         | 100m: 1:02.67  |              |  |  |  |         |                |     |         |
| 4.   | Frouke Ludwig      | DZ&PC          | 200800112    |  |  |  | 1:04.25 | <b>1:03.16</b> | 677 | A       |
|      | 50m: 29.45         | 100m: 1:03.16  |              |  |  |  |         |                |     |         |
| 5.   | Sara Korthuis      | DZ&PC          | 200600494    |  |  |  | 1:02.44 | <b>1:04.49</b> | 636 | A       |
|      | 50m: 29.67         | 100m: 1:04.49  |              |  |  |  |         |                |     |         |
| 6.   | Niene Dewaelheyns  | Zwemfed        | VZF/20004/07 |  |  |  | 1:03.86 | <b>1:04.55</b> | 634 | A       |
|      | 50m: 29.46         | 100m: 1:04.55  |              |  |  |  |         |                |     |         |
| 7.   | Noa Hollebosch     | Zwemfed        | VZF/20007/07 |  |  |  | 1:05.69 | <b>1:05.19</b> | 616 | +0,71 A |
|      | 50m: 30.65         | 100m: 1:05.19  |              |  |  |  |         |                |     |         |
| 8.   | Nova Nijziel       | De Dolfijn     | 200804416    |  |  |  | 1:05.20 | <b>1:06.61</b> | 577 | +0,76 A |
|      | 50m: 31.08         | 100m: 1:06.61  |              |  |  |  |         |                |     |         |
| 9.   | Yill van Bezouw    | Hieronymus     | 201100704    |  |  |  | 1:07.96 | <b>1:06.81</b> | 572 | +0,79 A |
|      | 50m: 30.43         | 100m: 1:06.81  |              |  |  |  |         |                |     |         |
| 10.  | Rhodee van den Ham | De Duinkikkers | 200700090    |  |  |  | 1:07.56 | <b>1:06.86</b> | 571 | +0,81 B |
|      | 50m: 31.07         | 100m: 1:06.86  |              |  |  |  |         |                |     |         |

DZ&PC Spring Swim 2025

Programmanr. 6, Dames, 100m vlinderslag, Voorronde, Junioren 2 en ouder

| Rang |                       |                   |           | In.tijd | Tijd           | Pnt | RT      |
|------|-----------------------|-------------------|-----------|---------|----------------|-----|---------|
| 11.  | Elin Brinkhof         | De Dolfijn        | 200900078 | 1:07.30 | <b>1:07.58</b> | 553 | +0,65 B |
|      | 50m: 31.07            | 100m: 1:07.58     |           |         |                |     |         |
| 12.  | Frédérique Nijziel    | De Dolfijn        | 201103114 | 1:05.00 | <b>1:07.77</b> | 548 | +0,69 B |
|      | 50m: 30.86            | 100m: 1:07.77     |           |         |                |     |         |
| 13.  | Liv Heijdra           | Feijenoord Albion | 200800736 | 1:08.62 | <b>1:07.86</b> | 546 | +0,77 B |
|      | 50m: 30.37            | 100m: 1:07.86     |           |         |                |     |         |
| 14.  | Carla Moreno Palacios | De Dolfijn        | 201002302 | 1:11.02 | <b>1:08.02</b> | 542 | +0,80 B |
|      | 50m: 31.00            | 100m: 1:08.02     |           |         |                |     |         |
| 15.  | Alessia Sluis         | Dedemsvaart-AC    | 200300896 | 1:11.78 | <b>1:08.47</b> | 531 | +0,80 B |
|      | 50m: 31.61            | 100m: 1:08.47     |           |         |                |     |         |
| 16.  | Tess Vonk             | De Geul           | 200900024 | 1:07.69 | <b>1:08.52</b> | 530 | +0,68 B |
|      | 50m: 31.39            | 100m: 1:08.52     |           |         |                |     |         |
| 17.  | Noa van Zalk          | Zpc Amersfoort    | 201102534 | 1:11.09 | <b>1:08.64</b> | 528 | +0,87 B |
|      | 50m: 31.85            | 100m: 1:08.64     |           |         |                |     |         |
| 18.  | Famke Irvine          | Zpc Amersfoort    | 200501724 | 1:08.15 | <b>1:08.76</b> | 525 | +0,75 B |
|      | 50m: 31.03            | 100m: 1:08.76     |           |         |                |     |         |
| 19.  | Jolijn Liezen         | Steenwijk 1934    | 200500518 | 1:07.17 | <b>1:08.90</b> | 522 | +0,61 C |
|      | 50m: 31.38            | 100m: 1:08.90     |           |         |                |     |         |
| 20.  | Odenza Soselisa       | Blue Marlins      | 201101780 | 1:07.62 | <b>1:09.06</b> | 518 | +0,77 C |
|      | 50m: 32.10            | 100m: 1:09.06     |           |         |                |     |         |
| 21.  | Esmee Mulder          | DZ&PC             | 200800038 | 1:07.54 | <b>1:09.08</b> | 518 | +0,70 C |
|      | 50m: 31.50            | 100m: 1:09.08     |           |         |                |     |         |
| 22.  | Isis Verhoeff         | Zpc Amersfoort    | 200902962 | 1:09.99 | <b>1:09.44</b> | 510 | +0,76 C |
|      | 50m: 31.74            | 100m: 1:09.44     |           |         |                |     |         |
| 23.  | Bregje Dekkers        | Psv               | 200900746 | 1:10.75 | <b>1:09.78</b> | 502 | +0,70 C |
|      | 50m: 32.44            | 100m: 1:09.78     |           |         |                |     |         |
| 24.  | Fenne Metten          | Zpc Amersfoort    | 201000102 | 1:10.23 | <b>1:09.82</b> | 501 | C       |
|      | 50m: 32.49            | 100m: 1:09.82     |           |         |                |     |         |
| 25.  | Anna Lepoutre         | Psv               | 201100534 | 1:12.18 | <b>1:10.61</b> | 485 | +0,80 C |
|      | 50m: 32.85            | 100m: 1:10.61     |           |         |                |     |         |
| 26.  | Julia Dąbrowska       | Blue Marlins      | 201000300 | 1:10.01 | <b>1:10.65</b> | 484 | +0,74 C |
|      | 50m: 31.35            | 100m: 1:10.65     |           |         |                |     |         |
| 27.  | Paula Spans           | Zpc Amersfoort    | 201000064 | 1:12.08 | <b>1:10.87</b> | 479 | +0,76 C |
|      | 50m: 32.77            | 100m: 1:10.87     |           |         |                |     |         |
| 28.  | Julia Agricola        | DZ&PC             | 200800266 | 1:09.25 | <b>1:11.31</b> | 470 | R       |
|      | 50m: 32.75            | 100m: 1:11.31     |           |         |                |     |         |
| 29.  | Olena Dijkstra        | Orca Leeuwarden   | 200202624 | 1:10.04 | <b>1:11.39</b> | 469 | +0,77 R |
|      | 50m: 32.10            | 100m: 1:11.39     |           |         |                |     |         |
| 30.  | Luus Gielens          | Psv               | 200900138 | 1:09.30 | <b>1:11.69</b> | 463 |         |
|      | 50m: 32.94            | 100m: 1:11.69     |           |         |                |     |         |
| 31.  | Brechtje Slootweg     | Zpc Amersfoort    | 201101744 | 1:14.78 | <b>1:11.83</b> | 460 | +0,53   |
|      | 50m: 33.19            | 100m: 1:11.83     |           |         |                |     |         |

DZ&PC Spring Swim 2025

Programmanr. 6, Dames, 100m vlinderslag, Voorronde, Junioren 2 en ouder

| Rang |                       |                   |           | In.tijd | Tijd           | Pnt | RT    |
|------|-----------------------|-------------------|-----------|---------|----------------|-----|-------|
| 32.  | Ilana Gentile         | Orca Leeuwarden   | 200801558 | 1:10.45 | <b>1:12.02</b> | 457 |       |
|      | 50m: 33.41            | 100m: 1:12.02     |           |         |                |     |       |
| 33.  | Marlies Dijsselhof    | Dedemsvaart-AC    | 200601046 | 1:13.32 | <b>1:12.51</b> | 447 | +0,86 |
|      | 50m: 32.77            | 100m: 1:12.51     |           |         |                |     |       |
| 34.  | Manou Longayroux      | Blue Marlins      | 201000580 | 1:13.27 | <b>1:13.05</b> | 438 | +0,62 |
|      | 50m: 33.92            | 100m: 1:13.05     |           |         |                |     |       |
| 35.  | Fenna Westerneng      | DZ&PC             | 200900070 | 1:14.51 | <b>1:13.65</b> | 427 | +0,78 |
|      | 50m: 34.25            | 100m: 1:13.65     |           |         |                |     |       |
| 36.  | Femke ter Horst       | ZPC Hoozeveen     | 201000108 | 1:15.32 | <b>1:13.75</b> | 425 | +0,86 |
|      | 50m: 34.12            | 100m: 1:13.75     |           |         |                |     |       |
| 37.  | Leyona Lichtendonk    | Dedemsvaart-AC    | 200700010 | 1:12.57 | <b>1:13.85</b> | 423 | +0,77 |
|      | 50m: 33.66            | 100m: 1:13.85     |           |         |                |     |       |
| 38.  | Dewi Meijer           | De Dolfijn        | 201000302 | 1:12.12 | <b>1:13.89</b> | 423 | +0,63 |
|      | 50m: 33.38            | 100m: 1:13.89     |           |         |                |     |       |
| 39.  | Elke Kriesels         | Hieronymus        | 201100898 | 1:13.78 | <b>1:14.35</b> | 415 |       |
|      | 50m: 33.91            | 100m: 1:14.35     |           |         |                |     |       |
| 40.  | Fleur Van den Eijk    | Blue Marlins      | 200900304 | 1:10.98 | <b>1:14.80</b> | 408 | +0,74 |
|      | 50m: 32.57            | 100m: 1:14.80     |           |         |                |     |       |
| 41.  | Simone Brobbel        | SG Hoeksche Waard | 201200058 | 1:14.41 | <b>1:15.07</b> | 403 |       |
|      | 50m: 34.80            | 100m: 1:15.07     |           |         |                |     |       |
| 42.  | Ylène Zondervan       | Zpc Amersfoort    | 201200016 | 1:14.13 | <b>1:15.27</b> | 400 | +0,87 |
|      | 50m: 34.78            | 100m: 1:15.27     |           |         |                |     |       |
| 43.  | Lili Oosting          | Dwk               | 200900384 | 1:12.06 | <b>1:15.89</b> | 390 |       |
|      | 50m: 35.94            | 100m: 1:15.89     |           |         |                |     |       |
| 44.  | Milou Filemon         | Blue Marlins      | 201100078 | 1:18.47 | <b>1:15.99</b> | 389 |       |
|      | 50m: 34.66            | 100m: 1:15.99     |           |         |                |     |       |
| 45.  | Anouk Steller         | Wvz               | 201000004 | 1:14.90 | <b>1:16.41</b> | 382 | +0,79 |
|      | 50m: 33.80            | 100m: 1:16.41     |           |         |                |     |       |
| 46.  | Vera Wassink          | DZ&PC             | 200604976 | 1:13.94 | <b>1:16.80</b> | 376 | +0,85 |
|      | 50m: 33.35            | 100m: 1:16.80     |           |         |                |     |       |
| 47.  | Maud Roffel           | DZ&PC             | 200700840 | 1:15.63 | <b>1:16.87</b> | 375 | +0,63 |
|      | 50m: 34.88            | 100m: 1:16.87     |           |         |                |     |       |
| 48.  | Norell Kroeze         | ZC Polaris        | 201100378 | 1:16.40 | <b>1:17.45</b> | 367 |       |
|      | 50m: 34.27            | 100m: 1:17.45     |           |         |                |     |       |
| 49.  | Alena Ytsma           | HZ&PC Heerenveen  | 201201736 | 1:16.87 | <b>1:17.76</b> | 363 | +0,85 |
|      | 50m: 35.23            | 100m: 1:17.76     |           |         |                |     |       |
| 50.  | Minke Bouman          | Blue Marlins      | 201100104 | 1:18.97 | <b>1:18.21</b> | 356 | +0,73 |
|      | 50m: 34.93            | 100m: 1:18.21     |           |         |                |     |       |
| 51.  | Kamila Makhmadiyarova | Blue Marlins      | 201103178 | 1:19.46 | <b>1:18.22</b> | 356 | +0,76 |
|      | 50m: 36.62            | 100m: 1:18.22     |           |         |                |     |       |
| 52.  | Esmee van der Tuuk    | ZPC Hoozeveen     | 200800682 | 1:16.07 | <b>1:18.23</b> | 356 | +0,86 |
|      | 50m: 34.62            | 100m: 1:18.23     |           |         |                |     |       |

Programmanr. 6, Dames, 100m vlinderslag, Voorronde, Junioren 2 en ouder

| Rang  |                                              |                     |           |  | In.tijd | Tijd           | Pnt | RT    |
|-------|----------------------------------------------|---------------------|-----------|--|---------|----------------|-----|-------|
| 53.   | Lian Vonk                                    | Zpc Amersfoort      | 201001606 |  | 1:20.54 | <b>1:18.51</b> | 352 | +0,70 |
|       | 50m: 34.83                                   | 100m: 1:18.51       |           |  |         |                |     |       |
| 54.   | Kyara Balt                                   | De Vikings          | 201100306 |  | 1:20.93 | <b>1:19.08</b> | 345 |       |
|       | 50m: 36.51                                   | 100m: 1:19.08       |           |  |         |                |     |       |
| 55.   | Hanna Heller                                 | Zpc Amersfoort      | 201102730 |  | 1:20.95 | <b>1:19.35</b> | 341 |       |
|       | 50m: 35.17                                   | 100m: 1:19.35       |           |  |         |                |     |       |
| 56.   | Evita Hoornweg                               | TriVia              | 201002046 |  | 1:25.85 | <b>1:19.69</b> | 337 | +0,80 |
|       | 50m: 36.30                                   | 100m: 1:19.69       |           |  |         |                |     |       |
| 57.   | Myrthe Bruinsma                              | Zpc Amersfoort      | 201101108 |  | 1:23.99 | <b>1:19.89</b> | 334 | +0,83 |
|       | 50m: 36.14                                   | 100m: 1:19.89       |           |  |         |                |     |       |
| 58.   | Lea Jerebic                                  | SV Wildeshausen     | 405121    |  | 1:19.00 | <b>1:20.22</b> | 330 | +0,61 |
|       | 50m: 36.17                                   | 100m: 1:20.22       |           |  |         |                |     |       |
| 59.   | Emma Koeleman                                | Z&PC de Inktvis     | 200901762 |  | 1:18.05 | <b>1:21.04</b> | 320 | +0,84 |
|       | 50m: 36.88                                   | 100m: 1:21.04       |           |  |         |                |     |       |
| 60.   | Noa Spaans                                   | De Dolfijn          | 201100222 |  | 1:19.78 | <b>1:21.17</b> | 319 | +0,85 |
|       | 50m: 36.42                                   | 100m: 1:21.17       |           |  |         |                |     |       |
| 61.   | Melody Paulussen                             | De Dolfijn          | 201101106 |  | 1:24.19 | <b>1:21.36</b> | 317 | +0,71 |
|       | 50m: 37.03                                   | 100m: 1:21.36       |           |  |         |                |     |       |
| 62.   | Anna Durville                                | Z&PC de Inktvis     | 200701038 |  | 1:22.51 | <b>1:22.30</b> | 306 | +0,77 |
|       | 50m: 36.24                                   | 100m: 1:22.30       |           |  |         |                |     |       |
| 63.   | Sarah Brandes                                | SV Wildeshausen     | 406178    |  | 1:23.60 | <b>1:25.28</b> | 275 |       |
|       | 50m: 38.23                                   | 100m: 1:25.28       |           |  |         |                |     |       |
| 64.   | Charlie Klaver                               | De Dolfijn          | 201102094 |  | 1:22.82 | <b>1:25.84</b> | 269 | +0,76 |
|       | 50m: 38.94                                   | 100m: 1:25.84       |           |  |         |                |     |       |
| 65.   | Femke Griemink                               | Ksn (Sg)            | 200802376 |  | 1:34.16 | <b>1:27.15</b> | 257 | +0,78 |
|       | 50m: 38.81                                   | 100m: 1:27.15       |           |  |         |                |     |       |
| 66.   | Anna Schuurman                               | SG. Bolsward-Workum | 201000076 |  | 1:30.95 | <b>1:29.22</b> | 240 |       |
|       | 50m: 41.02                                   | 100m: 1:29.22       |           |  |         |                |     |       |
| 67.   | Krista de Reus-Trompettel                    | DZ&PC               | 197600520 |  | 1:24.64 | <b>1:30.33</b> | 231 | +0,94 |
|       | 50m: 39.32                                   | 100m: 1:30.33       |           |  |         |                |     |       |
| 68.   | Noelie Hallbauer                             | SV Wildeshausen     | 397699    |  | 1:29.47 | <b>1:32.41</b> | 216 | +0,77 |
|       | 50m: 41.94                                   | 100m: 1:32.41       |           |  |         |                |     |       |
| DIS   | Femke van der Veen                           | Orca Leeuwarden     | 201100962 |  | 1:30.14 |                |     |       |
|       | AE - De aangegeven zwemslag niet uitgevoerd. |                     |           |  |         |                |     |       |
| AFGEM | Lotte Lübbers                                | Ksn (Sg)            | 200900190 |  | 1:09.90 |                |     |       |

Programmanr. 7  
1-3-2025 - 9:39

Heren, 100m rugslag  
Spring Swim record: Niels Dijkshoorn: 57.05

Juniores 1 en ouder  
Resultaten Voorronde

Punten: AQUA 2024

| Rang |                             |                 |              | In.tijd | Tijd           | Pnt | RT      |
|------|-----------------------------|-----------------|--------------|---------|----------------|-----|---------|
| 1.   | Stan Franckx                | Zwemfed         | VZF/10005/02 | 55.09   | <b>56.41</b>   | 765 | +0,63 A |
|      | <i>* Spring Swim record</i> |                 |              |         |                |     |         |
|      | 50m: 27.30                  | 100m: 56.41     |              |         |                |     |         |
| 2.   | Giovanni Phillipson         | ZV De Zaan      | 200801099    | 57.15   | <b>58.24</b>   | 695 | +0,65 A |
|      | 50m: 28.31                  | 100m: 58.24     |              |         |                |     |         |
| 3.   | Daan Sonneveld              | Wvz             | 200601085    | 56.81   | <b>58.98</b>   | 669 | +0,58 A |
|      | 50m: 28.63                  | 100m: 58.98     |              |         |                |     |         |
| 4.   | Tiamo van der Veen          | Dedemsvaart-AC  | 200600033    | 59.64   | <b>59.09</b>   | 665 | +0,63 A |
|      | 50m: 29.03                  | 100m: 59.09     |              |         |                |     |         |
| 5.   | Nikodim Markovic            | Blue Marlins    | 200700255    | 1:00.29 | <b>59.33</b>   | 657 | +0,64 A |
|      | 50m: 28.64                  | 100m: 59.33     |              |         |                |     |         |
| 6.   | Joseph Van Wellen           | Zwemfed         | VZF/10016/08 | 58.59   | <b>59.75</b>   | 644 | +0,61 A |
|      | 50m: 28.77                  | 100m: 59.75     |              |         |                |     |         |
| 7.   | Alexander Van Hoey Billie   | Zwemfed         | VZF/10014/09 | 58.22   | <b>59.91</b>   | 638 | +0,70 A |
|      | 50m: 28.88                  | 100m: 59.91     |              |         |                |     |         |
|      | Jisse Lousma                | Wvz             | 200701493    | 1:00.74 | <b>59.91</b>   | 638 | +0,52 A |
|      | 50m: 29.26                  | 100m: 59.91     |              |         |                |     |         |
| 9.   | Lars Minnaert               | Psv             | 200502355    | 57.69   | <b>1:00.27</b> | 627 | +0,57 A |
|      | 50m: 29.05                  | 100m: 1:00.27   |              |         |                |     |         |
| 10.  | Colin Bes                   | DZ&PC           | 200500201    | 1:01.64 | <b>1:01.12</b> | 601 | +0,64 B |
|      | 50m: 29.39                  | 100m: 1:01.12   |              |         |                |     |         |
| 11.  | Niek Issard                 | DZ&PC           | 200700037    | 1:00.83 | <b>1:01.32</b> | 595 | +0,66 B |
|      | 50m: 29.21                  | 100m: 1:01.32   |              |         |                |     |         |
| 12.  | Jaydey Schonewille          | Steenwijk 1934  | 200800025    | 1:00.80 | <b>1:01.86</b> | 580 | +0,73 B |
|      | 50m: 29.99                  | 100m: 1:01.86   |              |         |                |     |         |
| 13.  | Tobian Vos                  | Zpc Amersfoort  | 200900005    | 1:01.87 | <b>1:02.24</b> | 569 | +0,73 B |
|      | 50m: 30.22                  | 100m: 1:02.24   |              |         |                |     |         |
| 14.  | Mikkel Grotelüschen         | SV Wildeshausen | 338479       | 58.65   | <b>1:02.28</b> | 568 | +0,63 B |
|      | 50m: 29.11                  | 100m: 1:02.28   |              |         |                |     |         |
| 15.  | Floris Stork                | DZ&PC           | 200305075    | 1:06.70 | <b>1:02.98</b> | 549 | +0,66 B |
|      | 50m: 30.50                  | 100m: 1:02.98   |              |         |                |     |         |
| 16.  | Niek Sonneveld              | Wvz             | 200802631    | 1:03.84 | <b>1:03.06</b> | 547 | +0,71 B |
|      | 50m: 30.51                  | 100m: 1:03.06   |              |         |                |     |         |
| 17.  | Adriaan Coppelmans          | Azc 1           | 200903243    | 1:03.50 | <b>1:03.14</b> | 545 | +0,60 B |
|      | 50m: 30.07                  | 100m: 1:03.14   |              |         |                |     |         |
| 18.  | Siem de Zeeuw               | O Z & P C       | 200800013    | 1:04.58 | <b>1:03.71</b> | 531 | +0,59 B |
|      | 50m: 30.59                  | 100m: 1:03.71   |              |         |                |     |         |
| 19.  | Lars Heddema                | Steenwijk 1934  | 200603697    | 1:03.52 | <b>1:04.17</b> | 519 | +0,71 C |
|      | 50m: 31.24                  | 100m: 1:04.17   |              |         |                |     |         |

DZ&PC Spring Swim 2025

Programmanr. 7, Heren, 100m rugslag, Voorronde, Junioren 1 en ouder

| Rang |                      |                  |           | In.tijd | Tijd           | Pnt | RT      |
|------|----------------------|------------------|-----------|---------|----------------|-----|---------|
| 20.  | Abel op den Velde    | De Duinkikkers   | 201000079 | 1:07.59 | <b>1:04.55</b> | 510 | +0,72 C |
|      | 50m: 31.50           | 100m: 1:04.55    |           |         |                |     |         |
| 21.  | Olivier Wilbers      | ZPC Hogeveen     | 200600181 | 1:04.64 | <b>1:04.56</b> | 510 | +0,63 C |
|      | 50m: 31.86           | 100m: 1:04.56    |           |         |                |     |         |
| 22.  | Sverre van der Zwaan | Wvz              | 200900737 | 1:06.92 | <b>1:05.25</b> | 494 | +0,66 C |
|      | 50m: 31.73           | 100m: 1:05.25    |           |         |                |     |         |
| 23.  | Mart Tempelman       | Dedemsvaart-AC   | 200801075 | 1:04.49 | <b>1:05.59</b> | 486 | +0,64 C |
|      | 50m: 31.43           | 100m: 1:05.59    |           |         |                |     |         |
| 24.  | Richard Kuipers      | HZ&PC Heerenveen | 199704171 | 1:06.07 | <b>1:05.72</b> | 484 | +0,73 C |
|      | 50m: 31.52           | 100m: 1:05.72    |           |         |                |     |         |
| 25.  | Tim van Erven        | DZ&PC            | 200700175 | 1:07.68 | <b>1:05.75</b> | 483 | +0,74 C |
|      | 50m: 31.72           | 100m: 1:05.75    |           |         |                |     |         |
| 26.  | Ivo Bot              | Wiekslag         | 200900509 | 1:07.11 | <b>1:05.87</b> | 480 | +0,59 C |
|      | 50m: 30.76           | 100m: 1:05.87    |           |         |                |     |         |
| 27.  | Jelte de Boer        | De Vikings       | 200700345 | 1:09.26 | <b>1:06.43</b> | 468 | +0,75 C |
|      | 50m: 32.08           | 100m: 1:06.43    |           |         |                |     |         |
| 28.  | Myron Artemenko      | Niemo Barracuda  | 201003021 | 1:07.17 | <b>1:06.68</b> | 463 | +0,70 R |
|      | 50m: 32.50           | 100m: 1:06.68    |           |         |                |     |         |
| 29.  | Sven Koorstra        | De Vikings       | 200900189 | 1:07.81 | <b>1:06.75</b> | 461 | +0,75 R |
|      | 50m: 32.87           | 100m: 1:06.75    |           |         |                |     |         |
| 30.  | Eli Shields          | Niemo Barracuda  | 201000407 | 1:10.64 | <b>1:06.80</b> | 460 | +0,68   |
|      | 50m: 32.39           | 100m: 1:06.80    |           |         |                |     |         |
| 31.  | Colin Beuker         | ZPC Hogeveen     | 200802023 | 1:05.94 | <b>1:06.97</b> | 457 | +0,88   |
|      | 50m: 31.91           | 100m: 1:06.97    |           |         |                |     |         |
| 32.  | Amor van der Veen    | Dedemsvaart-AC   | 201100197 | 1:06.39 | <b>1:07.16</b> | 453 | +0,71   |
|      | 50m: 31.82           | 100m: 1:07.16    |           |         |                |     |         |
| 33.  | Jere Wiersma         | DZ&PC            | 200701037 | 1:08.49 | <b>1:07.17</b> | 453 | +0,65   |
|      | 50m: 32.69           | 100m: 1:07.17    |           |         |                |     |         |
| 34.  | Xander Kragting      | Zpc Amersfoort   | 200900077 | 1:07.06 | <b>1:08.04</b> | 436 | +0,69   |
|      | 50m: 32.40           | 100m: 1:08.04    |           |         |                |     |         |
| 35.  | Jaime Fais           | TriVia           | 200400291 | 1:09.41 | <b>1:08.05</b> | 435 | +0,60   |
|      | 50m: 31.60           | 100m: 1:08.05    |           |         |                |     |         |
| 36.  | Cayden Malone        | De Dolfijn       | 201002195 | 1:12.84 | <b>1:09.02</b> | 417 | +0,67   |
|      | 50m: 33.53           | 100m: 1:09.02    |           |         |                |     |         |
| 37.  | Henry Watson         | De Dolfijn       | 201001703 | 1:13.67 | <b>1:09.28</b> | 413 | +0,69   |
|      | 50m: 33.46           | 100m: 1:09.28    |           |         |                |     |         |
| 38.  | Ruben Kragt          | Dedemsvaart-AC   | 201000007 | 1:09.84 | <b>1:09.39</b> | 411 | +0,71   |
|      | 50m: 33.37           | 100m: 1:09.39    |           |         |                |     |         |
| 39.  | Sven Mulder          | Wvz              | 200901655 | 1:11.89 | <b>1:09.71</b> | 405 | +0,63   |
|      | 50m: 33.38           | 100m: 1:09.71    |           |         |                |     |         |
| 40.  | Evren Ege Orcunus    | De Dolfijn       | 201003253 | 1:06.75 | <b>1:09.90</b> | 402 | +0,76   |
|      | 50m: 33.60           | 100m: 1:09.90    |           |         |                |     |         |

Programmanr. 7, Heren, 100m rugslag, Voorronde, Junioren 1 en ouder

| Rang |                     |                     |           | In.tijd | Tijd           | Pnt | RT    |
|------|---------------------|---------------------|-----------|---------|----------------|-----|-------|
| 41.  | Dyon Scholten       | Steenwijk 1934      | 200900095 | 1:12.54 | <b>1:10.47</b> | 392 | +0,69 |
|      | 50m: 34.13          | 100m: 1:10.47       |           |         |                |     |       |
| 42.  | Joey Snabel         | Zpc Amersfoort      | 201002847 | 1:13.87 | <b>1:10.93</b> | 384 | +0,96 |
|      | 50m: 34.40          | 100m: 1:10.93       |           |         |                |     |       |
| 43.  | Mathijs de Wit      | Ksn (Sg)            | 201001215 | 1:08.63 | <b>1:10.98</b> | 384 | +0,72 |
|      | 50m: 34.22          | 100m: 1:10.98       |           |         |                |     |       |
| 44.  | Oden Hankins        | Blue Marlins        | 200902301 | 1:22.55 | <b>1:11.32</b> | 378 | +0,83 |
|      | 50m: 34.28          | 100m: 1:11.32       |           |         |                |     |       |
| 45.  | Enno Brahms         | SV Wildeshausen     | 397825    | 1:09.07 | <b>1:11.83</b> | 370 | +0,58 |
|      | 50m: 34.80          | 100m: 1:11.83       |           |         |                |     |       |
| 46.  | Sascha Timmer       | Azc 1               | 200902987 | 1:12.62 | <b>1:12.07</b> | 367 | +0,79 |
|      | 50m: 33.94          | 100m: 1:12.07       |           |         |                |     |       |
| 47.  | Roan Dijkstra       | Dedemsvaart-AC      | 201002791 | 1:15.17 | <b>1:12.35</b> | 362 | +0,72 |
|      | 50m: 35.22          | 100m: 1:12.35       |           |         |                |     |       |
| 48.  | Daniël Scheppink    | Swol 1894           | 200902769 | 1:15.64 | <b>1:12.40</b> | 362 | +0,84 |
|      | 50m: 35.47          | 100m: 1:12.40       |           |         |                |     |       |
| 49.  | Yorre van der Wal   | SG. Bolsward-Workum | 201000017 | 1:13.71 | <b>1:12.61</b> | 358 | +0,79 |
|      | 50m: 34.66          | 100m: 1:12.61       |           |         |                |     |       |
| 50.  | Milan Eikenaar      | Swol 1894           | 201100599 | 1:12.01 | <b>1:12.75</b> | 356 | +0,95 |
|      | 50m: 34.90          | 100m: 1:12.75       |           |         |                |     |       |
| 51.  | Roderick Veldhuizen | Ksn (Sg)            | 200804031 | 1:19.85 | <b>1:13.11</b> | 351 | +0,73 |
|      | 50m: 35.76          | 100m: 1:13.11       |           |         |                |     |       |
| 52.  | Gijs Nooter         | Dedemsvaart-AC      | 201000725 | 1:14.74 | <b>1:13.12</b> | 351 | +0,61 |
|      | 50m: 35.49          | 100m: 1:13.12       |           |         |                |     |       |
| 53.  | Thygo van de Peppel | Blue Marlins        | 200901101 | 1:09.11 | <b>1:13.26</b> | 349 |       |
|      | 50m: 34.77          | 100m: 1:13.26       |           |         |                |     |       |
| 54.  | Kyran Kroeze        | ZC Polaris          | 200901707 | 1:20.60 | <b>1:14.82</b> | 328 | +0,86 |
|      | 50m: 36.54          | 100m: 1:14.82       |           |         |                |     |       |
| 55.  | Daan Mulder         | Ksn (Sg)            | 201100267 | 1:18.86 | <b>1:14.89</b> | 327 | +0,71 |
|      | 50m: 36.29          | 100m: 1:14.89       |           |         |                |     |       |
| 56.  | Sven Potappel       | Dwk                 | 201000127 | 1:14.23 | <b>1:15.03</b> | 325 | +0,69 |
|      | 50m: 36.39          | 100m: 1:15.03       |           |         |                |     |       |
| 57.  | Douwe Enzerink      | Zpc Amersfoort      | 201102657 | 1:15.30 | <b>1:15.04</b> | 325 | +0,74 |
|      | 50m: 35.72          | 100m: 1:15.04       |           |         |                |     |       |
| 58.  | Yannick Dijks       | Orca Leeuwarden     | 200700923 | 1:15.55 | <b>1:15.50</b> | 319 | +0,70 |
|      | 50m: 36.38          | 100m: 1:15.50       |           |         |                |     |       |
| 59.  | Alexander Jerebic   | SV Wildeshausen     | 427588    | 1:21.33 | <b>1:16.13</b> | 311 | +0,71 |
|      | 50m: 36.59          | 100m: 1:16.13       |           |         |                |     |       |
| 60.  | Vince van Dam       | Acz                 | 201000405 | 1:18.53 | <b>1:16.24</b> | 310 | +0,60 |
|      | 50m: 37.08          | 100m: 1:16.24       |           |         |                |     |       |
| 61.  | Jasper Cox          | Zpc Amersfoort      | 201003589 | 1:17.88 | <b>1:16.28</b> | 309 | +0,68 |
|      | 50m: 37.33          | 100m: 1:16.28       |           |         |                |     |       |

Programmanr. 7, Heren, 100m rugslag, Voorronde, Junioren 1 en ouder

| Rang  |                                                                                                                                                       |                  |           | In.tijd | Tijd           | Pnt | RT    |
|-------|-------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|-----------|---------|----------------|-----|-------|
| 62.   | Matthijs Wierbos                                                                                                                                      | ZPC Hoogeveen    | 200901965 | 1:24.34 | <b>1:16.89</b> | 302 | +0,84 |
|       | 50m: 36.34                                                                                                                                            | 100m: 1:16.89    |           |         |                |     |       |
| 63.   | Victor de Haan                                                                                                                                        | HZ&PC Heerenveen | 201001921 | 1:16.73 | <b>1:16.94</b> | 301 | +0,80 |
|       | 50m: 37.20                                                                                                                                            | 100m: 1:16.94    |           |         |                |     |       |
| 64.   | Roy Hofman                                                                                                                                            | DZ&PC            | 200900439 | 1:15.50 | <b>1:17.15</b> | 299 | +0,70 |
|       | 50m: 37.41                                                                                                                                            | 100m: 1:17.15    |           |         |                |     |       |
| 65.   | Gijs Leeneman                                                                                                                                         | HZ&PC Heerenveen | 201200479 | 1:27.59 | <b>1:18.07</b> | 288 | +0,66 |
|       | 50m: 38.06                                                                                                                                            | 100m: 1:18.07    |           |         |                |     |       |
| 66.   | Maico Langhout                                                                                                                                        | F.Z.C.'54        | 200202215 | 1:22.42 | <b>1:18.40</b> | 285 | +0,78 |
|       | 50m: 37.36                                                                                                                                            | 100m: 1:18.40    |           |         |                |     |       |
| 67.   | Rio Babic                                                                                                                                             | Steenwijk 1934   | 201200867 | 1:28.24 | <b>1:18.85</b> | 280 | +0,87 |
|       | 50m: 38.64                                                                                                                                            | 100m: 1:18.85    |           |         |                |     |       |
| 68.   | Tim Koornstra                                                                                                                                         | De Vikings       | 201200231 | 1:28.13 | <b>1:19.89</b> | 269 | +0,74 |
|       | 50m: 38.00                                                                                                                                            | 100m: 1:19.89    |           |         |                |     |       |
| 69.   | Luca Karsten Schüler                                                                                                                                  | HZ&PC Heerenveen | 201101451 | 1:23.72 | <b>1:22.04</b> | 248 | +0,72 |
|       | 50m: 38.82                                                                                                                                            | 100m: 1:22.04    |           |         |                |     |       |
| 70.   | Danley Schneider                                                                                                                                      | ZC Polaris       | 201201323 | 1:20.89 | <b>1:23.43</b> | 236 | +0,73 |
|       | 50m: 40.79                                                                                                                                            | 100m: 1:23.43    |           |         |                |     |       |
| 71.   | Sem Britstra                                                                                                                                          | Ksn (Sg)         | 201202037 | 1:26.08 | <b>1:26.09</b> | 215 | +0,76 |
|       | 50m: 41.82                                                                                                                                            | 100m: 1:26.09    |           |         |                |     |       |
| 72.   | Rory Costello                                                                                                                                         | De Dolfijn       | 201102755 | 1:31.17 | <b>1:28.49</b> | 198 | +0,78 |
|       | 50m: 41.86                                                                                                                                            | 100m: 1:28.49    |           |         |                |     |       |
| 73.   | Herre Verkaik                                                                                                                                         | Neptunia '24     | 201202081 | 1:31.16 | <b>1:31.06</b> | 181 | +0,82 |
|       | 50m: 43.58                                                                                                                                            | 100m: 1:31.06    |           |         |                |     |       |
| DIS   | Fynn Grotelüschen                                                                                                                                     | SV Wildeshausen  | 310328    | 1:07.94 |                |     |       |
|       | RL - Niet met ten minste één teen van elke voet in contact met de wand of met de aantikplaat indien er bij de start een rugslagvoetsteun is gebruikt. |                  |           |         |                |     |       |
| DIS   | Jona Denke                                                                                                                                            | SV Wildeshausen  | 447339    | 1:13.18 |                |     |       |
|       | RL - Niet met ten minste één teen van elke voet in contact met de wand of met de aantikplaat indien er bij de start een rugslagvoetsteun is gebruikt. |                  |           |         |                |     |       |
| NG.ZA | Erdi-Vahap Ilboga                                                                                                                                     | SV Wildeshausen  | 324753    | 59.80   |                |     |       |
| AFGEM | Floris van der Valk                                                                                                                                   | Wiekslag         | 200801891 | 1:06.44 |                |     |       |
| AFGEM | Sven Casper Hageman                                                                                                                                   | Steenwijk 1934   | 201000009 | 1:08.93 |                |     |       |
| AFGEM | Vasco Strampel                                                                                                                                        | Steenwijk 1934   | 200702073 | 1:15.49 |                |     |       |
| AFGEM | Timo van de Pavoordt                                                                                                                                  | Orca Leeuwarden  | 201100205 | 1:18.45 |                |     |       |

Programmanr. 8  
1-3-2025 - 9:54

Dames, 50m vrije slag  
Spring Swim record: Kim Busch: 25.27

Juniores 2 en ouder  
Resultaten Voorronde

Punten: AQUA 2024

| Rang |                     |                      | In.tijd      | Tijd  | Pnt          | RT          |
|------|---------------------|----------------------|--------------|-------|--------------|-------------|
| 1.   | Femke Spiering      | Zpc Amersfoort       | 200204514    | 26.16 | <b>26.47</b> | 709 +0,61 A |
| 2.   | Hylcke de Beer      | Psv                  | 200700006    | 26.03 | <b>26.58</b> | 700 A       |
| 3.   | Megan Jonkman       | Blue Marlins         | 200600508    | 26.02 | <b>26.69</b> | 692 A       |
| 4.   | Sara Korthuis       | DZ&PC                | 200600494    | 25.89 | <b>26.76</b> | 686 +0,61 A |
| 5.   | Zinke Delcommune    | Zwemfed              | VZF/20003/05 | 27.01 | <b>26.80</b> | 683 +0,86 A |
| 6.   | Nore Michiels       | Zwemfed              | VZF/20009/08 | 26.87 | <b>27.22</b> | 652 +0,84 A |
| 7.   | Mare Schallenberg   | Blue Marlins         | 200600078    | 26.27 | <b>27.29</b> | 647 +0,65 A |
| 8.   | Lana Ravelingien    | Zwemfed              | VZF/20011/03 | 26.61 | <b>27.37</b> | 641 +0,94 A |
| 9.   | Kinge Zandringa     | De Dolfijn           | 199801422    | 26.28 | <b>27.40</b> | 639 +0,55 A |
| 10.  | Elise Tanis         | De Dolfijn           | 200200120    | 27.80 | <b>27.48</b> | 634 +0,65 B |
| 11.  | Alinda Dingshoff    | De Dolfijn           | 200000928    | NT    | <b>27.76</b> | 615 +0,59 B |
| 12.  | Michelle Zomerdijk  | Dedemsvaart-AC       | 200003196    | 27.16 | <b>27.96</b> | 602 +0,55 B |
| 13.  | Kinley Cole         | Psv                  | 200903696    | 27.66 | <b>28.01</b> | 598 +0,63 B |
| 14.  | Breanna Belmar      | Blue Marlins         | 201004068    | 28.69 | <b>28.05</b> | 596 +0,55 B |
| 15.  | Lola Verheijen      | Psv                  | 201100832    | 27.80 | <b>28.18</b> | 588 +0,71 B |
|      | Dionne Salomons     | ZC Borger            | 200200504    | 27.65 | <b>28.18</b> | 588 +0,76 B |
| 17.  | Ismay Lichtendonk   | Dedemsvaart-AC       | 200400622    | 27.64 | <b>28.25</b> | 583 +0,62 B |
| 18.  | Rafaëla Mulders     | De Reuring           | 200701398    | 28.16 | <b>28.32</b> | 579 +0,69 B |
| 19.  | Femke Backx         | Orca Leeuwarden      | 200106430    | 30.28 | <b>28.37</b> | 576 C       |
| 20.  | Olena Dijkstra      | Orca Leeuwarden      | 200202624    | 27.94 | <b>28.56</b> | 564 +0,77 C |
| 21.  | Rhodee van den Ham  | De Duinkikkers       | 200700090    | 28.38 | <b>28.59</b> | 563 +0,75 C |
| 22.  | Esmee van Peer      | TriVia               | 200201114    | 28.39 | <b>28.67</b> | 558 +0,77 C |
| 23.  | Jolijn Liezen       | Steenwijk 1934       | 200500518    | 27.79 | <b>28.69</b> | 557 +0,72 C |
| 24.  | Fenna Zusterzeel    | Psv                  | 201000008    | 28.25 | <b>28.79</b> | 551 +0,71 C |
| 25.  | Julie van Nispen    | Z&PV Nuenen          | 200800290    | 28.11 | <b>28.90</b> | 545 +0,58 C |
| 26.  | Liv Heijdra         | Feijenoord Albion    | 200800736    | 27.84 | <b>28.92</b> | 544 +0,58 C |
| 27.  | Fenna Westerneng    | DZ&PC                | 200900070    | 28.44 | <b>29.10</b> | 534 +0,75 C |
| 28.  | Carlein Polinder    | Ksn (Sg)             | 200600128    | 29.70 | <b>29.19</b> | 529 +0,67 ? |
|      | Marije Jaspers      | Neptunia '24         | 200802152    | 29.36 | <b>29.19</b> | 529 +0,60 ? |
| 30.  | Tessa van Beek      | Dwk                  | 201001446    | 28.77 | <b>29.20</b> | 528 +0,55   |
| 31.  | Frédérique Nijziel  | De Dolfijn           | 201103114    | 27.90 | <b>29.29</b> | 523 +0,55   |
| 32.  | Djelaysa Buunk      | Z & PC De Zeeuwse Kl | 200900536    | 29.60 | <b>29.35</b> | 520 +0,76   |
| 33.  | Ilana Gentile       | Orca Leeuwarden      | 200801558    | 28.69 | <b>29.42</b> | 516 +0,54   |
| 34.  | Jade Geurts         | Wvz                  | 200402278    | 29.79 | <b>29.44</b> | 515         |
| 35.  | Ananda van der Wiel | Wvz                  | 200701562    | 29.20 | <b>29.50</b> | 512 +0,49   |
| 36.  | Inge Dekker         | HZ&PC Heerenveen     | 200200476    | 30.04 | <b>29.52</b> | 511 +0,76   |
| 37.  | Maryse Kuijper      | Dwk                  | 201000692    | 29.41 | <b>29.53</b> | 511 +0,63   |
| 38.  | Ilse Jongepier      | TriVia               | 201000006    | 30.57 | <b>29.65</b> | 504 +0,71   |
| 39.  | Kim Bouman          | Zpc Amersfoort       | 201000262    | 29.47 | <b>29.72</b> | 501 +0,83   |
| 40.  | Isis Verhoeff       | Zpc Amersfoort       | 200902962    | 29.15 | <b>29.76</b> | 499 +0,73   |
| 41.  | Vera Wassink        | DZ&PC                | 200604976    | 28.39 | <b>29.80</b> | 497 +0,69   |
| 42.  | Lea Jerebic         | SV Wildeshausen      | 405121       | 29.00 | <b>29.82</b> | 496 +0,52   |
| 43.  | Amila Mustafic      | DZ&PC                | 201200026    | 30.75 | <b>29.85</b> | 494 +0,71   |
| 44.  | Senna Boogmans      | De Duinkikkers       | 201000640    | 29.95 | <b>29.92</b> | 491 +0,99   |
| 45.  | Amber Tiesinga      | DZ&PC                | 200600782    | 30.09 | <b>30.01</b> | 486 +0,66   |

DZ&PC Spring Swim 2025

Programmanr. 8, Dames, 50m vrije slag, Voorronde, Junioren 2 en ouder

| Rang |                           |                     | In.tijd   | Tijd  | Pnt          | RT        |
|------|---------------------------|---------------------|-----------|-------|--------------|-----------|
| 46.  | Nynke van der Zee         | Orca Leeuwarden     | 200700604 | 30.11 | <b>30.02</b> | 486 +0,74 |
| 47.  | Evita Hoornweg            | TriVia              | 201002046 | 31.06 | <b>30.05</b> | 485 +0,62 |
| 48.  | Lise Kleinbekman          | DZ&PC               | 200502870 | 30.54 | <b>30.10</b> | 482 +0,52 |
| 49.  | Esther Dijsselhof         | Dedemsvaart-AC      | 200800784 | 30.13 | <b>30.27</b> | 474 +0,71 |
| 50.  | Eva Maria Keet            | Zpc Amersfoort      | 201003006 | 30.27 | <b>30.37</b> | 469 +0,80 |
| 51.  | Maud Roffel               | DZ&PC               | 200700840 | 29.63 | <b>30.42</b> | 467 +0,60 |
| 52.  | Minke Bouman              | Blue Marlins        | 201100104 | 29.80 | <b>30.55</b> | 461 +0,63 |
| 53.  | Marjolie Spelde           | ZC Borger           | 200900266 | 30.67 | <b>30.61</b> | 458 +0,64 |
| 54.  | Karlijn Siderius          | Dwk                 | 200900032 | 29.07 | <b>30.64</b> | 457 +0,66 |
| 55.  | Vivian Nooter             | Dedemsvaart-AC      | 200703614 | 30.99 | <b>30.66</b> | 456 +0,61 |
| 56.  | Fenna Boterman            | TriVia              | 200701710 | 31.16 | <b>30.69</b> | 455 +0,73 |
| 57.  | Hanna Heller              | Zpc Amersfoort      | 201102730 | 31.12 | <b>30.71</b> | 454 +0,64 |
| 58.  | Saar Begeman              | ZPC de Kanaalstreek | 201201594 | 31.30 | <b>30.83</b> | 449 +0,66 |
|      | Manou Longayroux          | Blue Marlins        | 201000580 | 30.39 | <b>30.83</b> | 449 +0,54 |
| 60.  | Sofie van Poecke          | Dwk                 | 201001448 | 31.08 | <b>30.84</b> | 448       |
| 61.  | Mare Offringa             | SG. Bolsward-Workum | 201001110 | 31.08 | <b>30.85</b> | 448 +0,77 |
| 62.  | Marika de Jong            | Avena               | 200101074 | NT    | <b>30.87</b> | 447 +0,74 |
|      | Marlene Bührmann          | SV Wildeshausen     | 406182    | 30.73 | <b>30.87</b> | 447 +0,75 |
| 64.  | Fabiën van Halderen       | ZPC Hoogeveen       | 201200412 | 31.81 | <b>30.97</b> | 443 +0,68 |
| 65.  | Marre van der Wal         | SG. Bolsward-Workum | 201000046 | 30.63 | <b>31.05</b> | 439 +0,53 |
| 66.  | Finja Richter             | Wardenburger SC     | 383208    | 31.25 | <b>31.08</b> | 438 +0,73 |
| 67.  | Anique Polinder           | Dedemsvaart-AC      | 200800008 | 30.93 | <b>31.25</b> | 431 +0,60 |
| 68.  | Chantal Peters            | ZPC Hoogeveen       | 201001578 | 31.52 | <b>31.33</b> | 427 +0,66 |
| 69.  | Lana Noordenbos           | Orca Leeuwarden     | 201100958 | 32.00 | <b>31.60</b> | 417 +0,63 |
| 70.  | Evelien de Jong           | Neptunia '24        | 199805316 | 30.55 | <b>31.67</b> | 414 +0,65 |
| 71.  | Britt Jellesma            | SG. Bolsward-Workum | 201000310 | 32.91 | <b>31.78</b> | 410 +0,59 |
| 72.  | Isa Segenhout             | Orca Leeuwarden     | 201000128 | 31.47 | <b>31.80</b> | 409 +0,59 |
| 73.  | Manora Ponne              | Steenwijk 1934      | 201102222 | 31.34 | <b>31.83</b> | 408 +0,61 |
|      | Aline Strijker            | Ksn (Sg)            | 201100362 | 34.40 | <b>31.83</b> | 408       |
| 75.  | Elize Schierbeek          | TriVia              | 201100652 | 32.27 | <b>31.94</b> | 403 +0,71 |
| 76.  | Elie Groothuismink        | Swol 1894           | 200800920 | 31.62 | <b>32.00</b> | 401 +0,77 |
| 77.  | Lilian Mulder             | Orca Leeuwarden     | 200901598 | 31.70 | <b>32.05</b> | 399 +0,54 |
| 78.  | Evy Anna Nijdam           | Orca Leeuwarden     | 201100834 | 32.62 | <b>32.13</b> | 396       |
| 79.  | Joyce Toonstra            | Neptunia '24        | 200501298 | 33.99 | <b>32.18</b> | 394 +0,57 |
| 80.  | Anna Durville             | Z&PC de Inktvis     | 200701038 | 32.16 | <b>32.19</b> | 394 +0,58 |
| 81.  | Veerle van Bloois         | TriVia              | 201200960 | 32.42 | <b>32.22</b> | 393 +0,58 |
| 82.  | Linthe Van Gelderen       | Ksn (Sg)            | 201201220 | 37.19 | <b>32.23</b> | 393 +0,54 |
| 83.  | Jessica Lerer             | De Kempvis          | 201002354 | 32.85 | <b>32.27</b> | 391       |
| 84.  | Gabriela Borges           | Blue Marlins        | 201201726 | 34.91 | <b>32.29</b> | 390       |
| 85.  | Laura Tjoonk              | Ksn (Sg)            | 201004120 | 32.71 | <b>32.32</b> | 389 +0,53 |
| 86.  | Krista de Reus-Trompettel | DZ&PC               | 197600520 | 31.66 | <b>32.41</b> | 386 +0,70 |
| 87.  | Jelena Krikke             | DZ&PC               | 200405874 | 33.50 | <b>32.64</b> | 378 +0,85 |
| 88.  | Cynthia Koolman           | Steenwijk 1934      | 200300232 | 35.16 | <b>32.71</b> | 376 +0,52 |
|      | Anna Nauta                | TriVia              | 201001114 | 33.76 | <b>32.71</b> | 376 +0,59 |
| 90.  | Ifke Stam                 | De Duinkickers      | 200800374 | 31.08 | <b>32.76</b> | 374 +0,82 |
| 91.  | Jade van der Veen         | ZPC Hoogeveen       | 201200416 | 33.36 | <b>32.88</b> | 370 +0,59 |
| 92.  | Lena Kuindersma           | Avena               | 200802854 | 32.64 | <b>32.95</b> | 367 +0,77 |
| 93.  | Annelie Klinkhamer        | Bubble              | 200702606 | 32.01 | <b>33.22</b> | 358 +0,75 |

Programmanr. 8, Dames, 50m vrije slag, Voorronde, Junioren 2 en ouder

| Rang  |                      |                     | In.tijd   | Tijd  | Pnt          | RT        |
|-------|----------------------|---------------------|-----------|-------|--------------|-----------|
| 94.   | Amélie Berk          | Orca Leeuwarden     | 201004002 | 33.60 | <b>33.37</b> | 354       |
| 95.   | Marjet Minnema       | Avena               | 200501328 | 34.22 | <b>33.43</b> | 352 +0,78 |
| 96.   | Nienke Smid          | ZPC de Kanaalstreek | 201000468 | 35.36 | <b>33.44</b> | 351 +0,63 |
| 97.   | Vera Arling          | ZC Polaris          | 201200944 | 35.19 | <b>33.60</b> | 346 +0,60 |
| 98.   | Gerlin van de Krol   | Dwk                 | 201101412 | 35.21 | <b>33.61</b> | 346 +0,61 |
| 99.   | Noelie Hallbauer     | SV Wildeshausen     | 397699    | 32.38 | <b>33.98</b> | 335 +0,68 |
| 100.  | Lena Diekamp         | SV Wildeshausen     | 427914    | 33.47 | <b>34.37</b> | 324 +0,71 |
| 101.  | Sophie Feiertag      | ZC Polaris          | 200901144 | 33.71 | <b>34.41</b> | 323 +0,62 |
| 102.  | Fenne Kouer          | Neptunia '24        | 201003318 | 32.96 | <b>34.43</b> | 322 +0,68 |
| 103.  | Ranomi Zeegers       | De Vikings          | 201201512 | 32.90 | <b>34.54</b> | 319 +0,77 |
| 104.  | Melissa Zeegers      | De Vikings          | 201002612 | 35.01 | <b>34.55</b> | 319 +0,53 |
| 105.  | Emma Juliette Jansen | Zpc Amersfoort      | 201200158 | 34.87 | <b>34.82</b> | 311       |
| 106.  | Femke Nauta          | TriVia              | 201001118 | 35.46 | <b>34.84</b> | 311 +0,78 |
| 107.  | Elske de Vries       | De Vikings          | 200800786 | 34.51 | <b>34.93</b> | 308 +0,65 |
| 108.  | Saar Meems           | ZC Polaris          | 201200946 | 36.93 | <b>35.23</b> | 300 +0,48 |
| 109.  | Nicky Freriksen      | Swol 1894           | 200802348 | 36.90 | <b>36.68</b> | 266 +0,89 |
| 110.  | Alissa Bosma         | DZ&PC               | 201202458 | 46.75 | <b>38.62</b> | 228       |
| 111.  | Sophie Zwart         | TriVia              | 200902664 | 38.28 | <b>39.48</b> | 213 +0,97 |
| 112.  | Nicky Zhang          | Blue Marlins        | 201003292 | 38.10 | <b>39.65</b> | 211       |
| AFGEM | Denise Thül          | Swol 1894           | 200902530 | 31.68 |              |           |
| AFGEM | Noël Iris Hettinga   | Neptunia '24        | 200002536 | 30.27 |              |           |
| AFGEM | Lois Waterham        | Dedemsvaart-AC      | 200803726 | 29.01 |              |           |
| AFGEM | Ilse Wiltjer         | DZ&PC               | 200900868 | 29.99 |              |           |

Programmanr. 9  
1-3-2025 - 10:07

Heren, 50m schoolslag  
Spring Swim record: Koen de Groot: 28.26

Junioren 1 en ouder  
Resultaten Voorronde

Punten: AQUA 2024

| Rang |                         |                | In.tijd      | Tijd  | Pnt          | RT          |
|------|-------------------------|----------------|--------------|-------|--------------|-------------|
| 1.   | Bartel Vranken          | Zwemfed        | VZF/10017/07 | 29.29 | <b>29.75</b> | 663 A       |
| 2.   | Storm Boxum             | DZ&PC          | 200700421    | 29.32 | <b>29.79</b> | 660 +0,67 A |
| 3.   | Jelle Betten            | DZ&PC          | 200001535    | 30.77 | <b>30.01</b> | 646 +0,76 A |
| 4.   | Matthijs van Meerendonk | DZ&PC          | 199900375    | 29.89 | <b>30.16</b> | 636 +0,58 A |
| 5.   | Giovanni Phillipson     | ZV De Zaan     | 200801099    | 30.47 | <b>30.35</b> | 625 +0,74 A |
| 6.   | Karsten van Groenigen   | Zwemfed        | VZF/10013/08 | 30.17 | <b>30.36</b> | 624 +0,52 A |
| 7.   | Ruben Hoeve             | Dedemsvaart-AC | 200302179    | 30.59 | <b>30.61</b> | 609 +0,55 A |
| 8.   | Jetze de Vries          | De Vikings     | 200602589    | 30.77 | <b>30.65</b> | 606 A       |
| 9.   | Michael Smink           | Blue Marlins   | 200302169    | 30.12 | <b>30.84</b> | 595 +0,68 A |
| 10.  | Q. Brouwer von Gonzenbe | TriVia         | 200700001    | 30.59 | <b>30.85</b> | 595 +0,56 B |
| 11.  | Darren Chen             | Zpc Amersfoort | 200001149    | 30.85 | <b>31.19</b> | 575 +0,65 B |
| 12.  | Floris van der Valk     | Wiekslag       | 200801891    | 31.21 | <b>31.21</b> | 574 +0,73 B |
| 13.  | Giulian Janssen         | Psv            | 200900125    | 31.35 | <b>31.23</b> | 573 +0,67 B |
| 14.  | Bjorn Rijkaart          | Wvz            | 200601337    | 32.95 | <b>31.45</b> | 561 +0,86 B |
| 15.  | Daan Sonneveld          | Wvz            | 200601085    | 32.14 | <b>31.73</b> | 547 +0,65 B |
| 16.  | Joshua Agussalim        | Wvz            | 200600153    | 31.33 | <b>31.82</b> | 542 +0,65 B |
| 17.  | Storm Tolsma            | DZ&PC          | 200600277    | 32.21 | <b>31.97</b> | 534 +0,75 B |
| 18.  | Emiel de Bruijn         | Dedemsvaart-AC | 200700953    | 31.86 | <b>32.19</b> | 523 +0,68 B |

DZ&PC Spring Swim 2025

Programmanr. 9, Heren, 50m schoolslag, Voorronde, Junioren 1 en ouder

| Rang  |                       |                     | In.tijd   | Tijd  | Pnt          | RT          |
|-------|-----------------------|---------------------|-----------|-------|--------------|-------------|
| 19.   | Filip Piszczynski     | Ksn (Sg)            | 200802125 | 33.86 | <b>32.85</b> | 492 +0,69 C |
| 20.   | Jorian Darwinkel      | HZ&PC Heerenveen    | 200300565 | 31.76 | <b>33.06</b> | 483 +0,69 C |
| 21.   | Lucas Berner          | De Duinkickers      | 200700219 | 33.39 | <b>33.18</b> | 478 +0,71 C |
| 22.   | Thygo van de Peppel   | Blue Marlins        | 200901101 | 31.86 | <b>33.39</b> | 469 +0,61 C |
| 23.   | Kay van Sleen         | Steenwijk 1934      | 200400083 | 33.26 | <b>33.55</b> | 462 +0,75 C |
| 24.   | Collard Jungeling     | DZ&PC               | 200701831 | 31.81 | <b>33.98</b> | 445 +0,68 C |
| 25.   | Jordey Thole          | ZPC Hoogeveen       | 200700385 | 33.22 | <b>34.02</b> | 443 +0,74 C |
| 26.   | Richard Kuipers       | HZ&PC Heerenveen    | 199704171 | 33.32 | <b>34.18</b> | 437 +0,78 C |
| 27.   | Ruben Nooter          | Dedemsvaart-AC      | 200901577 | 34.38 | <b>34.20</b> | 436 +0,67 C |
| 28.   | Roan van der Stege    | Swol 1894           | 200900107 | 36.43 | <b>34.38</b> | 430 +0,52 R |
| 29.   | Tygo van de Wal       | Dwk                 | 201001329 | 34.37 | <b>34.40</b> | 429 R       |
| 30.   | Mathijs Boersma       | ZPC Hoogeveen       | 201000313 | 35.98 | <b>34.53</b> | 424         |
| 31.   | Gerjan Berends        | ZPC Hoogeveen       | 200900169 | 33.54 | <b>34.54</b> | 424 +0,73   |
| 32.   | Brian Arturo Bloemsma | De Dolfijn          | 200901155 | 34.32 | <b>34.55</b> | 423 +0,66   |
| 33.   | Kylian Kooijman       | Steenwijk 1934      | 199900763 | 34.72 | <b>34.72</b> | 417 +0,73   |
| 34.   | Milan Schuilenburg    | Zpc Amersfoort      | 201000935 | 35.53 | <b>34.83</b> | 413 +0,53   |
|       | Lou van Leeuwen       | De Dolfijn          | 200702779 | 35.55 | <b>34.83</b> | 413 +0,63   |
| 36.   | Luca Monster          | SG Hoeksche Waard   | 201100343 | 35.39 | <b>34.85</b> | 412 +0,58   |
| 37.   | Eise van der Zee      | Orca Leeuwarden     | 200501437 | 32.46 | <b>35.24</b> | 399 +0,76   |
| 38.   | Gijs Vesseur          | Zpc Amersfoort      | 200700277 | 34.47 | <b>35.60</b> | 387 +0,98   |
| 39.   | Art Jin van der Ent   | Blue Marlins        | 200903785 | 37.11 | <b>35.69</b> | 384 +0,77   |
| 40.   | Noud Assinck          | Zignea              | 200900047 | 37.23 | <b>35.90</b> | 377         |
| 41.   | Joey Snabel           | Zpc Amersfoort      | 201002847 | 37.89 | <b>36.66</b> | 354 +0,56   |
| 42.   | Dirk Hoogeveen        | Dedemsvaart-AC      | 200702595 | 39.81 | <b>36.89</b> | 348 +0,69   |
| 43.   | Mathijs de Wit        | Ksn (Sg)            | 201001215 | 35.23 | <b>37.00</b> | 344 +0,74   |
| 44.   | Nordin Vermeer        | Dwk                 | 201000227 | 35.54 | <b>37.51</b> | 331 +0,69   |
| 45.   | Douwe Enzerink        | Zpc Amersfoort      | 201102657 | 39.90 | <b>37.82</b> | 323 +0,55   |
| 46.   | Ramon Vos             | ZPC Hoogeveen       | 201100051 | 37.43 | <b>37.92</b> | 320 +0,69   |
| 47.   | Lars Vos              | Ksn (Sg)            | 200501327 | 37.96 | <b>38.02</b> | 317 +0,77   |
| 48.   | David van der Valk    | Wiekslag            | 201100519 | 41.04 | <b>38.22</b> | 312 +0,56   |
| 49.   | Stan Rothschild       | ZPC Hoogeveen       | 201000353 | 40.28 | <b>38.29</b> | 311 +0,53   |
| 50.   | Marcelo Fritz Medina  | De Dolfijn          | 201201885 | 40.92 | <b>38.63</b> | 303 +0,44   |
| 51.   | Alexander Jerebic     | SV Wildeshausen     | 427588    | 39.12 | <b>39.11</b> | 292 +0,75   |
| 52.   | Hamza Rakaan          | Blue Marlins        | 201003527 | 43.50 | <b>39.55</b> | 282 +0,58   |
| 53.   | Maico Langhout        | F.Z.C.'54           | 200202215 | 40.96 | <b>39.60</b> | 281 +0,90   |
| 54.   | Leroy Maring          | ZPC de Kanaalstreek | 201100307 | 40.55 | <b>39.87</b> | 275 +0,82   |
| 55.   | Michiel de Wit        | Ksn (Sg)            | 201101867 | 42.78 | <b>40.04</b> | 272 +0,59   |
| 56.   | Vince Van Wijk        | Ksn (Sg)            | 201101019 | 44.59 | <b>42.65</b> | 225 +0,51   |
| 57.   | Hylke Verkaik         | Neptunia '24        | 201001305 | 51.85 | <b>43.77</b> | 208 +0,65   |
| 58.   | Kris Stoyanov         | Blue Marlins        | 201201505 | 41.70 | <b>43.82</b> | 207 +0,71   |
| 59.   | Milan van den Berg    | Swol 1894           | 201100253 | 48.11 | <b>44.94</b> | 192 +0,85   |
| 60.   | Arian Thies           | SV Wildeshausen     | 447672    | 50.84 | <b>50.58</b> | 135 +0,52   |
| 61.   | Jozef Lambrechtsen    | Neptunia '24        | 201202287 | 53.45 | <b>51.08</b> | 131 +0,82   |
| 62.   | Robin van den Berg    | Swol 1894           | 201200355 | 50.54 | <b>54.03</b> | 110         |
| 63.   | Sander Knol           | ZPC de Kanaalstreek | 200701093 | 49.44 | <b>59.85</b> | 81 +0,63    |
| NG.ZA | Rick Offringa         | DZ&PC               | 200300979 | 31.30 |              |             |
| AFGEM | Thomas Nauta          | Arethusa            | 200900339 | 33.66 |              |             |
| AFGEM | Sven Casper Hageman   | Steenwijk 1934      | 201000009 | 35.92 |              |             |

Programmanr. 9, Heren, 50m schoolslag, Voorronde, Junioren 1 en ouder

| Rang  |                      |                 | In.tijd   | Tijd  | Pnt | RT |
|-------|----------------------|-----------------|-----------|-------|-----|----|
| AFGEM | Timo van de Pavoordt | Orca Leeuwarden | 201100205 | 42.53 |     |    |
| AFGEM | Revel Harmer         | Blue Marlins    | 201103467 | 41.43 |     |    |
| AFGEM | Christiaan Wilbrink  | TriVia          | 200803819 | 39.87 |     |    |

Programmanr. 10

1-3-2025 - 10:15

Punten: AQUA 2024

Dames, 200m rugslag  
Spring Swim record: Jinh Engelse: 2.14.83

Junioren 2 en ouder  
Resultaten Voorronde

| Rang |                      |                |               |               |  |  |  |         | In.tijd | Tijd | Pnt   | RT |
|------|----------------------|----------------|---------------|---------------|--|--|--|---------|---------|------|-------|----|
| 1.   | Jinh Engelse         | Blue Marlins   |               | 200800204     |  |  |  | 2:13.82 | 2:16.12 | 740  | +0,63 | Q  |
|      | 50m: 31.37           | 100m: 1:05.53  | 150m: 1:41.21 | 200m: 2:16.12 |  |  |  |         |         |      |       |    |
| 2.   | Nina van der Schrier | Azc 1          |               | 201000444     |  |  |  | 2:22.50 | 2:21.37 | 660  | +0,67 | Q  |
|      | 50m: 34.29           | 100m: 1:10.52  | 150m: 1:46.90 | 200m: 2:21.37 |  |  |  |         |         |      |       |    |
| 3.   | Jade van der Schrier | Azc 1          |               | 200800692     |  |  |  | 2:25.14 | 2:22.42 | 646  | +0,72 | Q  |
|      | 50m: 34.50           | 100m: 1:10.02  | 150m: 1:46.66 | 200m: 2:22.42 |  |  |  |         |         |      |       |    |
| 4.   | Ismay Lichtendonk    | Dedemsvaart-AC |               | 200400622     |  |  |  | 2:17.65 | 2:22.50 | 645  | +0,70 | Q  |
|      | 50m: 34.28           | 100m: 1:10.21  | 150m: 1:47.43 | 200m: 2:22.50 |  |  |  |         |         |      |       |    |
| 5.   | Frouke Ludwig        | DZ&PC          |               | 200800112     |  |  |  | 2:21.89 | 2:23.01 | 638  | +0,64 | Q  |
|      | 50m: 34.44           | 100m: 1:11.10  | 150m: 1:47.41 | 200m: 2:23.01 |  |  |  |         |         |      |       |    |
| 6.   | Malin Roozeboom      | Wvz            |               | 201100006     |  |  |  | 2:25.43 | 2:24.75 | 615  | +0,77 | Q  |
|      | 50m: 34.12           | 100m: 1:10.97  | 150m: 1:48.33 | 200m: 2:24.75 |  |  |  |         |         |      |       |    |
| 7.   | Maaïke Issard        | DZ&PC          |               | 200300022     |  |  |  | 2:25.95 | 2:26.61 | 592  | +0,76 | Q  |
|      | 50m: 34.83           | 100m: 1:11.53  | 150m: 1:49.23 | 200m: 2:26.61 |  |  |  |         |         |      |       |    |
| 8.   | Fenne Metten         | Zpc Amersfoort |               | 201000102     |  |  |  | 2:30.29 | 2:29.26 | 561  | +0,92 | Q  |
|      | 50m: 35.18           | 100m: 1:13.15  | 150m: 1:52.92 | 200m: 2:29.26 |  |  |  |         |         |      |       |    |
| 9.   | Eefje Irvine         | De Dolfijn     |               | 200700164     |  |  |  | 2:19.58 | 2:29.65 | 557  | +0,64 | Q  |
|      | 50m: 34.58           | 100m: 1:12.93  | 150m: 1:51.87 | 200m: 2:29.65 |  |  |  |         |         |      |       |    |
| 10.  | Imre Bouwland        | ZPC Hoogeveen  |               | 200700388     |  |  |  | 2:30.36 | 2:31.67 | 535  | +0,71 | R  |
|      | 50m: 35.19           | 100m: 1:13.63  | 150m: 1:52.89 | 200m: 2:31.67 |  |  |  |         |         |      |       |    |
| 11.  | Esmee Mulder         | DZ&PC          |               | 200800038     |  |  |  | 2:28.83 | 2:31.85 | 533  | +0,60 | R  |
|      | 50m: 34.39           | 100m: 1:12.27  | 150m: 1:52.61 | 200m: 2:31.85 |  |  |  |         |         |      |       |    |
| 12.  | Julie van Nispen     | Z&PV Nuenen    |               | 200800290     |  |  |  | 2:28.84 | 2:32.55 | 525  | +0,71 |    |
|      | 50m: 36.62           | 100m: 1:15.22  | 150m: 1:54.37 | 200m: 2:32.55 |  |  |  |         |         |      |       |    |
| 13.  | Marlies Dijsselhof   | Dedemsvaart-AC |               | 200601046     |  |  |  | 2:30.68 | 2:32.76 | 523  | +0,86 |    |
|      | 50m: 35.78           | 100m: 1:14.97  | 150m: 1:54.96 | 200m: 2:32.76 |  |  |  |         |         |      |       |    |
| 14.  | Luus Gielens         | Psv            |               | 200900138     |  |  |  | 2:27.25 | 2:33.05 | 520  | +0,77 |    |
|      | 50m: 36.41           | 100m: 1:15.44  | 150m: 1:54.99 | 200m: 2:33.05 |  |  |  |         |         |      |       |    |
| 15.  | Myrthe Natzijl       | DZ&PC          |               | 200400076     |  |  |  | 2:27.15 | 2:33.51 | 516  | +0,74 |    |
|      | 50m: 37.40           | 100m: 1:16.47  | 150m: 1:55.48 | 200m: 2:33.51 |  |  |  |         |         |      |       |    |
| 16.  | Nora Lynn Otten      | ZPC Hoogeveen  |               | 200903338     |  |  |  | 2:35.56 | 2:33.85 | 512  | +0,95 |    |
|      | 50m: 36.96           | 100m: 1:15.51  | 150m: 1:54.95 | 200m: 2:33.85 |  |  |  |         |         |      |       |    |
| 17.  | Anna Lepoutre        | Psv            |               | 201100534     |  |  |  | 2:41.02 | 2:34.50 | 506  | +0,66 |    |
|      | 50m: 37.34           | 100m: 1:16.08  | 150m: 1:55.46 | 200m: 2:34.50 |  |  |  |         |         |      |       |    |

DZ&PC Spring Swim 2025

Programmanr. 10, Dames, 200m rugslag, Voorronde, Junioren 2 en ouder

| Rang |                     |                   |               |               |  | In.tijd | Tijd           | Pnt | RT    |
|------|---------------------|-------------------|---------------|---------------|--|---------|----------------|-----|-------|
| 18.  | Nienke Koster       | ZPC Hoozeveen     | 200900612     |               |  | 2:30.81 | <b>2:35.28</b> | 498 | +0,57 |
|      | 50m: 35.59          | 100m: 1:15.03     | 150m: 1:55.36 | 200m: 2:35.28 |  |         |                |     |       |
| 19.  | Simone Brobbel      | SG Hoeksche Waard | 201200058     |               |  | 2:41.25 | <b>2:35.47</b> | 496 | +0,82 |
|      | 50m: 37.01          | 100m: 1:16.88     | 150m: 1:56.64 | 200m: 2:35.47 |  |         |                |     |       |
| 20.  | Noortje Bisperink   | Zpc Amersfoort    | 201100486     |               |  | 2:39.41 | <b>2:36.00</b> | 491 | +0,75 |
|      | 50m: 36.75          | 100m: 1:16.66     | 150m: 1:57.41 | 200m: 2:36.00 |  |         |                |     |       |
| 21.  | Amber Kunst         | Daw               | 200900680     |               |  | 2:37.55 | <b>2:36.48</b> | 487 | +0,61 |
|      | 50m: 36.76          | 100m: 1:16.63     | 150m: 1:56.80 | 200m: 2:36.48 |  |         |                |     |       |
| 22.  | Julia Dąbrowska     | Blue Marlins      | 201000300     |               |  | 2:35.35 | <b>2:36.63</b> | 485 | +0,65 |
|      | 50m: 36.20          | 100m: 1:15.60     | 150m: 1:55.86 | 200m: 2:36.63 |  |         |                |     |       |
| 23.  | Elin Reinstra       | TriVia            | 201100842     |               |  | 2:32.52 | <b>2:37.23</b> | 480 | +0,69 |
|      | 50m: 36.79          | 100m: 1:16.50     | 150m: 1:57.18 | 200m: 2:37.23 |  |         |                |     |       |
| 24.  | Leyona Lichtendonk  | Dedemsvaart-AC    | 200700010     |               |  | 2:39.74 | <b>2:38.21</b> | 471 | +0,66 |
|      | 50m: 38.17          | 100m: 1:17.68     | 150m: 1:58.61 | 200m: 2:38.21 |  |         |                |     |       |
| 25.  | Yanique Bax         | Zpc Amersfoort    | 201001428     |               |  | 2:35.28 | <b>2:38.27</b> | 470 | +0,70 |
|      | 50m: 36.40          | 100m: 1:16.67     | 150m: 1:57.69 | 200m: 2:38.27 |  |         |                |     |       |
| 26.  | Sofie Vos           | ZPC Hoozeveen     | 200800804     |               |  | 2:34.73 | <b>2:38.38</b> | 469 | +0,82 |
|      | 50m: 37.48          | 100m: 1:17.93     | 150m: 1:58.75 | 200m: 2:38.38 |  |         |                |     |       |
| 27.  | Milou Filemon       | Blue Marlins      | 201100078     |               |  | 2:34.87 | <b>2:39.84</b> | 457 | +0,76 |
|      | 50m: 38.00          | 100m: 1:18.66     | 150m: 1:59.52 | 200m: 2:39.84 |  |         |                |     |       |
| 28.  | Marjolie Spelde     | ZC Borger         | 200900266     |               |  | 2:34.33 | <b>2:40.28</b> | 453 | +0,83 |
|      | 50m: 36.24          | 100m: 1:16.78     | 150m: 1:59.53 | 200m: 2:40.28 |  |         |                |     |       |
| 29.  | Esmee Reuver        | ZC Polaris        | 201100846     |               |  | 2:42.15 | <b>2:40.34</b> | 452 | +0,71 |
|      | 50m: 37.94          | 100m: 1:18.58     | 150m: 2:00.07 | 200m: 2:40.34 |  |         |                |     |       |
| 30.  | Tessa van Beek      | Dwk               | 201001446     |               |  | 2:39.65 | <b>2:40.92</b> | 448 | +0,72 |
|      | 50m: 37.72          | 100m: 1:18.51     | 150m: 1:59.92 | 200m: 2:40.92 |  |         |                |     |       |
| 31.  | Brechtje Slootweg   | Zpc Amersfoort    | 201101744     |               |  | 2:42.55 | <b>2:42.02</b> | 439 | +0,65 |
|      | 50m: 37.63          | 100m: 1:18.73     | 150m: 2:00.41 | 200m: 2:42.02 |  |         |                |     |       |
| 32.  | Wieke Dekker        | De Dolfijn        | 201002020     |               |  | 2:43.51 | <b>2:42.33</b> | 436 | +0,63 |
|      | 50m: 37.65          | 100m: 1:19.99     | 150m: 2:01.66 | 200m: 2:42.33 |  |         |                |     |       |
| 33.  | Ylène Zondervan     | Zpc Amersfoort    | 201200016     |               |  | 2:40.81 | <b>2:42.86</b> | 432 | +0,71 |
|      | 50m: 37.96          | 100m: 1:18.57     | 150m: 2:00.73 | 200m: 2:42.86 |  |         |                |     |       |
| 34.  | Meike van der Klugt | Wvz               | 201100808     |               |  | 2:42.60 | <b>2:42.95</b> | 431 | +0,91 |
|      | 50m: 38.83          | 100m: 1:19.56     | 150m: 2:02.96 | 200m: 2:42.95 |  |         |                |     |       |
| 35.  | Odenza Soselisa     | Blue Marlins      | 201101780     |               |  | 2:40.36 | <b>2:43.13</b> | 430 | +0,73 |
|      | 50m: 38.23          | 100m: 1:19.75     | 150m: 2:02.43 | 200m: 2:43.13 |  |         |                |     |       |
| 36.  | Noa Spaans          | De Dolfijn        | 201100222     |               |  | 2:44.75 | <b>2:43.18</b> | 429 | +0,67 |
|      | 50m: 39.63          | 100m: 1:20.49     | 150m: 2:02.80 | 200m: 2:43.18 |  |         |                |     |       |
| 37.  | Lili Oosting        | Dwk               | 200900384     |               |  | 2:47.93 | <b>2:45.00</b> | 415 | +0,78 |
|      | 50m: 39.10          | 100m: 1:20.88     | 150m: 2:03.71 | 200m: 2:45.00 |  |         |                |     |       |
| 38.  | Carlein Polinder    | Ksn (Sg)          | 200600128     |               |  | 2:31.25 | <b>2:45.01</b> | 415 | +0,79 |
|      | 50m: 37.96          | 100m: 1:19.43     | 150m: 2:02.45 | 200m: 2:45.01 |  |         |                |     |       |

Programmanr. 10, Dames, 200m rugslag, Voorronde, Junioren 2 en ouder

| Rang  |                       |                     |               |               |  |  | In.tijd | Tijd           | Pnt | RT    |
|-------|-----------------------|---------------------|---------------|---------------|--|--|---------|----------------|-----|-------|
| 39.   | Mirthe de Haan        | Zcnf34              | 201000866     |               |  |  | 2:39.45 | <b>2:45.27</b> | 413 | +0,65 |
|       | 50m: 38.28            | 100m: 1:19.91       | 150m: 2:03.16 | 200m: 2:45.27 |  |  |         |                |     |       |
| 40.   | Dewi Meijer           | De Dolfijn          | 201000302     |               |  |  | 2:40.07 | <b>2:45.36</b> | 412 | +0,93 |
|       | 50m: 39.51            | 100m: 1:21.47       | 150m: 2:03.47 | 200m: 2:45.36 |  |  |         |                |     |       |
| 41.   | Hanna Sampimon        | Ksn (Sg)            | 200901824     |               |  |  | 2:44.10 | <b>2:45.82</b> | 409 | +0,60 |
|       | 50m: 39.45            | 100m: 1:22.18       | 150m: 2:04.88 | 200m: 2:45.82 |  |  |         |                |     |       |
| 42.   | Myron Dekker          | ZPC Hoogeveen       | 201000512     |               |  |  | 3:02.02 | <b>2:45.85</b> | 409 | +0,79 |
|       | 50m: 37.84            | 100m: 1:19.73       | 150m: 2:03.88 | 200m: 2:45.85 |  |  |         |                |     |       |
| 43.   | Kim Koeling           | Ksn (Sg)            | 201201216     |               |  |  | 2:53.63 | <b>2:46.84</b> | 402 | +0,82 |
|       | 50m: 40.32            | 100m: 1:22.17       | 150m: 2:05.92 | 200m: 2:46.84 |  |  |         |                |     |       |
| 44.   | Myrthe Bruinsma       | Zpc Amersfoort      | 201101108     |               |  |  | 2:51.18 | <b>2:47.81</b> | 395 | +0,72 |
|       | 50m: 38.37            | 100m: 1:20.85       | 150m: 2:04.55 | 200m: 2:47.81 |  |  |         |                |     |       |
| 45.   | Lily Zandstra         | Dedemsvaart-AC      | 200701418     |               |  |  | 2:51.17 | <b>2:48.18</b> | 392 | +0,80 |
|       | 50m: 39.00            | 100m: 1:21.53       | 150m: 2:05.10 | 200m: 2:48.18 |  |  |         |                |     |       |
| 46.   | Elien Groothuismink   | Swol 1894           | 200800920     |               |  |  | 2:45.43 | <b>2:49.92</b> | 380 | +0,83 |
|       | 50m: 40.51            | 100m: 1:23.72       | 150m: 2:07.37 | 200m: 2:49.92 |  |  |         |                |     |       |
| 47.   | Kamila Makhmadiyarova | Blue Marlins        | 201103178     |               |  |  | 2:53.14 | <b>2:52.69</b> | 362 | +0,86 |
|       | 50m: 41.23            | 100m: 1:24.51       | 150m: 2:09.12 | 200m: 2:52.69 |  |  |         |                |     |       |
| 48.   | S. Eagleton-Zambrano  | Blue Marlins        | 201103862     |               |  |  | 2:48.07 | <b>2:53.68</b> | 356 | +0,67 |
|       | 50m: 40.86            | 100m: 1:24.65       | 150m: 2:09.71 | 200m: 2:53.68 |  |  |         |                |     |       |
| 49.   | Melody Paulussen      | De Dolfijn          | 201101106     |               |  |  | 2:54.75 | <b>2:53.99</b> | 354 | +0,82 |
|       | 50m: 42.62            | 100m: 1:25.61       | 150m: 2:10.85 | 200m: 2:53.99 |  |  |         |                |     |       |
| 50.   | Norell Kroeze         | ZC Polaris          | 201100378     |               |  |  | 2:53.48 | <b>2:54.19</b> | 353 | +0,71 |
|       | 50m: 43.47            | 100m: 1:28.09       | 150m: 2:12.42 | 200m: 2:54.19 |  |  |         |                |     |       |
| 51.   | Sara van Dijk         | TriVia              | 201001120     |               |  |  | 2:48.27 | <b>2:54.98</b> | 348 | +0,73 |
|       | 50m: 38.84            | 100m: 1:22.90       | 150m: 2:09.58 | 200m: 2:54.98 |  |  |         |                |     |       |
| 52.   | Anna Schuurman        | SG. Bolsward-Workum | 201000076     |               |  |  | 3:01.72 | <b>2:58.59</b> | 327 | +0,87 |
|       | 50m: 42.22            | 100m: 1:27.13       | 150m: 2:13.23 | 200m: 2:58.59 |  |  |         |                |     |       |
| 53.   | Marlene Bührmann      | SV Wildeshausen     | 406182        |               |  |  | 2:47.50 | <b>2:59.20</b> | 324 | +0,70 |
|       | 50m: 40.75            | 100m: 1:25.57       | 150m: 2:12.28 | 200m: 2:59.20 |  |  |         |                |     |       |
| 54.   | Ifke Stam             | De Duinkickers      | 200800374     |               |  |  | 2:49.37 | <b>2:59.22</b> | 324 | +0,73 |
|       | 50m: 41.80            | 100m: 1:26.93       | 150m: 2:13.83 | 200m: 2:59.22 |  |  |         |                |     |       |
| 55.   | Syll Rinsma           | DZ&PC               | 201200798     |               |  |  | 2:54.65 | <b>2:59.23</b> | 324 | +0,81 |
|       | 50m: 41.05            | 100m: 1:26.11       | 150m: 2:13.10 | 200m: 2:59.23 |  |  |         |                |     |       |
| 56.   | Saar Meems            | ZC Polaris          | 201200946     |               |  |  | 3:05.49 | <b>3:01.72</b> | 311 | +0,84 |
|       | 50m: 44.23            | 100m: 1:30.43       | 150m: 2:17.18 | 200m: 3:01.72 |  |  |         |                |     |       |
| 57.   | Carlijn Aardema       | ZC Borger           | 201100272     |               |  |  | 3:06.20 | <b>3:11.53</b> | 265 | +0,78 |
|       | 50m: 44.52            | 100m: 1:33.38       | 150m: 2:23.49 | 200m: 3:11.53 |  |  |         |                |     |       |
| 58.   | Femke Nauta           | TriVia              | 201001118     |               |  |  | 3:09.53 | <b>3:15.70</b> | 249 | +0,75 |
|       | 50m: 46.94            | 100m: 1:35.91       | 150m: 2:25.73 | 200m: 3:15.70 |  |  |         |                |     |       |
| AFGEM | Lotte Lübbers         | Ksn (Sg)            | 200900190     |               |  |  | 2:38.82 |                |     |       |
| AFGEM | Amé Hulleman          | DZ&PC               | 200202794     |               |  |  | 2:35.96 |                |     |       |

DZ&PC Spring Swim 2025

Programmanr. 11  
1-3-2025 - 10:36

Heren, 200m vlinderslag  
Spring Swim record: Thomas Jansen: 2.01.31

Juniores 1 en ouder  
Resultaten Voorronde

Punten: AQUA 2024

| Rang  |                     |                  |               |               |  |    | In.tijd | Tijd           | Pnt | RT      |
|-------|---------------------|------------------|---------------|---------------|--|----|---------|----------------|-----|---------|
| 1.    | Émile Fouzaï        | Zpc Amersfoort   | 200500263     |               |  |    | 2:02.91 | <b>2:04.06</b> | 703 | +0,73 Q |
|       | 50m: 27.70          | 100m: 58.86      | 150m: 1:31.38 | 200m: 2:04.06 |  |    |         |                |     |         |
| 2.    | Sven Klink          | Swol 1894        | 200500349     |               |  |    | 2:04.29 | <b>2:09.52</b> | 618 | +0,77 Q |
|       | 50m: 28.49          | 100m: 1:00.89    | 150m: 1:35.28 | 200m: 2:09.52 |  |    |         |                |     |         |
| 3.    | Wouter Zijlstra     | HZ&PC Heerenveen | 200401545     |               |  |    | 2:16.77 | <b>2:15.68</b> | 537 | +0,65 Q |
|       | 50m: 29.44          | 100m: 1:03.49    | 150m: 1:39.34 | 200m: 2:15.68 |  |    |         |                |     |         |
| 4.    | Lars Bulman         | Blue Marlins     | 200600125     |               |  |    | 2:13.11 | <b>2:16.13</b> | 532 | Q       |
|       | 50m: 29.46          | 100m: 1:04.17    | 150m: 1:40.14 | 200m: 2:16.13 |  |    |         |                |     |         |
| 5.    | Mikkel Grotelüschen | SV Wildeshausen  | 338479        |               |  |    | 2:15.08 | <b>2:18.86</b> | 501 | Q       |
|       | 50m: 28.46          | 100m: 1:03.52    | 150m: 1:41.09 | 200m: 2:18.86 |  |    |         |                |     |         |
| 6.    | Jones Chuang        | Psv              | 200801173     |               |  |    | 2:16.13 | <b>2:20.82</b> | 481 | +0,68 Q |
|       | 50m: 29.29          | 100m: 1:04.03    | 150m: 1:42.83 | 200m: 2:20.82 |  |    |         |                |     |         |
| 7.    | David Kuipers       | HZ&PC Heerenveen | 200003633     |               |  |    | 2:19.68 | <b>2:23.23</b> | 457 | +0,84 Q |
|       | 50m: 31.18          | 100m: 1:07.42    | 150m: 1:44.82 | 200m: 2:23.23 |  |    |         |                |     |         |
| 8.    | Olivier Wilbers     | ZPC Hoozeveen    | 200600181     |               |  |    | 2:22.89 | <b>2:23.80</b> | 451 | +0,80 Q |
|       | 50m: 33.04          | 100m: 1:09.69    | 150m: 1:47.05 | 200m: 2:23.80 |  |    |         |                |     |         |
| 9.    | Martijn Nies        | Psv              | 200902095     |               |  |    | 2:18.32 | <b>2:23.92</b> | 450 | +0,52 Q |
|       | 50m: 29.77          | 100m: 1:05.39    | 150m: 1:44.42 | 200m: 2:23.92 |  |    |         |                |     |         |
| 10.   | Pepijn van Egmond   | Wvz              | 200402309     |               |  |    | 2:19.57 | <b>2:25.77</b> | 433 | +0,69 R |
|       | 50m: 29.88          | 100m: 1:04.70    | 150m: 1:42.47 | 200m: 2:25.77 |  |    |         |                |     |         |
| 11.   | Myron Artemenko     | Niemo Barracuda  | 201003021     |               |  |    | 2:32.27 | <b>2:26.16</b> | 430 | +0,73 R |
|       | 50m: 31.95          | 100m: 1:09.28    | 150m: 1:46.69 | 200m: 2:26.16 |  |    |         |                |     |         |
| 12.   | Tieme Wiersma       | DZ&PC            | 200701031     |               |  | NT |         | <b>2:26.46</b> | 427 | +0,82   |
|       | 50m: 31.30          | 100m: 1:10.25    | 150m: 1:48.58 | 200m: 2:26.46 |  |    |         |                |     |         |
| 13.   | Donny van den Bosch | Wiekslag         | 199502001     |               |  |    | 2:21.47 | <b>2:26.97</b> | 423 | +0,84   |
|       | 50m: 30.16          | 100m: 1:06.44    | 150m: 1:44.86 | 200m: 2:26.97 |  |    |         |                |     |         |
| 14.   | Eli Shields         | Niemo Barracuda  | 201000407     |               |  |    | 2:44.96 | <b>2:27.57</b> | 418 | +0,72   |
|       | 50m: 31.05          | 100m: 1:08.61    | 150m: 1:47.66 | 200m: 2:27.57 |  |    |         |                |     |         |
| 15.   | Stan Tibben         | Dedemsvaart-AC   | 200503591     |               |  |    | 2:27.04 | <b>2:29.65</b> | 400 | +0,52   |
|       | 50m: 31.10          | 100m: 1:07.87    | 150m: 1:47.65 | 200m: 2:29.65 |  |    |         |                |     |         |
| 16.   | Ruben Kragt         | Dedemsvaart-AC   | 201000007     |               |  |    | 2:37.14 | <b>2:32.09</b> | 381 | +0,73   |
|       | 50m: 32.65          | 100m: 1:10.45    | 150m: 1:51.84 | 200m: 2:32.09 |  |    |         |                |     |         |
| 17.   | Aidan van der Stelt | Blue Marlins     | 200900901     |               |  |    | 2:32.37 | <b>2:34.15</b> | 366 | +0,82   |
|       | 50m: 32.83          | 100m: 1:12.18    | 150m: 1:52.51 | 200m: 2:34.15 |  |    |         |                |     |         |
| 18.   | Henry Watson        | De Dolfijn       | 201001703     |               |  |    | 2:36.20 | <b>2:35.96</b> | 354 |         |
|       | 50m: 32.06          | 100m: 1:11.36    | 150m: 1:53.19 | 200m: 2:35.96 |  |    |         |                |     |         |
| 19.   | Sascha Timmer       | Azc 1            | 200902987     |               |  |    | 2:31.85 | <b>2:41.16</b> | 320 | +0,50   |
|       | 50m: 32.88          | 100m: 1:12.30    | 150m: 1:55.55 | 200m: 2:41.16 |  |    |         |                |     |         |
| NG.ZA | Erdi-Vahap Ilboga   | SV Wildeshausen  | 324753        |               |  |    | 2:16.54 |                |     |         |

DZ&PC Spring Swim 2025

Programmanr. 12  
1-3-2025 - 11:02

Dames, 50m rugslag  
Spring Swim record: Maaïke de Waard 28.23

Juniores 2 en ouder  
Resultaten Voorronde

Punten: AQUA 2024

| Rang |                      |                   | In.tijd      | Tijd  | Pnt          | RT          |
|------|----------------------|-------------------|--------------|-------|--------------|-------------|
| 1.   | Jinth Engelse        | Blue Marlins      | 200800204    | 28.68 | <b>29.27</b> | 772 +0,62 A |
| 2.   | Ismay Lichtendonk    | Dedemsvaart-AC    | 200400622    | 29.02 | <b>29.62</b> | 745 +0,58 A |
| 3.   | Mare Schallenberg    | Blue Marlins      | 200600078    | 29.41 | <b>29.65</b> | 743 +0,64 A |
| 4.   | Zinke Delcommune     | Zwemfed           | VZF/20003/05 | 28.44 | <b>30.00</b> | 717 +0,62 A |
| 5.   | Sara Korthuis        | DZ&PC             | 200600494    | 29.87 | <b>30.54</b> | 680 +0,67 A |
| 6.   | Malin Roozeboom      | Wvz               | 201100006    | 31.12 | <b>31.08</b> | 645 +0,70 A |
| 7.   | Dionne Salomons      | ZC Borger         | 200200504    | 30.99 | <b>31.09</b> | 644 +0,57 A |
| 8.   | Eefje Irvine         | De Dolfijn        | 200700164    | 30.17 | <b>31.41</b> | 625 +0,59 A |
| 9.   | Nina van der Schrier | Azc 1             | 201000444    | 33.05 | <b>32.06</b> | 588 +0,65 A |
| 10.  | Fenna Zusterzeel     | Psv               | 201000008    | 31.68 | <b>32.07</b> | 587 +0,59 B |
| 11.  | Famke Irvine         | Zpc Amersfoort    | 200501724    | 31.41 | <b>32.11</b> | 585 +0,78 B |
| 12.  | Nienke Koster        | ZPC Hoogeveen     | 200900612    | 32.18 | <b>32.14</b> | 583 +0,56 B |
| 13.  | Jolijn Liezen        | Steenwijk 1934    | 200500518    | 32.22 | <b>32.29</b> | 575 +0,63 B |
| 14.  | Alinda Dingshoff     | De Dolfijn        | 200000928    | 34.35 | <b>32.62</b> | 558 +0,63 B |
| 15.  | Rafaëla Mulders      | De Reuring        | 200701398    | 32.10 | <b>32.71</b> | 553 +0,66 B |
| 16.  | Lana Ravelingien     | Zwemfed           | VZF/20011/03 | 34.13 | <b>32.78</b> | 550 +0,62 B |
| 17.  | Maud Roffel          | DZ&PC             | 200700840    | 32.10 | <b>32.87</b> | 545 +0,69 B |
| 18.  | Olena Dijkstra       | Orca Leeuwarden   | 200202624    | 32.07 | <b>32.95</b> | 541 +0,74 B |
| 19.  | Liv Heijdra          | Feijenoord Albion | 200800736    | 32.20 | <b>33.11</b> | 533 +0,61 C |
| 20.  | Anouk Steller        | Wvz               | 201000004    | 32.53 | <b>33.17</b> | 530 +0,60 C |
| 21.  | Inge Dekker          | HZ&PC Heerenveen  | 200200476    | 33.07 | <b>33.20</b> | 529 +0,66 C |
| 22.  | Ilana Gentile        | Orca Leeuwarden   | 200801558    | 33.90 | <b>33.62</b> | 509 +0,66 C |
| 23.  | Raegan Belmar        | Blue Marlins      | 201004070    | 32.96 | <b>33.82</b> | 500 +0,84 C |
| 24.  | Lola Verheijen       | Psv               | 201100832    | 35.57 | <b>33.93</b> | 496 +0,74 C |
| 25.  | Julie van Nispen     | Z&PV Nuenen       | 200800290    | 34.91 | <b>33.97</b> | 494 +0,71 C |
| 26.  | Kim Bouman           | Zpc Amersfoort    | 201000262    | 33.15 | <b>33.99</b> | 493 +0,67 C |
| 27.  | Marjolie Spelde      | ZC Borger         | 200900266    | 33.84 | <b>34.08</b> | 489 +0,77 C |
| 28.  | Fleur Van den Eijk   | Blue Marlins      | 200900304    | 34.09 | <b>34.25</b> | 482 +0,67 R |
| 29.  | Nynke van der Zee    | Orca Leeuwarden   | 200700604    | 34.44 | <b>34.49</b> | 472 +0,72 ? |
|      | Amber Tiesinga       | DZ&PC             | 200600782    | 35.36 | <b>34.49</b> | 472 +0,71 ? |
| 31.  | Kinley Cole          | Psv               | 200903696    | 34.69 | <b>34.52</b> | 471 +0,62   |
| 32.  | Elke Kriesels        | Hieronymus        | 201100898    | 33.96 | <b>34.56</b> | 469 +0,62   |
| 33.  | Simone Brobbel       | SG Hoeksche Waard | 201200058    | 34.47 | <b>34.58</b> | 468 +0,65   |
| 34.  | Noa Spaans           | De Dolfijn        | 201100222    | 34.50 | <b>34.68</b> | 464 +0,62   |
| 35.  | Noortje Bisperink    | Zpc Amersfoort    | 201100486    | 35.05 | <b>34.69</b> | 464 +0,74   |
| 36.  | Esmee van der Tuuk   | ZPC Hoogeveen     | 200800682    | 33.60 | <b>34.73</b> | 462 +0,76   |
| 37.  | Finja Richter        | Wardenburger SC   | 383208       | 33.51 | <b>34.74</b> | 462 +0,54   |
|      | <i>*Backup tijd</i>  |                   |              |       |              |             |
|      | Tessa van Beek       | Dwk               | 201001446    | 33.64 | <b>34.74</b> | 462 +0,68   |
| 39.  | Julia Agricola       | DZ&PC             | 200800266    | 34.92 | <b>34.78</b> | 460 +0,62   |
| 40.  | Vivian Nooter        | Dedemsvaart-AC    | 200703614    | 34.60 | <b>34.82</b> | 459 +0,75   |
| 41.  | Isis Verhoeff        | Zpc Amersfoort    | 200902962    | 35.03 | <b>34.86</b> | 457 +0,57   |
| 42.  | Yanique Bax          | Zpc Amersfoort    | 201001428    | 34.55 | <b>35.23</b> | 443 +0,88   |
| 43.  | Eva Maria Keet       | Zpc Amersfoort    | 201003006    | 34.85 | <b>35.39</b> | 437 +0,89   |
| 44.  | Evita Hoornweg       | TriVia            | 201002046    | 35.85 | <b>35.49</b> | 433 +0,70   |

DZ&PC Spring Swim 2025

Programmanr. 12, Dames, 50m rugslag, Voorronde, Junioren 2 en ouder

| Rang  |                        |                     | In.tijd   | Tijd  | Pnt          | RT        |
|-------|------------------------|---------------------|-----------|-------|--------------|-----------|
| 45.   | Nora Lynn Otten        | ZPC Hoogeveen       | 200903338 | 34.00 | <b>35.58</b> | 430 +0,94 |
| 46.   | Ilse Jongepier         | TriVia              | 201000006 | 35.84 | <b>36.16</b> | 409 +0,64 |
| 47.   | Mirthe de Haan         | Zcnf34              | 201000866 | 35.42 | <b>36.53</b> | 397 +0,75 |
| 48.   | Senna Boogmans         | De Duinkikkers      | 201000640 | 35.49 | <b>36.75</b> | 390 +0,75 |
| 49.   | Isa Segenhout          | Orca Leeuwarden     | 201000128 | 37.79 | <b>37.06</b> | 380 +0,66 |
| 50.   | Lana Noordenbos        | Orca Leeuwarden     | 201100958 | 38.26 | <b>37.19</b> | 376 +0,72 |
| 51.   | Femke ter Horst        | ZPC Hoogeveen       | 201000108 | 35.80 | <b>37.31</b> | 373 +0,74 |
| 52.   | Lilian Mulder          | Orca Leeuwarden     | 200901598 | 36.93 | <b>37.41</b> | 370 +0,75 |
| 53.   | Fenna Boterman         | TriVia              | 200701710 | 39.58 | <b>37.56</b> | 365 +0,76 |
| 54.   | Lian Vonk              | Zpc Amersfoort      | 201001606 | 38.85 | <b>37.75</b> | 360 +0,74 |
| 55.   | Ifke Stam              | De Duinkikkers      | 200800374 | 37.06 | <b>37.86</b> | 357 +0,74 |
|       | Cynthia Koolman        | Steenwijk 1934      | 200300232 | 37.24 | <b>37.86</b> | 357 +0,68 |
| 57.   | Lea Jerebic            | SV Wildeshausen     | 405121    | 36.50 | <b>37.90</b> | 355 +0,65 |
| 58.   | Maryse Kuijper         | Dwk                 | 201000692 | 37.43 | <b>38.15</b> | 349       |
| 59.   | Evy Anna Nijdam        | Orca Leeuwarden     | 201100834 | 39.38 | <b>38.20</b> | 347 +0,85 |
| 60.   | Sarah Brandes          | SV Wildeshausen     | 406178    | 36.60 | <b>38.34</b> | 343 +0,69 |
| 61.   | Anna Durville          | Z&PC de Inktvis     | 200701038 | 36.72 | <b>38.40</b> | 342 +0,75 |
| 62.   | Marlene Bührmann       | SV Wildeshausen     | 406182    | 35.50 | <b>38.47</b> | 340 +0,63 |
| 63.   | Aline Strijker         | Ksn (Sg)            | 201100362 | 38.17 | <b>38.59</b> | 337 +0,57 |
| 64.   | Jade van der Veen      | ZPC Hoogeveen       | 201200416 | 42.48 | <b>38.80</b> | 331 +0,62 |
| 65.   | Kamila Makhmadiyarova  | Blue Marlins        | 201103178 | 39.10 | <b>38.82</b> | 331 +0,82 |
| 66.   | Elize Schierbeek       | TriVia              | 201100652 | 38.35 | <b>39.11</b> | 323 +0,75 |
| 67.   | Nienke Smid            | ZPC de Kanaalstreek | 201000468 | 38.67 | <b>39.23</b> | 320 +0,69 |
| 68.   | Melissa Zeegers        | De Vikings          | 201002612 | 40.40 | <b>39.40</b> | 316       |
| 69.   | Tess Knol              | Avena               | 200702106 | 38.26 | <b>39.48</b> | 314 +0,67 |
| 70.   | Lena Diekamp           | SV Wildeshausen     | 427914    | 37.61 | <b>39.66</b> | 310 +0,71 |
| 71.   | Jessica Dekkinga       | Steenwijk 1934      | 200600180 | 38.49 | <b>39.70</b> | 309 +0,76 |
| 72.   | Fabiën van Halderen    | ZPC Hoogeveen       | 201200412 | 39.62 | <b>39.94</b> | 304 +0,83 |
| 73.   | Jelena Krikke          | DZ&PC               | 200405874 | 41.30 | <b>40.13</b> | 299 +0,67 |
| 74.   | Emma Juliette Jansen   | Zpc Amersfoort      | 201200158 | 39.99 | <b>40.19</b> | 298 +0,60 |
| 75.   | Emma Koeleman          | Z&PC de Inktvis     | 200901762 | 37.57 | <b>40.36</b> | 294 +0,71 |
| 76.   | Manora Ponne           | Steenwijk 1934      | 201102222 | 38.44 | <b>40.42</b> | 293 +0,67 |
| 77.   | Femke De Vries         | De Vikings          | 201200202 | 42.18 | <b>40.89</b> | 283 +0,67 |
| 78.   | Sophie Feiertag        | ZC Polaris          | 200901144 | 40.06 | <b>40.98</b> | 281 +0,69 |
| 79.   | Linthe Van Gelderen    | Ksn (Sg)            | 201201220 | 42.83 | <b>41.09</b> | 279 +0,80 |
| 80.   | Anna Nauta             | TriVia              | 201001114 | 42.92 | <b>41.83</b> | 264 +0,59 |
| 81.   | Saar Meems             | ZC Polaris          | 201200946 | 39.76 | <b>41.87</b> | 264 +0,82 |
| 82.   | Amélie Berk            | Orca Leeuwarden     | 201004002 | 40.28 | <b>43.25</b> | 239 +0,83 |
| 83.   | Alissa Bosma           | DZ&PC               | 201202458 | 54.27 | <b>44.35</b> | 222 +0,74 |
| 84.   | Noelie Hallbauer       | SV Wildeshausen     | 397699    | 41.30 | <b>44.93</b> | 213 +0,83 |
| 85.   | Nicky Zhang            | Blue Marlins        | 201003292 | 48.54 | <b>46.76</b> | 189 +0,68 |
| AFGEM | M. Matthews-Brzozowski | Neptunia '24        | 201102352 | 42.20 |              |           |
| AFGEM | Lois Waterham          | Dedemsvaart-AC      | 200803726 | 33.84 |              |           |
| AFGEM | Ilse Wiltjer           | DZ&PC               | 200900868 | 34.41 |              |           |

Programmanr. 13  
1-3-2025 - 11:15

Heren, 100m vrije slag  
Spring Swim record: Kyle Stolk 49.55

Juniores 1 en ouder  
Resultaten Voorronde

Punten: AQUA 2024

| Rang                                                                            | In.tijd | Tijd         | Pnt | RT      |
|---------------------------------------------------------------------------------|---------|--------------|-----|---------|
| 1. Seppe Lammens<br>50m: 25.28 100m: 51.64<br>Zwemfed VZF/10009/07              | 51.15   | <b>51.64</b> | 747 | +0,77 A |
| 2. Stan Franckx<br>50m: 25.38 100m: 51.70<br>Zwemfed VZF/10005/02               | 50.80   | <b>51.70</b> | 744 | +0,70 A |
| 3. Austin Namesnik<br>50m: 25.27 100m: 51.74<br>Zpc Amersfoort 200101817        | 51.35   | <b>51.74</b> | 742 | A       |
| 4. Bere Waerniers<br>50m: 25.06 100m: 51.83<br>Zwemfed VZF/10018/08             | 51.43   | <b>51.83</b> | 739 | A       |
| 5. Giovanni Phillipson<br>50m: 25.35 100m: 52.46<br>ZV De Zaan 200801099        | 50.64   | <b>52.46</b> | 712 | +0,77 A |
| 6. Siem de Zeeuw<br>50m: 25.37 100m: 52.61<br>O Z & P C 200800013               | 52.25   | <b>52.61</b> | 706 | +0,70 A |
| 7. Émile Fouzaï<br>50m: 25.37 100m: 52.77<br>Zpc Amersfoort 200500263           | 51.91   | <b>52.77</b> | 700 | +0,68 A |
| 8. Nikodim Markovic<br>50m: 25.78 100m: 52.92<br>Blue Marlins 200700255         | 53.44   | <b>52.92</b> | 694 | +0,71 A |
| 9. Floris Stork<br>50m: 25.70 100m: 53.01<br>DZ&PC 200305075                    | 54.00   | <b>53.01</b> | 690 | +0,64 A |
| 10. Colin Bes<br>50m: 25.73 100m: 53.22<br>DZ&PC 200500201                      | 52.90   | <b>53.22</b> | 682 | +0,76 B |
| 11. Patriks Francis Pone<br>50m: 25.50 100m: 53.29<br>De Dolfijn 200504577      | 53.17   | <b>53.29</b> | 679 | +0,67 B |
| 12. Levi Kindt<br>50m: 25.26 100m: 53.45<br>Zwemfed VZF/10007/07                | 53.64   | <b>53.45</b> | 673 | +0,65 B |
| Michael Smink<br>50m: 25.72 100m: 53.45<br>Blue Marlins 200302169               | 51.41   | <b>53.45</b> | 673 | B       |
| 14. Ronis van Everdingen<br>50m: 25.98 100m: 53.57<br>Dwk 200300043             | 53.59   | <b>53.57</b> | 669 | +0,78 B |
| 15. Alexander Van Hoey Billie<br>50m: 25.65 100m: 53.74<br>Zwemfed VZF/10014/09 | 53.77   | <b>53.74</b> | 663 | +0,71 B |
| 16. Darren Chen<br>50m: 25.84 100m: 53.92<br>Zpc Amersfoort 200001149           | 53.92   | <b>53.92</b> | 656 | +0,67 B |
| 17. Felbe van 't Land<br>50m: 26.29 100m: 54.17<br>Zpc Amersfoort 200900027     | 53.91   | <b>54.17</b> | 647 | +0,76 B |
| 18. Yarno van Dam<br>50m: 26.18 100m: 54.46<br>Acz 200800115                    | 54.99   | <b>54.46</b> | 637 | +0,62 B |
| 19. Jisse Lousma<br>50m: 26.38 100m: 54.67<br>Wvz 200701493                     | 54.77   | <b>54.67</b> | 629 | +0,52 C |
| 20. Tobian Vos<br>50m: 26.98 100m: 55.13<br>Zpc Amersfoort 200900005            | 56.85   | <b>55.13</b> | 614 | +0,78 C |

DZ&PC Spring Swim 2025

Programmanr. 13, Heren, 100m vrije slag, Voorronde, Junioren 1 en ouder

| Rang |                               |                  |           |  | In.tijd | Tijd         | Pnt | RT      |
|------|-------------------------------|------------------|-----------|--|---------|--------------|-----|---------|
| 21.  | Niek Issard                   | DZ&PC            | 200700037 |  | 54.32   | <b>55.17</b> | 612 | C       |
|      | 50m: 26.21                    | 100m: 55.17      |           |  |         |              |     |         |
| 22.  | Giulian Janssen               | Psv              | 200900125 |  | 54.01   | <b>55.48</b> | 602 | +0,70 C |
|      | 50m: 26.46                    | 100m: 55.48      |           |  |         |              |     |         |
| 23.  | Tiamo van der Veen            | Dedemsvaart-AC   | 200600033 |  | 57.37   | <b>55.53</b> | 600 | +0,67 C |
|      | 50m: 26.96                    | 100m: 55.53      |           |  |         |              |     |         |
| 24.  | Tim Boerefijn                 | Wvz              | 200802815 |  | 55.39   | <b>55.54</b> | 600 | +0,85 C |
|      | 50m: 26.44                    | 100m: 55.54      |           |  |         |              |     |         |
| 25.  | Filip Piszczynski             | Ksn (Sg)         | 200802125 |  | 56.78   | <b>55.56</b> | 599 | +0,68 C |
|      | 50m: 27.01                    | 100m: 55.56      |           |  |         |              |     |         |
| 26.  | Bjorn Rijkaart                | Wvz              | 200601337 |  | 55.45   | <b>56.02</b> | 585 | +0,72 C |
|      | 50m: 26.56                    | 100m: 56.02      |           |  |         |              |     |         |
| 27.  | Adriaan Coppelmans            | Azc 1            | 200903243 |  | 56.59   | <b>56.14</b> | 581 | +0,83 ? |
|      | 50m: 26.60                    | 100m: 56.14      |           |  |         |              |     |         |
|      | Tim van Erven                 | DZ&PC            | 200700175 |  | 55.15   | <b>56.14</b> | 581 | ?       |
|      | 50m: 27.19                    | 100m: 56.14      |           |  |         |              |     |         |
| 29.  | Jetze de Vries                | De Vikings       | 200602589 |  | 55.92   | <b>56.38</b> | 574 | R       |
|      | 50m: 27.58                    | 100m: 56.38      |           |  |         |              |     |         |
| 30.  | Q. Brouwer von GonzenbeTriVia |                  | 200700001 |  | 56.21   | <b>57.10</b> | 552 |         |
|      | 50m: 27.18                    | 100m: 57.10      |           |  |         |              |     |         |
| 31.  | Richard Kuipers               | HZ&PC Heerenveen | 199704171 |  | 57.61   | <b>57.38</b> | 544 |         |
|      | 50m: 27.42                    | 100m: 57.38      |           |  |         |              |     |         |
| 32.  | Jaydey Schonewille            | Steenwijk 1934   | 200800025 |  | 56.21   | <b>57.42</b> | 543 | +0,93   |
|      | 50m: 27.52                    | 100m: 57.42      |           |  |         |              |     |         |
| 33.  | Jelte de Jong                 | Zpch             | 200900975 |  | 58.30   | <b>57.61</b> | 538 |         |
|      | 50m: 27.70                    | 100m: 57.61      |           |  |         |              |     |         |
| 34.  | Sven Koorstra                 | De Vikings       | 200900189 |  | 56.62   | <b>57.78</b> | 533 |         |
|      | 50m: 28.88                    | 100m: 57.78      |           |  |         |              |     |         |
| 35.  | Lars Heddema                  | Steenwijk 1934   | 200603697 |  | 56.50   | <b>57.82</b> | 532 | +0,80   |
|      | 50m: 27.96                    | 100m: 57.82      |           |  |         |              |     |         |
| 36.  | Lucas Berner                  | De Duinkikkers   | 200700219 |  | 55.76   | <b>57.87</b> | 530 | +0,69   |
|      | 50m: 27.95                    | 100m: 57.87      |           |  |         |              |     |         |
| 37.  | Jordey Thole                  | ZPC Hoogeveen    | 200700385 |  | 58.03   | <b>57.94</b> | 529 | +0,78   |
|      | 50m: 28.68                    | 100m: 57.94      |           |  |         |              |     |         |
| 38.  | Juan Cruz Slappendel          | Orca Leeuwarden  | 200903053 |  | 57.38   | <b>57.97</b> | 528 | +0,77   |
|      | 50m: 27.69                    | 100m: 57.97      |           |  |         |              |     |         |
| 39.  | Enno Brahms                   | SV Wildeshausen  | 397825    |  | 57.64   | <b>58.09</b> | 524 | +0,73   |
|      | 50m: 27.80                    | 100m: 58.09      |           |  |         |              |     |         |
| 40.  | Tim Zuurman                   | Dedemsvaart-AC   | 200700131 |  | 58.20   | <b>58.23</b> | 521 | +0,83   |
|      | 50m: 28.47                    | 100m: 58.23      |           |  |         |              |     |         |
| 41.  | Emiel de Bruijn               | Dedemsvaart-AC   | 200700953 |  | 56.73   | <b>58.29</b> | 519 | +0,74   |
|      | 50m: 27.96                    | 100m: 58.29      |           |  |         |              |     |         |

Programmanr. 13, Heren, 100m vrije slag, Voorronde, Junioren 1 en ouder

| Rang |                     |                 |           | In.tijd | Tijd           | Pnt | RT    |
|------|---------------------|-----------------|-----------|---------|----------------|-----|-------|
| 42.  | Xander Kragting     | Zpc Amersfoort  | 200900077 | 58.32   | <b>58.33</b>   | 518 | +0,60 |
|      | 50m: 27.89          | 100m: 58.33     |           |         |                |     |       |
| 43.  | Floris van der Valk | Wiekslag        | 200801891 | 59.05   | <b>58.37</b>   | 517 |       |
|      | 50m: 28.05          | 100m: 58.37     |           |         |                |     |       |
| 44.  | Roan van der Stege  | Swol 1894       | 200900107 | 59.49   | <b>58.49</b>   | 514 | +0,72 |
|      | 50m: 28.17          | 100m: 58.49     |           |         |                |     |       |
| 45.  | Collard Jungeling   | DZ&PC           | 200701831 | 58.25   | <b>58.68</b>   | 509 | +0,73 |
|      | 50m: 28.10          | 100m: 58.68     |           |         |                |     |       |
| 46.  | Sven Mulder         | Wvz             | 200901655 | 1:00.91 | <b>58.72</b>   | 508 | +0,73 |
|      | 50m: 28.41          | 100m: 58.72     |           |         |                |     |       |
| 47.  | Eise van der Zee    | Orca Leeuwarden | 200501437 | 56.60   | <b>58.90</b>   | 503 | +0,72 |
|      | 50m: 28.29          | 100m: 58.90     |           |         |                |     |       |
| 48.  | Cayden Malone       | De Dolfijn      | 201002195 | 1:00.38 | <b>58.92</b>   | 503 |       |
|      | 50m: 27.70          | 100m: 58.92     |           |         |                |     |       |
| 49.  | Damir Mustafic      | DZ&PC           | 200800885 | 57.70   | <b>59.11</b>   | 498 | +0,77 |
|      | 50m: 28.18          | 100m: 59.11     |           |         |                |     |       |
| 50.  | Dirk Hoogeveen      | Dedemsvaart-AC  | 200702595 | 59.25   | <b>59.47</b>   | 489 | +0,88 |
|      | 50m: 28.75          | 100m: 59.47     |           |         |                |     |       |
| 51.  | Evren Ege Orcunus   | De Dolfijn      | 201003253 | 1:00.56 | <b>59.60</b>   | 486 | +0,62 |
|      | 50m: 28.79          | 100m: 59.60     |           |         |                |     |       |
| 52.  | Ivo Bot             | Wiekslag        | 200900509 | 57.89   | <b>59.74</b>   | 482 |       |
|      | 50m: 28.22          | 100m: 59.74     |           |         |                |     |       |
| 53.  | Ruben Nooter        | Dedemsvaart-AC  | 200901577 | 58.78   | <b>59.91</b>   | 478 | +0,70 |
|      | 50m: 28.17          | 100m: 59.91     |           |         |                |     |       |
| 54.  | Ramon Vos           | ZPC Hoogeveen   | 201100051 | 59.60   | <b>59.95</b>   | 477 | +0,72 |
|      | 50m: 28.78          | 100m: 59.95     |           |         |                |     |       |
| 55.  | Abel op den Velde   | De Duinkikkers  | 201000079 | 57.10   | <b>1:00.04</b> | 475 | +0,83 |
|      | 50m: 28.59          | 100m: 1:00.04   |           |         |                |     |       |
| 56.  | Gerjan Berends      | ZPC Hoogeveen   | 200900169 | 58.88   | <b>1:00.14</b> | 473 | +0,78 |
|      | 50m: 28.27          | 100m: 1:00.14   |           |         |                |     |       |
| 57.  | Art Jin van der Ent | Blue Marlins    | 200903785 | 1:03.82 | <b>1:00.24</b> | 470 |       |
|      | 50m: 28.88          | 100m: 1:00.24   |           |         |                |     |       |
| 58.  | Joey Snabel         | Zpc Amersfoort  | 201002847 | 59.69   | <b>1:00.26</b> | 470 | +0,71 |
|      | 50m: 28.69          | 100m: 1:00.26   |           |         |                |     |       |
|      | Sven Potappel       | Dwk             | 201000127 | 1:01.65 | <b>1:00.26</b> | 470 | +0,70 |
|      | 50m: 29.35          | 100m: 1:00.26   |           |         |                |     |       |
| 60.  | Marc Hoogeveen      | DZ&PC           | 200101585 | 58.14   | <b>1:00.35</b> | 468 | +0,79 |
|      | 50m: 28.03          | 100m: 1:00.35   |           |         |                |     |       |
| 61.  | Jaime Fais          | TriVia          | 200400291 | 1:00.03 | <b>1:00.53</b> | 463 | +0,73 |
|      | 50m: 27.83          | 100m: 1:00.53   |           |         |                |     |       |
| 62.  | Daequan Ramos       | ZPC Hoogeveen   | 200901709 | 59.97   | <b>1:00.58</b> | 462 | +0,75 |
|      | 50m: 28.99          | 100m: 1:00.58   |           |         |                |     |       |

Programmanr. 13, Heren, 100m vrije slag, Voorronde, Junioren 1 en ouder

| Rang |                     |                  |           | In.tijd | Tijd           | Pnt | RT    |
|------|---------------------|------------------|-----------|---------|----------------|-----|-------|
| 63.  | Baris Tomu          | Zpch             | 201000869 | 1:01.32 | <b>1:00.60</b> | 462 | +0,51 |
|      | 50m: 28.75          | 100m: 1:00.60    |           |         |                |     |       |
| 64.  | Jere Wiersma        | DZ&PC            | 200701037 | 1:00.08 | <b>1:00.68</b> | 460 | +0,80 |
|      | 50m: 29.21          | 100m: 1:00.68    |           |         |                |     |       |
| 65.  | Twan Wielage        | Ksn (Sg)         | 200902671 | 58.61   | <b>1:00.86</b> | 456 |       |
|      | 50m: 28.98          | 100m: 1:00.86    |           |         |                |     |       |
| 66.  | Dyon Scholten       | Steenwijk 1934   | 200900095 | 1:01.14 | <b>1:01.06</b> | 451 | +0,80 |
|      | 50m: 28.74          | 100m: 1:01.06    |           |         |                |     |       |
| 67.  | Ryan Huizinga       | Bubble           | 200700419 | 1:03.88 | <b>1:01.08</b> | 451 | +0,63 |
|      | 50m: 28.98          | 100m: 1:01.08    |           |         |                |     |       |
| 68.  | Kylian Kooijman     | Steenwijk 1934   | 199900763 | 1:02.64 | <b>1:01.54</b> | 441 | +0,77 |
|      | 50m: 28.89          | 100m: 1:01.54    |           |         |                |     |       |
| 69.  | Kyran Kroeze        | ZC Polaris       | 200901707 | 1:04.76 | <b>1:01.86</b> | 434 | +0,78 |
|      | 50m: 29.54          | 100m: 1:01.86    |           |         |                |     |       |
| 70.  | Jona Denke          | SV Wildeshausen  | 447339    | 1:00.07 | <b>1:01.94</b> | 433 | +0,87 |
|      | 50m: 29.59          | 100m: 1:01.94    |           |         |                |     |       |
| 71.  | Roderick Veldhuizen | Ksn (Sg)         | 200804031 | 1:01.40 | <b>1:02.23</b> | 426 |       |
|      | 50m: 29.65          | 100m: 1:02.23    |           |         |                |     |       |
| 72.  | Mattias Stolk       | HZ&PC Heerenveen | 201000525 | 1:02.38 | <b>1:02.37</b> | 424 | +0,67 |
|      | 50m: 30.02          | 100m: 1:02.37    |           |         |                |     |       |
| 73.  | Colin Beuker        | ZPC Hoogeveen    | 200802023 | 1:00.92 | <b>1:02.41</b> | 423 | +0,86 |
|      | 50m: 29.05          | 100m: 1:02.41    |           |         |                |     |       |
| 74.  | Daan Mulder         | Ksn (Sg)         | 201100267 | 1:07.56 | <b>1:02.90</b> | 413 | +0,84 |
|      | 50m: 30.81          | 100m: 1:02.90    |           |         |                |     |       |
| 75.  | Maico Langhout      | F.Z.C.'54        | 200202215 | 1:06.06 | <b>1:03.19</b> | 407 | +0,94 |
|      | 50m: 30.42          | 100m: 1:03.19    |           |         |                |     |       |
| 76.  | Stijn Dijkstra      | DZ&PC            | 201000279 | 1:02.14 | <b>1:03.25</b> | 406 |       |
|      | 50m: 30.30          | 100m: 1:03.25    |           |         |                |     |       |
| 77.  | Douwe Enzerink      | Zpc Amersfoort   | 201102657 | 1:04.25 | <b>1:03.26</b> | 406 |       |
|      | 50m: 30.46          | 100m: 1:03.26    |           |         |                |     |       |
| 78.  | David van der Valk  | Wiekslag         | 201100519 | 1:04.22 | <b>1:03.73</b> | 397 | +0,72 |
|      | 50m: 31.03          | 100m: 1:03.73    |           |         |                |     |       |
| 79.  | Victor de Haan      | HZ&PC Heerenveen | 201001921 | 1:03.64 | <b>1:04.05</b> | 391 | +0,83 |
|      | 50m: 30.60          | 100m: 1:04.05    |           |         |                |     |       |
| 80.  | Joep Barwegen       | HZ&PC Heerenveen | 201201823 | 1:11.21 | <b>1:04.07</b> | 391 | +0,61 |
|      | 50m: 31.35          | 100m: 1:04.07    |           |         |                |     |       |
| 81.  | Stan Rothschild     | ZPC Hoogeveen    | 201000353 | 1:03.77 | <b>1:04.09</b> | 390 | +0,74 |
|      | 50m: 30.37          | 100m: 1:04.09    |           |         |                |     |       |
| 82.  | Kasper Lubbers      | Orca Leeuwarden  | 201100025 | 1:04.33 | <b>1:04.12</b> | 390 | +0,62 |
|      | 50m: 31.33          | 100m: 1:04.12    |           |         |                |     |       |
| 83.  | Oden Hankins        | Blue Marlins     | 200902301 | 1:13.56 | <b>1:04.29</b> | 387 | +0,68 |
|      | 50m: 30.62          | 100m: 1:04.29    |           |         |                |     |       |

DZ&PC Spring Swim 2025

Programmanr. 13, Heren, 100m vrije slag, Voorronde, Junioren 1 en ouder

| Rang |                      |                     |           | In.tijd | Tijd           | Pnt | RT    |
|------|----------------------|---------------------|-----------|---------|----------------|-----|-------|
| 84.  | Luca Karsten Schüler | HZ&PC Heerenveen    | 201101451 | 1:10.96 | <b>1:04.61</b> | 381 | +0,69 |
|      | 50m: 30.98           | 100m: 1:04.61       |           |         |                |     |       |
| 85.  | Leif Moormann        | SV Wildeshausen     | 484018    | 1:07.56 | <b>1:04.72</b> | 379 | +0,77 |
|      | 50m: 31.42           | 100m: 1:04.72       |           |         |                |     |       |
| 86.  | Matthijs Wierbos     | ZPC Hoozeveen       | 200901965 | 1:07.34 | <b>1:04.75</b> | 379 |       |
|      | 50m: 30.96           | 100m: 1:04.75       |           |         |                |     |       |
| 87.  | Yorre van der Wal    | SG. Bolsward-Workum | 201000017 | 1:05.27 | <b>1:04.95</b> | 375 | +0,78 |
|      | 50m: 30.81           | 100m: 1:04.95       |           |         |                |     |       |
| 88.  | Robin Mintjes        | HZ&PC Heerenveen    | 201000957 | 1:07.63 | <b>1:05.14</b> | 372 | +0,70 |
|      | 50m: 31.89           | 100m: 1:05.14       |           |         |                |     |       |
| 89.  | Nordin Vermeer       | Dwk                 | 201000227 | 1:03.85 | <b>1:05.18</b> | 371 |       |
|      | 50m: 30.70           | 100m: 1:05.18       |           |         |                |     |       |
| 90.  | Roan Dijkstra        | Dedemsvaart-AC      | 201002791 | 1:08.05 | <b>1:05.35</b> | 368 | +0,79 |
|      | 50m: 30.43           | 100m: 1:05.35       |           |         |                |     |       |
| 91.  | Kyaro Giuliano       | De Dolfijn          | 201000489 | 1:06.24 | <b>1:05.71</b> | 362 |       |
|      | 50m: 32.01           | 100m: 1:05.71       |           |         |                |     |       |
| 92.  | Pieter Dekker        | Neptunia '24        | 200601105 | 1:07.43 | <b>1:05.74</b> | 362 | +0,73 |
|      | 50m: 31.90           | 100m: 1:05.74       |           |         |                |     |       |
| 93.  | Roy Hofman           | DZ&PC               | 200900439 | 1:04.18 | <b>1:05.89</b> | 359 | +0,87 |
|      | 50m: 31.53           | 100m: 1:05.89       |           |         |                |     |       |
| 94.  | Daniël Scheppink     | Swol 1894           | 200902769 | 1:08.80 | <b>1:06.33</b> | 352 | +0,90 |
|      | 50m: 31.29           | 100m: 1:06.33       |           |         |                |     |       |
| 95.  | Lars Vos             | Ksn (Sg)            | 200501327 | 1:06.36 | <b>1:06.67</b> | 347 | +0,87 |
|      | 50m: 31.63           | 100m: 1:06.67       |           |         |                |     |       |
| 96.  | Alexander Jerebic    | SV Wildeshausen     | 427588    | 1:07.00 | <b>1:06.96</b> | 342 | +0,79 |
|      | 50m: 32.31           | 100m: 1:06.96       |           |         |                |     |       |
| 97.  | Milan Eikenaar       | Swol 1894           | 201100599 | 1:12.52 | <b>1:07.16</b> | 339 | +0,86 |
|      | 50m: 31.45           | 100m: 1:07.16       |           |         |                |     |       |
| 98.  | Leroy Maring         | ZPC de Kanaalstreek | 201100307 | 1:09.52 | <b>1:07.21</b> | 338 |       |
|      | 50m: 32.16           | 100m: 1:07.21       |           |         |                |     |       |
| 99.  | Niek Sonneveld       | Wvz                 | 200802631 | 1:00.47 | <b>1:07.42</b> | 335 | +0,73 |
|      | 50m: 32.99           | 100m: 1:07.42       |           |         |                |     |       |
| 100. | Julian Mithoe        | TriVia              | 201102801 | 1:10.54 | <b>1:08.38</b> | 321 | +0,65 |
|      | 50m: 32.45           | 100m: 1:08.38       |           |         |                |     |       |
| 101. | Gijs Nooter          | Dedemsvaart-AC      | 201000725 | 1:08.48 | <b>1:09.01</b> | 313 | +0,73 |
|      | 50m: 32.36           | 100m: 1:09.01       |           |         |                |     |       |
| 102. | Izayah Castillo      | Blue Marlins        | 201100311 | 1:09.09 | <b>1:09.16</b> | 311 | +0,71 |
|      | 50m: 31.55           | 100m: 1:09.16       |           |         |                |     |       |
| 103. | Yannick Dijks        | Orca Leeuwarden     | 200700923 | 1:11.05 | <b>1:09.29</b> | 309 | +0,73 |
|      | 50m: 32.73           | 100m: 1:09.29       |           |         |                |     |       |
| 104. | Jasper Cox           | Zpc Amersfoort      | 201003589 | 1:11.93 | <b>1:10.43</b> | 294 | +0,75 |
|      | 50m: 33.44           | 100m: 1:10.43       |           |         |                |     |       |

Programmanr. 13, Heren, 100m vrije slag, Voorronde, Junioren 1 en ouder

| Rang                                                 | In.tijd | Tijd           | Pnt | RT    |
|------------------------------------------------------|---------|----------------|-----|-------|
| 105. Kris Stoyanov Blue Marlins 201201505            | 1:10.46 | <b>1:10.57</b> | 292 | +0,69 |
| 50m: 33.05 100m: 1:10.57                             |         |                |     |       |
| 106. Stef van de Wal Dwk 201200803                   | 1:11.70 | <b>1:10.94</b> | 288 | +0,79 |
| 50m: 33.86 100m: 1:10.94                             |         |                |     |       |
| 107. Tim Koornstra De Vikings 201200231              | 1:12.78 | <b>1:11.47</b> | 281 |       |
| 50m: 33.92 100m: 1:11.47                             |         |                |     |       |
| 108. Quinten van Zanten De Vikings 201102249         | 1:22.26 | <b>1:12.28</b> | 272 |       |
| <i>*Handtijd</i>                                     |         |                |     |       |
| 109. Casper Miltenburg De Dolfijn 201201157          | 1:13.55 | <b>1:12.60</b> | 268 | +0,53 |
| 50m: 34.98 100m: 1:12.60                             |         |                |     |       |
| 110. Rory Costello De Dolfijn 201102755              | 1:20.00 | <b>1:16.86</b> | 226 |       |
| 50m: 36.85 100m: 1:16.86                             |         |                |     |       |
| 111. Arian Thies SV Wildeshausen 447672              | 1:18.57 | <b>1:17.57</b> | 220 | +0,74 |
| 50m: 37.45 100m: 1:17.57                             |         |                |     |       |
| 112. Sander Knol ZPC de Kanaalstreek 200701093 S9    | 1:20.67 | <b>1:17.74</b> | 219 | +0,86 |
| 50m: 35.55 100m: 1:17.74                             |         |                |     |       |
| 113. Sem Britstra Ksn (Sg) 201202037                 | 1:17.60 | <b>1:18.14</b> | 215 | +0,67 |
| 50m: 37.48 100m: 1:18.14                             |         |                |     |       |
| NG.ZA Danley Schneider ZC Polaris 201201323          | 1:11.70 |                |     |       |
| NG.ZA Paul Pickart SV Wildeshausen 481999            | 1:07.56 |                |     |       |
| AFGEM Thomas Nauta Arethusa 200900339                | 1:01.82 |                |     |       |
| AFGEM Vasco Strampel Steenwijk 1934 200702073        | 1:00.04 |                |     |       |
| AFGEM Timo van de Pavoordt Orca Leeuwarden 201100205 | 1:05.78 |                |     |       |
| AFGEM Kevin Vermeulen Bubble 200203849               | 1:01.51 |                |     |       |
| AFGEM Christiaan Wilbrink TriVia 200803819           | 1:04.75 |                |     |       |

Programmanr. 14  
1-3-2025 - 11:33

Dames, 100m schoolslag  
Spring Swim record: Tes Schouten 1:09.61

Junioren 2 en ouder  
Resultaten Voorronde

Punten: AQUA 2024

| Rang                                        | In.tijd | Tijd           | Pnt | RT      |
|---------------------------------------------|---------|----------------|-----|---------|
| 1. Jade Geurts Wvz 200402278                | 1:12.70 | <b>1:11.29</b> | 727 | A       |
| 50m: 33.86 100m: 1:11.29                    |         |                |     |         |
| 2. Sterre Hendriks De Dolfijn 200401288     | 1:11.59 | <b>1:12.17</b> | 701 | +0,68 A |
| 50m: 33.52 100m: 1:12.17                    |         |                |     |         |
| 3. Nina Zusterzeel Psv 200800656            | 1:12.32 | <b>1:12.26</b> | 699 | +0,72 A |
| 50m: 33.77 100m: 1:12.26                    |         |                |     |         |
| 4. Zinke Delcommune Zwemfed VZF/20003/05    | 1:12.35 | <b>1:12.37</b> | 695 | A       |
| 50m: 34.60 100m: 1:12.37                    |         |                |     |         |
| 5. Mare Schallenberg Blue Marlins 200600078 | 1:10.20 | <b>1:14.02</b> | 650 | +0,77 A |
| 50m: 35.31 100m: 1:14.02                    |         |                |     |         |
| 6. Jill Nai Chung Tong Wvz 200404272        | 1:13.45 | <b>1:14.17</b> | 646 | +0,71 A |
| 50m: 34.62 100m: 1:14.17                    |         |                |     |         |

DZ&PC Spring Swim 2025

Programmanr. 14, Dames, 100m schoolslag, Voorronde, Junioren 2 en ouder

| Rang |                       |                      |              | In.tijd | Tijd           | Pnt | RT      |
|------|-----------------------|----------------------|--------------|---------|----------------|-----|---------|
| 7.   | Carla Moreno Palacios | De Dolfijn           | 201002302    | 1:16.46 | <b>1:14.31</b> | 642 | +0,62 A |
|      | 50m: 34.48            | 100m: 1:14.31        |              |         |                |     |         |
| 8.   | Rafaela Mulders       | De Reuring           | 200701398    | 1:14.31 | <b>1:14.39</b> | 640 | +0,72 A |
|      | 50m: 35.08            | 100m: 1:14.39        |              |         |                |     |         |
| 9.   | Paula Spans           | Zpc Amersfoort       | 201000064    | 1:12.41 | <b>1:14.77</b> | 630 | A       |
|      | 50m: 35.05            | 100m: 1:14.77        |              |         |                |     |         |
| 10.  | Tess Vonk             | De Geul              | 200900024    | 1:15.72 | <b>1:16.54</b> | 588 | +0,67 B |
|      | 50m: 35.97            | 100m: 1:16.54        |              |         |                |     |         |
| 11.  | Sam De Bont           | Zwemfed              | VZF/20001/08 | 1:18.04 | <b>1:16.77</b> | 582 | +0,76 B |
|      | 50m: 36.12            | 100m: 1:16.77        |              |         |                |     |         |
| 12.  | Esmee Mulder          | DZ&PC                | 200800038    | 1:16.60 | <b>1:17.15</b> | 574 | +0,70 B |
|      | 50m: 36.22            | 100m: 1:17.15        |              |         |                |     |         |
| 13.  | Ismay Lichtendonk     | Dedemsvaart-AC       | 200400622    | 1:15.33 | <b>1:17.43</b> | 568 | +0,76 B |
|      | 50m: 36.65            | 100m: 1:17.43        |              |         |                |     |         |
| 14.  | Yill van Bezouw       | Hieronimus           | 201100704    | 1:17.82 | <b>1:18.31</b> | 549 | +0,80 B |
|      | 50m: 36.69            | 100m: 1:18.31        |              |         |                |     |         |
| 15.  | Marre van der Wal     | SG. Bolsward-Workum  | 201000046    | 1:18.86 | <b>1:18.64</b> | 542 | +0,70 B |
|      | 50m: 36.68            | 100m: 1:18.64        |              |         |                |     |         |
| 16.  | Lise Kleinbekman      | DZ&PC                | 200502870    | 1:18.32 | <b>1:18.68</b> | 541 | +0,73 B |
|      | 50m: 36.47            | 100m: 1:18.68        |              |         |                |     |         |
| 17.  | Djelaysa Buunk        | Z & PC De Zeeuwse Kl | 200900536    | 1:20.94 | <b>1:18.84</b> | 538 | +0,58 B |
|      | 50m: 37.17            | 100m: 1:18.84        |              |         |                |     |         |
| 18.  | Fenna Zusterzeel      | Psv                  | 201000008    | 1:23.82 | <b>1:19.35</b> | 527 | +0,74 B |
|      | 50m: 36.58            | 100m: 1:19.35        |              |         |                |     |         |
| 19.  | Sanne Keizer          | Dedemsvaart-AC       | 201001348    | 1:26.78 | <b>1:19.68</b> | 521 | +0,82 C |
|      | 50m: 36.86            | 100m: 1:19.68        |              |         |                |     |         |
| 20.  | Michelle Zomerdijk    | Dedemsvaart-AC       | 200003196    | 1:17.39 | <b>1:19.73</b> | 520 | +0,74 C |
|      | 50m: 36.38            | 100m: 1:19.73        |              |         |                |     |         |
| 21.  | Amber Kunst           | Daw                  | 200900680    | 1:20.22 | <b>1:20.34</b> | 508 | +0,65 C |
|      | 50m: 37.55            | 100m: 1:20.34        |              |         |                |     |         |
| 22.  | Tess van de Steeg     | Wvz                  | 201000016    | 1:21.39 | <b>1:20.62</b> | 503 | +0,81 C |
|      | 50m: 38.21            | 100m: 1:20.62        |              |         |                |     |         |
| 23.  | Rhodee van den Ham    | De Duinkikkers       | 200700090    | 1:17.13 | <b>1:21.14</b> | 493 | +0,79 C |
|      | 50m: 38.10            | 100m: 1:21.14        |              |         |                |     |         |
| 24.  | Rixt Rothschild       | ZPC Hoozeveen        | 200900026    | 1:22.22 | <b>1:21.37</b> | 489 | C       |
|      | 50m: 38.84            | 100m: 1:21.37        |              |         |                |     |         |
| 25.  | Breanna Belmar        | Blue Marlins         | 201004068    | 1:22.38 | <b>1:21.83</b> | 481 | +0,60 C |
|      | 50m: 37.58            | 100m: 1:21.83        |              |         |                |     |         |
| 26.  | Mijke Ouderkerken     | Blue Marlins         | 200901254    | 1:21.45 | <b>1:22.12</b> | 476 | +0,61 C |
|      | 50m: 37.99            | 100m: 1:22.12        |              |         |                |     |         |
| 27.  | Esther Dijsselhof     | Dedemsvaart-AC       | 200800784    | 1:24.16 | <b>1:22.26</b> | 473 | +0,58 C |
|      | 50m: 38.20            | 100m: 1:22.26        |              |         |                |     |         |

Programmanr. 14, Dames, 100m schoolslag, Voorronde, Junioren 2 en ouder

| Rang |                     |                  |           | In.tijd | Tijd           | Pnt | RT      |
|------|---------------------|------------------|-----------|---------|----------------|-----|---------|
| 28.  | Odenza Soselisa     | Blue Marlins     | 201101780 | 1:24.17 | <b>1:22.50</b> | 469 | +0,73 R |
|      | 50m: 39.02          | 100m: 1:22.50    |           |         |                |     |         |
| 29.  | Gerlin van de Krol  | Dwk              | 201101412 | 1:29.11 | <b>1:23.64</b> | 450 | +0,68 R |
|      | 50m: 39.05          | 100m: 1:23.64    |           |         |                |     |         |
| 30.  | Meike van der Klugt | Wvz              | 201100808 | 1:19.98 | <b>1:23.80</b> | 448 | +0,75   |
|      | 50m: 39.71          | 100m: 1:23.80    |           |         |                |     |         |
| 31.  | Wieke Dekker        | De Dolfijn       | 201002020 | 1:23.64 | <b>1:24.23</b> | 441 | +0,78   |
|      | 50m: 39.74          | 100m: 1:24.23    |           |         |                |     |         |
| 32.  | Amber Tiesinga      | DZ&PC            | 200600782 | 1:24.39 | <b>1:24.47</b> | 437 |         |
|      | 50m: 40.08          | 100m: 1:24.47    |           |         |                |     |         |
| 33.  | Laura Tjoonk        | Ksn (Sg)         | 201004120 | 1:25.91 | <b>1:24.49</b> | 437 | +0,52   |
|      | 50m: 40.23          | 100m: 1:24.49    |           |         |                |     |         |
| 34.  | Isa Kerpels         | ZPC Hoogeveen    | 200800880 | 1:24.19 | <b>1:24.59</b> | 435 | +0,84   |
|      | 50m: 39.96          | 100m: 1:24.59    |           |         |                |     |         |
| 35.  | Annelie Klinkhamer  | Bubble           | 200702606 | 1:22.36 | <b>1:24.75</b> | 433 |         |
|      | 50m: 39.07          | 100m: 1:24.75    |           |         |                |     |         |
| 36.  | Noa van Zalk        | Zpc Amersfoort   | 201102534 | 1:22.39 | <b>1:25.50</b> | 421 | +0,77   |
|      | 50m: 39.74          | 100m: 1:25.50    |           |         |                |     |         |
| 37.  | Alena Ytsma         | HZ&PC Heerenveen | 201201736 | 1:27.57 | <b>1:26.70</b> | 404 | +0,66   |
|      | 50m: 41.81          | 100m: 1:26.70    |           |         |                |     |         |
| 38.  | Hanna Heller        | Zpc Amersfoort   | 201102730 | 1:26.00 | <b>1:26.89</b> | 402 | +0,94   |
|      | 50m: 40.38          | 100m: 1:26.89    |           |         |                |     |         |
| 39.  | Charlie Klaver      | De Dolfijn       | 201102094 | 1:25.89 | <b>1:26.96</b> | 401 | +0,78   |
|      | 50m: 40.92          | 100m: 1:26.96    |           |         |                |     |         |
| 40.  | Milou Filemon       | Blue Marlins     | 201100078 | 1:29.32 | <b>1:27.48</b> | 393 | +0,53   |
|      | 50m: 40.79          | 100m: 1:27.48    |           |         |                |     |         |
| 41.  | Elin Reinstra       | TriVia           | 201100842 | 1:23.06 | <b>1:27.57</b> | 392 | +0,86   |
|      | 50m: 40.61          | 100m: 1:27.57    |           |         |                |     |         |
| 42.  | Esmee van Peer      | TriVia           | 200201114 | 1:26.24 | <b>1:27.59</b> | 392 | +0,82   |
|      | 50m: 41.41          | 100m: 1:27.59    |           |         |                |     |         |
| 43.  | Anique Polinder     | Dedemsvaart-AC   | 200800008 | 1:28.87 | <b>1:27.62</b> | 392 | +0,87   |
|      | 50m: 41.18          | 100m: 1:27.62    |           |         |                |     |         |
| 44.  | Vivian Nooter       | Dedemsvaart-AC   | 200703614 | 1:33.70 | <b>1:28.19</b> | 384 |         |
|      | 50m: 42.05          | 100m: 1:28.19    |           |         |                |     |         |
| 45.  | Minke Bouman        | Blue Marlins     | 201100104 | 1:23.73 | <b>1:28.51</b> | 380 |         |
|      | 50m: 41.62          | 100m: 1:28.51    |           |         |                |     |         |
| 46.  | Ylène Zondervan     | Zpc Amersfoort   | 201200016 | 1:26.61 | <b>1:29.06</b> | 373 |         |
|      | 50m: 42.23          | 100m: 1:29.06    |           |         |                |     |         |
| 47.  | Norell Kroeze       | ZC Polaris       | 201100378 | 1:27.70 | <b>1:29.13</b> | 372 | +0,75   |
|      | 50m: 41.65          | 100m: 1:29.13    |           |         |                |     |         |
| 48.  | Joyce Toonstra      | Neptunia '24     | 200501298 | 1:30.98 | <b>1:29.81</b> | 364 |         |
|      | 50m: 42.94          | 100m: 1:29.81    |           |         |                |     |         |

Programmanr. 14, Dames, 100m schoolslag, Voorronde, Junioren 2 en ouder

| Rang |                      |                     |           | In.tijd | Tijd           | Pnt | RT    |
|------|----------------------|---------------------|-----------|---------|----------------|-----|-------|
| 49.  | Emma Juliette Jansen | Zpc Amersfoort      | 201200158 | 1:31.02 | <b>1:30.07</b> | 360 | +0,70 |
|      | 50m: 42.20           | 100m: 1:30.07       |           |         |                |     |       |
| 50.  | Mare Offringa        | SG. Bolsward-Workum | 201001110 | 1:32.61 | <b>1:30.44</b> | 356 |       |
|      | 50m: 42.21           | 100m: 1:30.44       |           |         |                |     |       |
| 51.  | Myrthe Bruinsma      | Zpc Amersfoort      | 201101108 | 1:30.45 | <b>1:30.95</b> | 350 |       |
|      | 50m: 41.60           | 100m: 1:30.95       |           |         |                |     |       |
| 52.  | Britt Jellesma       | SG. Bolsward-Workum | 201000310 | 1:30.88 | <b>1:31.40</b> | 345 | +0,73 |
|      | 50m: 42.80           | 100m: 1:31.40       |           |         |                |     |       |
| 53.  | Fenna Boterman       | TriVia              | 200701710 | 1:32.15 | <b>1:31.50</b> | 344 | +0,81 |
|      | 50m: 42.32           | 100m: 1:31.50       |           |         |                |     |       |
| 54.  | Esmee Reuver         | ZC Polaris          | 201100846 | 1:31.20 | <b>1:31.78</b> | 341 | +0,82 |
|      | 50m: 43.45           | 100m: 1:31.78       |           |         |                |     |       |
| 55.  | Saar Begeman         | ZPC de Kanaalstreek | 201201594 | 1:34.68 | <b>1:32.12</b> | 337 | +0,77 |
|      | 50m: 43.12           | 100m: 1:32.12       |           |         |                |     |       |
| 56.  | Evita Hoornweg       | TriVia              | 201002046 | 1:30.72 | <b>1:32.48</b> | 333 | +0,80 |
|      | 50m: 42.78           | 100m: 1:32.48       |           |         |                |     |       |
| 57.  | Syll Rinsma          | DZ&PC               | 201200798 | 1:33.78 | <b>1:32.64</b> | 331 | +0,66 |
|      | 50m: 43.66           | 100m: 1:32.64       |           |         |                |     |       |
| 58.  | Chantal Peters       | ZPC Hoogeveen       | 201001578 | 1:36.08 | <b>1:32.72</b> | 330 | +0,92 |
|      | 50m: 42.77           | 100m: 1:32.72       |           |         |                |     |       |
| 59.  | Kyara Balt           | De Vikings          | 201100306 | 1:34.22 | <b>1:32.74</b> | 330 |       |
|      | 50m: 43.61           | 100m: 1:32.74       |           |         |                |     |       |
| 60.  | Renske Van Ommen     | ZC Polaris          | 201200948 | 1:31.07 | <b>1:33.12</b> | 326 |       |
|      | 50m: 44.14           | 100m: 1:33.12       |           |         |                |     |       |
| 61.  | Femke Griemink       | Ksn (Sg)            | 200802376 | 1:35.67 | <b>1:34.02</b> | 317 |       |
|      | 50m: 43.95           | 100m: 1:34.02       |           |         |                |     |       |
| 62.  | Sarah Brandes        | SV Wildeshausen     | 406178    | 1:32.67 | <b>1:34.06</b> | 316 | +0,72 |
|      | 50m: 44.51           | 100m: 1:34.06       |           |         |                |     |       |
| 63.  | Veerle van Bloois    | TriVia              | 201200960 | 1:34.91 | <b>1:34.45</b> | 313 | +0,58 |
|      | 50m: 44.58           | 100m: 1:34.45       |           |         |                |     |       |
| 64.  | Frédérique Nijziel   | De Dolfijn          | 201103114 | 1:34.76 | <b>1:34.72</b> | 310 | +0,62 |
|      | 50m: 45.28           | 100m: 1:34.72       |           |         |                |     |       |
| 65.  | Jessica Dekkinga     | Steenwijk 1934      | 200600180 | 1:33.68 | <b>1:35.65</b> | 301 | +0,86 |
|      | 50m: 44.99           | 100m: 1:35.65       |           |         |                |     |       |
| 66.  | Melody Paulussen     | De Dolfijn          | 201101106 | 1:37.07 | <b>1:35.71</b> | 300 | +0,93 |
|      | 50m: 46.08           | 100m: 1:35.71       |           |         |                |     |       |
| 67.  | Vera Arling          | ZC Polaris          | 201200944 | 1:37.34 | <b>1:35.84</b> | 299 |       |
|      | 50m: 44.91           | 100m: 1:35.84       |           |         |                |     |       |
| 68.  | Femke van der Veen   | Orca Leeuwarden     | 201100962 | 1:31.23 | <b>1:36.03</b> | 297 | +0,88 |
|      | 50m: 44.87           | 100m: 1:36.03       |           |         |                |     |       |
| 69.  | Lena Diekamp         | SV Wildeshausen     | 427914    | 1:31.07 | <b>1:36.18</b> | 296 | +0,87 |
|      | 50m: 46.31           | 100m: 1:36.18       |           |         |                |     |       |

Programmanr. 14, Dames, 100m schoolslag, Voorronde, Junioren 2 en ouder

| Rang  |                                                                                   |                     |           | In.tijd | Tijd           | Pnt | RT    |
|-------|-----------------------------------------------------------------------------------|---------------------|-----------|---------|----------------|-----|-------|
| 70.   | Femke Nauta                                                                       | TriVia              | 201001118 | 1:47.58 | <b>1:38.44</b> | 276 | +0,82 |
|       | 50m: 44.83                                                                        | 100m: 1:38.44       |           |         |                |     |       |
| 71.   | Ranomi Zeegers                                                                    | De Vikings          | 201201512 | 1:39.03 | <b>1:38.55</b> | 275 | +0,62 |
|       | 50m: 46.46                                                                        | 100m: 1:38.55       |           |         |                |     |       |
| 72.   | Nienke Smid                                                                       | ZPC de Kanaalstreek | 201000468 | 1:38.89 | <b>1:39.44</b> | 268 | +0,77 |
|       | 50m: 45.62                                                                        | 100m: 1:39.44       |           |         |                |     |       |
| 73.   | Elske de Vries                                                                    | De Vikings          | 200800786 | 1:46.90 | <b>1:39.88</b> | 264 | +0,68 |
|       | 50m: 47.47                                                                        | 100m: 1:39.88       |           |         |                |     |       |
| 74.   | Nicky Zhang                                                                       | Blue Marlins        | 201003292 | 1:39.77 | <b>1:41.25</b> | 254 | +0,75 |
|       | 50m: 44.81                                                                        | 100m: 1:41.25       |           |         |                |     |       |
| 75.   | Anna de Lange                                                                     | Steenwijk 1934      | 200801762 | 1:41.42 | <b>1:43.57</b> | 237 | +0,72 |
|       | 50m: 48.85                                                                        | 100m: 1:43.57       |           |         |                |     |       |
| 76.   | Nicky Freriksen                                                                   | Swol 1894           | 200802348 | 1:49.51 | <b>1:45.94</b> | 221 |       |
|       | 50m: 47.68                                                                        | 100m: 1:45.94       |           |         |                |     |       |
| 77.   | Sophie Zwart                                                                      | TriVia              | 200902664 | 1:53.78 | <b>1:53.76</b> | 179 | +0,99 |
|       | 50m: 51.37                                                                        | 100m: 1:53.76       |           |         |                |     |       |
| DIS   | Nynke van der Zee                                                                 | Orca Leeuwarden     | 200700604 | 1:22.68 |                |     |       |
|       | <i>SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.</i> |                     |           |         |                |     |       |
| AFGEM | Denise Thül                                                                       | Swol 1894           | 200902530 | 1:34.37 |                |     |       |
| AFGEM | Noël Iris Hettinga                                                                | Neptunia '24        | 200002536 | 1:19.63 |                |     |       |

Programmanr. 15  
1-3-2025 - 11:49

Heren, 200m schoolslag  
Spring Swim record: Luca Janssen: 2.17.06

Junioren 1 en ouder  
Resultaten Voorronde

Punten: AQUA 2024

| Rang |                       |                  |               |               | In.tijd        | Tijd | Pnt   | RT |
|------|-----------------------|------------------|---------------|---------------|----------------|------|-------|----|
| 1.   | Storm Boxum           | DZ&PC            | 200700421     | 2:19.60       | <b>2:23.48</b> | 668  | +0,76 | Q  |
|      | 50m: 31.55            | 100m: 1:07.00    | 150m: 1:44.87 | 200m: 2:23.48 |                |      |       |    |
| 2.   | Karsten van Groenigen | Zwemfed          | VZF/10013/08  | 2:24.88       | <b>2:23.53</b> | 668  | +0,72 | Q  |
|      | 50m: 31.92            | 100m: 1:08.13    | 150m: 1:45.77 | 200m: 2:23.53 |                |      |       |    |
| 3.   | Bartel Vranken        | Zwemfed          | VZF/10017/07  | 2:24.40       | <b>2:24.09</b> | 660  | +0,71 | Q  |
|      | 50m: 31.79            | 100m: 1:08.33    | 150m: 1:46.21 | 200m: 2:24.09 |                |      |       |    |
| 4.   | Joseph Van Wellen     | Zwemfed          | VZF/10016/08  | 2:37.66       | <b>2:26.28</b> | 631  | +0,75 | Q  |
|      | 50m: 32.41            | 100m: 1:10.46    | 150m: 1:49.15 | 200m: 2:26.28 |                |      |       |    |
| 5.   | Jesse van der Meij    | De Dolfijn       | 200600841     | 2:31.08       | <b>2:27.27</b> | 618  | +0,78 | Q  |
|      | 50m: 33.43            | 100m: 1:10.91    | 150m: 1:49.42 | 200m: 2:27.27 |                |      |       |    |
| 6.   | Wouter Zijlstra       | HZ&PC Heerenveen | 200401545     | 2:25.17       | <b>2:27.36</b> | 617  |       | Q  |
|      | 50m: 33.52            | 100m: 1:10.58    | 150m: 1:49.00 | 200m: 2:27.36 |                |      |       |    |
| 7.   | Bas Claerhout         | Zwemfed          | VZF/10003/08  | 2:31.93       | <b>2:28.97</b> | 597  | +0,71 | Q  |
|      | 50m: 33.51            | 100m: 1:11.29    | 150m: 1:49.83 | 200m: 2:28.97 |                |      |       |    |
| 8.   | Joshua Agussalim      | Wvz              | 200600153     | 2:29.04       | <b>2:29.19</b> | 594  | +0,68 | Q  |
|      | 50m: 32.29            | 100m: 1:09.27    | 150m: 1:48.38 | 200m: 2:29.19 |                |      |       |    |

DZ&PC Spring Swim 2025

Programmanr. 15, Heren, 200m schoolslag, Voorronde, Junioren 1 en ouder

| Rang |                       |                  |               |               |  |  | In.tijd | Tijd           | Pnt | RT      |
|------|-----------------------|------------------|---------------|---------------|--|--|---------|----------------|-----|---------|
| 9.   | Daan Sonneveld        | Wvz              | 200601085     |               |  |  | 2:35.27 | <b>2:30.77</b> | 576 | +0,68 Q |
|      | 50m: 34.42            | 100m: 1:14.20    | 150m: 1:53.06 | 200m: 2:30.77 |  |  |         |                |     |         |
| 10.  | Tiede Groener         | Psv              | 200700155     |               |  |  | 2:38.81 | <b>2:32.25</b> | 559 | +0,74 R |
|      | 50m: 33.72            | 100m: 1:12.80    | 150m: 1:52.46 | 200m: 2:32.25 |  |  |         |                |     |         |
| 11.  | Sven Klink            | Swol 1894        | 200500349     |               |  |  | 2:27.45 | <b>2:32.50</b> | 557 | R       |
|      | 50m: 34.47            | 100m: 1:13.13    | 150m: 1:52.82 | 200m: 2:32.50 |  |  |         |                |     |         |
| 12.  | Storm Tolsma          | DZ&PC            | 200600277     |               |  |  | 2:35.30 | <b>2:35.09</b> | 529 | +0,79   |
|      | 50m: 34.96            | 100m: 1:14.19    | 150m: 1:54.26 | 200m: 2:35.09 |  |  |         |                |     |         |
| 13.  | Emiel de Bruijn       | Dedemsvaart-AC   | 200700953     |               |  |  | 2:37.60 | <b>2:36.70</b> | 513 | +0,74   |
|      | 50m: 35.00            | 100m: 1:15.95    | 150m: 1:56.35 | 200m: 2:36.70 |  |  |         |                |     |         |
| 14.  | Kay van Sleen         | Steenwijk 1934   | 200400083     |               |  |  | 2:34.95 | <b>2:36.98</b> | 510 | +0,82   |
|      | 50m: 35.60            | 100m: 1:15.27    | 150m: 1:55.95 | 200m: 2:36.98 |  |  |         |                |     |         |
| 15.  | Lou van Leeuwen       | De Dolfijn       | 200702779     |               |  |  | 2:42.41 | <b>2:37.69</b> | 503 |         |
|      | 50m: 35.63            | 100m: 1:15.71    | 150m: 1:56.61 | 200m: 2:37.69 |  |  |         |                |     |         |
| 16.  | Bas Blanker           | Acz              | 200601497     |               |  |  | 2:36.33 | <b>2:38.28</b> | 498 | +0,74   |
|      | 50m: 34.54            | 100m: 1:15.49    | 150m: 1:56.89 | 200m: 2:38.28 |  |  |         |                |     |         |
| 17.  | Ruben Hoeve           | Dedemsvaart-AC   | 200302179     |               |  |  | 2:40.19 | <b>2:38.98</b> | 491 |         |
|      | 50m: 34.58            | 100m: 1:15.96    | 150m: 1:59.01 | 200m: 2:38.98 |  |  |         |                |     |         |
| 18.  | Milan Schuilenburg    | Zpc Amersfoort   | 201000935     |               |  |  | 2:39.34 | <b>2:39.04</b> | 491 | +0,73   |
|      | 50m: 36.30            | 100m: 1:16.34    | 150m: 1:57.26 | 200m: 2:39.04 |  |  |         |                |     |         |
| 19.  | Floris van der Valk   | Wiekslag         | 200801891     |               |  |  | 2:44.27 | <b>2:39.25</b> | 489 | +0,75   |
|      | 50m: 35.38            | 100m: 1:16.77    | 150m: 1:58.36 | 200m: 2:39.25 |  |  |         |                |     |         |
| 20.  | Jelte de Boer         | De Vikings       | 200700345     |               |  |  | 2:40.94 | <b>2:42.32</b> | 461 | +0,63   |
|      | 50m: 35.59            | 100m: 1:17.26    | 150m: 2:00.18 | 200m: 2:42.32 |  |  |         |                |     |         |
| 21.  | Adriaan Coppelmans    | Azc 1            | 200903243     |               |  |  | 2:38.15 | <b>2:43.99</b> | 447 | +0,86   |
|      | 50m: 37.55            | 100m: 1:20.84    | 150m: 2:02.65 | 200m: 2:43.99 |  |  |         |                |     |         |
| 22.  | Brian Arturo Bloemsma | De Dolfijn       | 200901155     |               |  |  | 2:42.59 | <b>2:44.58</b> | 443 | +0,71   |
|      | 50m: 36.75            | 100m: 1:19.41    | 150m: 2:01.45 | 200m: 2:44.58 |  |  |         |                |     |         |
| 23.  | Mattias Stolk         | HZ&PC Heerenveen | 201000525     |               |  |  | 2:44.91 | <b>2:45.80</b> | 433 | +0,65   |
|      | 50m: 36.89            | 100m: 1:20.05    | 150m: 2:03.28 | 200m: 2:45.80 |  |  |         |                |     |         |
| 24.  | Kick Germers          | Swol 1894        | 201000185     |               |  |  | 2:56.17 | <b>2:48.88</b> | 410 | +0,75   |
|      | 50m: 38.85            | 100m: 1:22.31    | 150m: 2:06.34 | 200m: 2:48.88 |  |  |         |                |     |         |
| 25.  | Cayden Malone         | De Dolfijn       | 201002195     |               |  |  | 2:53.65 | <b>2:49.42</b> | 406 | +0,69   |
|      | 50m: 38.56            | 100m: 1:20.64    | 150m: 2:05.12 | 200m: 2:49.42 |  |  |         |                |     |         |
| 26.  | Kasper Lubbers        | Orca Leeuwarden  | 201100025     |               |  |  | 2:55.62 | <b>2:50.19</b> | 400 |         |
|      | 50m: 39.27            | 100m: 1:22.44    | 150m: 2:06.37 | 200m: 2:50.19 |  |  |         |                |     |         |
| 27.  | Myron Artemenko       | Niemo Barracuda  | 201003021     |               |  |  | 2:51.09 | <b>2:50.66</b> | 397 | +0,72   |
|      | 50m: 38.17            | 100m: 1:21.41    | 150m: 2:05.91 | 200m: 2:50.66 |  |  |         |                |     |         |
| 28.  | Nathan Magava         | De Dolfijn       | 201003067     |               |  |  | 2:54.31 | <b>2:50.92</b> | 395 | +0,63   |
|      | 50m: 39.03            | 100m: 1:22.47    | 150m: 2:06.00 | 200m: 2:50.92 |  |  |         |                |     |         |
| 29.  | Dax van den Noulund   | Blue Marlins     | 201000071     |               |  |  | 2:55.88 | <b>2:50.98</b> | 395 |         |
|      | 50m: 38.47            | 100m: 1:22.54    | 150m: 2:06.26 | 200m: 2:50.98 |  |  |         |                |     |         |

DZ&PC Spring Swim 2025

Programmanr. 15, Heren, 200m schoolslag, Voorronde, Junioren 1 en ouder

| Rang  |                      |                   |               |               |  |  | In.tijd | Tijd           | Pnt | RT    |
|-------|----------------------|-------------------|---------------|---------------|--|--|---------|----------------|-----|-------|
| 29.   | Thijmen Puijssers    | Hieronymus        | 201000129     |               |  |  | 2:50.63 | <b>2:50.98</b> | 395 | +0,78 |
|       | 50m: 37.24           | 100m: 1:21.58     | 150m: 2:06.62 | 200m: 2:50.98 |  |  |         |                |     |       |
| 31.   | Luca Monster         | SG Hoeksche Waard | 201100343     |               |  |  | 2:48.21 | <b>2:53.71</b> | 376 | +0,59 |
|       | 50m: 36.46           | 100m: 1:19.60     | 150m: 2:06.53 | 200m: 2:53.71 |  |  |         |                |     |       |
| 32.   | Tycho Wienbelt       | De Vikings        | 201001397     |               |  |  | 2:53.46 | <b>2:53.93</b> | 375 | +0,76 |
|       | 50m: 38.81           | 100m: 1:23.28     | 150m: 2:08.71 | 200m: 2:53.93 |  |  |         |                |     |       |
| 33.   | Tygo van de Wal      | Dwk               | 201001329     |               |  |  | 2:49.45 | <b>2:54.55</b> | 371 | +0,78 |
|       | 50m: 38.55           | 100m: 1:23.89     | 150m: 2:09.74 | 200m: 2:54.55 |  |  |         |                |     |       |
| 34.   | Mathijs Boersma      | ZPC Hoozeveen     | 201000313     |               |  |  | 2:44.75 | <b>2:54.89</b> | 369 | +0,94 |
|       | 50m: 37.94           | 100m: 1:22.25     | 150m: 2:08.27 | 200m: 2:54.89 |  |  |         |                |     |       |
| 35.   | Sverre van der Zwaan | Wvz               | 200900737     |               |  |  | 2:48.76 | <b>2:55.59</b> | 364 | +0,60 |
|       | 50m: 38.45           | 100m: 1:23.30     | 150m: 2:09.64 | 200m: 2:55.59 |  |  |         |                |     |       |
| 36.   | Noud Assinck         | Zignea            | 200900047     |               |  |  | 2:58.72 | <b>2:57.36</b> | 354 | +0,85 |
|       | 50m: 38.79           | 100m: 1:24.75     | 150m: 2:11.17 | 200m: 2:57.36 |  |  |         |                |     |       |
| 37.   | Joey Snabel          | Zpc Amersfoort    | 201002847     |               |  |  | 2:55.57 | <b>3:00.03</b> | 338 | +0,74 |
|       | 50m: 38.88           | 100m: 1:24.66     | 150m: 2:12.39 | 200m: 3:00.03 |  |  |         |                |     |       |
| 38.   | Milan Eikenaar       | Swol 1894         | 201100599     |               |  |  | 3:07.54 | <b>3:02.85</b> | 323 | +0,88 |
|       | 50m: 41.67           | 100m: 1:28.23     | 150m: 2:15.53 | 200m: 3:02.85 |  |  |         |                |     |       |
| 39.   | Mathijs de Wit       | Ksn (Sg)          | 201001215     |               |  |  | 2:52.82 | <b>3:03.00</b> | 322 |       |
|       | 50m: 40.75           | 100m: 1:27.98     | 150m: 2:15.78 | 200m: 3:03.00 |  |  |         |                |     |       |
| 40.   | Marcelo Fritz Medina | De Dolfijn        | 201201885     |               |  |  | 3:14.54 | <b>3:07.91</b> | 297 | +0,80 |
|       | 50m: 42.31           | 100m: 1:30.61     | 150m: 2:18.98 | 200m: 3:07.91 |  |  |         |                |     |       |
| 41.   | Stef van de Wal      | Dwk               | 201200803     |               |  |  | 3:04.42 | <b>3:11.18</b> | 282 | +0,82 |
|       | 50m: 43.71           | 100m: 1:33.01     | 150m: 2:23.18 | 200m: 3:11.18 |  |  |         |                |     |       |
| 42.   | Amor van der Veen    | Dedemsvaart-AC    | 201100197     |               |  |  | 3:39.97 | <b>3:11.61</b> | 280 | +0,71 |
|       | 50m: 42.66           | 100m: 1:33.09     | 150m: 2:22.13 | 200m: 3:11.61 |  |  |         |                |     |       |
| 43.   | Alexander Jerebic    | SV Wildeshausen   | 427588        |               |  |  | 3:14.12 | <b>3:11.87</b> | 279 | +0,65 |
|       | 50m: 41.24           | 100m: 1:30.17     | 150m: 2:22.53 | 200m: 3:11.87 |  |  |         |                |     |       |
| 44.   | Vince van Dam        | Acz               | 201000405     |               |  |  | 3:05.87 | <b>3:12.33</b> | 277 |       |
|       | 50m: 44.27           | 100m: 1:32.78     | 150m: 2:23.05 | 200m: 3:12.33 |  |  |         |                |     |       |
| 45.   | Jasper Cox           | Zpc Amersfoort    | 201003589     |               |  |  | 3:28.81 | <b>3:14.01</b> | 270 | +0,70 |
|       | 50m: 42.91           | 100m: 1:32.86     | 150m: 2:23.45 | 200m: 3:14.01 |  |  |         |                |     |       |
| 46.   | Rio Babic            | Steenwijk 1934    | 201200867     |               |  |  | 3:19.26 | <b>3:20.52</b> | 245 | +0,84 |
|       | 50m: 45.22           | 100m: 1:38.06     | 150m: 2:30.45 | 200m: 3:20.52 |  |  |         |                |     |       |
| 47.   | Vince Van Wijk       | Ksn (Sg)          | 201101019     |               |  |  | 3:24.34 | <b>3:20.89</b> | 243 | +0,64 |
|       | 50m: 45.65           | 100m: 1:37.88     | 150m: 2:30.80 | 200m: 3:20.89 |  |  |         |                |     |       |
| 48.   | Michiel de Wit       | Ksn (Sg)          | 201101867     |               |  |  | 3:28.09 | <b>3:23.59</b> | 234 | +0,55 |
|       | 50m: 44.48           | 100m: 1:36.83     | 150m: 2:29.90 | 200m: 3:23.59 |  |  |         |                |     |       |
| NG.ZA | Rick Offringa        | DZ&PC             | 200300979     |               |  |  | 2:25.59 |                |     |       |
| AFGEM | Sven Casper Hageman  | Steenwijk 1934    | 201000009     |               |  |  | 2:49.94 |                |     |       |

Programmanr. 16  
1-3-2025 - 12:07

Dames, 200m vrije slag  
Spring Swim record: Angelina Rolman: 2.01.67

Juniores 2 en ouder  
Resultaten Voorronde

Punten: AQUA 2024

| Rang                     | In.tijd         | Tijd          | Pnt           | RT                         |
|--------------------------|-----------------|---------------|---------------|----------------------------|
| 1. Nore Michiels         | Zwemfed         | VZF/20009/08  | 2:03.98       | <b>2:03.59</b> 761 Q       |
| 50m: 28.79               | 100m: 59.83     | 150m: 1:31.93 | 200m: 2:03.59 |                            |
| 2. Femke Spiering        | Zpc Amersfoort  | 200204514     | 2:02.12       | <b>2:04.63</b> 742 +0,79 Q |
| 50m: 29.05               | 100m: 1:00.42   | 150m: 1:32.63 | 200m: 2:04.63 |                            |
| 3. Noa Hollebosch        | Zwemfed         | VZF/20007/07  | 2:06.59       | <b>2:05.89</b> 720 Q       |
| 50m: 29.87               | 100m: 1:02.38   | 150m: 1:34.82 | 200m: 2:05.89 |                            |
| 4. Lana Ravelingien      | Zwemfed         | VZF/20011/03  | 2:03.02       | <b>2:06.12</b> 716 +0,71 Q |
| 50m: 29.71               | 100m: 1:01.65   | 150m: 1:34.15 | 200m: 2:06.12 |                            |
| 5. Sara Korthuis         | DZ&PC           | 200600494     | 2:02.61       | <b>2:06.95</b> 702 +0,85 Q |
| 50m: 29.55               | 100m: 1:01.92   | 150m: 1:34.96 | 200m: 2:06.95 |                            |
| 6. Jade van der Schrier  | Azc 1           | 200800692     | 2:08.25       | <b>2:07.99</b> 685 +0,77 Q |
| 50m: 30.43               | 100m: 1:02.94   | 150m: 1:36.27 | 200m: 2:07.99 |                            |
| 7. Maaïke Issard         | DZ&PC           | 200300022     | 2:12.83       | <b>2:09.97</b> 654 +0,77 Q |
| 50m: 30.27               | 100m: 1:02.89   | 150m: 1:36.23 | 200m: 2:09.97 |                            |
| 8. Bregje Dekkers        | Psv             | 200900746     | 2:10.15       | <b>2:10.15</b> 651 +0,74 Q |
| 50m: 30.90               | 100m: 1:03.66   | 150m: 1:36.75 | 200m: 2:10.15 |                            |
| 9. Julie van Nispen      | Z&PV Nuenen     | 200800290     | 2:07.00       | <b>2:10.87</b> 641 Q       |
| 50m: 30.17               | 100m: 1:03.36   | 150m: 1:37.34 | 200m: 2:10.87 |                            |
| 10. Fenne Metten         | Zpc Amersfoort  | 201000102     | 2:13.27       | <b>2:12.42</b> 618 +0,74 R |
| 50m: 30.83               | 100m: 1:04.77   | 150m: 1:39.59 | 200m: 2:12.42 |                            |
| 11. Fenna Westerneng     | DZ&PC           | 200900070     | 2:10.49       | <b>2:12.79</b> 613 +0,76 R |
| 50m: 31.34               | 100m: 1:05.13   | 150m: 1:39.37 | 200m: 2:12.79 |                            |
| 12. Hylcke de Beer       | Psv             | 200700006     | 2:17.47       | <b>2:13.53</b> 603         |
| 50m: 29.83               | 100m: 1:03.69   | 150m: 1:38.74 | 200m: 2:13.53 |                            |
| 13. Anna Lepoutre        | Psv             | 201100534     | 2:13.95       | <b>2:13.69</b> 601 +0,74   |
| 50m: 31.05               | 100m: 1:04.81   | 150m: 1:39.64 | 200m: 2:13.69 |                            |
| 14. Elin Brinkhof        | De Dolfijn      | 200900078     | 2:12.71       | <b>2:13.95</b> 597 +0,69   |
| 50m: 31.59               | 100m: 1:05.64   | 150m: 1:40.11 | 200m: 2:13.95 |                            |
| 15. Lola Verheijen       | Psv             | 201100832     | 2:14.10       | <b>2:14.27</b> 593 +0,75   |
| 50m: 30.80               | 100m: 1:04.94   | 150m: 1:40.35 | 200m: 2:14.27 |                            |
| 16. Ilana Gentile        | Orca Leeuwarden | 200801558     | 2:14.90       | <b>2:14.99</b> 584 +0,57   |
| 50m: 31.50               | 100m: 1:05.54   | 150m: 1:40.95 | 200m: 2:14.99 |                            |
| 17. Nina van der Schrier | Azc 1           | 201000444     | 2:13.82       | <b>2:17.30</b> 555 +0,77   |
| 50m: 31.53               | 100m: 1:06.41   | 150m: 1:42.18 | 200m: 2:17.30 |                            |
| 18. Imre Bouwland        | ZPC Hoogeveen   | 200700388     | 2:14.08       | <b>2:17.69</b> 550 +0,75   |
| 50m: 31.07               | 100m: 1:05.99   | 150m: 1:42.26 | 200m: 2:17.69 |                            |
| 19. Julia Dąbrowska      | Blue Marlins    | 201000300     | 2:23.57       | <b>2:18.60</b> 539 +0,72   |
| 50m: 30.86               | 100m: 1:06.09   | 150m: 1:42.94 | 200m: 2:18.60 |                            |
| 20. Myrthe Natzijl       | DZ&PC           | 200400076     | 2:12.99       | <b>2:18.94</b> 535 +0,69   |
| 50m: 31.98               | 100m: 1:07.31   | 150m: 1:43.82 | 200m: 2:18.94 |                            |

DZ&PC Spring Swim 2025

Programmanr. 16, Dames, 200m vrije slag, Voorronde, Junioren 2 en ouder

| Rang |                     |                   |               |               |  |  | In.tijd | Tijd           | Pnt | RT    |
|------|---------------------|-------------------|---------------|---------------|--|--|---------|----------------|-----|-------|
| 21.  | Brechtje Slootweg   | Zpc Amersfoort    | 201101744     |               |  |  | 2:20.52 | <b>2:19.66</b> | 527 | +0,85 |
|      | 50m: 32.40          | 100m: 1:07.87     | 150m: 1:44.40 | 200m: 2:19.66 |  |  |         |                |     |       |
| 22.  | Ilse Jongepier      | TriVia            | 201000006     |               |  |  | 2:19.49 | <b>2:19.80</b> | 525 | +0,70 |
|      | 50m: 32.15          | 100m: 1:08.56     | 150m: 1:45.30 | 200m: 2:19.80 |  |  |         |                |     |       |
| 23.  | Carlein Polinder    | Ksn (Sg)          | 200600128     |               |  |  | 2:19.24 | <b>2:19.82</b> | 525 | +0,83 |
|      | 50m: 31.18          | 100m: 1:05.80     | 150m: 1:42.64 | 200m: 2:19.82 |  |  |         |                |     |       |
| 24.  | Alessia Sluis       | Dedemsvaart-AC    | 200300896     |               |  |  | 2:24.23 | <b>2:20.05</b> | 523 | +0,79 |
|      | 50m: 31.26          | 100m: 1:06.83     | 150m: 1:44.26 | 200m: 2:20.05 |  |  |         |                |     |       |
| 25.  | Dewi Meijer         | De Dolfijn        | 201000302     |               |  |  | 2:17.89 | <b>2:20.49</b> | 518 | +0,67 |
|      | 50m: 33.10          | 100m: 1:09.27     | 150m: 1:45.18 | 200m: 2:20.49 |  |  |         |                |     |       |
| 26.  | Liv Heijdra         | Feijenoord Albion | 200800736     |               |  |  | 2:18.54 | <b>2:20.61</b> | 516 | +0,81 |
|      | 50m: 31.42          | 100m: 1:06.39     | 150m: 1:42.86 | 200m: 2:20.61 |  |  |         |                |     |       |
| 27.  | Vera Wassink        | DZ&PC             | 200604976     |               |  |  | 2:13.72 | <b>2:20.73</b> | 515 | +0,71 |
|      | 50m: 31.22          | 100m: 1:07.04     | 150m: 1:44.39 | 200m: 2:20.73 |  |  |         |                |     |       |
| 28.  | Isis Verhoeff       | Zpc Amersfoort    | 200902962     |               |  |  | 2:22.78 | <b>2:21.00</b> | 512 |       |
|      | 50m: 32.45          | 100m: 1:07.32     | 150m: 1:44.32 | 200m: 2:21.00 |  |  |         |                |     |       |
| 29.  | Kinley Cole         | Psv               | 200903696     |               |  |  | 2:19.31 | <b>2:22.35</b> | 498 | +0,52 |
|      | 50m: 32.76          | 100m: 1:09.91     | 150m: 1:47.58 | 200m: 2:22.35 |  |  |         |                |     |       |
| 30.  | Marije Jaspers      | Neptunia '24      | 200802152     |               |  |  | 2:22.72 | <b>2:22.78</b> | 493 | +0,78 |
|      | 50m: 31.66          | 100m: 1:07.79     | 150m: 1:45.33 | 200m: 2:22.78 |  |  |         |                |     |       |
| 31.  | Lian Vonk           | Zpc Amersfoort    | 201001606     |               |  |  | 2:25.86 | <b>2:22.86</b> | 492 | +0,77 |
|      | 50m: 33.11          | 100m: 1:10.03     | 150m: 1:47.24 | 200m: 2:22.86 |  |  |         |                |     |       |
| 32.  | Nora Lynn Otten     | ZPC Hogeveen      | 200903338     |               |  |  | 2:29.49 | <b>2:23.36</b> | 487 | +0,75 |
|      | 50m: 33.96          | 100m: 1:11.12     | 150m: 1:47.83 | 200m: 2:23.36 |  |  |         |                |     |       |
| 33.  | Esmee van Peer      | TriVia            | 200201114     |               |  |  | 2:28.85 | <b>2:23.89</b> | 482 | +0,85 |
|      | 50m: 32.62          | 100m: 1:09.31     | 150m: 1:47.32 | 200m: 2:23.89 |  |  |         |                |     |       |
| 34.  | Yanique Bax         | Zpc Amersfoort    | 201001428     |               |  |  | 2:24.11 | <b>2:23.99</b> | 481 | +0,55 |
|      | 50m: 33.69          | 100m: 1:10.66     | 150m: 1:47.93 | 200m: 2:23.99 |  |  |         |                |     |       |
| 35.  | Sofie Vos           | ZPC Hogeveen      | 200800804     |               |  |  | 2:19.95 | <b>2:24.39</b> | 477 | +0,73 |
|      | 50m: 32.97          | 100m: 1:09.96     | 150m: 1:47.46 | 200m: 2:24.39 |  |  |         |                |     |       |
| 36.  | Ananda van der Wiel | Wvz               | 200701562     |               |  |  | 2:20.78 | <b>2:25.47</b> | 466 | +0,69 |
|      | 50m: 31.68          | 100m: 1:08.31     | 150m: 1:46.30 | 200m: 2:25.47 |  |  |         |                |     |       |
| 37.  | Karlijn Siderius    | Dwk               | 200900032     |               |  |  | 2:22.64 | <b>2:26.52</b> | 456 | +0,88 |
|      | 50m: 33.52          | 100m: 1:10.76     | 150m: 1:48.77 | 200m: 2:26.52 |  |  |         |                |     |       |
| 38.  | Lili Oosting        | Dwk               | 200900384     |               |  |  | 2:29.34 | <b>2:27.51</b> | 447 |       |
|      | 50m: 34.75          | 100m: 1:12.31     | 150m: 1:50.75 | 200m: 2:27.51 |  |  |         |                |     |       |
| 39.  | Isa Segenhout       | Orca Leeuwarden   | 201000128     |               |  |  | 2:29.91 | <b>2:28.46</b> | 439 | +0,77 |
|      | 50m: 34.00          | 100m: 1:12.44     | 150m: 1:51.57 | 200m: 2:28.46 |  |  |         |                |     |       |
| 40.  | Noa Spaans          | De Dolfijn        | 201100222     |               |  |  | 2:29.99 | <b>2:29.41</b> | 430 | +0,80 |
|      | 50m: 35.07          | 100m: 1:13.31     | 150m: 1:51.63 | 200m: 2:29.41 |  |  |         |                |     |       |
| 41.  | Cynthia Koolman     | Steenwijk 1934    | 200300232     |               |  |  | 2:29.35 | <b>2:30.22</b> | 423 | +0,72 |
|      | 50m: 35.78          | 100m: 1:13.70     | 150m: 1:52.18 | 200m: 2:30.22 |  |  |         |                |     |       |

Programmanr. 16, Dames, 200m vrije slag, Voorronde, Junioren 2 en ouder

| Rang |                       |                     |               |               |  | In.tijd | Tijd           | Pnt | RT    |
|------|-----------------------|---------------------|---------------|---------------|--|---------|----------------|-----|-------|
| 42.  | Anique Polinder       | Dedemsvaart-AC      | 200800008     |               |  | 2:32.25 | <b>2:30.24</b> | 423 | +0,87 |
|      | 50m: 34.19            | 100m: 1:13.30       | 150m: 1:52.58 | 200m: 2:30.24 |  |         |                |     |       |
| 43.  | Marjolie Spelde       | ZC Borger           | 200900266     |               |  | 2:27.69 | <b>2:30.54</b> | 421 | +0,80 |
|      | 50m: 32.93            | 100m: 1:10.84       | 150m: 1:50.74 | 200m: 2:30.54 |  |         |                |     |       |
| 44.  | Lana Noordenbos       | Orca Leeuwarden     | 201100958     |               |  | 2:36.09 | <b>2:31.40</b> | 414 | +0,76 |
|      | 50m: 34.83            | 100m: 1:14.81       | 150m: 1:55.03 | 200m: 2:31.40 |  |         |                |     |       |
| 45.  | Kamila Makhmadiyarova | Blue Marlins        | 201103178     |               |  | 2:41.01 | <b>2:31.64</b> | 412 | +0,91 |
|      | 50m: 34.89            | 100m: 1:13.74       | 150m: 1:53.33 | 200m: 2:31.64 |  |         |                |     |       |
| 46.  | Lea Jerebic           | SV Wildeshausen     | 405121        |               |  | 2:28.00 | <b>2:31.82</b> | 410 | +0,64 |
|      | 50m: 34.60            | 100m: 1:13.69       | 150m: 1:53.43 | 200m: 2:31.82 |  |         |                |     |       |
| 47.  | Myron Dekker          | ZPC Hoozeveen       | 201000512     |               |  | 2:42.73 | <b>2:32.57</b> | 404 | +0,87 |
|      | 50m: 34.63            | 100m: 1:12.80       | 150m: 1:52.56 | 200m: 2:32.57 |  |         |                |     |       |
| 48.  | Esmee Reuver          | ZC Polaris          | 201100846     |               |  | 2:31.22 | <b>2:32.60</b> | 404 |       |
|      | 50m: 35.77            | 100m: 1:15.61       | 150m: 1:55.11 | 200m: 2:32.60 |  |         |                |     |       |
| 49.  | Elize Schierbeek      | TriVia              | 201100652     |               |  | 2:37.90 | <b>2:32.81</b> | 402 | +0,82 |
|      | 50m: 35.22            | 100m: 1:14.60       | 150m: 1:54.46 | 200m: 2:32.81 |  |         |                |     |       |
| 50.  | Sara van Dijk         | TriVia              | 201001120     |               |  | 2:37.03 | <b>2:33.43</b> | 397 | +0,67 |
|      | 50m: 34.29            | 100m: 1:13.55       | 150m: 1:53.87 | 200m: 2:33.43 |  |         |                |     |       |
| 51.  | Finja Richter         | Wardenburger SC     | 383208        |               |  | 2:26.22 | <b>2:33.46</b> | 397 | +0,65 |
|      | 50m: 34.46            | 100m: 1:12.71       | 150m: 1:53.36 | 200m: 2:33.46 |  |         |                |     |       |
| 52.  | Esther Dijsselhof     | Dedemsvaart-AC      | 200800784     |               |  | 2:33.22 | <b>2:34.01</b> | 393 |       |
|      | 50m: 34.50            | 100m: 1:12.94       | 150m: 1:53.86 | 200m: 2:34.01 |  |         |                |     |       |
| 53.  | Kim Koeling           | Ksn (Sg)            | 201201216     |               |  | 2:43.95 | <b>2:34.08</b> | 392 |       |
|      | 50m: 35.51            | 100m: 1:15.76       | 150m: 1:56.04 | 200m: 2:34.08 |  |         |                |     |       |
| 54.  | Linthe Van Gelderen   | Ksn (Sg)            | 201201220     |               |  | 2:41.16 | <b>2:36.32</b> | 376 |       |
|      | 50m: 36.17            | 100m: 1:16.85       | 150m: 1:58.21 | 200m: 2:36.32 |  |         |                |     |       |
| 55.  | Sofie van Poecke      | Dwk                 | 201001448     |               |  | 2:33.04 | <b>2:37.10</b> | 370 | +0,77 |
|      | 50m: 35.38            | 100m: 1:15.24       | 150m: 1:56.53 | 200m: 2:37.10 |  |         |                |     |       |
| 56.  | Anna Schuurman        | SG. Bolsward-Workum | 201000076     |               |  | 2:39.72 | <b>2:39.44</b> | 354 |       |
|      | 50m: 36.63            | 100m: 1:17.11       | 150m: 1:58.83 | 200m: 2:39.44 |  |         |                |     |       |
| 57.  | Ifke Stam             | De Duinkikkers      | 200800374     |               |  | 2:30.95 | <b>2:39.71</b> | 352 |       |
|      | 50m: 36.03            | 100m: 1:17.28       | 150m: 1:59.11 | 200m: 2:39.71 |  |         |                |     |       |
|      | Evy Anna Nijdam       | Orca Leeuwarden     | 201100834     |               |  | 2:39.98 | <b>2:39.71</b> | 352 |       |
|      | 50m: 35.71            | 100m: 1:17.47       | 150m: 1:59.38 | 200m: 2:39.71 |  |         |                |     |       |
| 59.  | Emma Koeleman         | Z&PC de Inktvis     | 200901762     |               |  | 2:38.02 | <b>2:40.04</b> | 350 | +0,84 |
|      | 50m: 35.60            | 100m: 1:16.26       | 150m: 1:58.71 | 200m: 2:40.04 |  |         |                |     |       |
| 60.  | Maryse Kuijper        | Dwk                 | 201000692     |               |  | 2:30.51 | <b>2:42.15</b> | 337 |       |
|      | 50m: 34.99            | 100m: 1:15.97       | 150m: 1:59.96 | 200m: 2:42.15 |  |         |                |     |       |
| 61.  | Jelena Krikke         | DZ&PC               | 200405874     |               |  | 2:41.11 | <b>2:43.07</b> | 331 | +0,81 |
|      | 50m: 35.68            | 100m: 1:15.46       | 150m: 1:58.68 | 200m: 2:43.07 |  |         |                |     |       |
| 62.  | Evelien de Jong       | Neptunia '24        | 199805316     |               |  | 2:40.07 | <b>2:43.12</b> | 331 | +0,76 |
|      | 50m: 36.11            | 100m: 1:17.04       | 150m: 2:00.67 | 200m: 2:43.12 |  |         |                |     |       |

DZ&PC Spring Swim 2025

Programmanr. 16, Dames, 200m vrije slag, Voorronde, Junioren 2 en ouder

| Rang                                                 | In.tijd | Tijd           | Pnt | RT    |
|------------------------------------------------------|---------|----------------|-----|-------|
| 63. Amélie Berk Orca Leeuwarden 201004002            | 2:46.81 | <b>2:45.90</b> | 314 | +0,79 |
| 50m: 36.82 100m: 1:19.10 150m: 2:03.30 200m: 2:45.90 |         |                |     |       |
| 64. Aline Strijker Ksn (Sg) 201100362                | 2:51.95 | <b>2:49.38</b> | 295 | +0,78 |
| 50m: 36.33 100m: 1:19.53 150m: 2:04.52 200m: 2:49.38 |         |                |     |       |
| 65. Saar Meems ZC Polaris 201200946                  | 2:48.78 | <b>2:49.98</b> | 292 | +0,94 |
| 50m: 39.67 100m: 1:23.62 150m: 2:07.28 200m: 2:49.98 |         |                |     |       |
| 66. Carlijn Aardema ZC Borger 201100272              | 2:50.43 | <b>2:51.05</b> | 287 |       |
| 50m: 39.20 100m: 1:23.17 150m: 2:08.43 200m: 2:51.05 |         |                |     |       |
| 67. Sophie Feiertag ZC Polaris 200901144             | 2:56.62 | <b>2:57.90</b> | 255 | +0,92 |
| 50m: 39.00 100m: 1:24.46 150m: 2:11.24 200m: 2:57.90 |         |                |     |       |
| 68. Renske Van Ommen ZC Polaris 201200948            | 2:53.71 | <b>3:01.78</b> | 239 |       |
| 50m: 42.40 100m: 1:28.79 150m: 2:16.85 200m: 3:01.78 |         |                |     |       |
| NG.ZA Marlene Bührmann SV Wildeshausen 406182        | 2:28.30 |                |     |       |
| AFGEM Lotte Lübbers Ksn (Sg) 200900190               | 2:16.61 |                |     |       |

Programmanr. 17  
1-3-2025 - 12:28

Heren, 50m vlinderslag  
Spring Swim record: Thom de Boer: 23.72

Junioren 1 en ouder  
Resultaten Voorronde

Punten: AQUA 2024

| Rang                                            | In.tijd | Tijd         | Pnt | RT      |
|-------------------------------------------------|---------|--------------|-----|---------|
| 1. Michael Smink Blue Marlins 200302169         | 23.87   | <b>24.26</b> | 773 | +0,64 A |
| 2. Kia Afzali De Vikings 200305145              | 24.83   | <b>25.22</b> | 688 | A       |
| 3. Patriks Francis Pone De Dolfijn 200504577    | 26.05   | <b>25.56</b> | 661 | +0,66 A |
| 4. Lars Bulman Blue Marlins 200600125           | 25.64   | <b>25.71</b> | 649 | +0,65 A |
| 5. Lars Minnaert Psv 200502355                  | 25.86   | <b>25.97</b> | 630 | +0,50 A |
| 6. Matthijs van Meerendonk DZ&PC 199900375      | 25.07   | <b>26.04</b> | 625 | A       |
| 7. Giovanni Phillipson ZV De Zaan 200801099     | 25.80   | <b>26.06</b> | 624 | +0,60 A |
| 8. Jisse Lousma Wvz 200701493                   | 26.34   | <b>26.14</b> | 618 | +0,47 A |
| 9. Yarno van Dam Acz 200800115                  | 26.28   | <b>26.24</b> | 611 | +0,70 A |
| 10. Jelle Betten DZ&PC 200001535                | 25.77   | <b>26.32</b> | 605 | +0,75 B |
| 11. Mikkel Grotelüschen SV Wildeshausen 338479  | 26.80   | <b>26.40</b> | 600 | +0,74 B |
| 12. Q. Brouwer von GonzenbeTriVia 200700001     | 25.92   | <b>26.41</b> | 599 | B       |
| 13. Joshua Agussalim Wvz 200600153              | 26.06   | <b>26.42</b> | 598 | +0,61 B |
| 14. Floris Stork DZ&PC 200305075                | 27.14   | <b>26.44</b> | 597 | +0,65 B |
| 15. Jaime Fais TriVia 200400291                 | 26.14   | <b>26.50</b> | 593 | +0,72 B |
| 16. Lucas Bemmer De Duinkickers 200700219       | 26.27   | <b>26.55</b> | 590 | +0,72 B |
| 17. Jones Chuang Psv 200801173                  | 25.96   | <b>26.65</b> | 583 | +0,57 B |
| 18. Bjorn Rijkaart Wvz 200601337                | 26.89   | <b>26.81</b> | 573 | +0,82 B |
| 19. Tiede Groener Psv 200700155                 | 26.88   | <b>26.82</b> | 572 | +0,68 C |
| 20. Tiamo van der Veen Dedemsvaart-AC 200600033 | 28.10   | <b>26.90</b> | 567 | +0,71 C |
| 21. Siem de Zeeuw O Z & P C 200800013           | 26.77   | <b>26.94</b> | 564 | +0,69 C |
| 22. Giulian Janssen Psv 200900125               | 27.04   | <b>26.99</b> | 561 | +0,70 C |
| 23. Pepijn van Egmond Wvz 200402309             | 26.40   | <b>27.02</b> | 559 | +0,53 C |
| 24. Darren Chen Zpc Amersfoort 200001149        | 27.22   | <b>27.04</b> | 558 | +0,63 C |
| 25. Felbe van 't Land Zpc Amersfoort 200900027  | 26.61   | <b>27.23</b> | 547 | +0,68 C |

DZ&PC Spring Swim 2025

Programmanr. 17, Heren, 50m vlinderslag, Voorronde, Junioren 1 en ouder

| Rang |                       |                  | In.tijd   | Tijd  | Pnt          | RT          |
|------|-----------------------|------------------|-----------|-------|--------------|-------------|
| 26.  | Bas Blanker           | Acz              | 200601497 | 27.41 | <b>27.26</b> | 545 +0,59 C |
| 27.  | Stan Tibben           | Dedemsvaart-AC   | 200503591 | 27.58 | <b>27.45</b> | 533 +0,65 C |
| 28.  | Jetze de Vries        | De Vikings       | 200602589 | 27.36 | <b>27.52</b> | 529 R       |
| 29.  | Gijs Vesseur          | Zpc Amersfoort   | 200700277 | 27.34 | <b>27.60</b> | 525 +0,74 R |
| 30.  | Sven Koornstra        | De Vikings       | 200900189 | 29.21 | <b>27.69</b> | 520 +0,81   |
| 31.  | Martijn Nies          | Psv              | 200902095 | 28.55 | <b>27.74</b> | 517 +0,57   |
| 32.  | David Kuipers         | HZ&PC Heerenveen | 200003633 | 29.06 | <b>27.78</b> | 515 +0,79   |
| 33.  | Jorian Darwinkel      | HZ&PC Heerenveen | 200300565 | 27.20 | <b>27.81</b> | 513 +0,70   |
|      | Damir Mustafic        | DZ&PC            | 200800885 | 27.50 | <b>27.81</b> | 513 +0,67   |
| 35.  | Filip Piszczynski     | Ksn (Sg)         | 200802125 | 27.27 | <b>27.84</b> | 511 +0,65   |
| 36.  | Colin Bes             | DZ&PC            | 200500201 | 27.05 | <b>27.85</b> | 511         |
| 37.  | Jaydey Schonewille    | Steenwijk 1934   | 200800025 | 27.80 | <b>27.91</b> | 508 +0,72   |
| 38.  | Fynn Grotelüschen     | SV Wildeshausen  | 310328    | 28.43 | <b>27.93</b> | 506         |
| 39.  | Lars Heddema          | Steenwijk 1934   | 200603697 | 27.61 | <b>27.96</b> | 505 +0,71   |
| 40.  | Donny van den Bosch   | Wiekslag         | 199502001 | 27.84 | <b>28.01</b> | 502 +0,72   |
| 41.  | Collard Jungeling     | DZ&PC            | 200701831 | 27.66 | <b>28.43</b> | 480 +0,67   |
| 42.  | Ruben Hoeve           | Dedemsvaart-AC   | 200302179 | 29.22 | <b>28.48</b> | 478 +0,74   |
| 43.  | Ivo Bot               | Wiekslag         | 200900509 | 28.24 | <b>28.51</b> | 476 +0,55   |
|      | Evren Ege Orcunus     | De Dolfijn       | 201003253 | 29.21 | <b>28.51</b> | 476 +0,58   |
| 45.  | Jelte de Boer         | De Vikings       | 200700345 | 29.90 | <b>28.74</b> | 465 +0,53   |
| 46.  | Roan van der Stege    | Swol 1894        | 200900107 | 30.89 | <b>28.80</b> | 462 +0,54   |
| 47.  | Daequan Ramos         | ZPC Hoozeveen    | 200901709 | 29.36 | <b>28.93</b> | 456         |
| 48.  | Sascha Timmer         | Azc 1            | 200902987 | 29.14 | <b>29.03</b> | 451         |
| 49.  | Aidan van der Stelt   | Blue Marlins     | 200900901 | 29.10 | <b>29.09</b> | 448 +0,63   |
| 50.  | Juan Cruz Slappendel  | Orca Leeuwarden  | 200903053 | 28.72 | <b>29.20</b> | 443 +0,74   |
| 51.  | Art Jin van der Ent   | Blue Marlins     | 200903785 | 29.92 | <b>29.28</b> | 439 +0,57   |
| 52.  | Mart Tempelman        | Dedemsvaart-AC   | 200801075 | 30.13 | <b>29.43</b> | 433 +0,50   |
| 53.  | Ruben Nooter          | Dedemsvaart-AC   | 200901577 | 30.17 | <b>29.52</b> | 429 +0,67   |
| 54.  | Henry Watson          | De Dolfijn       | 201001703 | 31.42 | <b>29.54</b> | 428 +0,50   |
| 55.  | Ruben Kragt           | Dedemsvaart-AC   | 201000007 | 30.71 | <b>29.55</b> | 428 +0,69   |
| 56.  | Niek Sonneveld        | Wvz              | 200802631 | 32.60 | <b>29.74</b> | 419 +0,55   |
|      | Kylian Kooijman       | Steenwijk 1934   | 199900763 | 30.44 | <b>29.74</b> | 419         |
| 58.  | Xander Kragting       | Zpc Amersfoort   | 200900077 | 31.96 | <b>29.78</b> | 418 +0,60   |
| 59.  | Marc Hoozeveen        | DZ&PC            | 200101585 | 30.23 | <b>29.84</b> | 415         |
| 60.  | Eli Shields           | Niemo Barracuda  | 201000407 | 30.92 | <b>29.91</b> | 412 +0,66   |
| 61.  | Jere Wiersma          | DZ&PC            | 200701037 | 30.05 | <b>29.95</b> | 411 +0,62   |
| 62.  | Ryan Huizinga         | Bubble           | 200700419 | 29.41 | <b>30.12</b> | 404 +0,54   |
| 63.  | Enno Brahms           | SV Wildeshausen  | 397825    | 32.33 | <b>30.29</b> | 397         |
| 64.  | Jordey Thole          | ZPC Hoozeveen    | 200700385 | 29.36 | <b>30.32</b> | 396 +0,64   |
| 65.  | Brian Arturo Bloemsmä | De Dolfijn       | 200901155 | 31.18 | <b>30.33</b> | 395 +0,59   |
| 66.  | Twan Wielage          | Ksn (Sg)         | 200902671 | 30.24 | <b>30.40</b> | 393 +0,69   |
| 67.  | Eise van der Zee      | Orca Leeuwarden  | 200501437 | 30.41 | <b>30.84</b> | 376 +0,71   |
| 68.  | Joey Snabel           | Zpc Amersfoort   | 201002847 | 32.51 | <b>31.01</b> | 370 +0,53   |
| 69.  | Lars Vos              | Ksn (Sg)         | 200501327 | 32.64 | <b>31.35</b> | 358 +0,77   |
| 70.  | Kick Germers          | Swol 1894        | 201000185 | 31.59 | <b>31.68</b> | 347 +0,62   |
| 71.  | Sven Mulder           | Wvz              | 200901655 | 34.90 | <b>31.72</b> | 346 +0,55   |
|      | Roderick Veldhuizen   | Ksn (Sg)         | 200804031 | 31.51 | <b>31.72</b> | 346 +0,74   |
| 73.  | Roy Hofman            | DZ&PC            | 200900439 | 33.91 | <b>31.81</b> | 343 +0,76   |

Programmanr. 17, Heren, 50m vlinderslag, Voorronde, Junioren 1 en ouder

| Rang |                    |                     |           | In.tijd | Tijd         | Pnt | RT    |
|------|--------------------|---------------------|-----------|---------|--------------|-----|-------|
| 74.  | Pieter Dekker      | Neptunia '24        | 200601105 | 34.18   | <b>32.10</b> | 333 | +0,95 |
| 75.  | Daan Mulder        | Ksn (Sg)            | 201100267 | 35.43   | <b>32.33</b> | 326 | +0,83 |
| 76.  | Robin Mintjes      | HZ&PC Heerenveen    | 201000957 | 34.45   | <b>32.59</b> | 319 | +0,69 |
| 77.  | Matthijs Wierbos   | ZPC Hoogeveen       | 200901965 | 32.68   | <b>32.68</b> | 316 | +0,77 |
| 78.  | Daniël Scheppink   | Swol 1894           | 200902769 | 33.34   | <b>32.98</b> | 307 | +0,86 |
| 79.  | Leroy Maring       | ZPC de Kanaalstreek | 201100307 | 33.41   | <b>33.06</b> | 305 | +0,76 |
| 80.  | Kyran Kroeze       | ZC Polaris          | 200901707 | 33.53   | <b>33.22</b> | 301 | +0,72 |
|      | Kyaro Giuliano     | De Dolfijn          | 201000489 | 33.02   | <b>33.22</b> | 301 |       |
| 82.  | Mattias Stolk      | HZ&PC Heerenveen    | 201000525 | 36.14   | <b>33.28</b> | 299 | +0,52 |
| 83.  | Stijn Dijkstra     | DZ&PC               | 201000279 | 34.26   | <b>33.71</b> | 288 |       |
| 84.  | Rio Babic          | Steenwijk 1934      | 201200867 | 38.80   | <b>34.44</b> | 270 | +0,51 |
| 85.  | Jona Denke         | SV Wildeshausen     | 447339    | 33.80   | <b>34.60</b> | 266 | +0,60 |
| 86.  | Tim Koornstra      | De Vikings          | 201200231 | 36.06   | <b>35.39</b> | 249 | +0,56 |
| 87.  | Yorre van der Wal  | SG. Bolsward-Workum | 201000017 | 38.49   | <b>36.21</b> | 232 | +0,92 |
| 88.  | Danley Schneider   | ZC Polaris          | 201201323 | 46.75   | <b>37.00</b> | 218 |       |
| 89.  | Casper Miltenburg  | De Dolfijn          | 201201157 | 37.56   | <b>37.66</b> | 206 |       |
| 90.  | Hamza Rakaan       | Blue Marlins        | 201003527 | 43.78   | <b>37.89</b> | 203 | +0,55 |
| 91.  | Milan van den Berg | Swol 1894           | 201100253 | 40.15   | <b>38.85</b> | 188 |       |
| 92.  | Arian Thies        | SV Wildeshausen     | 447672    | 39.61   | <b>39.10</b> | 184 | +0,50 |
| 93.  | Rory Costello      | De Dolfijn          | 201102755 | 40.72   | <b>39.92</b> | 173 | +0,78 |
| 94.  | Quinten van Zanten | De Vikings          | 201102249 | 45.87   | <b>40.04</b> | 172 | +0,53 |
| 95.  | Leif Moormann      | SV Wildeshausen     | 484018    | 40.67   | <b>40.94</b> | 160 | +0,84 |
| 96.  | Sander Knol        | ZPC de Kanaalstreek | 200701093 | 42.36   | <b>42.81</b> | 140 | +0,75 |
| 97.  | Herre Verkaik      | Neptunia '24        | 201202081 | 49.94   | <b>43.52</b> | 133 | +0,70 |
| 98.  | Robin van den Berg | Swol 1894           | 201200355 | 58.95   | <b>48.85</b> | 94  |       |
| DIS  | Julian Mithoe      | TriVia              | 201102801 | 34.39   |              |     |       |

AA - De start ingezet voor het startsignaal (en wel gezwommen).

|       |                      |                 |              |       |
|-------|----------------------|-----------------|--------------|-------|
| NG.ZA | Stan Franckx         | Zwemfed         | VZF/10005/02 | 25.22 |
| NG.ZA | Erdi-Vahap Ilboga    | SV Wildeshausen | 324753       | 27.23 |
| NG.ZA | Paul Pickart         | SV Wildeshausen | 481999       | 38.10 |
| AFGEM | Vasco Strampel       | Steenwijk 1934  | 200702073    | 30.49 |
| AFGEM | Timo van de Pavoordt | Orca Leeuwarden | 201100205    | 34.04 |

Programmanr. 18  
1-3-2025 - 12:40

Dames, 200m wisselslag  
Spring Swim record: Mare Schallenberg: 2.19.17

Junioren 2 en ouder  
Resultaten Voorronde

Punten: AQUA 2024

| Rang |                      |                |       |         |              |         |       | In.tijd | Tijd    | Pnt | RT    |   |
|------|----------------------|----------------|-------|---------|--------------|---------|-------|---------|---------|-----|-------|---|
| 1.   | Zinke Delcommune     | Zwemfed        |       |         | VZF/20003/05 |         |       | 2:18.65 | 2:21.41 | 709 | +0,73 | Q |
|      | 50m:                 | 30.10          | 100m: | 1:07.53 | 150m:        | 1:47.74 | 200m: | 2:21.41 |         |     |       |   |
| 2.   | Mare Schallenberg    | Blue Marlins   |       |         | 200600078    |         |       | 2:19.13 | 2:23.06 | 685 | +0,75 | Q |
|      | 50m:                 | 32.44          | 100m: | 1:09.62 | 150m:        | 1:50.39 | 200m: | 2:23.06 |         |     |       |   |
| 3.   | Nikita van den Ouden | Psv            |       |         | 199900622    |         |       | 2:22.36 | 2:23.80 | 674 |       | Q |
|      | 50m:                 | 30.30          | 100m: | 1:07.88 | 150m:        | 1:50.27 | 200m: | 2:23.80 |         |     |       |   |
| 4.   | Ismay Lichtendonk    | Dedemsvaart-AC |       |         | 200400622    |         |       | 2:22.08 | 2:23.81 | 674 | +0,75 | Q |
|      | 50m:                 | 30.67          | 100m: | 1:06.56 | 150m:        | 1:49.28 | 200m: | 2:23.81 |         |     |       |   |

DZ&PC Spring Swim 2025

Programmanr. 18, Dames, 200m wisselslag, Voorronde, Junioren 2 en ouder

| Rang                                                 | In.tijd              | Tijd         | Pnt     | RT                         |
|------------------------------------------------------|----------------------|--------------|---------|----------------------------|
| 5. Frouke Ludwig                                     | DZ&PC                | 200800112    | 2:23.86 | <b>2:25.86</b> 646 Q       |
| 50m: 30.40 100m: 1:07.29 150m: 1:52.58 200m: 2:25.86 |                      |              |         |                            |
| 6. Megan Jonkman                                     | Blue Marlins         | 200600508    | 2:26.61 | <b>2:26.42</b> 639 +0,87 Q |
| 50m: 30.16 100m: 1:08.38 150m: 1:51.97 200m: 2:26.42 |                      |              |         |                            |
| 7. Sam De Bont                                       | Zwemfed              | VZF/20001/08 | 2:22.56 | <b>2:27.04</b> 631 Q       |
| 50m: 31.60 100m: 1:10.93 150m: 1:53.52 200m: 2:27.04 |                      |              |         |                            |
| 8. Jill Nai Chung Tong                               | Wvz                  | 200404272    | 2:26.69 | <b>2:28.51</b> 612 +0,59 Q |
| 50m: 31.89 100m: 1:12.18 150m: 1:54.55 200m: 2:28.51 |                      |              |         |                            |
| 9. Rafaela Mulders                                   | De Reuring           | 200701398    | 2:27.68 | <b>2:28.59</b> 611 +0,76 Q |
| 50m: 32.14 100m: 1:11.71 150m: 1:54.08 200m: 2:28.59 |                      |              |         |                            |
| 10. Niene Dewaelheyns                                | Zwemfed              | VZF/20004/07 | 2:26.55 | <b>2:28.63</b> 610 +0,64 R |
| 50m: 30.61 100m: 1:09.08 150m: 1:54.42 200m: 2:28.63 |                      |              |         |                            |
| 11. Rhodée van den Ham                               | De Duinkikkers       | 200700090    | 2:25.61 | <b>2:28.92</b> 607 +0,79 R |
| 50m: 31.39 100m: 1:11.51 150m: 1:55.31 200m: 2:28.92 |                      |              |         |                            |
| 12. Nova Nijziel                                     | De Dolfijn           | 200804416    | 2:27.63 | <b>2:29.57</b> 599 +0,74   |
| 50m: 30.69 100m: 1:09.61 150m: 1:54.55 200m: 2:29.57 |                      |              |         |                            |
| 13. Esmee Mulder                                     | DZ&PC                | 200800038    | 2:27.06 | <b>2:29.62</b> 598 +0,70   |
| 50m: 32.12 100m: 1:11.83 150m: 1:54.91 200m: 2:29.62 |                      |              |         |                            |
| 14. Yill van Bezouw                                  | Hieronimus           | 201100704    | 2:29.56 | <b>2:29.73</b> 597 +0,81   |
| 50m: 31.54 100m: 1:11.81 150m: 1:55.34 200m: 2:29.73 |                      |              |         |                            |
| 15. Carla Moreno Palacios                            | De Dolfijn           | 201002302    | 2:30.00 | <b>2:32.03</b> 570 +0,81   |
| 50m: 31.59 100m: 1:13.34 150m: 1:55.31 200m: 2:32.03 |                      |              |         |                            |
| 16. Michelle Zomerdijs                               | Dedemsvaart-AC       | 200003196    | 2:33.14 | <b>2:34.44</b> 544 +0,65   |
| 50m: 33.29 100m: 1:15.73 150m: 1:58.73 200m: 2:34.44 |                      |              |         |                            |
| 17. Tess Vonk                                        | De Geul              | 200900024    | 2:33.95 | <b>2:34.71</b> 541 +0,69   |
| 50m: 32.52 100m: 1:14.05 150m: 1:57.93 200m: 2:34.71 |                      |              |         |                            |
| 18. Amber Kunst                                      | Daw                  | 200900680    | 2:31.16 | <b>2:35.12</b> 537 +0,60   |
| 50m: 33.17 100m: 1:14.82 150m: 1:59.61 200m: 2:35.12 |                      |              |         |                            |
| 19. Luus Gielens                                     | Psv                  | 200900138    | 2:28.97 | <b>2:35.93</b> 529 +0,88   |
| 50m: 33.23 100m: 1:13.02 150m: 1:59.94 200m: 2:35.93 |                      |              |         |                            |
| 20. Marlies Dijsselhof                               | Dedemsvaart-AC       | 200601046    | 2:32.54 | <b>2:36.88</b> 519 +0,67   |
| 50m: 33.93 100m: 1:12.85 150m: 1:59.26 200m: 2:36.88 |                      |              |         |                            |
| 21. Noa van Zalk                                     | Zpc Amersfoort       | 201102534    | 2:37.51 | <b>2:36.96</b> 518 +0,73   |
| 50m: 32.74 100m: 1:14.21 150m: 2:01.05 200m: 2:36.96 |                      |              |         |                            |
| 22. Djelaysa Buunk                                   | Z & PC De Zeeuwse Kl | 200900536    | 2:37.49 | <b>2:37.37</b> 514         |
| 50m: 33.94 100m: 1:17.35 150m: 2:02.24 200m: 2:37.37 |                      |              |         |                            |
| 23. Rixt Rothschild                                  | ZPC Hoogeveen        | 200900026    | 2:40.47 | <b>2:38.34</b> 505         |
| 50m: 35.81 100m: 1:17.71 150m: 2:02.83 200m: 2:38.34 |                      |              |         |                            |
| 24. Amber Tiesinga                                   | DZ&PC                | 200600782    | 2:41.43 | <b>2:38.36</b> 505 +0,85   |
| 50m: 34.41 100m: 1:16.18 150m: 2:02.18 200m: 2:38.36 |                      |              |         |                            |
| 25. Julia Agricola                                   | DZ&PC                | 200800266    | 2:34.82 | <b>2:38.68</b> 502         |
| 50m: 32.96 100m: 1:15.30 150m: 2:02.66 200m: 2:38.68 |                      |              |         |                            |

DZ&PC Spring Swim 2025

Programmanr. 18, Dames, 200m wisselslag, Voorronde, Junioren 2 en ouder

| Rang |                     |                     |               |               |  |  |  | In.tijd | Tijd           | Pnt | RT    |
|------|---------------------|---------------------|---------------|---------------|--|--|--|---------|----------------|-----|-------|
| 26.  | Manou Longayroux    | Blue Marlins        | 201000580     |               |  |  |  | 2:43.32 | <b>2:40.57</b> | 484 | +0,62 |
|      | 50m: 33.29          | 100m: 1:15.60       | 150m: 2:03.92 | 200m: 2:40.57 |  |  |  |         |                |     |       |
| 27.  | Jade Geurts         | Wvz                 | 200402278     |               |  |  |  | 2:29.55 | <b>2:40.67</b> | 483 | +0,88 |
|      | 50m: 33.22          | 100m: 1:18.53       | 150m: 1:59.11 | 200m: 2:40.67 |  |  |  |         |                |     |       |
| 28.  | Mijke Ouderkerken   | Blue Marlins        | 200901254     |               |  |  |  | 2:35.42 | <b>2:41.86</b> | 473 | +0,54 |
|      | 50m: 33.90          | 100m: 1:17.67       | 150m: 2:04.29 | 200m: 2:41.86 |  |  |  |         |                |     |       |
| 29.  | Marre van der Wal   | SG. Bolsward-Workum | 201000046     |               |  |  |  | 2:38.63 | <b>2:42.05</b> | 471 | +0,72 |
|      | 50m: 35.00          | 100m: 1:18.44       | 150m: 2:02.75 | 200m: 2:42.05 |  |  |  |         |                |     |       |
| 30.  | Isa Kerpels         | ZPC Hoogeveen       | 200800880     |               |  |  |  | 2:42.68 | <b>2:42.19</b> | 470 | +0,85 |
|      | 50m: 37.66          | 100m: 1:21.21       | 150m: 2:06.62 | 200m: 2:42.19 |  |  |  |         |                |     |       |
| 31.  | Wieke Dekker        | De Dolfijn          | 201002020     |               |  |  |  | 2:41.89 | <b>2:42.56</b> | 466 | +0,83 |
|      | 50m: 36.99          | 100m: 1:19.68       | 150m: 2:05.56 | 200m: 2:42.56 |  |  |  |         |                |     |       |
| 32.  | Tess van de Steeg   | Wvz                 | 201000016     |               |  |  |  | 2:37.71 | <b>2:42.59</b> | 466 | +0,81 |
|      | 50m: 35.38          | 100m: 1:17.42       | 150m: 2:03.23 | 200m: 2:42.59 |  |  |  |         |                |     |       |
| 33.  | Ylène Zondervan     | Zpc Amersfoort      | 201200016     |               |  |  |  | 2:40.39 | <b>2:42.82</b> | 464 | +0,85 |
|      | 50m: 35.17          | 100m: 1:17.17       | 150m: 2:05.14 | 200m: 2:42.82 |  |  |  |         |                |     |       |
| 34.  | Hanna Heller        | Zpc Amersfoort      | 201102730     |               |  |  |  | 2:46.81 | <b>2:42.99</b> | 463 | +0,87 |
|      | 50m: 34.64          | 100m: 1:17.20       | 150m: 2:06.54 | 200m: 2:42.99 |  |  |  |         |                |     |       |
| 35.  | Fardau Cazemier     | Zcnf34              | 200901736     |               |  |  |  | 2:44.01 | <b>2:43.02</b> | 463 |       |
|      | 50m: 34.70          | 100m: 1:19.47       | 150m: 2:07.41 | 200m: 2:43.02 |  |  |  |         |                |     |       |
| 36.  | Elin Reinstra       | TriVia              | 201100842     |               |  |  |  | 2:36.06 | <b>2:43.10</b> | 462 |       |
|      | 50m: 37.21          | 100m: 1:17.15       | 150m: 2:05.96 | 200m: 2:43.10 |  |  |  |         |                |     |       |
| 37.  | Leyona Lichtendonk  | Dedemsvaart-AC      | 200700010     |               |  |  |  | 2:44.59 | <b>2:43.37</b> | 460 | +0,75 |
|      | 50m: 33.38          | 100m: 1:14.84       | 150m: 2:05.01 | 200m: 2:43.37 |  |  |  |         |                |     |       |
| 38.  | Femke ter Horst     | ZPC Hoogeveen       | 201000108     |               |  |  |  | 2:48.62 | <b>2:43.72</b> | 457 | +0,81 |
|      | 50m: 34.42          | 100m: 1:17.32       | 150m: 2:07.18 | 200m: 2:43.72 |  |  |  |         |                |     |       |
| 39.  | Meike van der Klugt | Wvz                 | 201100808     |               |  |  |  | 2:45.29 | <b>2:43.75</b> | 456 |       |
|      | 50m: 37.67          | 100m: 1:20.68       | 150m: 2:07.14 | 200m: 2:43.75 |  |  |  |         |                |     |       |
| 40.  | Anouk Steller       | Wvz                 | 201000004     |               |  |  |  | 2:39.24 | <b>2:44.19</b> | 453 | +0,76 |
|      | 50m: 33.82          | 100m: 1:14.14       | 150m: 2:06.18 | 200m: 2:44.19 |  |  |  |         |                |     |       |
| 41.  | Hanna Sampimon      | Ksn (Sg)            | 200901824     |               |  |  |  | 2:49.18 | <b>2:45.02</b> | 446 | +0,74 |
|      | 50m: 34.66          | 100m: 1:18.85       | 150m: 2:07.19 | 200m: 2:45.02 |  |  |  |         |                |     |       |
| 42.  | Norell Kroeze       | ZC Polaris          | 201100378     |               |  |  |  | 2:44.78 | <b>2:45.92</b> | 439 | +0,73 |
|      | 50m: 34.97          | 100m: 1:20.60       | 150m: 2:08.62 | 200m: 2:45.92 |  |  |  |         |                |     |       |
| 43.  | Elke Kriesels       | Hieronymus          | 201100898     |               |  |  |  | 2:44.05 | <b>2:46.07</b> | 438 | +0,79 |
|      | 50m: 34.31          | 100m: 1:19.57       | 150m: 2:09.39 | 200m: 2:46.07 |  |  |  |         |                |     |       |
| 44.  | Noortje Bisperink   | Zpc Amersfoort      | 201100486     |               |  |  |  | 2:49.11 | <b>2:48.15</b> | 421 | +0,75 |
|      | 50m: 36.70          | 100m: 1:16.79       | 150m: 2:10.30 | 200m: 2:48.15 |  |  |  |         |                |     |       |
| 45.  | Alena Ytsma         | HZ&PC Heerenveen    | 201201736     |               |  |  |  | 3:04.17 | <b>2:48.66</b> | 418 | +0,93 |
|      | 50m: 37.11          | 100m: 1:21.73       | 150m: 2:09.53 | 200m: 2:48.66 |  |  |  |         |                |     |       |
| 46.  | Minke Bouman        | Blue Marlins        | 201100104     |               |  |  |  | 2:47.25 | <b>2:49.51</b> | 411 | +0,74 |
|      | 50m: 35.47          | 100m: 1:18.56       | 150m: 2:07.46 | 200m: 2:49.51 |  |  |  |         |                |     |       |

Programmanr. 18, Dames, 200m wisselslag, Voorronde, Junioren 2 en ouder

| Rang                                                 | In.tijd | Tijd           | Pnt | RT    |
|------------------------------------------------------|---------|----------------|-----|-------|
| 47. Mare Offringa SG. Bolsward-Workum 201001110      | 2:47.23 | <b>2:49.85</b> | 409 | +0,65 |
| 50m: 37.54 100m: 1:23.47 150m: 2:12.23 200m: 2:49.85 |         |                |     |       |
| 48. Elien Groothuismink Swol 1894 200800920          | 2:51.34 | <b>2:49.95</b> | 408 | +0,80 |
| 50m: 37.91 100m: 1:20.65 150m: 2:10.65 200m: 2:49.95 |         |                |     |       |
| 49. Evita Hoornweg TriVia 201002046                  | 2:53.97 | <b>2:51.90</b> | 394 | +0,82 |
| 50m: 32.74 100m: 1:17.36 150m: 2:11.36 200m: 2:51.90 |         |                |     |       |
| 50. Kyara Balt De Vikings 201100306                  | 2:51.70 | <b>2:52.62</b> | 390 | +0,75 |
| 50m: 39.70 100m: 1:24.46 150m: 2:15.23 200m: 2:52.62 |         |                |     |       |
| 51. Kim Bouman Zpc Amersfoort 201000262              | 2:57.44 | <b>2:52.72</b> | 389 |       |
| 50m: 34.38 100m: 1:18.35 150m: 2:13.94 200m: 2:52.72 |         |                |     |       |
| 52. Lily Zandstra Dedemsvaart-AC 200701418           | 2:51.80 | <b>2:52.78</b> | 388 |       |
| 50m: 37.41 100m: 1:22.85 150m: 2:12.77 200m: 2:52.78 |         |                |     |       |
| 53. Eva Maria Keet Zpc Amersfoort 201003006          | 2:53.14 | <b>2:53.32</b> | 385 | +0,72 |
| 50m: 36.58 100m: 1:18.97 150m: 2:13.75 200m: 2:53.32 |         |                |     |       |
| 54. Myrthe Bruinsma Zpc Amersfoort 201101108         | 2:50.97 | <b>2:54.55</b> | 377 |       |
| 50m: 35.48 100m: 1:20.60 150m: 2:12.59 200m: 2:54.55 |         |                |     |       |
| 55. Saar Begeman ZPC de Kanaalstreek 201201594       | 2:56.52 | <b>2:54.83</b> | 375 | +0,71 |
| 50m: 37.39 100m: 1:22.29 150m: 2:16.57 200m: 2:54.83 |         |                |     |       |
| 56. Gerlin van de Krol Dwk 201101412                 | 3:17.24 | <b>2:55.09</b> | 373 | +0,81 |
| 50m: 38.37 100m: 1:27.01 150m: 2:13.12 200m: 2:55.09 |         |                |     |       |
| 57. Chantal Peters ZPC Hoogeveen 201001578           | 3:04.51 | <b>2:55.82</b> | 369 | +0,87 |
| 50m: 35.22 100m: 1:22.61 150m: 2:14.86 200m: 2:55.82 |         |                |     |       |
| 58. Laura Tjoonk Ksn (Sg) 201004120                  | 2:51.95 | <b>2:58.03</b> | 355 | +0,74 |
| 50m: 40.57 100m: 1:29.73 150m: 2:17.61 200m: 2:58.03 |         |                |     |       |
| 59. Femke van der Veen Orca Leeuwarden 201100962     | 2:53.22 | <b>2:59.79</b> | 345 | +0,97 |
| 50m: 41.60 100m: 1:29.07 150m: 2:21.89 200m: 2:59.79 |         |                |     |       |
| 60. Anna Durville Z&PC de Inktvis 200701038          | 3:01.95 | <b>3:01.74</b> | 334 | +0,75 |
| 50m: 36.28 100m: 1:23.61 150m: 2:18.87 200m: 3:01.74 |         |                |     |       |
| 61. Anna Nauta TriVia 201001114                      | 2:56.54 | <b>3:02.09</b> | 332 | +0,61 |
| 50m: 37.38 100m: 1:27.69 150m: 2:22.10 200m: 3:02.09 |         |                |     |       |
| 62. Britt Jellesma SG. Bolsward-Workum 201000310     | 2:57.49 | <b>3:03.79</b> | 323 | +0,77 |
| 50m: 39.32 100m: 1:26.67 150m: 2:20.92 200m: 3:03.79 |         |                |     |       |
| 63. Emma Juliette Jansen Zpc Amersfoort 201200158    | 3:07.70 | <b>3:04.05</b> | 321 | +0,61 |
| 50m: 40.04 100m: 1:28.90 150m: 2:18.73 200m: 3:04.05 |         |                |     |       |
| 64. Fenne Kouer Neptunia '24 201003318               | 3:01.98 | <b>3:04.30</b> | 320 |       |
| 50m: 38.74 100m: 1:27.64 150m: 2:23.40 200m: 3:04.30 |         |                |     |       |
| 65. Ranomi Zeegers De Vikings 201201512              | 3:04.13 | <b>3:06.21</b> | 310 | +0,55 |
| 50m: 40.00 100m: 1:31.83 150m: 2:25.66 200m: 3:06.21 |         |                |     |       |
| 66. Jessica Dekkinga Steenwijk 1934 200600180        | 3:03.20 | <b>3:09.83</b> | 293 | +0,85 |
| 50m: 46.13 100m: 1:32.97 150m: 2:26.04 200m: 3:09.83 |         |                |     |       |
| 67. Elske de Vries De Vikings 200800786              | 3:14.51 | <b>3:13.28</b> | 277 |       |
| 50m: 43.29 100m: 1:33.63 150m: 2:30.38 200m: 3:13.28 |         |                |     |       |

Programmanr. 18, Dames, 200m wisselslag, Voorronde, Junioren 2 en ouder

| Rang  |                |                |               |               |  |  |  | In.tijd | Tijd           | Pnt | RT |
|-------|----------------|----------------|---------------|---------------|--|--|--|---------|----------------|-----|----|
| 68.   | Femke De Vries | De Vikings     | 201200202     |               |  |  |  | 3:15.98 | <b>3:17.21</b> | 261 |    |
|       | 50m: 48.47     | 100m: 1:36.57  | 150m: 2:32.36 | 200m: 3:17.21 |  |  |  |         |                |     |    |
| AFGEM | Lois Waterham  | Dedemsvaart-AC | 200803726     |               |  |  |  | 2:41.31 |                |     |    |
| AFGEM | Eefje Irvine   | De Dolfijn     | 200700164     |               |  |  |  | 2:28.46 |                |     |    |

### 3 - Spring Swim sessie 3: Finales

1-3-2025 - 16:00

Programmanr. 1  
1-3-2025 - 16:00

Dames, 400m wisselslag  
Spring Swim record: Djanilla Brink 4:54.28

Juniores 2 en ouder  
Resultaten Finale

Punten: AQUA 2024

| Rang                                                                                                                                     | In.tijd | Tijd           | Pnt | RT    |
|------------------------------------------------------------------------------------------------------------------------------------------|---------|----------------|-----|-------|
| 1. Sam De Bont<br>50m: 31.89 150m: 1:49.40 250m: 3:11.59 350m: 4:29.55<br>100m: 1:08.78 200m: 2:29.30 300m: 3:55.51 400m: 5:03.24        | 5:04.65 | <b>5:03.24</b> | 673 | +0,69 |
| Zwemfed VZF/20001/08                                                                                                                     |         |                |     |       |
| 2. Frouke Ludwig<br>50m: 31.21 150m: 1:47.27 250m: 3:11.76 350m: 4:32.44<br>100m: 1:07.32 200m: 2:26.26 300m: 3:57.30 400m: 5:06.49      | 5:06.23 | <b>5:06.49</b> | 652 |       |
| DZ&PC 200800112                                                                                                                          |         |                |     |       |
| 3. Rhodée van den Ham<br>50m: 31.97 150m: 1:50.67 250m: 3:16.01 350m: 4:37.12<br>100m: 1:09.32 200m: 2:31.95 300m: 4:01.07 400m: 5:10.52 | 5:10.55 | <b>5:10.52</b> | 627 | +0,82 |
| De Duinkikkers 200700090                                                                                                                 |         |                |     |       |
| 4. Ismay Lichtendonk<br>50m: 32.53 150m: 1:51.67 250m: 3:16.38 350m: 4:38.65<br>100m: 1:11.17 200m: 2:31.05 300m: 4:01.83 400m: 5:14.47  | 5:09.82 | <b>5:14.47</b> | 604 | +0,74 |
| Dedemsvaart-AC 200400622                                                                                                                 |         |                |     |       |
| 5. Nova Nijziel<br>50m: 32.47 150m: 1:51.70 250m: 3:17.54 350m: 4:40.23<br>100m: 1:10.03 200m: 2:31.93 300m: 4:03.91 400m: 5:14.60       | 5:16.00 | <b>5:14.60</b> | 603 | +0,82 |
| De Dolfijn 200804416                                                                                                                     |         |                |     |       |
| 6. Yill van Bezouw<br>50m: 32.13 150m: 1:53.33 250m: 3:19.77 350m: 4:41.69<br>100m: 1:09.47 200m: 2:34.89 300m: 4:05.07 400m: 5:16.16    | 5:20.67 | <b>5:16.16</b> | 594 | +0,78 |
| Hieronymus 201100704                                                                                                                     |         |                |     |       |
| 7. Luus Gielens<br>50m: 34.11 150m: 1:54.71 250m: 3:22.47 350m: 4:46.61<br>100m: 1:13.42 200m: 2:35.43 300m: 4:09.28 400m: 5:22.77       | 5:23.61 | <b>5:22.77</b> | 558 |       |
| Psv 200900138                                                                                                                            |         |                |     |       |
| 8. Marlies Dijsselhof<br>50m: 34.67 150m: 2:00.54 250m: 3:31.45 350m: 5:01.21<br>100m: 1:17.33 200m: 2:42.85 300m: 4:20.63 400m: 5:40.43 | 5:31.61 | <b>5:40.43</b> | 476 | +0,68 |
| Dedemsvaart-AC 200601046                                                                                                                 |         |                |     |       |

Programmanr. 5  
1-3-2025 - 16:08

Heren, 400m vrije slag  
Spring Swim record: Stephan De Freitas Steverinck:

Juniores 1 en ouder  
Resultaten Finale

Punten: AQUA 2024

| Rang                                                                                                                                | In.tijd | Tijd           | Pnt | RT    |
|-------------------------------------------------------------------------------------------------------------------------------------|---------|----------------|-----|-------|
| 1. Lucas Peters<br>50m: 27.37 150m: 1:26.81 250m: 2:27.88 350m: 3:29.08<br>100m: 56.72 200m: 1:57.18 300m: 2:58.46 400m: 3:57.89    | 4:00.55 | <b>3:57.89</b> | 791 | +0,69 |
| Zpc Amersfoort 200301325                                                                                                            |         |                |     |       |
| 2. Austin Namesnik<br>50m: 27.21 150m: 1:28.45 250m: 2:31.26 350m: 3:34.08<br>100m: 57.34 200m: 2:00.03 300m: 3:02.90 400m: 4:02.59 | 4:08.18 | <b>4:02.59</b> | 746 | +0,67 |
| Zpc Amersfoort 200101817                                                                                                            |         |                |     |       |
| 3. Tieme Wiersma<br>50m: 27.90 150m: 1:28.69 250m: 2:30.77 350m: 3:32.99<br>100m: 57.98 200m: 1:59.74 300m: 3:02.01 400m: 4:02.85   | 4:05.37 | <b>4:02.85</b> | 744 |       |
| DZ&PC 200701031                                                                                                                     |         |                |     |       |
| 4. Bas Claerhout<br>50m: 27.86 150m: 1:28.71 250m: 2:31.85 350m: 3:36.20<br>100m: 57.82 200m: 2:00.24 300m: 3:03.64 400m: 4:06.09   | 4:06.82 | <b>4:06.09</b> | 715 | +0,73 |
| Zwemfed VZF/10003/08                                                                                                                |         |                |     |       |

DZ&PC Spring Swim 2025

Programmanr. 5, Heren, 400m vrije slag, Finale, Junioren 1 en ouder

| Rang |                |       |         |         |              |         |       |         | In.tijd | Tijd    | Pnt | RT    |
|------|----------------|-------|---------|---------|--------------|---------|-------|---------|---------|---------|-----|-------|
| 5.   | Bere Waerniers |       | Zwemfed |         | VZF/10018/08 |         |       |         | 4:06.91 | 4:06.60 | 710 | +0,72 |
|      | 50m:           | 27.68 | 150m:   | 1:29.54 | 250m:        | 2:33.23 | 350m: | 3:36.25 |         |         |     |       |
|      | 100m:          | 58.26 | 200m:   | 2:01.52 | 300m:        | 3:04.65 | 400m: | 4:06.60 |         |         |     |       |
| 6.   | Martijn Nies   |       | Psv     |         | 200902095    |         |       |         | 4:08.28 | 4:07.88 | 699 | +0,76 |
|      | 50m:           | 28.39 | 150m:   | 1:31.13 | 250m:        | 2:34.78 | 350m: | 3:37.78 |         |         |     |       |
|      | 100m:          | 59.63 | 200m:   | 2:03.10 | 300m:        | 3:06.64 | 400m: | 4:07.88 |         |         |     |       |
| 7.   | Levi Kindt     |       | Zwemfed |         | VZF/10007/07 |         |       |         | 4:09.63 | 4:07.89 | 699 | +0,93 |
|      | 50m:           | 27.78 | 150m:   | 1:31.78 | 250m:        | 2:35.24 | 350m: | 3:38.27 |         |         |     |       |
|      | 100m:          | 59.45 | 200m:   | 2:04.05 | 300m:        | 3:06.68 | 400m: | 4:07.89 |         |         |     |       |
| 8.   | Seppe Lammens  |       | Zwemfed |         | VZF/10009/07 |         |       |         | 4:08.76 | 4:14.69 | 645 | +0,70 |
|      | 50m:           | 27.90 | 150m:   | 1:30.14 | 250m:        | 2:34.65 | 350m: | 3:41.19 |         |         |     |       |
|      | 100m:          | 58.94 | 200m:   | 2:02.79 | 300m:        | 3:07.57 | 400m: | 4:14.69 |         |         |     |       |

Programmanr. 6  
1-3-2025 - 16:17

Dames, 100m vlinderslag  
Spring Swim record: Kinge Zandringa 59.82

Junioren 2 en ouder  
Resultaten Finale

Punten: AQUA 2024

| Rang     |                    |                   |              | In.tijd | Tijd    | Pnt | RT    |
|----------|--------------------|-------------------|--------------|---------|---------|-----|-------|
| Finale A |                    |                   |              |         |         |     |       |
| 1.       | Kinge Zandringa    | De Dolfijn        | 199801422    | 1:02.16 | 1:00.74 | 762 |       |
|          | 50m: 28.31         | 100m: 1:00.74     |              |         |         |     |       |
| 2.       | Femke Spiering     | Zpc Amersfoort    | 200204514    | 1:01.70 | 1:00.94 | 754 | +0,76 |
|          | 50m: 28.91         | 100m: 1:00.94     |              |         |         |     |       |
| 3.       | Elise Tanis        | De Dolfijn        | 200200120    | 1:02.67 | 1:02.15 | 711 | +0,73 |
|          | 50m: 29.35         | 100m: 1:02.15     |              |         |         |     |       |
| 4.       | Niene Dewaelheyns  | Zwemfed           | VZF/20004/07 | 1:04.55 | 1:04.03 | 650 | +0,64 |
|          | 50m: 29.70         | 100m: 1:04.03     |              |         |         |     |       |
| 5.       | Sara Korthuis      | DZ&PC             | 200600494    | 1:04.49 | 1:04.21 | 645 | +0,78 |
|          | 50m: 29.74         | 100m: 1:04.21     |              |         |         |     |       |
| 6.       | Noa Hollebosch     | Zwemfed           | VZF/20007/07 | 1:05.19 | 1:04.26 | 643 | +0,54 |
|          | 50m: 30.46         | 100m: 1:04.26     |              |         |         |     |       |
| 7.       | Frouke Ludwig      | DZ&PC             | 200800112    | 1:03.16 | 1:05.88 | 597 | +0,64 |
|          | 50m: 30.57         | 100m: 1:05.88     |              |         |         |     |       |
| 8.       | Nova Nijziel       | De Dolfijn        | 200804416    | 1:06.61 | 1:08.14 | 539 | +0,76 |
|          | 50m: 31.43         | 100m: 1:08.14     |              |         |         |     |       |
| Finale B |                    |                   |              |         |         |     |       |
| 10.      | Frédérique Nijziel | De Dolfijn        | 201103114    | 1:07.77 | 1:06.46 | 581 |       |
|          | 50m: 31.63         | 100m: 1:06.46     |              |         |         |     |       |
| 11.      | Elin Brinkhof      | De Dolfijn        | 200900078    | 1:07.58 | 1:06.67 | 576 | +0,83 |
|          | 50m: 31.16         | 100m: 1:06.67     |              |         |         |     |       |
| 12.      | Liv Heijdra        | Feijenoord Albion | 200800736    | 1:07.86 | 1:07.18 | 563 | +0,80 |
|          | 50m: 30.54         | 100m: 1:07.18     |              |         |         |     |       |
| 13.      | Alessia Sluis      | Dedemsvaart-AC    | 200300896    | 1:08.47 | 1:07.66 | 551 | +0,80 |
|          | 50m: 31.25         | 100m: 1:07.66     |              |         |         |     |       |

DZ&PC Spring Swim 2025

Programmanr. 6, Dames, 100m vlinderslag, Finale, Junioren 2 en ouder

| Rang |                       |                |           | In.tijd | Tijd           | Pnt | RT    |
|------|-----------------------|----------------|-----------|---------|----------------|-----|-------|
| 14.  | Noa van Zalk          | Zpc Amersfoort | 201102534 | 1:08.64 | <b>1:08.28</b> | 536 | +0,58 |
|      | 50m: 32.06            | 100m: 1:08.28  |           |         |                |     |       |
| 15.  | Tess Vonk             | De Geul        | 200900024 | 1:08.52 | <b>1:08.74</b> | 525 | +0,66 |
|      | 50m: 31.91            | 100m: 1:08.74  |           |         |                |     |       |
| 16.  | Carla Moreno Palacios | De Dolfijn     | 201002302 | 1:08.02 | <b>1:08.78</b> | 524 | +0,63 |
|      | 50m: 31.56            | 100m: 1:08.78  |           |         |                |     |       |
| 17.  | Famke Irvine          | Zpc Amersfoort | 200501724 | 1:08.76 | <b>1:08.84</b> | 523 | +0,59 |
|      | 50m: 31.19            | 100m: 1:08.84  |           |         |                |     |       |

Finale C

|     |                 |                |           |         |                |     |       |
|-----|-----------------|----------------|-----------|---------|----------------|-----|-------|
| 19. | Fenne Metten    | Zpc Amersfoort | 201000102 | 1:09.82 | <b>1:07.56</b> | 553 | +0,56 |
|     | 50m: 31.55      | 100m: 1:07.56  |           |         |                |     |       |
| 20. | Odenza Soselisa | Blue Marlins   | 201101780 | 1:09.06 | <b>1:07.63</b> | 552 | +0,71 |
|     | 50m: 31.50      | 100m: 1:07.63  |           |         |                |     |       |
| 21. | Isis Verhoeff   | Zpc Amersfoort | 200902962 | 1:09.44 | <b>1:08.97</b> | 520 |       |
|     | 50m: 32.19      | 100m: 1:08.97  |           |         |                |     |       |
| 22. | Julia Agricola  | DZ&PC          | 200800266 | 1:11.31 | <b>1:10.14</b> | 494 | +0,67 |
|     | 50m: 32.27      | 100m: 1:10.14  |           |         |                |     |       |
| 23. | Bregje Dekkers  | Psv            | 200900746 | 1:09.78 | <b>1:10.38</b> | 489 | +0,62 |
|     | 50m: 32.64      | 100m: 1:10.38  |           |         |                |     |       |
| 24. | Julia Dąbrowska | Blue Marlins   | 201000300 | 1:10.65 | <b>1:10.40</b> | 489 | +0,75 |
|     | 50m: 31.46      | 100m: 1:10.40  |           |         |                |     |       |
| 25. | Paula Spans     | Zpc Amersfoort | 201000064 | 1:10.87 | <b>1:10.68</b> | 483 | +0,81 |
|     | 50m: 32.93      | 100m: 1:10.68  |           |         |                |     |       |
| 26. | Luus Gielens    | Psv            | 200900138 | 1:11.69 | <b>1:11.57</b> | 465 | +0,90 |
|     | 50m: 33.43      | 100m: 1:11.57  |           |         |                |     |       |

Programmanr. 7  
1-3-2025 - 16:26

Heren, 100m rugslag  
Spring Swim record: Niels Dijkshoorn 57.07

Junioren 1 en ouder  
Resultaten Finale

Punten: AQUA 2024

| Rang     |                           |              |              | In.tijd | Tijd         | Pnt | RT    |
|----------|---------------------------|--------------|--------------|---------|--------------|-----|-------|
| Finale A |                           |              |              |         |              |     |       |
| 1.       | Stan Franckx              | Zwemfed      | VZF/10005/02 | 56.41   | <b>56.58</b> | 758 | +0,61 |
|          | 50m: 28.05                | 100m: 56.58  |              |         |              |     |       |
| 2.       | Giovanni Phillipson       | ZV De Zaan   | 200801099    | 58.24   | <b>57.54</b> | 721 | +0,69 |
|          | 50m: 28.10                | 100m: 57.54  |              |         |              |     |       |
| 3.       | Nikodim Markovic          | Blue Marlins | 200700255    | 59.33   | <b>58.05</b> | 702 | +0,63 |
|          | 50m: 27.75                | 100m: 58.05  |              |         |              |     |       |
| 4.       | Joseph Van Wellen         | Zwemfed      | VZF/10016/08 | 59.75   | <b>59.00</b> | 668 | +0,61 |
|          | 50m: 28.83                | 100m: 59.00  |              |         |              |     |       |
| 5.       | Alexander Van Hoey Billie | Zwemfed      | VZF/10014/09 | 59.91   | <b>59.31</b> | 658 | +0,71 |
|          | 50m: 28.53                | 100m: 59.31  |              |         |              |     |       |

DZ&PC Spring Swim 2025

Programmanr. 7, Heren, 100m rugslag, Finale, Junioren 1 en ouder

| Rang |                    |                |           | In.tijd | Tijd           | Pnt | RT    |
|------|--------------------|----------------|-----------|---------|----------------|-----|-------|
| 6.   | Tiamo van der Veen | Dedemsvaart-AC | 200600033 | 59.09   | <b>59.55</b>   | 650 | +0,62 |
|      | 50m: 29.05         | 100m: 59.55    |           |         |                |     |       |
| 7.   | Daan Sonneveld     | Wvz            | 200601085 | 58.98   | <b>59.95</b>   | 637 | +0,60 |
|      | 50m: 29.01         | 100m: 59.95    |           |         |                |     |       |
| 8.   | Jisse Lousma       | Wvz            | 200701493 | 59.91   | <b>1:00.15</b> | 631 | +0,52 |
|      | 50m: 28.99         | 100m: 1:00.15  |           |         |                |     |       |

Finale B

|     |                     |                 |           |         |                |     |       |
|-----|---------------------|-----------------|-----------|---------|----------------|-----|-------|
| 10. | Lars Minnaert       | Psv             | 200502355 | 1:00.27 | <b>1:00.13</b> | 631 | +0,57 |
|     | 50m: 28.82          | 100m: 1:00.13   |           |         |                |     |       |
| 11. | Colin Bes           | DZ&PC           | 200500201 | 1:01.12 | <b>1:00.50</b> | 620 | +0,62 |
|     | 50m: 29.52          | 100m: 1:00.50   |           |         |                |     |       |
| 12. | Mikkel Grotelüschen | SV Wildeshausen | 338479    | 1:02.28 | <b>1:01.23</b> | 598 | +0,63 |
|     | 50m: 29.09          | 100m: 1:01.23   |           |         |                |     |       |
| 13. | Jaydey Schonewille  | Steenwijk 1934  | 200800025 | 1:01.86 | <b>1:01.44</b> | 592 | +0,68 |
|     | 50m: 30.10          | 100m: 1:01.44   |           |         |                |     |       |
| 14. | Tobian Vos          | Zpc Amersfoort  | 200900005 | 1:02.24 | <b>1:01.71</b> | 584 | +0,71 |
|     | 50m: 30.14          | 100m: 1:01.71   |           |         |                |     |       |
| 15. | Floris Stork        | DZ&PC           | 200305075 | 1:02.98 | <b>1:02.72</b> | 556 | +0,69 |
|     | 50m: 30.50          | 100m: 1:02.72   |           |         |                |     |       |
| 16. | Niek Sonneveld      | Wvz             | 200802631 | 1:03.06 | <b>1:03.30</b> | 541 | +0,66 |
|     | 50m: 30.69          | 100m: 1:03.30   |           |         |                |     |       |
| 17. | Adriaan Coppelmans  | Azc 1           | 200903243 | 1:03.14 | <b>1:03.37</b> | 539 | +0,60 |
|     | 50m: 30.40          | 100m: 1:03.37   |           |         |                |     |       |

Finale C

|     |                      |                 |           |         |                |     |       |
|-----|----------------------|-----------------|-----------|---------|----------------|-----|-------|
| 19. | Abel op den Velde    | De Duinkikkers  | 201000079 | 1:04.55 | <b>1:04.02</b> | 523 | +0,79 |
|     | 50m: 31.35           | 100m: 1:04.02   |           |         |                |     |       |
| 20. | Mart Tempelman       | Dedemsvaart-AC  | 200801075 | 1:05.59 | <b>1:04.46</b> | 512 | +0,67 |
|     | 50m: 30.93           | 100m: 1:04.46   |           |         |                |     |       |
| 21. | Ivo Bot              | Wiekslag        | 200900509 | 1:05.87 | <b>1:04.82</b> | 504 | +0,59 |
|     | 50m: 30.69           | 100m: 1:04.82   |           |         |                |     |       |
| 22. | Sverre van der Zwaan | Wvz             | 200900737 | 1:05.25 | <b>1:05.75</b> | 483 | +0,62 |
|     | 50m: 32.15           | 100m: 1:05.75   |           |         |                |     |       |
| 23. | Jelte de Boer        | De Vikings      | 200700345 | 1:06.43 | <b>1:06.30</b> | 471 | +0,67 |
|     | 50m: 32.36           | 100m: 1:06.30   |           |         |                |     |       |
| 24. | Sven Koorstra        | De Vikings      | 200900189 | 1:06.75 | <b>1:06.66</b> | 463 | +0,78 |
|     | 50m: 32.45           | 100m: 1:06.66   |           |         |                |     |       |
| 25. | Myron Artemenko      | Niemo Barracuda | 201003021 | 1:06.68 | <b>1:07.26</b> | 451 | +0,67 |
|     | 50m: 32.59           | 100m: 1:07.26   |           |         |                |     |       |
| 26. | Tim van Erven        | DZ&PC           | 200700175 | 1:05.75 | <b>1:08.18</b> | 433 | +0,77 |
|     | 50m: 32.91           | 100m: 1:08.18   |           |         |                |     |       |

Programmanr. 8  
1-3-2025 - 16:34

Dames, 50m vrije slag  
Spring Swim record: Kim Busch 25.27

Juniores 2 en ouder  
Resultaten Finale

Punten: AQUA 2024

| Rang     |                   |                | In.tijd      | Tijd  | Pnt          | RT        |
|----------|-------------------|----------------|--------------|-------|--------------|-----------|
| Finale A |                   |                |              |       |              |           |
| 1.       | Megan Jonkman     | Blue Marlins   | 200600508    | 26.69 | <b>26.40</b> | 715 +0,82 |
| 2.       | Femke Spiering    | Zpc Amersfoort | 200204514    | 26.47 | <b>26.42</b> | 713 +0,74 |
| 3.       | Sara Korthuis     | DZ&PC          | 200600494    | 26.76 | <b>26.58</b> | 700 +0,76 |
| 4.       | Hylcke de Beer    | Psv            | 200700006    | 26.58 | <b>26.61</b> | 698       |
| 5.       | Zinke Delcommune  | Zwemfed        | VZF/20003/05 | 26.80 | <b>26.85</b> | 679 +0,75 |
| 6.       | Nore Michiels     | Zwemfed        | VZF/20009/08 | 27.22 | <b>26.99</b> | 669 +0,76 |
| 7.       | Mare Schallenberg | Blue Marlins   | 200600078    | 27.29 | <b>27.07</b> | 663       |
| 8.       | Lana Ravelingien  | Zwemfed        | VZF/20011/03 | 27.37 | <b>27.21</b> | 653 +0,75 |

|          |                   |                |           |       |              |           |
|----------|-------------------|----------------|-----------|-------|--------------|-----------|
| Finale B |                   |                |           |       |              |           |
| 10.      | Kinge Zandringa   | De Dolfijn     | 199801422 | 27.40 | <b>27.24</b> | 651 +0,69 |
| 11.      | Elise Tanis       | De Dolfijn     | 200200120 | 27.48 | <b>27.28</b> | 648       |
| 12.      | Kinley Cole       | Psv            | 200903696 | 28.01 | <b>27.85</b> | 609 +0,64 |
| 13.      | Alinda Dingshoff  | De Dolfijn     | 200000928 | 27.76 | <b>27.86</b> | 608 +0,74 |
| 14.      | Lola Verheijen    | Psv            | 201100832 | 28.18 | <b>27.90</b> | 606 +0,74 |
| 15.      | Dionne Salomons   | ZC Borger      | 200200504 | 28.18 | <b>28.27</b> | 582 +0,68 |
| 16.      | Ismay Lichtendonk | Dedemsvaart-AC | 200400622 | 28.25 | <b>28.40</b> | 574 +0,99 |
| 17.      | Breanna Belmar    | Blue Marlins   | 201004068 | 28.05 | <b>28.51</b> | 567 +0,75 |

|          |                    |                   |           |       |              |           |
|----------|--------------------|-------------------|-----------|-------|--------------|-----------|
| Finale C |                    |                   |           |       |              |           |
| 19.      | Rhodee van den Ham | De Duinkikkers    | 200700090 | 28.59 | <b>28.03</b> | 597       |
| 20.      | Liv Heijdra        | Feijenoord Albion | 200800736 | 28.92 | <b>28.21</b> | 586 +0,75 |
| 21.      | Rafaela Mulders    | De Reuring        | 200701398 | 28.32 | <b>28.25</b> | 583 +0,73 |
| 22.      | Julie van Nispen   | Z&PV Nuenen       | 200800290 | 28.90 | <b>28.66</b> | 559 +0,69 |
| 23.      | Fenna Zusterzeel   | Psv               | 201000008 | 28.79 | <b>28.69</b> | 557 +0,72 |
| 24.      | Tessa van Beek     | Dwk               | 201001446 | 29.20 | <b>28.72</b> | 555 +0,74 |
| 25.      | Marije Jaspers     | Neptunia '24      | 200802152 | 29.19 | <b>28.74</b> | 554 +0,55 |
| 26.      | Fenna Westerneng   | DZ&PC             | 200900070 | 29.10 | <b>28.86</b> | 547 +0,77 |

Programmanr. 9  
1-3-2025 - 16:42

Heren, 50m schoolslag  
Spring Swim record: Koen de Groot 28:48

Juniores 1 en ouder  
Resultaten Finale

Punten: AQUA 2024

| Rang     |                         |                | In.tijd      | Tijd  | Pnt          | RT        |
|----------|-------------------------|----------------|--------------|-------|--------------|-----------|
| Finale A |                         |                |              |       |              |           |
| 1.       | Storm Boxum             | DZ&PC          | 200700421    | 29.79 | <b>29.45</b> | 684       |
| 2.       | Bartel Vranken          | Zwemfed        | VZF/10017/07 | 29.75 | <b>29.46</b> | 683 +0,67 |
| 3.       | Matthijs van Meerendonk | DZ&PC          | 199900375    | 30.16 | <b>29.91</b> | 653 +0,67 |
| 4.       | Karsten van Groenigen   | Zwemfed        | VZF/10013/08 | 30.36 | <b>30.11</b> | 640 +0,72 |
| 5.       | Jelle Betten            | DZ&PC          | 200001535    | 30.01 | <b>30.19</b> | 635 +0,78 |
| 6.       | Giovanni Phillipson     | ZV De Zaan     | 200801099    | 30.35 | <b>30.30</b> | 628 +0,75 |
| 7.       | Jetze de Vries          | De Vikings     | 200602589    | 30.65 | <b>30.53</b> | 614 +0,69 |
| 8.       | Ruben Hoeve             | Dedemsvaart-AC | 200302179    | 30.61 | <b>30.56</b> | 612       |

|          |                               |  |           |       |              |           |
|----------|-------------------------------|--|-----------|-------|--------------|-----------|
| Finale B |                               |  |           |       |              |           |
| 10.      | Q. Brouwer von GonzenbeTriVia |  | 200700001 | 30.85 | <b>30.97</b> | 588 +0,69 |

DZ&PC Spring Swim 2025

Programmanr. 9, Heren, 50m schoolslag, Finale, Junioren 1 en ouder

| Rang     |                     |                | In.tijd   | Tijd  | Pnt          | RT        |
|----------|---------------------|----------------|-----------|-------|--------------|-----------|
| 11.      | Floris van der Valk | Wiekslag       | 200801891 | 31.21 | <b>31.06</b> | 583 +0,71 |
|          | Daan Sonneveld      | Wvz            | 200601085 | 31.73 | <b>31.06</b> | 583 +0,66 |
| 13.      | Giulian Janssen     | Psv            | 200900125 | 31.23 | <b>31.22</b> | 574 +0,68 |
| 14.      | Darren Chen         | Zpc Amersfoort | 200001149 | 31.19 | <b>31.34</b> | 567       |
| 15.      | Storm Tolsma        | DZ&PC          | 200600277 | 31.97 | <b>31.57</b> | 555       |
| 16.      | Bjorn Rijkaart      | Wvz            | 200601337 | 31.45 | <b>31.61</b> | 553 +0,72 |
| 17.      | Emiel de Bruijn     | Dedemsvaart-AC | 200700953 | 32.19 | <b>31.95</b> | 535 +0,60 |
| Finale C |                     |                |           |       |              |           |
| 19.      | Thygo van de Peppel | Blue Marlins   | 200901101 | 33.39 | <b>32.79</b> | 495 +0,81 |
| 20.      | Filip Piszczynski   | Ksn (Sg)       | 200802125 | 32.85 | <b>32.81</b> | 494 +0,66 |
| 21.      | Lucas Berner        | De Duinkickers | 200700219 | 33.18 | <b>33.09</b> | 482       |
| 22.      | Collard Jungeling   | DZ&PC          | 200701831 | 33.98 | <b>33.50</b> | 464 +0,74 |
| 23.      | Gerjan Berends      | ZPC Hoozeveen  | 200900169 | 34.54 | <b>33.84</b> | 450 +0,61 |
| 24.      | Ruben Nooter        | Dedemsvaart-AC | 200901577 | 34.20 | <b>34.41</b> | 428 +0,69 |
| 25.      | Tygo van de Wal     | Dwk            | 201001329 | 34.40 | <b>34.44</b> | 427       |
| NG.ZA    | Roan van der Stege  | Swol 1894      | 200900107 | 34.38 |              |           |

Programmanr. 10  
1-3-2025 - 16:48

Dames, 200m rugslag  
Spring Swim record: Jinh Engelse 2.17.80

Junioren 2 en ouder  
Resultaten Finale

Punten: AQUA 2024

| Rang |                      |                |               | In.tijd       | Tijd           | Pnt | RT    |
|------|----------------------|----------------|---------------|---------------|----------------|-----|-------|
| 1.   | Jinh Engelse         | Blue Marlins   | 200800204     | 2:16.12       | <b>2:16.06</b> | 741 | +0,66 |
|      | 50m: 31.48           | 100m: 1:05.98  | 150m: 1:41.39 | 200m: 2:16.06 |                |     |       |
| 2.   | Nina van der Schrier | Azc 1          | 201000444     | 2:21.37       | <b>2:20.31</b> | 675 | +0,65 |
|      | 50m: 33.73           | 100m: 1:09.74  | 150m: 1:45.79 | 200m: 2:20.31 |                |     |       |
| 3.   | Ismay Lichtendonk    | Dedemsvaart-AC | 200400622     | 2:22.50       | <b>2:22.48</b> | 645 | +0,68 |
|      | 50m: 32.84           | 100m: 1:08.45  | 150m: 1:45.64 | 200m: 2:22.48 |                |     |       |
| 4.   | Frouke Ludwig        | DZ&PC          | 200800112     | 2:23.01       | <b>2:23.87</b> | 627 | +0,66 |
|      | 50m: 34.16           | 100m: 1:10.43  | 150m: 1:47.34 | 200m: 2:23.87 |                |     |       |
| 5.   | Jade van der Schrier | Azc 1          | 200800692     | 2:22.42       | <b>2:23.95</b> | 625 | +0,69 |
|      | 50m: 34.60           | 100m: 1:10.77  | 150m: 1:49.08 | 200m: 2:23.95 |                |     |       |
| 6.   | Malin Roozeboom      | Wvz            | 201100006     | 2:24.75       | <b>2:25.45</b> | 606 | +0,77 |
|      | 50m: 33.63           | 100m: 1:11.08  | 150m: 1:48.69 | 200m: 2:25.45 |                |     |       |
| 7.   | Fenne Metten         | Zpc Amersfoort | 201000102     | 2:29.26       | <b>2:29.44</b> | 559 | +0,91 |
|      | 50m: 35.78           | 100m: 1:13.23  | 150m: 1:51.94 | 200m: 2:29.44 |                |     |       |
| 8.   | Imre Bouwland        | ZPC Hoozeveen  | 200700388     | 2:31.67       | <b>2:32.10</b> | 530 | +0,68 |
|      | 50m: 34.32           | 100m: 1:12.88  | 150m: 1:52.63 | 200m: 2:32.10 |                |     |       |
| NG   | Eefje Irvine         | De Dolfijn     | 200700164     | 2:29.65       |                |     |       |

Programmanr. 11  
1-3-2025 - 16:54

Heren, 200m vlinderslag  
Spring Swim record: Thomas Jansen 2:01.31

Juniores 1 en ouder  
Resultaten Finale

Punten: AQUA 2024

| Rang                                                 | In.tijd | Tijd           | Pnt | RT    |
|------------------------------------------------------|---------|----------------|-----|-------|
| 1. Émile Fouzaï                                      | 2:04.06 | <b>2:04.16</b> | 701 | +0,72 |
| 50m: 27.47 100m: 58.30 150m: 1:30.92 200m: 2:04.16   |         |                |     |       |
| 2. Lars Bulman                                       | 2:16.13 | <b>2:14.38</b> | 553 |       |
| 50m: 28.14 100m: 1:02.07 150m: 1:37.68 200m: 2:14.38 |         |                |     |       |
| 3. Jones Chuang                                      | 2:20.82 | <b>2:17.73</b> | 514 | +0,69 |
| 50m: 28.69 100m: 1:02.90 150m: 1:39.72 200m: 2:17.73 |         |                |     |       |
| 4. Mikkel Grotelüschen                               | 2:18.86 | <b>2:18.64</b> | 504 | +0,73 |
| 50m: 28.80 100m: 1:02.72 150m: 1:39.39 200m: 2:18.64 |         |                |     |       |
| 5. Martijn Nies                                      | 2:23.92 | <b>2:19.62</b> | 493 | +0,76 |
| 50m: 29.96 100m: 1:05.98 150m: 1:43.90 200m: 2:19.62 |         |                |     |       |
| 6. Olivier Wilbers                                   | 2:23.80 | <b>2:19.90</b> | 490 | +0,78 |
| 50m: 31.55 100m: 1:06.95 150m: 1:43.47 200m: 2:19.90 |         |                |     |       |
| 7. Tieme Wiersma                                     | 2:26.46 | <b>2:29.44</b> | 402 | +0,81 |
| 50m: 31.39 100m: 1:10.27 150m: 1:50.56 200m: 2:29.44 |         |                |     |       |
| 8. Myron Artemenko                                   | 2:26.16 | <b>2:30.22</b> | 396 |       |
| 50m: 31.75 100m: 1:09.62 150m: 1:49.68 200m: 2:30.22 |         |                |     |       |

Programmanr. 4  
1-3-2025 - 17:20

Heren, 400m wisselslag  
Spring Swim record: Thomas Jansen: 4:20.75

Juniores 1 en ouder  
Resultaten Finale

Punten: AQUA 2024

| Rang                                                                                                         | In.tijd | Tijd           | Pnt | RT    |
|--------------------------------------------------------------------------------------------------------------|---------|----------------|-----|-------|
| 1. Sven Klink                                                                                                | 4:32.38 | <b>4:32.87</b> | 701 | +0,77 |
| 50m: 27.88 100m: 1:00.42 150m: 1:36.50 200m: 2:12.23 250m: 2:51.01 300m: 3:30.80 350m: 4:02.92 400m: 4:32.87 |         |                |     |       |
| 2. Tiede Groener                                                                                             | 4:42.24 | <b>4:39.36</b> | 654 |       |
| 50m: 29.23 100m: 1:02.99 150m: 1:41.06 200m: 2:17.72 250m: 2:57.76 300m: 3:37.91 350m: 4:09.52 400m: 4:39.36 |         |                |     |       |
| 3. Yarno van Dam                                                                                             | 4:43.55 | <b>4:45.21</b> | 614 | +0,72 |
| 50m: 28.39 100m: 1:01.67 150m: 1:38.62 200m: 2:14.88 250m: 2:56.89 300m: 3:40.03 350m: 4:13.22 400m: 4:45.21 |         |                |     |       |
| 4. Emiel de Bruijn                                                                                           | 5:00.05 | <b>4:58.55</b> | 535 | +0,60 |
| 50m: 29.44 100m: 1:05.40 150m: 1:47.89 200m: 2:28.52 250m: 3:09.73 300m: 3:51.28 350m: 4:26.03 400m: 4:58.55 |         |                |     |       |
| 5. Jesse van der Meij                                                                                        | 5:04.12 | <b>4:59.20</b> | 532 |       |
| * Eindtijd Back up tijd                                                                                      |         |                |     |       |
| 50m: 32.53 100m: 1:10.60 150m: 1:52.03 200m: 2:31.07 250m: 3:11.61 300m: 3:52.78 350m: 4:27.34 400m: 4:59.20 |         |                |     |       |
| 6. Jelte de Jong                                                                                             | 5:02.21 | <b>5:01.04</b> | 522 | +0,81 |
| 50m: 31.81 100m: 1:08.14 150m: 1:47.44 200m: 2:26.19 250m: 3:09.90 300m: 3:54.02 350m: 4:28.10 400m: 5:01.04 |         |                |     |       |

DZ&PC Spring Swim 2025

Programmanr. 4, Heren, 400m wisselslag, Finale, Junioren 1 en ouder

| Rang |                    |            |           |         |       |         | In.tijd | Tijd           | Pnt | RT    |
|------|--------------------|------------|-----------|---------|-------|---------|---------|----------------|-----|-------|
| 7.   | Adriaan Coppelmans | Azc 1      | 200903243 |         |       |         | 5:04.21 | <b>5:05.53</b> | 500 | +0,87 |
|      | 50m:               | 32.34      | 150m:     | 1:49.51 | 250m: | 3:12.02 | 350m:   | 4:32.30        |     |       |
|      | 100m:              | 1:11.76    | 200m:     | 2:26.90 | 300m: | 3:57.35 | 400m:   | 5:05.53        |     |       |
| 8.   | Jelte de Boer      | De Vikings | 200700345 |         |       |         | 5:02.65 | <b>5:15.08</b> | 455 | +0,75 |
|      | 50m:               | 31.16      | 150m:     | 1:51.44 | 250m: | 3:15.24 | 350m:   | 4:37.74        |     |       |
|      | 100m:              | 1:09.90    | 200m:     | 2:31.95 | 300m: | 4:00.77 | 400m:   | 5:15.08        |     |       |

Programmanr. 12  
1-3-2025 - 17:28

Dames, 50m rugslag  
Spring Swim record: Maaïke de Waard 28.23

Junioren 2 en ouder  
Resultaten Finale

Punten: AQUA 2024

| Rang     |                      |                   |              | In.tijd | Tijd         | Pnt | RT    |
|----------|----------------------|-------------------|--------------|---------|--------------|-----|-------|
| Finale A |                      |                   |              |         |              |     |       |
| 1.       | Jinthe Engelse       | Blue Marlins      | 200800204    | 29.27   | <b>29.41</b> | 761 | +0,61 |
| 2.       | Ismay Lichtendonk    | Dedemsvaart-AC    | 200400622    | 29.62   | <b>29.59</b> | 747 | +0,60 |
| 3.       | Mare Schallenberg    | Blue Marlins      | 200600078    | 29.65   | <b>29.82</b> | 730 | +0,66 |
| 4.       | Zinke Delcommune     | Zwemfed           | VZF/20003/05 | 30.00   | <b>30.70</b> | 669 | +0,65 |
| 5.       | Dionne Salomons      | ZC Borger         | 200200504    | 31.09   | <b>31.06</b> | 646 | +0,60 |
| 6.       | Malin Roozeboom      | Wvz               | 201100006    | 31.08   | <b>31.19</b> | 638 | +0,76 |
| 7.       | Eefje Irvine         | De Dolfijn        | 200700164    | NT      | <b>31.59</b> | 614 | +0,64 |
| 8.       | Fenna Zusterzeel     | Psv               | 201000008    | 32.07   | <b>31.69</b> | 608 | +0,59 |
| 9.       | Nina van der Schrier | Azc 1             | 201000444    | 32.06   | <b>32.34</b> | 572 | +0,67 |
| Finale B |                      |                   |              |         |              |     |       |
| 10.      | Famke Irvine         | Zpc Amersfoort    | 200501724    | 32.11   | <b>32.28</b> | 576 | +0,74 |
| 11.      | Anouk Steller        | Wvz               | 201000004    | 33.17   | <b>32.42</b> | 568 | +0,62 |
| 12.      | Jolijn Liezen        | Steenwijk 1934    | 200500518    | 32.29   | <b>32.47</b> | 566 | +0,68 |
| 13.      | Maud Roffel          | DZ&PC             | 200700840    | 32.87   | <b>32.81</b> | 548 | +0,74 |
| 14.      | Raegan Belmar        | Blue Marlins      | 201004070    | 33.82   | <b>32.88</b> | 545 | +0,78 |
| 15.      | Liv Heijdra          | Feijenoord Albion | 200800736    | 33.11   | <b>32.89</b> | 544 | +0,62 |
| 16.      | Rafaëla Mulders      | De Reuring        | 200701398    | 32.71   | <b>33.51</b> | 514 | +0,75 |
| 17.      | Lola Verheijen       | Psv               | 201100832    | 33.93   | <b>33.55</b> | 513 | +0,77 |
| Finale C |                      |                   |              |         |              |     |       |
| 19.      | Marjolie Spelde      | ZC Borger         | 200900266    | 34.08   | <b>33.36</b> | 521 | +0,80 |
| 20.      | Julie van Nispen     | Z&PV Nuenen       | 200800290    | 33.97   | <b>33.51</b> | 514 | +0,66 |
| 21.      | Kim Bouman           | Zpc Amersfoort    | 201000262    | 33.99   | <b>33.52</b> | 514 | +0,69 |
| 22.      | Fleur Van den Eijk   | Blue Marlins      | 200900304    | 34.25   | <b>33.53</b> | 514 | +0,71 |
| 23.      | Amber Tiesinga       | DZ&PC             | 200600782    | 34.49   | <b>33.78</b> | 502 | +0,73 |
| 24.      | Kinley Cole          | Psv               | 200903696    | 34.52   | <b>34.00</b> | 493 | +0,66 |
| 25.      | Elke Kriesels        | Hieronymus        | 201100898    | 34.56   | <b>34.30</b> | 480 | +0,62 |
| 26.      | Simone Brobbel       | SG Hoeksche Waard | 201200058    | 34.58   | <b>34.35</b> | 478 | +0,70 |
| 27.      | Noortje Bisperink    | Zpc Amersfoort    | 201100486    | 34.69   | <b>35.00</b> | 451 | +0,78 |

Programmanr. 13  
1-3-2025 - 17:37

Heren, 100m vrije slag  
Spring Swim record: Kyle Stolk 49.55

Juniores 1 en ouder  
Resultaten Finale

Punten: AQUA 2024

| Rang                          | In.tijd        | Tijd         | Pnt   | RT                     |
|-------------------------------|----------------|--------------|-------|------------------------|
| Finale A                      |                |              |       |                        |
| 1. Giovanni Phillipson        | ZV De Zaan     | 200801099    | 52.46 | <b>51.68</b> 745 +0,76 |
| 50m: 24.95                    | 100m: 51.68    |              |       |                        |
| 2. Seppe Lammens              | Zwemfed        | VZF/10009/07 | 51.64 | <b>51.75</b> 742 +0,74 |
| 50m: 25.20                    | 100m: 51.75    |              |       |                        |
| 3. Stan Franckx               | Zwemfed        | VZF/10005/02 | 51.70 | <b>51.78</b> 741       |
| 50m: 25.36                    | 100m: 51.78    |              |       |                        |
| 4. Bere Waerniers             | Zwemfed        | VZF/10018/08 | 51.83 | <b>51.79</b> 740 +0,72 |
| 50m: 25.00                    | 100m: 51.79    |              |       |                        |
| 5. Nikodim Markovic           | Blue Marlins   | 200700255    | 52.92 | <b>51.97</b> 733 +0,97 |
| 50m: 25.35                    | 100m: 51.97    |              |       |                        |
| 6. Austin Namesnik            | Zpc Amersfoort | 200101817    | 51.74 | <b>52.03</b> 730 +0,64 |
| 50m: 25.46                    | 100m: 52.03    |              |       |                        |
| 7. Émile Fouzaï               | Zpc Amersfoort | 200500263    | 52.77 | <b>52.42</b> 714       |
| 50m: 25.18                    | 100m: 52.42    |              |       |                        |
| 8. Siem de Zeeuw              | O Z & P C      | 200800013    | 52.61 | <b>52.90</b> 695 +0,74 |
| 50m: 25.32                    | 100m: 52.90    |              |       |                        |
| Finale B                      |                |              |       |                        |
| 10. Colin Bes                 | DZ&PC          | 200500201    | 53.22 | <b>52.52</b> 710       |
| 50m: 25.52                    | 100m: 52.52    |              |       |                        |
| 11. Floris Stork              | DZ&PC          | 200305075    | 53.01 | <b>52.70</b> 703 +0,68 |
| 50m: 25.53                    | 100m: 52.70    |              |       |                        |
| 12. Patriks Francis Pone      | De Dolfijn     | 200504577    | 53.29 | <b>52.71</b> 702 +0,66 |
| 50m: 25.47                    | 100m: 52.71    |              |       |                        |
| 13. Michael Smink             | Blue Marlins   | 200302169    | 53.45 | <b>52.77</b> 700 +0,71 |
| 50m: 25.08                    | 100m: 52.77    |              |       |                        |
| 14. Ronis van Everdingen      | Dwk            | 200300043    | 53.57 | <b>53.41</b> 675 +0,80 |
| 50m: 25.73                    | 100m: 53.41    |              |       |                        |
| 15. Levi Kindt                | Zwemfed        | VZF/10007/07 | 53.45 | <b>53.54</b> 670 +0,67 |
| 50m: 25.47                    | 100m: 53.54    |              |       |                        |
| 16. Darren Chen               | Zpc Amersfoort | 200001149    | 53.92 | <b>53.74</b> 663 +0,67 |
| 50m: 25.59                    | 100m: 53.74    |              |       |                        |
| 17. Alexander Van Hoey Billie | Zwemfed        | VZF/10014/09 | 53.74 | <b>54.67</b> 629 +0,51 |
| 50m: 25.93                    | 100m: 54.67    |              |       |                        |
| Finale C                      |                |              |       |                        |
| 19. Felbe van 't Land         | Zpc Amersfoort | 200900027    | 54.17 | <b>53.27</b> 680 +0,74 |
| 50m: 25.53                    | 100m: 53.27    |              |       |                        |
| 20. Tobian Vos                | Zpc Amersfoort | 200900005    | 55.13 | <b>54.09</b> 650       |
| 50m: 26.32                    | 100m: 54.09    |              |       |                        |

DZ&PC Spring Swim 2025

Programmanr. 13, Heren, 100m vrije slag, Finale, Junioren 1 en ouder

| Rang  |                         |             |           | In.tijd | Tijd         | Pnt | RT    |
|-------|-------------------------|-------------|-----------|---------|--------------|-----|-------|
| 21.   | Giulian Janssen         | Psv         | 200900125 | 55.48   | <b>55.11</b> | 614 | +0,67 |
|       | 50m: 26.23              | 100m: 55.11 |           |         |              |     |       |
| 22.   | Tim Boerefijn           | Wvz         | 200802815 | 55.54   | <b>55.26</b> | 609 | +0,73 |
|       | 50m: 26.36              | 100m: 55.26 |           |         |              |     |       |
| 23.   | Tim van Erven           | DZ&PC       | 200700175 | 56.14   | <b>56.37</b> | 574 | +0,83 |
|       | 50m: 27.46              | 100m: 56.37 |           |         |              |     |       |
| 24.   | Q. Brouwer von Gonzenbe | TriVia      | 200700001 | 57.10   | <b>58.13</b> | 523 |       |
|       | 50m: 27.81              | 100m: 58.13 |           |         |              |     |       |
| 25.   | Adriaan Coppelmans      | Azc 1       | 200903243 | 56.14   | <b>58.16</b> | 523 | +0,75 |
|       | 50m: 27.31              | 100m: 58.16 |           |         |              |     |       |
| NG.ZA | Jelte de Jong           | Zpch        | 200900975 | 57.61   |              |     |       |

Programmanr. 14  
1-3-2025 - 17:46

Dames, 100m schoolslag  
Spring Swim record: Tes Schouten 1.09.61

Junioren 2 en ouder  
Resultaten Finale

Punten: AQUA 2024

| Rang     |                       |                     |              | In.tijd | Tijd           | Pnt | RT    |
|----------|-----------------------|---------------------|--------------|---------|----------------|-----|-------|
| Finale A |                       |                     |              |         |                |     |       |
| 1.       | Jade Geurts           | Wvz                 | 200402278    | 1:11.29 | <b>1:11.33</b> | 726 | +0,80 |
|          | 50m: 33.75            | 100m: 1:11.33       |              |         |                |     |       |
| 2.       | Sterre Hendriks       | De Dolfijn          | 200401288    | 1:12.17 | <b>1:11.53</b> | 720 |       |
|          | 50m: 33.28            | 100m: 1:11.53       |              |         |                |     |       |
| 3.       | Zinke Delcommune      | Zwemfed             | VZF/20003/05 | 1:12.37 | <b>1:12.27</b> | 698 | +0,74 |
|          | 50m: 34.43            | 100m: 1:12.27       |              |         |                |     |       |
| 4.       | Nina Zusterzeel       | Psv                 | 200800656    | 1:12.26 | <b>1:12.77</b> | 684 | +0,71 |
|          | 50m: 33.69            | 100m: 1:12.77       |              |         |                |     |       |
| 5.       | Rafaëla Mulders       | De Reuring          | 200701398    | 1:14.39 | <b>1:13.40</b> | 666 | +0,60 |
|          | 50m: 34.78            | 100m: 1:13.40       |              |         |                |     |       |
| 6.       | Jill Nai Chung Tong   | Wvz                 | 200404272    | 1:14.17 | <b>1:14.39</b> | 640 | +0,69 |
|          | 50m: 34.25            | 100m: 1:14.39       |              |         |                |     |       |
| 7.       | Carla Moreno Palacios | De Dolfijn          | 201002302    | 1:14.31 | <b>1:14.72</b> | 632 | +0,78 |
|          | 50m: 34.84            | 100m: 1:14.72       |              |         |                |     |       |
| 8.       | Paula Spans           | Zpc Amersfoort      | 201000064    | 1:14.77 | <b>1:15.20</b> | 620 | +0,80 |
|          | 50m: 35.17            | 100m: 1:15.20       |              |         |                |     |       |
| Finale B |                       |                     |              |         |                |     |       |
| 10.      | Tess Vonk             | De Geul             | 200900024    | 1:16.54 | <b>1:16.15</b> | 597 | +0,65 |
|          | 50m: 36.49            | 100m: 1:16.15       |              |         |                |     |       |
| 11.      | Esmee Mulder          | DZ&PC               | 200800038    | 1:17.15 | <b>1:17.04</b> | 576 |       |
|          | 50m: 36.08            | 100m: 1:17.04       |              |         |                |     |       |
| 12.      | Marre van der Wal     | SG. Bolsward-Workum | 201000046    | 1:18.64 | <b>1:17.93</b> | 557 | +0,73 |
|          | 50m: 36.65            | 100m: 1:17.93       |              |         |                |     |       |
| 13.      | Lise Kleinbekman      | DZ&PC               | 200502870    | 1:18.68 | <b>1:18.02</b> | 555 | +0,75 |
|          | 50m: 36.53            | 100m: 1:18.02       |              |         |                |     |       |

DZ&PC Spring Swim 2025

Programmanr. 14, Dames, 100m schoolslag, Finale, Junioren 2 en ouder

| Rang                                              | In.tijd                           | Tijd    | Pnt            | RT        |
|---------------------------------------------------|-----------------------------------|---------|----------------|-----------|
| 14. Ismay Lichtendonk<br>50m: 37.34 100m: 1:18.24 | Dedemsvaart-AC<br>200400622       | 1:17.43 | <b>1:18.24</b> | 550 +0,73 |
| 15. Yill van Bezouw<br>50m: 36.81 100m: 1:18.45   | Hieronymus<br>201100704           | 1:18.31 | <b>1:18.45</b> | 546 +0,82 |
| 16. Djelaysa Buunk<br>50m: 36.87 100m: 1:18.65    | Z & PC De Zeeuwse Kl<br>200900536 | 1:18.84 | <b>1:18.65</b> | 542       |
| 17. Fenna Zusterzeel<br>50m: 36.52 100m: 1:19.28  | Psv<br>201000008                  | 1:19.35 | <b>1:19.28</b> | 529 +0,73 |

Finale C

|                                                    |                             |         |                |           |
|----------------------------------------------------|-----------------------------|---------|----------------|-----------|
| 19. Amber Kunst<br>50m: 37.25 100m: 1:18.86        | Daw<br>200900680            | 1:20.34 | <b>1:18.86</b> | 537       |
| 20. Rhodée van den Ham<br>50m: 37.75 100m: 1:18.96 | De Duinkikkers<br>200700090 | 1:21.14 | <b>1:18.96</b> | 535 +0,79 |
| 21. Sanne Keizer<br>50m: 36.65 100m: 1:18.98       | Dedemsvaart-AC<br>201001348 | 1:19.68 | <b>1:18.98</b> | 535 +0,83 |
| 22. Tess van de Steeg<br>50m: 38.05 100m: 1:20.07  | Wvz<br>201000016            | 1:20.62 | <b>1:20.07</b> | 513 +0,79 |
| 23. Breanna Belmar<br>50m: 38.42 100m: 1:21.47     | Blue Marlins<br>201004068   | 1:21.83 | <b>1:21.47</b> | 487 +0,67 |
| 24. Rixt Rothschild<br>50m: 39.09 100m: 1:21.64    | ZPC Hoogeveen<br>200900026  | 1:21.37 | <b>1:21.64</b> | 484 +0,90 |
| 25. Mijke Ouderkerken<br>50m: 38.20 100m: 1:21.72  | Blue Marlins<br>200901254   | 1:22.12 | <b>1:21.72</b> | 483       |
| 26. Esther Dijsselhof<br>50m: 38.60 100m: 1:23.16  | Dedemsvaart-AC<br>200800784 | 1:22.26 | <b>1:23.16</b> | 458 +0,74 |

Programmanr. 15  
1-3-2025 - 17:55

Heren, 200m schoolslag  
Spring Swim record: Luca Janssen 2:17.06

Junioren 1 en ouder  
Resultaten Finale

Punten: AQUA 2024

| Rang                                                                             | In.tijd                 | Tijd    | Pnt            | RT        |
|----------------------------------------------------------------------------------|-------------------------|---------|----------------|-----------|
| 1. Storm Boxum<br>50m: 32.20 100m: 1:08.18 150m: 1:45.67 200m: 2:23.86           | DZ&PC<br>200700421      | 2:23.48 | <b>2:23.86</b> | 663 +0,73 |
| 2. Karsten van Groenigen<br>50m: 32.18 100m: 1:09.41 150m: 1:47.21 200m: 2:24.19 | Zwemfed<br>VZF/10013/08 | 2:23.53 | <b>2:24.19</b> | 659       |
| 3. Bartel Vranken<br>50m: 34.03 100m: 1:11.60 150m: 1:49.25 200m: 2:24.36        | Zwemfed<br>VZF/10017/07 | 2:24.09 | <b>2:24.36</b> | 656 +0,70 |
| 4. Joseph Van Wellen<br>50m: 32.88 100m: 1:11.51 150m: 1:50.31 200m: 2:27.41     | Zwemfed<br>VZF/10016/08 | 2:26.28 | <b>2:27.41</b> | 616 +0,75 |
| 5. Jesse van der Meij<br>50m: 33.70 100m: 1:12.06 150m: 1:50.77 200m: 2:27.95    | De Dolfijn<br>200600841 | 2:27.27 | <b>2:27.95</b> | 610 +0,83 |

DZ&PC Spring Swim 2025

Programmanr. 15, Heren, 200m schoolslag, Finale, Junioren 1 en ouder

| Rang                                                                        | In.tijd | Tijd           | Pnt | RT    |
|-----------------------------------------------------------------------------|---------|----------------|-----|-------|
| 6. Sven Klink<br>50m: 33.27 100m: 1:11.02 150m: 1:49.33 200m: 2:28.48       | 2:32.50 | <b>2:28.48</b> | 603 | +0,81 |
| 7. Bas Claerhout<br>50m: 33.54 100m: 1:11.73 150m: 1:50.86 200m: 2:29.33    | 2:28.97 | <b>2:29.33</b> | 593 | +0,71 |
| 8. Joshua Agussalim<br>50m: 33.12 100m: 1:11.29 150m: 1:50.42 200m: 2:30.03 | 2:29.19 | <b>2:30.03</b> | 585 | +0,56 |

Programmanr. 16  
1-3-2025 - 18:00

Dames, 200m vrije slag  
Spring Swim record: Marjolein Delno 2:01.70

Junioren 2 en ouder  
Resultaten Finale

Punten: AQUA 2024

| Rang                                                                            | In.tijd | Tijd           | Pnt | RT    |
|---------------------------------------------------------------------------------|---------|----------------|-----|-------|
| 1. Femke Spiering<br>50m: 28.94 100m: 1:00.17 150m: 1:32.23 200m: 2:03.69       | 2:04.63 | <b>2:03.69</b> | 759 |       |
| 2. Nore Michiels<br>50m: 28.71 100m: 1:00.27 150m: 1:32.80 200m: 2:04.55        | 2:03.59 | <b>2:04.55</b> | 743 | +0,75 |
| 3. Sara Korthuis<br>50m: 29.60 100m: 1:01.94 150m: 1:34.91 200m: 2:05.92        | 2:06.95 | <b>2:05.92</b> | 719 | +0,80 |
| 4. Noa Hollebosch<br>50m: 30.12 100m: 1:02.06 150m: 1:34.68 200m: 2:06.10       | 2:05.89 | <b>2:06.10</b> | 716 | +0,72 |
| 5. Lana Ravelingien<br>50m: 29.62 100m: 1:01.67 150m: 1:34.40 200m: 2:06.40     | 2:06.12 | <b>2:06.40</b> | 711 | +0,73 |
| 6. Jade van der Schrier<br>50m: 30.25 100m: 1:02.32 150m: 1:34.96 200m: 2:06.59 | 2:07.99 | <b>2:06.59</b> | 708 | +0,75 |
| 7. Bregje Dekkers<br>50m: 30.49 100m: 1:03.30 150m: 1:36.62 200m: 2:08.87       | 2:10.15 | <b>2:08.87</b> | 671 | +0,65 |
| 8. Julie van Nispen<br>50m: 30.37 100m: 1:03.13 150m: 1:36.35 200m: 2:09.90     | 2:10.87 | <b>2:09.90</b> | 655 | +0,74 |

Programmanr. 17  
1-3-2025 - 18:00

Heren, 50m vlinderslag  
Spring Swim record: Thom de Boer 23.92

Junioren 1 en ouder  
Resultaten Finale

Punten: AQUA 2024

| Rang | In.tijd | Tijd | Pnt | RT |
|------|---------|------|-----|----|
|------|---------|------|-----|----|

Programmanr. 17, Heren, 50m vlinderslag, Finale

Finale A

|                            |              |           |       |              |     |       |
|----------------------------|--------------|-----------|-------|--------------|-----|-------|
| 1. Michael Smink           | Blue Marlins | 200302169 | 24.26 | <b>24.46</b> | 754 | +0,71 |
| 2. Kia Afzali              | De Vikings   | 200305145 | 25.22 | <b>25.01</b> | 706 |       |
| 3. Patriks Francis Pone    | De Dolfijn   | 200504577 | 25.56 | <b>25.49</b> | 666 | +0,64 |
| 4. Giovanni Phillipson     | ZV De Zaan   | 200801099 | 26.06 | <b>25.64</b> | 655 | +0,67 |
| 5. Matthijs van Meerendonk | DZ&PC        | 199900375 | 26.04 | <b>25.67</b> | 652 | +0,65 |
| Jisse Lousma               | Wvz          | 200701493 | 26.14 | <b>25.67</b> | 652 | +0,78 |
| 7. Lars Bulman             | Blue Marlins | 200600125 | 25.71 | <b>25.81</b> | 642 | +0,71 |
| 8. Lars Minnaert           | Psv          | 200502355 | 25.97 | <b>26.03</b> | 626 | +0,65 |

Finale B

|                             |                 |           |       |              |     |       |
|-----------------------------|-----------------|-----------|-------|--------------|-----|-------|
| 10. Mikkel Grotelüschen     | SV Wildeshausen | 338479    | 26.40 | <b>26.04</b> | 625 |       |
| 11. Yarno van Dam           | Acz             | 200800115 | 26.24 | <b>26.05</b> | 624 | +0,73 |
| 12. Floris Stork            | DZ&PC           | 200305075 | 26.44 | <b>26.26</b> | 609 | +0,69 |
| 13. Lucas Bemer             | De Duinkikkers  | 200700219 | 26.55 | <b>26.28</b> | 608 | +0,74 |
| 14. Jones Chuang            | Psv             | 200801173 | 26.65 | <b>26.31</b> | 606 |       |
| 15. Q. Brouwer van Gonzenbe | TriVia          | 200700001 | 26.41 | <b>26.58</b> | 588 | +0,68 |
| 16. Joshua Agussalim        | Wvz             | 200600153 | 26.42 | <b>26.71</b> | 579 | +0,66 |
| 17. Bjorn Rijkaart          | Wvz             | 200601337 | 26.81 | <b>26.78</b> | 575 | +0,97 |

Finale C

|                        |                |           |       |              |     |       |
|------------------------|----------------|-----------|-------|--------------|-----|-------|
| 19. Tiamo van der Veen | Dedemsvaart-AC | 200600033 | 26.90 | <b>26.39</b> | 600 | +0,77 |
| 20. Siem de Zeeuw      | O Z & P C      | 200800013 | 26.94 | <b>26.82</b> | 572 | +0,71 |
| 21. Giulian Janssen    | Psv            | 200900125 | 26.99 | <b>26.88</b> | 568 |       |
| 22. Filip Piszczynski  | Ksn (Sg)       | 200802125 | 27.84 | <b>27.05</b> | 558 | +0,66 |
| 23. Sven Koorstra      | De Vikings     | 200900189 | 27.69 | <b>27.16</b> | 551 | +0,70 |
| 24. Gijs Vesseur       | Zpc Amersfoort | 200700277 | 27.60 | <b>27.20</b> | 548 | +0,78 |
| 25. Martijn Nies       | Psv            | 200902095 | 27.74 | <b>28.00</b> | 503 | +0,74 |
| 26. Collard Jungeling  | DZ&PC          | 200701831 | 28.43 | <b>28.16</b> | 494 |       |
| NG Ivo Bot             | Wiekslag       | 200900509 | 28.51 |              |     |       |

Programmanr. 18  
1-3-2025 - 18:15

Dames, 200m wisselslag  
Spring Swim record: Mare Schallenberg 2.19.17

Juniores 2 en ouder  
Resultaten Finale

Punten: AQUA 2024

| Rang                                                 | In.tijd | Tijd           | Pnt | RT    |
|------------------------------------------------------|---------|----------------|-----|-------|
| 1. Zinke Delcommune Zwemfed VZF/20003/05             | 2:21.41 | <b>2:20.32</b> | 726 | +0,75 |
| 50m: 30.43 100m: 1:07.41 150m: 1:47.12 200m: 2:20.32 |         |                |     |       |
| 2. Nikita van den Ouden Psv 199900622                | 2:23.80 | <b>2:21.42</b> | 709 |       |
| 50m: 30.14 100m: 1:07.41 150m: 1:49.20 200m: 2:21.42 |         |                |     |       |
| 3. Rhodée van den Ham De Duinkikkers 200700090       | 2:28.92 | <b>2:26.01</b> | 644 | +0,80 |
| 50m: 31.15 100m: 1:09.85 150m: 1:52.39 200m: 2:26.01 |         |                |     |       |
| 4. Jill Nai Chung Tong Wvz 200404272                 | 2:28.51 | <b>2:28.61</b> | 611 | +0,71 |
| 50m: 31.44 100m: 1:11.56 150m: 1:54.10 200m: 2:28.61 |         |                |     |       |
| 5. Nova Nijziel De Dolfijn 200804416                 | 2:29.57 | <b>2:30.12</b> | 592 | +0,62 |
| 50m: 31.70 100m: 1:10.35 150m: 1:55.68 200m: 2:30.12 |         |                |     |       |
| 6. Ismay Lichtendonk Dedemsvaart-AC 200400622        | 2:23.81 | <b>2:30.15</b> | 592 | +0,74 |
| 50m: 32.48 100m: 1:10.15 150m: 1:55.40 200m: 2:30.15 |         |                |     |       |

DZ&PC Spring Swim 2025

Programmanr. 18, Dames, 200m wisselslag, Finale, Junioren 2 en ouder

| Rang                                                 | In.tijd | Tijd           | Pnt | RT    |
|------------------------------------------------------|---------|----------------|-----|-------|
| 7. Niene Dewaelheyns Zwemfed VZF/20004/07            | 2:28.63 | <b>2:30.71</b> | 586 | +0,65 |
| 50m: 30.32 100m: 1:09.63 150m: 1:55.37 200m: 2:30.71 |         |                |     |       |
| 8. Esmee Mulder DZ&PC 200800038                      | 2:29.62 | <b>2:30.92</b> | 583 | +0,92 |
| 50m: 31.75 100m: 1:11.23 150m: 1:55.04 200m: 2:30.92 |         |                |     |       |

4 - Spring Swim sessie 4: Series

2-3-2025 - 9:00

Programmanr. 19  
2-3-2025 - 9:00

Dames, 400m vrije slag  
Spring Swim record: Serena Stel: 4.20.79

Junioren 2 en ouder  
Resultaten Voorronde

Punten: AQUA 2024

| Rang                                                    | In.tijd | Tijd           | Pnt | RT      |
|---------------------------------------------------------|---------|----------------|-----|---------|
| 1. Jade van der Schrier Azc 1 200800692                 | 4:27.03 | <b>4:24.16</b> | 707 | Q       |
| 50m: 31.20 150m: 1:37.34 250m: 2:45.19 350m: 3:52.77    |         |                |     |         |
| 100m: 1:03.77 200m: 2:10.99 300m: 3:18.93 400m: 4:24.16 |         |                |     |         |
| 2. Nynke Boerefijn Zpc Amersfoort 200700114             | 4:29.78 | <b>4:27.61</b> | 680 | +0,80 Q |
| 50m: 30.66 150m: 1:39.09 250m: 2:47.80 350m: 3:54.95    |         |                |     |         |
| 100m: 1:04.23 200m: 2:13.59 300m: 3:21.55 400m: 4:27.61 |         |                |     |         |
| 3. Bregje Dekkers Psv 200900746                         | 4:30.22 | <b>4:29.88</b> | 663 | +0,55 Q |
| 50m: 31.18 150m: 1:38.72 250m: 2:47.73 350m: 3:56.66    |         |                |     |         |
| 100m: 1:04.61 200m: 2:13.14 300m: 3:22.18 400m: 4:29.88 |         |                |     |         |
| 4. Sam De Bont Zwemfed VZF/20001/08                     | 5:04.27 | <b>4:32.16</b> | 646 | Q       |
| 50m: 30.73 150m: 1:39.55 250m: 2:49.36 350m: 3:58.52    |         |                |     |         |
| 100m: 1:04.90 200m: 2:14.47 300m: 3:24.27 400m: 4:32.16 |         |                |     |         |
| 5. Noa Hollebosch Zwemfed VZF/20007/07                  | 4:27.28 | <b>4:32.72</b> | 642 | Q       |
| 50m: 31.87 150m: 1:41.18 250m: 2:50.58 350m: 3:59.78    |         |                |     |         |
| 100m: 1:06.29 200m: 2:16.10 300m: 3:25.12 400m: 4:32.72 |         |                |     |         |
| 6. Lana Ravelingien Zwemfed VZF/20011/03                | 4:23.65 | <b>4:32.96</b> | 641 | +0,71 Q |
| 50m: 30.71 150m: 1:38.85 250m: 2:48.33 350m: 3:58.59    |         |                |     |         |
| 100m: 1:04.35 200m: 2:13.39 300m: 3:23.24 400m: 4:32.96 |         |                |     |         |
| 7. Fenne Metten Zpc Amersfoort 201000102                | 4:38.56 | <b>4:34.05</b> | 633 | +0,64 Q |
| 50m: 31.04 150m: 1:40.39 250m: 2:51.13 350m: 4:01.40    |         |                |     |         |
| 100m: 1:05.39 200m: 2:16.06 300m: 3:26.36 400m: 4:34.05 |         |                |     |         |
| 8. Julie van Nispen Z&PV Nuenen 200800290               | 4:27.91 | <b>4:35.90</b> | 620 | +0,71 Q |
| 50m: 31.01 150m: 1:40.15 250m: 2:50.45 350m: 4:01.32    |         |                |     |         |
| 100m: 1:05.16 200m: 2:14.92 300m: 3:25.71 400m: 4:35.90 |         |                |     |         |
| 9. Frouke Ludwig DZ&PC 200800112                        | 4:26.97 | <b>4:37.18</b> | 612 | +0,77 Q |
| 50m: 31.65 150m: 1:41.13 250m: 2:51.64 350m: 4:02.54    |         |                |     |         |
| 100m: 1:05.99 200m: 2:16.66 300m: 3:27.00 400m: 4:37.18 |         |                |     |         |
| 10. Nikita van den Ouden Psv 199900622                  | 4:29.60 | <b>4:37.76</b> | 608 | +0,74 R |
| 50m: 31.28 150m: 1:41.46 250m: 2:52.19 350m: 4:03.82    |         |                |     |         |
| 100m: 1:06.07 200m: 2:16.91 300m: 3:27.85 400m: 4:37.76 |         |                |     |         |
| 11. Yill van Bezouw Hieronymus 201100704                | 4:46.03 | <b>4:38.29</b> | 605 | +0,68 R |
| 50m: 31.03 150m: 1:41.77 250m: 2:53.01 350m: 4:04.43    |         |                |     |         |
| 100m: 1:05.88 200m: 2:17.55 300m: 3:28.62 400m: 4:38.29 |         |                |     |         |

DZ&PC Spring Swim 2025

Programmanr. 19, Dames, 400m vrije slag, Voorronde, Junioren 2 en ouder

| Rang |                    |                      |           |         |       |         | In.tijd | Tijd           | Pnt | RT    |
|------|--------------------|----------------------|-----------|---------|-------|---------|---------|----------------|-----|-------|
| 12.  | Fenna Westerneng   | DZ&PC                | 200900070 |         |       |         | 4:38.43 | <b>4:42.10</b> | 580 | +0,77 |
|      | 50m:               | 31.93                | 150m:     | 1:43.29 | 250m: | 2:55.27 | 350m:   | 4:06.82        |     |       |
|      | 100m:              | 1:07.38              | 200m:     | 2:19.46 | 300m: | 3:31.39 | 400m:   | 4:42.10        |     |       |
| 13.  | Marin Wieling      | Zpc Amersfoort       | 200501220 |         |       |         | 4:39.89 | <b>4:42.49</b> | 578 |       |
|      | 50m:               | 31.27                | 150m:     | 1:42.67 | 250m: | 2:55.28 | 350m:   | 4:07.65        |     |       |
|      | 100m:              | 1:06.81              | 200m:     | 2:19.07 | 300m: | 3:31.72 | 400m:   | 4:42.49        |     |       |
| 14.  | Rhodee van den Ham | De Duinkikkers       | 200700090 |         |       |         | 4:37.90 | <b>4:43.63</b> | 571 | +0,80 |
|      | 50m:               | 31.53                | 150m:     | 1:42.66 | 250m: | 2:54.62 | 350m:   | 4:07.37        |     |       |
|      | 100m:              | 1:06.52              | 200m:     | 2:19.10 | 300m: | 3:30.76 | 400m:   | 4:43.63        |     |       |
| 15.  | Maaïke Issard      | DZ&PC                | 200300022 |         |       |         | 4:44.51 | <b>4:44.00</b> | 569 | +0,67 |
|      | 50m:               | 32.05                | 150m:     | 1:42.10 | 250m: | 2:53.49 | 350m:   | 4:07.83        |     |       |
|      | 100m:              | 1:07.26              | 200m:     | 2:17.85 | 300m: | 3:30.34 | 400m:   | 4:44.00        |     |       |
| 16.  | Elin Brinkhof      | De Dolfijn           | 200900078 |         |       |         | 4:42.06 | <b>4:45.70</b> | 559 | +0,81 |
|      | 50m:               | 32.09                | 150m:     | 1:42.74 | 250m: | 2:55.49 | 350m:   | 4:09.65        |     |       |
|      | 100m:              | 1:06.74              | 200m:     | 2:18.73 | 300m: | 3:32.18 | 400m:   | 4:45.70        |     |       |
| 17.  | Amé Hulleman       | DZ&PC                | 200202794 |         |       |         | 4:35.83 | <b>4:47.03</b> | 551 | +0,85 |
|      | 50m:               | 33.14                | 150m:     | 1:45.17 | 250m: | 2:57.80 | 350m:   | 4:11.31        |     |       |
|      | 100m:              | 1:08.95              | 200m:     | 2:21.45 | 300m: | 3:34.58 | 400m:   | 4:47.03        |     |       |
| 18.  | Imre Bouwland      | ZPC Hoogeveen        | 200700388 |         |       |         | 4:43.19 | <b>4:49.98</b> | 534 | +0,78 |
|      | 50m:               | 32.12                | 150m:     | 1:45.07 | 250m: | 2:58.89 | 350m:   | 4:14.02        |     |       |
|      | 100m:              | 1:08.21              | 200m:     | 2:22.02 | 300m: | 3:36.36 | 400m:   | 4:49.98        |     |       |
| 19.  | Milou Filemon      | Blue Marlins         | 201100078 |         |       |         | 4:49.41 | <b>4:51.21</b> | 528 | +0,69 |
|      | 50m:               | 32.40                | 150m:     | 1:45.76 | 250m: | 3:01.47 | 350m:   | 4:15.75        |     |       |
|      | 100m:              | 1:08.44              | 200m:     | 2:23.60 | 300m: | 3:38.62 | 400m:   | 4:51.21        |     |       |
| 20.  | Brechtje Slootweg  | Zpc Amersfoort       | 201101744 |         |       |         | 4:59.91 | <b>4:51.51</b> | 526 | +0,81 |
|      | 50m:               | 32.85                | 150m:     | 1:46.70 | 250m: | 3:01.47 | 350m:   | 4:16.19        |     |       |
|      | 100m:              | 1:09.16              | 200m:     | 2:24.18 | 300m: | 3:39.21 | 400m:   | 4:51.51        |     |       |
| 21.  | Djelaysa Buunk     | Z & PC De Zeeuwse Kl | 200900536 |         |       |         | 4:47.86 | <b>4:51.78</b> | 524 | +0,78 |
|      | 50m:               | 32.47                | 150m:     | 1:45.78 | 250m: | 3:00.62 | 350m:   | 4:15.67        |     |       |
|      | 100m:              | 1:09.17              | 200m:     | 2:23.35 | 300m: | 3:38.34 | 400m:   | 4:51.78        |     |       |
| 22.  | Vera Wassink       | DZ&PC                | 200604976 |         |       |         | 4:46.09 | <b>4:53.07</b> | 518 | +0,76 |
|      | 50m:               | 31.76                | 150m:     | 1:45.57 | 250m: | 3:00.95 | 350m:   | 4:16.38        |     |       |
|      | 100m:              | 1:08.55              | 200m:     | 2:23.29 | 300m: | 3:38.83 | 400m:   | 4:53.07        |     |       |
| 23.  | Noa van Zalk       | Zpc Amersfoort       | 201102534 |         |       |         | 4:53.83 | <b>4:53.64</b> | 515 | +0,77 |
|      | 50m:               | 32.43                | 150m:     | 1:45.51 | 250m: | 3:00.52 | 350m:   | 4:16.82        |     |       |
|      | 100m:              | 1:08.76              | 200m:     | 2:23.01 | 300m: | 3:38.69 | 400m:   | 4:53.64        |     |       |
| 24.  | Yanique Bax        | Zpc Amersfoort       | 201001428 |         |       |         | 4:58.73 | <b>4:53.71</b> | 514 | +0,67 |
|      | 50m:               | 33.98                | 150m:     | 1:48.10 | 250m: | 3:02.79 | 350m:   | 4:17.78        |     |       |
|      | 100m:              | 1:11.21              | 200m:     | 2:25.17 | 300m: | 3:40.44 | 400m:   | 4:53.71        |     |       |
| 25.  | Mijke Ouderkerken  | Blue Marlins         | 200901254 |         |       |         | 4:53.16 | <b>4:53.74</b> | 514 |       |
|      | 50m:               | 32.77                | 150m:     | 1:46.38 | 250m: | 3:02.16 | 350m:   | 4:17.24        |     |       |
|      | 100m:              | 1:08.92              | 200m:     | 2:24.14 | 300m: | 3:39.60 | 400m:   | 4:53.74        |     |       |
| 26.  | Raegan Belmar      | Blue Marlins         | 201004070 |         |       |         | 4:57.98 | <b>4:54.52</b> | 510 | +0,84 |
|      | 50m:               | 31.67                | 150m:     | 1:43.51 | 250m: | 2:59.20 | 350m:   | 4:16.69        |     |       |
|      | 100m:              | 1:06.87              | 200m:     | 2:21.13 | 300m: | 3:38.11 | 400m:   | 4:54.52        |     |       |

Programmanr. 19, Dames, 400m vrije slag, Voorronde, Junioren 2 en ouder

| Rang |                       |                     |               |               |  |  | In.tijd | Tijd           | Pnt | RT    |
|------|-----------------------|---------------------|---------------|---------------|--|--|---------|----------------|-----|-------|
| 27.  | Sofie Vos             | ZPC Hoogeveen       | 200800804     |               |  |  | 5:00.15 | <b>5:00.90</b> | 478 | +0,74 |
|      | 50m: 34.20            | 150m: 1:49.81       | 250m: 3:06.32 | 350m: 4:23.11 |  |  |         |                |     |       |
|      | 100m: 1:12.06         | 200m: 2:28.02       | 300m: 3:44.78 | 400m: 5:00.90 |  |  |         |                |     |       |
| 28.  | Kyara Balt            | De Vikings          | 201100306     |               |  |  | 5:04.50 | <b>5:01.43</b> | 476 |       |
|      | 50m: 33.92            | 150m: 1:50.76       | 250m: 3:08.35 | 350m: 4:24.34 |  |  |         |                |     |       |
|      | 100m: 1:11.80         | 200m: 2:30.00       | 300m: 3:46.66 | 400m: 5:01.43 |  |  |         |                |     |       |
| 29.  | Lian Vonk             | Zpc Amersfoort      | 201001606     |               |  |  | 5:04.01 | <b>5:02.44</b> | 471 | +0,56 |
|      | 50m: 32.95            | 150m: 1:48.28       | 250m: 3:07.83 | 350m: 4:25.95 |  |  |         |                |     |       |
|      | 100m: 1:09.62         | 200m: 2:27.65       | 300m: 3:46.87 | 400m: 5:02.44 |  |  |         |                |     |       |
| 30.  | Daphne Dijsselhof     | Dedemsvaart-AC      | 200901690     |               |  |  | 4:56.93 | <b>5:04.71</b> | 460 | +0,87 |
|      | 50m: 32.81            | 150m: 1:48.58       | 250m: 3:07.45 | 350m: 4:26.37 |  |  |         |                |     |       |
|      | 100m: 1:09.73         | 200m: 2:27.53       | 300m: 3:46.87 | 400m: 5:04.71 |  |  |         |                |     |       |
| 31.  | Cynthia Koolman       | Steenwijk 1934      | 200300232     |               |  |  | 5:08.49 | <b>5:05.64</b> | 456 | +0,75 |
|      | 50m: 35.08            | 150m: 1:51.27       | 250m: 3:09.08 | 350m: 4:27.05 |  |  |         |                |     |       |
|      | 100m: 1:12.95         | 200m: 2:30.17       | 300m: 3:47.82 | 400m: 5:05.64 |  |  |         |                |     |       |
| 32.  | Mare Offringa         | SG. Bolsward-Workum | 201001110     |               |  |  | 5:12.86 | <b>5:06.35</b> | 453 | +0,85 |
|      | 50m: 34.09            | 150m: 1:51.11       | 250m: 3:10.27 | 350m: 4:28.64 |  |  |         |                |     |       |
|      | 100m: 1:11.95         | 200m: 2:30.59       | 300m: 3:50.01 | 400m: 5:06.35 |  |  |         |                |     |       |
| 33.  | Isa Segenhout         | Orca Leeuwarden     | 201000128     |               |  |  | 5:25.50 | <b>5:10.42</b> | 435 |       |
|      | 50m: 34.30            | 150m: 1:53.21       | 250m: 3:13.12 | 350m: 4:31.93 |  |  |         |                |     |       |
|      | 100m: 1:13.00         | 200m: 2:33.28       | 300m: 3:52.18 | 400m: 5:10.42 |  |  |         |                |     |       |
| 34.  | Senna Boogmans        | De Duinkikkers      | 201000640     |               |  |  | 5:00.15 | <b>5:12.16</b> | 428 | +0,85 |
|      | 50m: 33.13            | 150m: 1:48.99       | 250m: 3:09.54 | 350m: 4:32.47 |  |  |         |                |     |       |
|      | 100m: 1:10.44         | 200m: 2:28.87       | 300m: 3:51.22 | 400m: 5:12.16 |  |  |         |                |     |       |
| 35.  | Kamila Makhmadiyarova | Blue Marlins        | 201103178     |               |  |  | 5:24.46 | <b>5:12.33</b> | 428 | +0,62 |
|      | 50m: 34.92            | 150m: 1:55.09       | 250m: 3:15.84 | 350m: 4:35.43 |  |  |         |                |     |       |
|      | 100m: 1:14.69         | 200m: 2:35.15       | 300m: 3:56.19 | 400m: 5:12.33 |  |  |         |                |     |       |
| 36.  | Kiki Bootsman         | Azuro               | 200502850     |               |  |  | 5:17.58 | <b>5:14.05</b> | 421 |       |
|      | 50m: 36.91            | 150m: 1:55.04       | 250m: 3:14.05 | 350m: 4:34.07 |  |  |         |                |     |       |
|      | 100m: 1:15.99         | 200m: 2:35.13       | 300m: 3:53.80 | 400m: 5:14.05 |  |  |         |                |     |       |
| 37.  | Anique Polinder       | Dedemsvaart-AC      | 200800008     |               |  |  | 5:18.78 | <b>5:14.28</b> | 420 | +0,74 |
|      | 50m: 35.08            | 150m: 1:54.49       | 250m: 3:15.52 | 350m: 4:36.84 |  |  |         |                |     |       |
|      | 100m: 1:14.26         | 200m: 2:35.13       | 300m: 3:56.28 | 400m: 5:14.28 |  |  |         |                |     |       |
| 38.  | Marjolie Spelde       | ZC Borger           | 200900266     |               |  |  | 5:13.80 | <b>5:14.59</b> | 418 | +0,78 |
|      | 50m: 33.29            | 150m: 1:51.73       | 250m: 3:14.32 | 350m: 4:37.10 |  |  |         |                |     |       |
|      | 100m: 1:11.48         | 200m: 2:32.93       | 300m: 3:56.08 | 400m: 5:14.59 |  |  |         |                |     |       |
| 39.  | Myron Dekker          | ZPC Hoogeveen       | 201000512     |               |  |  | 5:39.61 | <b>5:17.99</b> | 405 | +0,69 |
|      | 50m: 35.24            | 150m: 1:53.86       | 250m: 3:15.93 | 350m: 4:37.70 |  |  |         |                |     |       |
|      | 100m: 1:13.99         | 200m: 2:34.94       | 300m: 3:56.99 | 400m: 5:17.99 |  |  |         |                |     |       |
| 40.  | Elien Groothuismink   | Swol 1894           | 200800920     |               |  |  | 5:23.00 | <b>5:27.29</b> | 371 | +0,65 |
|      | 50m: 34.99            | 150m: 1:56.38       | 250m: 3:21.36 | 350m: 4:46.34 |  |  |         |                |     |       |
|      | 100m: 1:15.19         | 200m: 2:39.26       | 300m: 4:05.05 | 400m: 5:27.29 |  |  |         |                |     |       |
| 41.  | Esther Dijsselhof     | Dedemsvaart-AC      | 200800784     |               |  |  | 5:23.66 | <b>5:29.75</b> | 363 | +0,75 |
|      | 50m: 34.59            | 150m: 1:54.40       | 250m: 3:19.18 | 350m: 4:46.36 |  |  |         |                |     |       |
|      | 100m: 1:13.41         | 200m: 2:37.12       | 300m: 4:02.95 | 400m: 5:29.75 |  |  |         |                |     |       |

Programmanr. 19, Dames, 400m vrije slag, Voorronde, Junioren 2 en ouder

| Rang  |                  |                     |               |               |  |  | In.tijd | Tijd           | Pnt | RT    |
|-------|------------------|---------------------|---------------|---------------|--|--|---------|----------------|-----|-------|
| 42.   | Anna Schuurman   | SG. Bolsward-Workum | 201000076     |               |  |  | 5:29.87 | <b>5:30.91</b> | 359 | +0,84 |
|       | 50m: 36.76       | 150m: 1:59.27       | 250m: 3:23.80 | 350m: 4:49.85 |  |  |         |                |     |       |
|       | 100m: 1:17.67    | 200m: 2:41.42       | 300m: 4:06.96 | 400m: 5:30.91 |  |  |         |                |     |       |
| 43.   | Floortje Bakker  | Blue Marlins        | 201101124     |               |  |  | 5:45.26 | <b>5:44.82</b> | 318 | +0,78 |
|       | 50m: 36.92       | 150m: 2:01.93       | 250m: 3:31.25 | 350m: 5:01.52 |  |  |         |                |     |       |
|       | 100m: 1:18.74    | 200m: 2:46.76       | 300m: 4:16.25 | 400m: 5:44.82 |  |  |         |                |     |       |
| 44.   | Jessica Dekkinga | Steenwijk 1934      | 200600180     |               |  |  | 5:53.29 | <b>5:45.90</b> | 315 | +0,85 |
|       | 50m: 37.34       | 150m: 2:04.14       | 250m: 3:33.26 | 350m: 5:02.88 |  |  |         |                |     |       |
|       | 100m: 1:20.31    | 200m: 2:49.01       | 300m: 4:18.43 | 400m: 5:45.90 |  |  |         |                |     |       |
| 45.   | Sarah Brandes    | SV Wildeshausen     | 406178        |               |  |  | 5:52.71 | <b>5:47.14</b> | 311 | +0,60 |
|       | 50m: 36.92       | 150m: 2:03.06       | 250m: 3:33.97 | 350m: 5:04.65 |  |  |         |                |     |       |
|       | 100m: 1:18.46    | 200m: 2:48.39       | 300m: 4:19.19 | 400m: 5:47.14 |  |  |         |                |     |       |
| 46.   | Syll Rinsma      | DZ&PC               | 201200798     |               |  |  | 5:48.19 | <b>5:48.31</b> | 308 |       |
|       | 50m: 35.91       | 150m: 2:02.66       | 250m: 3:33.55 | 350m: 5:05.21 |  |  |         |                |     |       |
|       | 100m: 1:18.20    | 200m: 2:47.97       | 300m: 4:19.79 | 400m: 5:48.31 |  |  |         |                |     |       |
| 47.   | Carlijn Aardema  | ZC Borger           | 201100272     |               |  |  | 5:46.71 | <b>5:50.26</b> | 303 | +0,92 |
|       | 50m: 37.43       | 150m: 2:06.24       | 250m: 3:36.47 | 350m: 5:06.95 |  |  |         |                |     |       |
|       | 100m: 1:21.59    | 200m: 2:50.72       | 300m: 4:21.49 | 400m: 5:50.26 |  |  |         |                |     |       |
| AFGEM | Isabella Ekberg  | Zpc Amersfoort      | 201202206     |               |  |  | 5:49.29 |                |     |       |
| AFGEM | Lotte Lübbers    | Ksn (Sg)            | 200900190     |               |  |  | 4:55.73 |                |     |       |
| AFGEM | Myrthe Natzijs   | DZ&PC               | 200400076     |               |  |  | 4:37.69 |                |     |       |

Programmanr. 20  
2-3-2025 - 9:28

Heren, 100m vlinderslag  
Spring Swim record: Michael Smink: 54.05

Junioren 1 en ouder  
Resultaten Voorronde

Punten: AQUA 2024

| Rang |                         |                |              |  |  |  | In.tijd | Tijd         | Pnt | RT      |
|------|-------------------------|----------------|--------------|--|--|--|---------|--------------|-----|---------|
| 1.   | Michael Smink           | Blue Marlins   | 200302169    |  |  |  | 53.93   | <b>55.54</b> | 705 | +0,73 A |
|      | 50m: 25.21              | 100m: 55.54    |              |  |  |  |         |              |     |         |
| 2.   | Bere Waerniers          | Zwemfed        | VZF/10018/08 |  |  |  | 55.89   | <b>55.81</b> | 695 | A       |
|      | 50m: 26.07              | 100m: 55.81    |              |  |  |  |         |              |     |         |
| 3.   | Émile Fouzaï            | Zpc Amersfoort | 200500263    |  |  |  | 55.70   | <b>56.43</b> | 672 | +0,70 A |
|      | 50m: 26.71              | 100m: 56.43    |              |  |  |  |         |              |     |         |
| 4.   | Austin Namesnik         | Zpc Amersfoort | 200101817    |  |  |  | 54.68   | <b>56.58</b> | 667 | +0,63 A |
|      | 50m: 26.79              | 100m: 56.58    |              |  |  |  |         |              |     |         |
| 5.   | Matthijs van Meerendonk | DZ&PC          | 199900375    |  |  |  | 56.25   | <b>57.39</b> | 639 | A       |
|      | 50m: 26.91              | 100m: 57.39    |              |  |  |  |         |              |     |         |
| 6.   | Lars Bulman             | Blue Marlins   | 200600125    |  |  |  | 56.54   | <b>57.51</b> | 635 | A       |
|      | 50m: 26.63              | 100m: 57.51    |              |  |  |  |         |              |     |         |
| 7.   | Jisse Lousma            | Wvz            | 200701493    |  |  |  | 59.83   | <b>57.54</b> | 634 | +0,62 A |
|      | 50m: 26.94              | 100m: 57.54    |              |  |  |  |         |              |     |         |
| 8.   | Bas Claerhout           | Zwemfed        | VZF/10003/08 |  |  |  | 57.65   | <b>58.20</b> | 613 | +0,72 A |
|      | 50m: 26.72              | 100m: 58.20    |              |  |  |  |         |              |     |         |
| 9.   | Tiede Groener           | Psv            | 200700155    |  |  |  | 59.13   | <b>58.87</b> | 592 | +0,76 A |
|      | 50m: 27.07              | 100m: 58.87    |              |  |  |  |         |              |     |         |

DZ&PC Spring Swim 2025

Programmanr. 20, Heren, 100m vlinderslag, Voorronde, Junioren 1 en ouder

| Rang |                       |                  |              | In.tijd | Tijd           | Pnt | RT      |
|------|-----------------------|------------------|--------------|---------|----------------|-----|---------|
| 10.  | Joshua Agussalim      | Wvz              | 200600153    | 57.84   | <b>58.91</b>   | 591 | +0,67 B |
|      | 50m: 26.85            | 100m: 58.91      |              |         |                |     |         |
| 11.  | Floris Stork          | DZ&PC            | 200305075    | 59.69   | <b>59.00</b>   | 588 | +0,70 B |
|      | 50m: 28.34            | 100m: 59.00      |              |         |                |     |         |
| 12.  | Kia Afzali            | De Vikings       | 200305145    | NT      | <b>59.16</b>   | 584 | +0,67 B |
|      | 50m: 27.09            | 100m: 59.16      |              |         |                |     |         |
| 13.  | Levi Kindt            | Zwemfed          | VZF/10007/07 | 58.41   | <b>59.28</b>   | 580 | +0,68 B |
|      | 50m: 26.90            | 100m: 59.28      |              |         |                |     |         |
| 14.  | Bartel Vranken        | Zwemfed          | VZF/10017/07 | 58.02   | <b>59.34</b>   | 578 | +0,69 B |
|      | 50m: 27.32            | 100m: 59.34      |              |         |                |     |         |
| 15.  | Mikkel Grotelüschen   | SV Wildeshausen  | 338479       | 58.92   | <b>59.48</b>   | 574 | +0,75 B |
|      | 50m: 26.53            | 100m: 59.48      |              |         |                |     |         |
| 16.  | Jasper Van Remoortere | Zwemfed          | VZF/10015/09 | 59.61   | <b>59.59</b>   | 571 | +0,72 B |
|      | 50m: 27.59            | 100m: 59.59      |              |         |                |     |         |
| 17.  | Pepijn van Egmond     | Wvz              | 200402309    | 59.02   | <b>59.83</b>   | 564 | +0,67 B |
|      | 50m: 27.63            | 100m: 59.83      |              |         |                |     |         |
| 18.  | Ronis van Everdingen  | Dwk              | 200300043    | 1:00.86 | <b>1:00.15</b> | 555 | +0,81 B |
|      | 50m: 27.23            | 100m: 1:00.15    |              |         |                |     |         |
| 19.  | Bjorn Rijkaart        | Wvz              | 200601337    | 1:03.28 | <b>1:00.64</b> | 542 | +0,70 C |
|      | 50m: 27.92            | 100m: 1:00.64    |              |         |                |     |         |
| 20.  | Lars Minnaert         | Psv              | 200502355    | 1:00.51 | <b>1:00.72</b> | 540 | +0,62 C |
|      | 50m: 27.79            | 100m: 1:00.72    |              |         |                |     |         |
| 21.  | Jones Chuang          | Psv              | 200801173    | 58.22   | <b>1:00.77</b> | 538 | +0,61 C |
|      | 50m: 27.33            | 100m: 1:00.77    |              |         |                |     |         |
| 22.  | Donny van den Bosch   | Wiekslag         | 199502001    | 1:00.50 | <b>1:00.91</b> | 535 | C       |
|      | 50m: 28.51            | 100m: 1:00.91    |              |         |                |     |         |
| 23.  | Martijn Nies          | Psv              | 200902095    | 1:03.07 | <b>1:01.26</b> | 525 | +0,80 C |
|      | 50m: 28.61            | 100m: 1:01.26    |              |         |                |     |         |
| 24.  | Jetze de Vries        | De Vikings       | 200602589    | 1:02.82 | <b>1:01.48</b> | 520 | C       |
|      | 50m: 28.84            | 100m: 1:01.48    |              |         |                |     |         |
| 25.  | David Kuipers         | HZ&PC Heerenveen | 200003633    | 1:02.37 | <b>1:01.58</b> | 517 | +0,85 C |
|      | 50m: 28.35            | 100m: 1:01.58    |              |         |                |     |         |
| 26.  | Tobian Vos            | Zpc Amersfoort   | 200900005    | 1:00.03 | <b>1:01.89</b> | 510 | +0,61 C |
|      | 50m: 27.88            | 100m: 1:01.89    |              |         |                |     |         |
| 27.  | Storm Tolsma          | DZ&PC            | 200600277    | 1:01.81 | <b>1:01.97</b> | 508 | C       |
|      | 50m: 28.56            | 100m: 1:01.97    |              |         |                |     |         |
| 28.  | Alexander Griston     | De Dolfijn       | 200803053    | 1:05.69 | <b>1:02.01</b> | 507 | +0,74 R |
|      | 50m: 29.51            | 100m: 1:02.01    |              |         |                |     |         |
| 29.  | Sven Koornstra        | De Vikings       | 200900189    | 1:03.04 | <b>1:02.12</b> | 504 | +0,78 R |
|      | 50m: 28.49            | 100m: 1:02.12    |              |         |                |     |         |
| 30.  | Lucas Bemmer          | De Duinkikkers   | 200700219    | 1:02.07 | <b>1:02.20</b> | 502 |         |
|      | 50m: 28.37            | 100m: 1:02.20    |              |         |                |     |         |

Programmanr. 20, Heren, 100m vlinderslag, Voorronde, Junioren 1 en ouder

| Rang |                     |                 |           | In.tijd | Tijd           | Pnt | RT    |
|------|---------------------|-----------------|-----------|---------|----------------|-----|-------|
| 31.  | Stan Tibben         | Dedemsvaart-AC  | 200503591 | 1:01.93 | <b>1:02.28</b> | 500 |       |
|      | 50m: 28.42          | 100m: 1:02.28   |           |         |                |     |       |
| 32.  | Olivier Wilbers     | ZPC Hoogeveen   | 200600181 | 1:02.36 | <b>1:03.03</b> | 482 | +0,75 |
|      | 50m: 29.57          | 100m: 1:03.03   |           |         |                |     |       |
| 33.  | Floris van der Valk | Wiekslag        | 200801891 | 1:04.64 | <b>1:03.36</b> | 475 |       |
|      | 50m: 29.21          | 100m: 1:03.36   |           |         |                |     |       |
|      | Bas Blanker         | Acz             | 200601497 | 1:02.21 | <b>1:03.36</b> | 475 | +0,66 |
|      | 50m: 28.54          | 100m: 1:03.36   |           |         |                |     |       |
| 35.  | Collard Jungeling   | DZ&PC           | 200701831 | 1:00.66 | <b>1:03.93</b> | 462 | +0,72 |
|      | 50m: 29.43          | 100m: 1:03.93   |           |         |                |     |       |
| 36.  | Evren Ege Orcunus   | De Dolfijn      | 201003253 | 1:04.67 | <b>1:04.02</b> | 460 | +0,69 |
|      | 50m: 29.81          | 100m: 1:04.02   |           |         |                |     |       |
| 37.  | Tim Boerefijn       | Wvz             | 200802815 | 1:05.05 | <b>1:04.05</b> | 460 | +0,76 |
|      | 50m: 29.19          | 100m: 1:04.05   |           |         |                |     |       |
| 38.  | Filip Piszczynski   | Ksn (Sg)        | 200802125 | 1:02.61 | <b>1:04.20</b> | 456 | +0,74 |
|      | 50m: 29.29          | 100m: 1:04.20   |           |         |                |     |       |
| 39.  | Fynn Grotelüschen   | SV Wildeshausen | 310328    | 1:04.65 | <b>1:04.36</b> | 453 | +0,72 |
|      | 50m: 28.62          | 100m: 1:04.36   |           |         |                |     |       |
| 40.  | Jaydey Schonewille  | Steenwijk 1934  | 200800025 | 1:02.66 | <b>1:04.71</b> | 446 | +0,75 |
|      | 50m: 29.66          | 100m: 1:04.71   |           |         |                |     |       |
| 41.  | Jelte de Boer       | De Vikings      | 200700345 | 1:05.39 | <b>1:05.25</b> | 435 |       |
|      | 50m: 29.98          | 100m: 1:05.25   |           |         |                |     |       |
| 42.  | Sascha Timmer       | Azc 1           | 200902987 | 1:05.26 | <b>1:05.38</b> | 432 | +0,61 |
|      | 50m: 30.00          | 100m: 1:05.38   |           |         |                |     |       |
| 43.  | Tim van Erven       | DZ&PC           | 200700175 | 1:02.86 | <b>1:05.39</b> | 432 | +0,73 |
|      | 50m: 30.21          | 100m: 1:05.39   |           |         |                |     |       |
| 44.  | Sven Potappel       | Dwk             | 201000127 | 1:07.95 | <b>1:05.60</b> | 428 |       |
|      | 50m: 30.47          | 100m: 1:05.60   |           |         |                |     |       |
| 45.  | Aidan van der Stelt | Blue Marlins    | 200900901 | 1:06.65 | <b>1:05.99</b> | 420 | +0,79 |
|      | 50m: 30.79          | 100m: 1:05.99   |           |         |                |     |       |
| 46.  | Daequan Ramos       | ZPC Hoogeveen   | 200901709 | 1:06.32 | <b>1:06.40</b> | 413 | +0,81 |
|      | 50m: 29.86          | 100m: 1:06.40   |           |         |                |     |       |
| 47.  | Henry Watson        | De Dolfijn      | 201001703 | 1:11.62 | <b>1:06.57</b> | 409 | +0,75 |
|      | 50m: 30.44          | 100m: 1:06.57   |           |         |                |     |       |
| 48.  | Jere Wiersma        | DZ&PC           | 200701037 | 1:06.85 | <b>1:07.30</b> | 396 |       |
|      | 50m: 30.64          | 100m: 1:07.30   |           |         |                |     |       |
| 49.  | Niek Sonneveld      | Wvz             | 200802631 | 1:13.09 | <b>1:07.31</b> | 396 | +0,73 |
|      | 50m: 31.30          | 100m: 1:07.31   |           |         |                |     |       |
| 50.  | Nathan Magava       | De Dolfijn      | 201003067 | 1:07.92 | <b>1:07.48</b> | 393 | +0,62 |
|      | 50m: 30.45          | 100m: 1:07.48   |           |         |                |     |       |
| 51.  | Mart Tempelman      | Dedemsvaart-AC  | 200801075 | 1:06.68 | <b>1:08.25</b> | 380 | +0,68 |
|      | 50m: 30.26          | 100m: 1:08.25   |           |         |                |     |       |

Programmanr. 20, Heren, 100m vlinderslag, Voorronde, Junioren 1 en ouder

| Rang |                       |                  |           |  | In.tijd | Tijd           | Pnt | RT    |
|------|-----------------------|------------------|-----------|--|---------|----------------|-----|-------|
| 52.  | Art Jin van der Ent   | Blue Marlins     | 200903785 |  | 1:10.12 | <b>1:08.37</b> | 378 |       |
|      | 50m: 32.00            | 100m: 1:08.37    |           |  |         |                |     |       |
| 53.  | Brian Arturo Bloemsma | De Dolfijn       | 200901155 |  | 1:12.47 | <b>1:08.69</b> | 373 | +0,58 |
|      | 50m: 30.64            | 100m: 1:08.69    |           |  |         |                |     |       |
| 54.  | Ruben Nooter          | Dedemsvaart-AC   | 200901577 |  | 1:09.87 | <b>1:09.01</b> | 367 | +0,72 |
|      | 50m: 31.87            | 100m: 1:09.01    |           |  |         |                |     |       |
| 55.  | Giovanni Wolfgang     | MSV-Zeemacht     | 201100859 |  | 1:09.96 | <b>1:09.09</b> | 366 | +0,65 |
|      | 50m: 32.06            | 100m: 1:09.09    |           |  |         |                |     |       |
| 56.  | Twan Wielage          | Ksn (Sg)         | 200902671 |  | 1:17.45 | <b>1:09.15</b> | 365 | +0,65 |
|      | 50m: 32.12            | 100m: 1:09.15    |           |  |         |                |     |       |
| 57.  | Kylian Kooijman       | Steenwijk 1934   | 199900763 |  | 1:10.45 | <b>1:09.57</b> | 359 | +0,77 |
|      | 50m: 30.78            | 100m: 1:09.57    |           |  |         |                |     |       |
| 58.  | Cayden Malone         | De Dolfijn       | 201002195 |  | 1:15.72 | <b>1:10.10</b> | 351 | +0,69 |
|      | 50m: 31.81            | 100m: 1:10.10    |           |  |         |                |     |       |
| 59.  | Izayah Castillo       | Blue Marlins     | 201100311 |  | 1:25.61 | <b>1:11.08</b> | 336 | +0,71 |
|      | 50m: 31.54            | 100m: 1:11.08    |           |  |         |                |     |       |
| 60.  | Milan Schuilenburg    | Zpc Amersfoort   | 201000935 |  | 1:14.14 | <b>1:11.43</b> | 331 |       |
|      | 50m: 32.50            | 100m: 1:11.43    |           |  |         |                |     |       |
| 61.  | Amor van der Veen     | Dedemsvaart-AC   | 201100197 |  | 1:11.08 | <b>1:12.09</b> | 322 | +0,55 |
|      | 50m: 32.63            | 100m: 1:12.09    |           |  |         |                |     |       |
| 62.  | Joey Snabel           | Zpc Amersfoort   | 201002847 |  | 1:13.39 | <b>1:12.51</b> | 317 | +0,67 |
|      | 50m: 31.99            | 100m: 1:12.51    |           |  |         |                |     |       |
| 63.  | Douwe Enzerink        | Zpc Amersfoort   | 201102657 |  | 1:12.91 | <b>1:12.53</b> | 316 | +0,60 |
|      | 50m: 32.96            | 100m: 1:12.53    |           |  |         |                |     |       |
| 64.  | Dyon Scholten         | Steenwijk 1934   | 200900095 |  | 1:18.92 | <b>1:12.60</b> | 316 | +0,86 |
|      | 50m: 32.48            | 100m: 1:12.60    |           |  |         |                |     |       |
| 65.  | Robin Mintjes         | HZ&PC Heerenveen | 201000957 |  | 1:16.80 | <b>1:12.67</b> | 315 | +0,85 |
|      | 50m: 33.38            | 100m: 1:12.67    |           |  |         |                |     |       |
| 66.  | Kasper Lubbers        | Orca Leeuwarden  | 201100025 |  | 1:12.75 | <b>1:13.22</b> | 308 | +0,64 |
|      | 50m: 34.36            | 100m: 1:13.22    |           |  |         |                |     |       |
| 67.  | Kyaro Giuliano        | De Dolfijn       | 201000489 |  | 1:15.13 | <b>1:14.86</b> | 288 |       |
|      | 50m: 34.46            | 100m: 1:14.86    |           |  |         |                |     |       |
| 68.  | Marcelo Fritz Medina  | De Dolfijn       | 201201885 |  | 1:16.24 | <b>1:15.09</b> | 285 | +0,76 |
|      | 50m: 35.59            | 100m: 1:15.09    |           |  |         |                |     |       |
| 69.  | David van der Valk    | Wiekslag         | 201100519 |  | 1:24.38 | <b>1:15.47</b> | 281 | +0,50 |
|      | 50m: 33.83            | 100m: 1:15.47    |           |  |         |                |     |       |
| 70.  | Dirk Hoogeveen        | Dedemsvaart-AC   | 200702595 |  | 1:16.37 | <b>1:15.79</b> | 277 | +0,80 |
|      | 50m: 33.43            | 100m: 1:15.79    |           |  |         |                |     |       |
| 71.  | Mattias Stolk         | HZ&PC Heerenveen | 201000525 |  | 1:22.93 | <b>1:16.02</b> | 275 | +0,53 |
|      | 50m: 33.48            | 100m: 1:16.02    |           |  |         |                |     |       |
| 72.  | Daan Mulder           | Ksn (Sg)         | 201100267 |  | 1:22.05 | <b>1:16.65</b> | 268 | +0,83 |
|      | 50m: 34.70            | 100m: 1:16.65    |           |  |         |                |     |       |

DZ&PC Spring Swim 2025

Programmanr. 20, Heren, 100m vlinderslag, Voorronde, Junioren 1 en ouder

| Rang  |                      |                  |           | In.tijd | Tijd           | Pnt | RT    |
|-------|----------------------|------------------|-----------|---------|----------------|-----|-------|
| 73.   | Mathijs Haitsma      | F.Z.C.'54        | 200700039 | 1:15.07 | <b>1:16.95</b> | 265 | +0,79 |
|       | 50m: 33.30           | 100m: 1:16.95    |           |         |                |     |       |
| 74.   | Milan Eikenaar       | Swol 1894        | 201100599 | 1:26.58 | <b>1:17.16</b> | 263 | +0,83 |
|       | 50m: 35.70           | 100m: 1:17.16    |           |         |                |     |       |
| 75.   | Vince van Dam        | Acz              | 201000405 | 1:18.04 | <b>1:20.45</b> | 232 | +0,70 |
|       | 50m: 35.10           | 100m: 1:20.45    |           |         |                |     |       |
| 76.   | Tim Koornstra        | De Vikings       | 201200231 | 1:22.51 | <b>1:21.22</b> | 225 | +0,80 |
|       | 50m: 36.77           | 100m: 1:21.22    |           |         |                |     |       |
| 77.   | Joep Barwegen        | HZ&PC Heerenveen | 201201823 | 1:26.96 | <b>1:23.19</b> | 210 | +0,74 |
|       | 50m: 38.04           | 100m: 1:23.19    |           |         |                |     |       |
| 78.   | Guust Heijne         | Dwk              | 201202139 | 1:29.13 | <b>1:23.46</b> | 208 | +0,78 |
|       | 50m: 37.86           | 100m: 1:23.46    |           |         |                |     |       |
| 79.   | Rio Babic            | Steenwijk 1934   | 201200867 | 1:26.76 | <b>1:23.74</b> | 205 |       |
|       | 50m: 37.08           | 100m: 1:23.74    |           |         |                |     |       |
| 80.   | Gijs Leeneman        | HZ&PC Heerenveen | 201200479 | 1:28.54 | <b>1:26.63</b> | 185 | +0,48 |
|       | 50m: 39.59           | 100m: 1:26.63    |           |         |                |     |       |
| 81.   | Revel Harmer         | Blue Marlins     | 201103467 | 1:24.18 | <b>1:26.87</b> | 184 | +0,69 |
|       | 50m: 35.64           | 100m: 1:26.87    |           |         |                |     |       |
| 82.   | Stef van de Wal      | Dwk              | 201200803 | 1:37.83 | <b>1:26.98</b> | 183 | +0,87 |
|       | 50m: 38.25           | 100m: 1:26.98    |           |         |                |     |       |
| 83.   | Quinten van Zanten   | De Vikings       | 201102249 | 1:35.26 | <b>1:31.90</b> | 155 | +0,52 |
|       | 50m: 41.50           | 100m: 1:31.90    |           |         |                |     |       |
| 84.   | Casper Miltenburg    | De Dolfijn       | 201201157 | 1:30.46 | <b>1:34.40</b> | 143 | +0,67 |
|       | 50m: 40.38           | 100m: 1:34.40    |           |         |                |     |       |
| 85.   | Arian Thies          | SV Wildeshausen  | 447672    | 1:43.04 | <b>1:43.21</b> | 109 |       |
|       | 50m: 45.59           | 100m: 1:43.21    |           |         |                |     |       |
| NG.ZA | Erdi-Vahap Ilboga    | SV Wildeshausen  | 324753    | 59.29   |                |     |       |
| NG.ZA | Paul Pickart         | SV Wildeshausen  | 481999    | 1:21.00 |                |     |       |
| AFGEM | Sven Casper Hageman  | Steenwijk 1934   | 201000009 | 1:11.14 |                |     |       |
| AFGEM | Vasco Strampel       | Steenwijk 1934   | 200702073 | 1:20.86 |                |     |       |
| AFGEM | Timo van de Pavoordt | Orca Leeuwarden  | 201100205 | 1:19.51 |                |     |       |

Programmanr. 21  
2-3-2025 - 9:44

Dames, 100m rugslag  
Spring Swim record: Maaïke de Waard 1:02.11

Juniores 2 en ouder  
Resultaten Voorronde

Punten: AQUA 2024

| Rang                                                | In.tijd                        | Tijd    | Pnt            | RT          |
|-----------------------------------------------------|--------------------------------|---------|----------------|-------------|
| 1. Jinh Engelse<br>50m: 30.79 100m: 1:03.29         | Blue Marlins<br>200800204      | 1:01.80 | <b>1:03.29</b> | 743 +0,63 A |
| 2. Ismay Lichtendonk<br>50m: 30.55 100m: 1:03.82    | Dedemsvaart-AC<br>200400622    | 1:01.99 | <b>1:03.82</b> | 724 +0,62 A |
| 3. Sara Korthuis<br>50m: 32.34 100m: 1:05.85        | DZ&PC<br>200600494             | 1:02.73 | <b>1:05.85</b> | 659 +0,71 A |
| 4. Mare Schallenberg<br>50m: 32.51 100m: 1:06.07    | Blue Marlins<br>200600078      | 1:03.01 | <b>1:06.07</b> | 653 +0,68 A |
| 5. Malin Roozeboom<br>50m: 32.36 100m: 1:06.97      | Wvz<br>201100006               | 1:07.08 | <b>1:06.97</b> | 627 +0,77 A |
| 6. Nore Michiels<br>50m: 32.39 100m: 1:07.45        | Zwemfed<br>VZF/20009/08        | 1:07.64 | <b>1:07.45</b> | 614 +0,61 A |
| 7. Nina van der Schrier<br>50m: 33.44 100m: 1:08.41 | Azc 1<br>201000444             | 1:07.12 | <b>1:08.41</b> | 588 +0,68 A |
| 8. Arianne Kooijnga<br>50m: 33.03 100m: 1:08.64     | DZ&PC<br>200001544             | 1:09.50 | <b>1:08.64</b> | 582 +0,59 A |
| 9. Nienke Koster<br>50m: 33.35 100m: 1:09.09        | ZPC Hoogeveen<br>200900612     | 1:07.21 | <b>1:09.09</b> | 571 +0,60 A |
| 10. Fenna Zusterzeel<br>50m: 33.43 100m: 1:09.12    | Psv<br>201000008               | 1:07.63 | <b>1:09.12</b> | 570 +0,59 B |
| 11. Dionne Salomons<br>50m: 33.84 100m: 1:09.38     | ZC Borger<br>200200504         | 1:06.88 | <b>1:09.38</b> | 564 +0,62 B |
| 12. Esmee Mulder<br>50m: 33.77 100m: 1:10.09        | DZ&PC<br>200800038             | 1:08.44 | <b>1:10.09</b> | 547 +0,60 B |
| 13. Luus Gielens<br>50m: 34.66 100m: 1:10.32        | Psv<br>200900138               | 1:09.40 | <b>1:10.32</b> | 541 +0,81 B |
| 14. Jolijn Liezen<br>50m: 33.88 100m: 1:10.46       | Steenwijk 1934<br>200500518    | 1:09.08 | <b>1:10.46</b> | 538 +0,69 B |
| Marlies Dijsselhof<br>50m: 34.27 100m: 1:10.46      | Dedemsvaart-AC<br>200601046    | 1:10.91 | <b>1:10.46</b> | 538 +0,82 B |
| 16. Jill Nai Chung Tong<br>50m: 32.58 100m: 1:10.53 | Wvz<br>200404272               | 1:08.48 | <b>1:10.53</b> | 537 +0,76 B |
| 17. Frédérique Nijziel<br>50m: 33.05 100m: 1:10.62  | De Dolfijn<br>201103114        | 1:10.50 | <b>1:10.62</b> | 535 +0,68 B |
| 18. Maud Roffel<br>50m: 34.52 100m: 1:10.85         | DZ&PC<br>200700840             | 1:10.46 | <b>1:10.85</b> | 529 +0,73 B |
| 19. Liv Heijdra<br>50m: 33.65 100m: 1:10.93         | Feijenoord Albion<br>200800736 | 1:09.63 | <b>1:10.93</b> | 528 +0,62 C |
| 20. Julia Dąbrowska<br>50m: 33.98 100m: 1:11.41     | Blue Marlins<br>201000300      | 1:11.71 | <b>1:11.41</b> | 517 +0,63 C |

DZ&PC Spring Swim 2025

Programmanr. 21, Dames, 100m rugslag, Voorronde, Junioren 2 en ouder

| Rang |                                |                   |           | In.tijd | Tijd           | Pnt | RT      |
|------|--------------------------------|-------------------|-----------|---------|----------------|-----|---------|
| 21.  | Anouk Steller                  | Wvz               | 201000004 | 1:09.47 | <b>1:11.42</b> | 517 | +0,65 C |
|      | 50m: 34.02                     | 100m: 1:11.42     |           |         |                |     |         |
| 22.  | Imre Bouwland                  | ZPC Hoozeveen     | 200700388 | 1:12.70 | <b>1:11.76</b> | 509 | +0,69 C |
|      | 50m: 34.62                     | 100m: 1:11.76     |           |         |                |     |         |
| 23.  | Marjolie Spelde                | ZC Borger         | 200900266 | 1:12.57 | <b>1:11.91</b> | 506 | +0,73 C |
|      | 50m: 34.66                     | 100m: 1:11.91     |           |         |                |     |         |
| 24.  | Nora Lynn Otten                | ZPC Hoozeveen     | 200903338 | 1:11.82 | <b>1:12.67</b> | 490 | +0,81 C |
|      | 50m: 35.20                     | 100m: 1:12.67     |           |         |                |     |         |
| 25.  | Simone Brobbel                 | SG Hoeksche Waard | 201200058 | 1:13.76 | <b>1:13.14</b> | 481 | +0,90 C |
|      | 50m: 35.92                     | 100m: 1:13.14     |           |         |                |     |         |
| 26.  | Elin Reinstra                  | TriVia            | 201100842 | 1:10.06 | <b>1:13.16</b> | 481 | +0,71 C |
|      | 50m: 35.75                     | 100m: 1:13.16     |           |         |                |     |         |
| 27.  | Noortje Bisperink              | Zpc Amersfoort    | 201100486 | 1:14.84 | <b>1:13.38</b> | 476 | +0,72 C |
|      | 50m: 35.53                     | 100m: 1:13.38     |           |         |                |     |         |
| 28.  | Raegan Belmar                  | Blue Marlins      | 201004070 | 1:11.07 | <b>1:13.46</b> | 475 | +0,80 R |
|      | 50m: 34.97                     | 100m: 1:13.46     |           |         |                |     |         |
| 29.  | Amber Kunst                    | Daw               | 200900680 | 1:14.19 | <b>1:13.59</b> | 472 | +0,62 R |
|      | 50m: 35.46                     | 100m: 1:13.59     |           |         |                |     |         |
| 30.  | Esmee van der Tuuk             | ZPC Hoozeveen     | 200800682 | 1:11.64 | <b>1:13.65</b> | 471 | +0,79   |
|      | <i>* Eindtijd Back up tijd</i> |                   |           |         |                |     |         |
|      | 50m: 35.68                     | 100m: 1:13.65     |           |         |                |     |         |
| 31.  | Ylène Zondervan                | Zpc Amersfoort    | 201200016 | 1:13.33 | <b>1:13.78</b> | 469 | +0,69   |
|      | 50m: 36.20                     | 100m: 1:13.78     |           |         |                |     |         |
| 32.  | Tess van de Steeg              | Wvz               | 201000016 | 1:13.05 | <b>1:13.81</b> | 468 | +0,73   |
|      | 50m: 35.78                     | 100m: 1:13.81     |           |         |                |     |         |
| 33.  | Julie van Nispen               | Z&PV Nuenen       | 200800290 | 1:10.61 | <b>1:13.86</b> | 467 | +0,68   |
|      | 50m: 36.03                     | 100m: 1:13.86     |           |         |                |     |         |
| 34.  | Yanique Bax                    | Zpc Amersfoort    | 201001428 | 1:14.27 | <b>1:14.27</b> | 459 | +0,70   |
|      | 50m: 35.70                     | 100m: 1:14.27     |           |         |                |     |         |
| 35.  | Finja Richter                  | Wardenburger SC   | 383208    | 1:14.39 | <b>1:14.42</b> | 457 | +0,54   |
|      | 50m: 35.58                     | 100m: 1:14.42     |           |         |                |     |         |
|      | Elke Kriesels                  | Hieronymus        | 201100898 | 1:14.07 | <b>1:14.42</b> | 457 | +0,62   |
|      | 50m: 36.13                     | 100m: 1:14.42     |           |         |                |     |         |
| 37.  | Kim Bouman                     | Zpc Amersfoort    | 201000262 | 1:10.32 | <b>1:14.56</b> | 454 | +0,68   |
|      | 50m: 35.32                     | 100m: 1:14.56     |           |         |                |     |         |
| 38.  | Sofie Vos                      | ZPC Hoozeveen     | 200800804 | 1:12.95 | <b>1:14.59</b> | 454 | +0,75   |
|      | 50m: 36.11                     | 100m: 1:14.59     |           |         |                |     |         |
| 39.  | Vivian Nooter                  | Dedemsvaart-AC    | 200703614 | 1:15.06 | <b>1:14.72</b> | 451 | +0,67   |
|      | 50m: 35.91                     | 100m: 1:14.72     |           |         |                |     |         |
| 40.  | Eva ter Horst                  | ZPC Hoozeveen     | 201200070 | 1:16.99 | <b>1:14.85</b> | 449 | +0,71   |
|      | 50m: 35.90                     | 100m: 1:14.85     |           |         |                |     |         |

Programmanr. 21, Dames, 100m rugslag, Voorronde, Junioren 2 en ouder

| Rang |                       |                 |           | In.tijd | Tijd           | Pnt | RT    |
|------|-----------------------|-----------------|-----------|---------|----------------|-----|-------|
| 41.  | Isis Verhoeff         | Zpc Amersfoort  | 200902962 | 1:17.57 | <b>1:15.01</b> | 446 | +0,62 |
|      | 50m: 35.27            | 100m: 1:15.01   |           |         |                |     |       |
| 42.  | Carla Moreno Palacios | De Dolfijn      | 201002302 | 1:14.60 | <b>1:15.46</b> | 438 | +0,73 |
|      | 50m: 36.16            | 100m: 1:15.46   |           |         |                |     |       |
| 43.  | Wieke Dekker          | De Dolfijn      | 201002020 | 1:16.27 | <b>1:15.49</b> | 438 | +0,63 |
|      | 50m: 36.42            | 100m: 1:15.49   |           |         |                |     |       |
| 44.  | Esmee Reuver          | ZC Polaris      | 201100846 | 1:15.02 | <b>1:15.72</b> | 434 | +0,70 |
|      | 50m: 36.49            | 100m: 1:15.72   |           |         |                |     |       |
| 45.  | Milou Filemon         | Blue Marlins    | 201100078 | 1:14.05 | <b>1:15.74</b> | 433 | +0,71 |
|      | 50m: 36.99            | 100m: 1:15.74   |           |         |                |     |       |
| 46.  | Julia Agricola        | DZ&PC           | 200800266 | 1:14.42 | <b>1:15.82</b> | 432 | +0,65 |
|      | 50m: 36.03            | 100m: 1:15.82   |           |         |                |     |       |
| 47.  | Ilse Jongepier        | TriVia          | 201000006 | 1:18.84 | <b>1:16.12</b> | 427 | +0,67 |
|      | 50m: 37.35            | 100m: 1:16.12   |           |         |                |     |       |
| 48.  | Mirthe de Haan        | Zcnf34          | 201000866 | 1:14.36 | <b>1:16.45</b> | 421 | +0,61 |
|      | 50m: 36.91            | 100m: 1:16.45   |           |         |                |     |       |
| 49.  | Fleur Van den Eijk    | Blue Marlins    | 200900304 | 1:16.71 | <b>1:16.61</b> | 419 | +0,68 |
|      | 50m: 36.62            | 100m: 1:16.61   |           |         |                |     |       |
| 50.  | Eva Maria Keet        | Zpc Amersfoort  | 201003006 | 1:17.38 | <b>1:16.74</b> | 416 | +0,91 |
|      | 50m: 37.22            | 100m: 1:16.74   |           |         |                |     |       |
| 51.  | Myrthe Bruinsma       | Zpc Amersfoort  | 201101108 | 1:18.71 | <b>1:16.97</b> | 413 | +0,72 |
|      | 50m: 37.04            | 100m: 1:16.97   |           |         |                |     |       |
|      | Devenda van der Meer  | DZ&PC           | 200900948 | 1:21.90 | <b>1:16.97</b> | 413 | +0,64 |
|      | 50m: 36.49            | 100m: 1:16.97   |           |         |                |     |       |
| 53.  | Hanna Sampimon        | Ksn (Sg)        | 200901824 | 1:16.19 | <b>1:17.02</b> | 412 | +0,55 |
|      | 50m: 38.05            | 100m: 1:17.02   |           |         |                |     |       |
| 54.  | Lyanne Pathuis        | Bubble          | 200800042 | 1:15.63 | <b>1:17.43</b> | 405 | +0,71 |
|      | 50m: 36.33            | 100m: 1:17.43   |           |         |                |     |       |
| 55.  | Esmee van Peer        | TriVia          | 200201114 | 1:18.53 | <b>1:17.79</b> | 400 | +0,78 |
|      | 50m: 37.60            | 100m: 1:17.79   |           |         |                |     |       |
| 56.  | Evita Hoornweg        | TriVia          | 201002046 | 1:20.91 | <b>1:17.80</b> | 400 | +0,75 |
|      | 50m: 36.85            | 100m: 1:17.80   |           |         |                |     |       |
| 57.  | Femke ter Horst       | ZPC Hoozeveen   | 201000108 | 1:16.97 | <b>1:17.82</b> | 399 | +0,77 |
|      | 50m: 37.09            | 100m: 1:17.82   |           |         |                |     |       |
| 58.  | Hanna Heller          | Zpc Amersfoort  | 201102730 | 1:16.60 | <b>1:18.30</b> | 392 | +0,81 |
|      | 50m: 39.23            | 100m: 1:18.30   |           |         |                |     |       |
| 59.  | Lana Noordenbos       | Orca Leeuwarden | 201100958 | 1:21.50 | <b>1:19.63</b> | 373 | +0,74 |
|      | 50m: 38.00            | 100m: 1:19.63   |           |         |                |     |       |
|      | Melody Paulussen      | De Dolfijn      | 201101106 | 1:19.60 | <b>1:19.63</b> | 373 | +0,71 |
|      | 50m: 38.74            | 100m: 1:19.63   |           |         |                |     |       |
| 61.  | Fenna Gabriels        | ZPC Hoozeveen   | 201201230 | 1:19.01 | <b>1:19.91</b> | 369 | +0,70 |
|      | 50m: 38.68            | 100m: 1:19.91   |           |         |                |     |       |

Programmanr. 21, Dames, 100m rugslag, Voorronde, Junioren 2 en ouder

| Rang |                      |                     |           |  | In.tijd | Tijd           | Pnt | RT    |
|------|----------------------|---------------------|-----------|--|---------|----------------|-----|-------|
| 62.  | Sara van Dijk        | TriVia              | 201001120 |  | 1:24.93 | <b>1:20.26</b> | 364 | +0,74 |
|      | 50m: 38.16           | 100m: 1:20.26       |           |  |         |                |     |       |
| 63.  | S. Eagleton-Zambrano | Blue Marlins        | 201103862 |  | 1:20.19 | <b>1:21.20</b> | 351 | +0,67 |
|      | 50m: 39.85           | 100m: 1:21.20       |           |  |         |                |     |       |
| 64.  | Jildau Folmer        | SG. Bolsward-Workum | 201002600 |  | 1:18.40 | <b>1:21.38</b> | 349 | +0,84 |
|      | 50m: 38.20           | 100m: 1:21.38       |           |  |         |                |     |       |
| 65.  | Alena Ytsma          | HZ&PC Heerenveen    | 201201736 |  | 1:21.00 | <b>1:21.45</b> | 348 | +0,75 |
|      | 50m: 39.69           | 100m: 1:21.45       |           |  |         |                |     |       |
| 66.  | Kim Koeling          | Ksn (Sg)            | 201201216 |  | 1:22.12 | <b>1:21.50</b> | 348 | +0,86 |
|      | 50m: 39.87           | 100m: 1:21.50       |           |  |         |                |     |       |
| 67.  | Elize Schierbeek     | TriVia              | 201100652 |  | 1:23.66 | <b>1:21.53</b> | 347 | +0,74 |
|      | 50m: 39.95           | 100m: 1:21.53       |           |  |         |                |     |       |
| 68.  | Norell Kroeze        | ZC Polaris          | 201100378 |  | 1:20.86 | <b>1:21.56</b> | 347 | +0,73 |
|      | 50m: 39.68           | 100m: 1:21.56       |           |  |         |                |     |       |
| 69.  | Bente Toth           | Zpc Amersfoort      | 201102818 |  | 1:27.55 | <b>1:21.82</b> | 344 | +0,74 |
|      | 50m: 39.83           | 100m: 1:21.82       |           |  |         |                |     |       |
| 70.  | Femke van der Veen   | Orca Leeuwarden     | 201100962 |  | 1:22.37 | <b>1:22.21</b> | 339 | +0,82 |
|      | 50m: 39.49           | 100m: 1:22.21       |           |  |         |                |     |       |
| 71.  | Marlene Bührmann     | SV Wildeshausen     | 406182    |  | 1:15.90 | <b>1:22.26</b> | 338 | +0,63 |
|      | 50m: 38.71           | 100m: 1:22.26       |           |  |         |                |     |       |
| 72.  | Aline Strijker       | Ksn (Sg)            | 201100362 |  | 1:22.16 | <b>1:23.03</b> | 329 | +0,64 |
|      | 50m: 40.41           | 100m: 1:23.03       |           |  |         |                |     |       |
| 73.  | Fabiën van Halderen  | ZPC Hoogeveen       | 201200412 |  | 1:32.43 | <b>1:24.11</b> | 316 | +0,94 |
|      | 50m: 40.70           | 100m: 1:24.11       |           |  |         |                |     |       |
| 74.  | Jade van der Veen    | ZPC Hoogeveen       | 201200416 |  | 1:33.87 | <b>1:24.28</b> | 314 | +0,83 |
|      | 50m: 41.16           | 100m: 1:24.28       |           |  |         |                |     |       |
| 75.  | Evy Anna Nijdam      | Orca Leeuwarden     | 201100834 |  | 1:25.36 | <b>1:25.02</b> | 306 | +0,97 |
|      | 50m: 41.42           | 100m: 1:25.02       |           |  |         |                |     |       |
| 76.  | Emma Koeleman        | Z&PC de Inktvis     | 200901762 |  | 1:30.02 | <b>1:25.04</b> | 306 | +0,81 |
|      | 50m: 40.94           | 100m: 1:25.04       |           |  |         |                |     |       |
| 77.  | Yenthe Segeren       | F.Z.C.'54           | 200801440 |  | 1:21.71 | <b>1:25.08</b> | 305 | +0,88 |
|      | 50m: 40.51           | 100m: 1:25.08       |           |  |         |                |     |       |
| 78.  | Jelena Krikke        | DZ&PC               | 200405874 |  | 1:29.69 | <b>1:25.82</b> | 298 | +0,71 |
|      | 50m: 40.58           | 100m: 1:25.82       |           |  |         |                |     |       |
| 79.  | Lena Diekamp         | SV Wildeshausen     | 427914    |  | 1:25.33 | <b>1:25.93</b> | 296 | +0,80 |
|      | 50m: 41.02           | 100m: 1:25.93       |           |  |         |                |     |       |
| 80.  | Nienke Smid          | ZPC de Kanaalstreek | 201000468 |  | 1:25.99 | <b>1:26.04</b> | 295 | +0,77 |
|      | 50m: 39.78           | 100m: 1:26.04       |           |  |         |                |     |       |
| 81.  | Linthe Van Gelderen  | Ksn (Sg)            | 201201220 |  | 1:30.91 | <b>1:26.42</b> | 291 | +0,82 |
|      | 50m: 42.24           | 100m: 1:26.42       |           |  |         |                |     |       |
| 82.  | Ranomi Zeegers       | De Vikings          | 201201512 |  | 1:26.93 | <b>1:26.83</b> | 287 | +0,75 |
| 83.  | Sophie Feiertag      | ZC Polaris          | 200901144 |  | 1:29.19 | <b>1:27.16</b> | 284 | +0,72 |
|      | 50m: 42.23           | 100m: 1:27.16       |           |  |         |                |     |       |

DZ&PC Spring Swim 2025

Programmanr. 21, Dames, 100m rugslag, Voorronde, Junioren 2 en ouder

| Rang |                 |                 |           | In.tijd | Tijd           | Pnt | RT    |
|------|-----------------|-----------------|-----------|---------|----------------|-----|-------|
| 84.  | Saar Meems      | ZC Polaris      | 201200946 | 1:28.66 | <b>1:27.45</b> | 281 | +0,86 |
|      | 50m: 43.12      | 100m: 1:27.45   |           |         |                |     |       |
| 85.  | Femke Griemink  | Ksn (Sg)        | 200802376 | 1:29.87 | <b>1:29.27</b> | 264 | +0,95 |
|      | 50m: 42.93      | 100m: 1:29.27   |           |         |                |     |       |
| 86.  | Stella Hooisma  | Z&PC de Inktvis | 200801888 | 1:32.04 | <b>1:29.88</b> | 259 | +0,81 |
|      | 50m: 42.77      | 100m: 1:29.88   |           |         |                |     |       |
| 87.  | Floortje Bakker | Blue Marlins    | 201101124 | 1:32.73 | <b>1:29.98</b> | 258 | +0,79 |
|      | 50m: 43.54      | 100m: 1:29.98   |           |         |                |     |       |
| 88.  | Elske de Vries  | De Vikings      | 200800786 | 1:33.21 | <b>1:31.49</b> | 246 | +0,72 |
|      | 50m: 45.79      | 100m: 1:31.49   |           |         |                |     |       |
| 89.  | Sophie Zwart    | TriVia          | 200902664 | 1:39.78 | <b>1:45.68</b> | 159 | +0,91 |
|      | 50m: 49.93      | 100m: 1:45.68   |           |         |                |     |       |

DIS Nicky Freriksen Swol 1894 200802348 1:44.61  
 RL - Niet met ten minste één teen van elke voet in contact met de wand of met de aantikplaat indien er bij de start een rugslagvoetsteun is gebruikt.

|                        |              |           |         |
|------------------------|--------------|-----------|---------|
| AFGEM Denise Thül      | Swol 1894    | 200902530 | 1:27.99 |
| AFGEM Carlein Polinder | Ksn (Sg)     | 200600128 | 1:14.46 |
| AFGEM Chaya Bremer     | MSV-Zeemacht | 200900372 | 1:17.69 |
| AFGEM Eefje Irvine     | De Dolfijn   | 200700164 | 1:04.54 |
| AFGEM Myrthe Natzijl   | DZ&PC        | 200400076 | 1:10.07 |
| AFGEM Ilse Wiltjer     | DZ&PC        | 200900868 | 1:15.55 |

Programmanr. 22  
2-3-2025 - 10:05

Heren, 50m vrije slag  
Spring Swim record: Thom de Boer: 22.31

Junioren 1 en ouder  
Resultaten Voorronde

Punten: AQUA 2024

| Rang |                           |                |              | In.tijd | Tijd         | Pnt | RT      |
|------|---------------------------|----------------|--------------|---------|--------------|-----|---------|
| 1.   | Stan Franckx              | Zwemfed        | VZF/10005/02 | 23.17   | <b>23.68</b> | 688 | +0,67 A |
| 2.   | Seppe Lammens             | Zwemfed        | VZF/10009/07 | 23.42   | <b>23.99</b> | 662 | A       |
| 3.   | Giovanni Phillipson       | ZV De Zaan     | 200801099    | 23.38   | <b>24.00</b> | 661 | +0,73 A |
| 4.   | Patriks Francis Pone      | De Dolfijn     | 200504577    | 23.81   | <b>24.04</b> | 658 | A       |
| 5.   | Michael Smink             | Blue Marlins   | 200302169    | 23.07   | <b>24.22</b> | 643 | +0,68 A |
| 6.   | Joseph Van Wellen         | Zwemfed        | VZF/10016/08 | 24.11   | <b>24.28</b> | 638 | A       |
| 7.   | Colin Bes                 | DZ&PC          | 200500201    | 24.33   | <b>24.46</b> | 624 | +0,74 A |
| 8.   | Ruben Baars               | Dwk            | 200900471    | 24.54   | <b>24.50</b> | 621 | +0,68 A |
| 9.   | Floris Stork              | DZ&PC          | 200305075    | 26.01   | <b>24.61</b> | 613 | +0,69 A |
| 10.  | Felbe van 't Land         | Zpc Amersfoort | 200900027    | 24.36   | <b>24.68</b> | 608 | +0,78 B |
| 11.  | Jelle Betten              | DZ&PC          | 200001535    | 24.28   | <b>24.71</b> | 605 | +0,76 B |
| 12.  | Darren Chen               | Zpc Amersfoort | 200001149    | 24.79   | <b>24.95</b> | 588 | +0,68 B |
| 13.  | Alexander Van Hoey Billie | Zwemfed        | VZF/10014/09 | 24.50   | <b>25.08</b> | 579 | +0,70 B |
| 14.  | Lucas Bemer               | De Duinkikkers | 200700219    | 25.00   | <b>25.11</b> | 577 | +0,71 B |
| 15.  | Niek Issard               | DZ&PC          | 200700037    | 25.35   | <b>25.14</b> | 575 | B       |
| 16.  | Giulian Janssen           | Psv            | 200900125    | 24.45   | <b>25.15</b> | 574 | +0,67 B |
| 17.  | Matthijs van Meerendonk   | DZ&PC          | 199900375    | 24.25   | <b>25.18</b> | 572 | +0,64 B |
| 18.  | Daan Sonneveld            | Wvz            | 200601085    | 24.83   | <b>25.43</b> | 555 | +0,68 B |

DZ&PC Spring Swim 2025

Programmanr. 22, Heren, 50m vrije slag, Voorronde, Junioren 1 en ouder

| Rang |                         |                     | In.tijd   | Tijd  | Pnt          | RT          |
|------|-------------------------|---------------------|-----------|-------|--------------|-------------|
| 19.  | Q. Brouwer von Gonzenbe | TriVia              | 200700001 | 25.10 | <b>25.44</b> | 555 +0,66 C |
| 20.  | Gijs Vesseur            | Zpc Amersfoort      | 200700277 | 25.23 | <b>25.54</b> | 548 +0,80 C |
| 21.  | Jorian Darwinkel        | HZ&PC Heerenveen    | 200300565 | 25.36 | <b>25.79</b> | 532 +0,51 C |
| 22.  | Storm Boxum             | DZ&PC               | 200700421 | 26.33 | <b>25.87</b> | 528 +0,62 C |
| 23.  | Lars Heddema            | Steenwijk 1934      | 200603697 | 26.07 | <b>25.88</b> | 527 +0,59 C |
| 24.  | Emiel de Bruijn         | Dedemsvaart-AC      | 200700953 | 25.52 | <b>26.02</b> | 518 +0,56 C |
| 25.  | Floris van der Valk     | Wiekslag            | 200801891 | 25.95 | <b>26.11</b> | 513 +0,73 C |
| 26.  | Juan Cruz Slappendel    | Orca Leeuwarden     | 200903053 | 26.37 | <b>26.20</b> | 508 +0,50 C |
| 27.  | Bas Blanker             | Acz                 | 200601497 | 26.58 | <b>26.47</b> | 492 +0,71 C |
| 28.  | Gerjan Berends          | ZPC Hoogeveen       | 200900169 | 26.06 | <b>26.54</b> | 489 +0,57 R |
| 29.  | Jordey Thole            | ZPC Hoogeveen       | 200700385 | 26.65 | <b>26.70</b> | 480 +0,79 R |
| 30.  | Ruben Hoeve             | Dedemsvaart-AC      | 200302179 | 27.19 | <b>26.72</b> | 479 +0,76   |
| 31.  | Luc Kerpels             | ZPC Hoogeveen       | 200503015 | 27.28 | <b>27.02</b> | 463 +0,79   |
| 32.  | Ruben Trompetter        | DZ&PC               | 200500997 | 26.87 | <b>27.03</b> | 462         |
| 33.  | Roan van der Stege      | Swol 1894           | 200900107 | 27.86 | <b>27.07</b> | 460 +0,71   |
| 34.  | Kay van Sleen           | Steenwijk 1934      | 200400083 | 27.30 | <b>27.08</b> | 460 +0,77   |
| 35.  | Ruben Nooter            | Dedemsvaart-AC      | 200901577 | 27.35 | <b>27.10</b> | 459 +0,67   |
| 36.  | Enno Brahms             | SV Wildeshausen     | 397825    | 27.04 | <b>27.12</b> | 458 +0,66   |
| 37.  | Daequan Ramos           | ZPC Hoogeveen       | 200901709 | 26.90 | <b>27.29</b> | 449 +0,71   |
| 38.  | Joey Snabel             | Zpc Amersfoort      | 201002847 | 27.43 | <b>27.40</b> | 444 +0,58   |
| 39.  | Art Jin van der Ent     | Blue Marlins        | 200903785 | 28.35 | <b>27.59</b> | 435 +0,66   |
| 40.  | Ramon Vos               | ZPC Hoogeveen       | 201100051 | 27.59 | <b>27.84</b> | 423         |
| 41.  | Mathijs de Wit          | Ksn (Sg)            | 201001215 | 27.52 | <b>27.85</b> | 423 +0,80   |
|      | Jona Denke              | SV Wildeshausen     | 447339    | 27.63 | <b>27.85</b> | 423 +0,72   |
| 43.  | Jente-Piebe Dijkstra    | Wetterwille         | 200800299 | 27.58 | <b>27.92</b> | 420 +0,76   |
| 44.  | Thygo van de Peppel     | Blue Marlins        | 200901101 | 26.48 | <b>27.94</b> | 419 +0,79   |
| 45.  | Ryan Huizinga           | Bubble              | 200700419 | 26.66 | <b>28.02</b> | 415 +0,75   |
| 46.  | Tygo van de Wal         | Dwk                 | 201001329 | 29.02 | <b>28.03</b> | 415 +0,71   |
| 47.  | Baris Tomu              | Zpch                | 201000869 | 29.17 | <b>28.12</b> | 411         |
| 48.  | Sascha Timmer           | Azc 1               | 200902987 | 28.05 | <b>28.14</b> | 410 +0,62   |
| 49.  | Roderick Veldhuizen     | Ksn (Sg)            | 200804031 | 28.27 | <b>28.31</b> | 402 +0,76   |
| 50.  | Nordin Vermeer          | Dwk                 | 201000227 | 28.96 | <b>28.46</b> | 396 +0,69   |
| 51.  | Roan Dijkstra           | Dedemsvaart-AC      | 201002791 | 30.01 | <b>28.50</b> | 394         |
| 52.  | Stijn Dijkstra          | DZ&PC               | 201000279 | 29.66 | <b>28.73</b> | 385 +0,78   |
| 53.  | Leif Moormann           | SV Wildeshausen     | 484018    | 29.93 | <b>28.82</b> | 381 +0,74   |
| 54.  | Thomas van Scheepen     | Steenwijk 1934      | 200001387 | 28.38 | <b>28.90</b> | 378 +0,71   |
| 55.  | Douwe Enzerink          | Zpc Amersfoort      | 201102657 | 30.02 | <b>29.16</b> | 368 +0,58   |
| 56.  | Kick Germers            | Swol 1894           | 201000185 | 29.65 | <b>29.17</b> | 368 +0,83   |
| 57.  | Daniël Scheppink        | Swol 1894           | 200902769 | 30.25 | <b>29.25</b> | 365         |
| 58.  | Mattias Stolk           | HZ&PC Heerenveen    | 201000525 | 29.69 | <b>29.37</b> | 360 +0,73   |
| 59.  | Gijs Leeneman           | HZ&PC Heerenveen    | 201200479 | 37.08 | <b>29.49</b> | 356 +0,74   |
| 60.  | Stan Rothschild         | ZPC Hoogeveen       | 201000353 | 29.57 | <b>29.50</b> | 356 +0,67   |
| 61.  | Kyaro Giuliano          | De Dolfijn          | 201000489 | 30.59 | <b>29.64</b> | 351         |
| 62.  | Leroy Maring            | ZPC de Kanaalstreek | 201100307 | 30.09 | <b>30.15</b> | 333 +0,77   |
| 63.  | Alexander Jerebic       | SV Wildeshausen     | 427588    | 30.50 | <b>30.22</b> | 331 +0,77   |
| 64.  | Jasper Cox              | Zpc Amersfoort      | 201003589 | 32.96 | <b>31.50</b> | 292 +0,53   |
| 65.  | Danley Schneider        | ZC Polaris          | 201201323 | 38.85 | <b>31.75</b> | 285 +0,50   |
| 66.  | Timo Vuist              | Steenwijk 1934      | 201101245 | 33.64 | <b>31.81</b> | 284 +0,71   |

Programmanr. 22, Heren, 50m vrije slag, Voorronde, Junioren 1 en ouder

| Rang  |                      |                     | In.tijd   | Tijd  | Pnt          | RT        |
|-------|----------------------|---------------------|-----------|-------|--------------|-----------|
| 67.   | Dex Kerpels          | ZPC Hoogeveen       | 201100087 | 35.23 | <b>31.95</b> | 280 +0,72 |
| 68.   | Michiel de Wit       | Ksn (Sg)            | 201101867 | 33.13 | <b>32.14</b> | 275 +0,58 |
| 69.   | Yannick Dijks        | Orca Leeuwarden     | 200700923 | 32.59 | <b>32.26</b> | 272 +0,71 |
| 70.   | Rory Costello        | De Dolfijn          | 201102755 | 34.13 | <b>32.31</b> | 271 +0,75 |
| 71.   | Milan van den Berg   | Swol 1894           | 201100253 | 37.98 | <b>33.29</b> | 247 +0,58 |
| 72.   | Sander Knol          | ZPC de Kanaalstreek | 200701093 | 34.52 | <b>33.95</b> | 233       |
| 73.   | Daan van Meerveld    | Zpc Amersfoort      | 201200785 | 35.47 | <b>34.15</b> | 229       |
| 74.   | Arian Thies          | SV Wildeshausen     | 447672    | 34.05 | <b>34.34</b> | 225 +0,69 |
| 75.   | Vince Van Wijk       | Ksn (Sg)            | 201101019 | 36.24 | <b>35.17</b> | 210 +0,72 |
| 76.   | Robin van den Berg   | Swol 1894           | 201200355 | 42.19 | <b>37.27</b> | 176 +0,70 |
| NG.ZA | Paul Pickart         | SV Wildeshausen     | 481999    | 29.93 |              |           |
| AFGEM | Thomas Nauta         | Arethusa            | 200900339 | 28.38 |              |           |
| AFGEM | Victor de Haan       | HZ&PC Heerenveen    | 201001921 | 28.92 |              |           |
| AFGEM | Timo van de Pavoordt | Orca Leeuwarden     | 201100205 | 31.12 |              |           |

Programmanr. 23  
2-3-2025 - 10:13

Dames, 50m schoolslag  
Spring Swim record: Tes Schouten 31.97

Junioren 2 en ouder  
Resultaten Voorronde

Punten: AQUA 2024

| Rang |                    |                      | In.tijd      | Tijd  | Pnt          | RT          |
|------|--------------------|----------------------|--------------|-------|--------------|-------------|
| 1.   | Sterre Hendriks    | De Dolfijn           | 200401288    | 31.99 | <b>32.68</b> | 710 +0,70 A |
| 2.   | Hylcke de Beer     | Psv                  | 200700006    | 32.32 | <b>33.23</b> | 675 +0,73 A |
| 3.   | Nina Zusterzeel    | Psv                  | 200800656    | 33.21 | <b>33.62</b> | 652 A       |
| 4.   | Mare Schallenberg  | Blue Marlins         | 200600078    | 32.70 | <b>34.04</b> | 628 +0,70 A |
| 5.   | Jade Geurts        | Wvz                  | 200402278    | 34.09 | <b>34.14</b> | 623 +0,81 A |
| 6.   | Zinke Delcommune   | Zwemfed              | VZF/20003/05 | 33.97 | <b>34.19</b> | 620 +0,76 A |
| 7.   | Rafaela Mulders    | De Reuring           | 200701398    | 34.35 | <b>34.87</b> | 584 +0,74 A |
| 8.   | Paula Spans        | Zpc Amersfoort       | 201000064    | 33.87 | <b>35.09</b> | 573 A       |
| 9.   | Megan Jonkman      | Blue Marlins         | 200600508    | 33.81 | <b>35.29</b> | 564 A       |
| 10.  | Tess Vonk          | De Geul              | 200900024    | 35.50 | <b>35.32</b> | 562 +0,63 B |
| 11.  | Breanna Belmar     | Blue Marlins         | 201004068    | 36.74 | <b>35.45</b> | 556 B       |
| 12.  | Noa Hollebosch     | Zwemfed              | VZF/20007/07 | 35.28 | <b>35.53</b> | 552 +0,68 B |
| 13.  | Ismay Lichtendonk  | Dedemsvaart-AC       | 200400622    | 34.14 | <b>35.62</b> | 548 +0,68 B |
| 14.  | Lise Kleinbekman   | DZ&PC                | 200502870    | 35.64 | <b>35.78</b> | 541 +0,73 B |
| 15.  | Liv Heijdra        | Feijenoord Albion    | 200800736    | 35.03 | <b>36.08</b> | 527 +0,73 B |
| 16.  | Marre van der Wal  | SG. Bolsward-Workum  | 201000046    | 36.21 | <b>36.34</b> | 516 +0,73 B |
| 17.  | Djelaysa Buunk     | Z & PC De Zeeuwse Ku | 200900536    | 37.13 | <b>36.54</b> | 508 +0,80 B |
| 18.  | Alessia Sluis      | Dedemsvaart-AC       | 200300896    | 37.03 | <b>36.98</b> | 490 B       |
| 19.  | Sara Korthuis      | DZ&PC                | 200600494    | 36.96 | <b>37.12</b> | 484 +0,64 C |
| 20.  | Rhodee van den Ham | De Duinkickers       | 200700090    | 36.25 | <b>37.19</b> | 482 +0,82 C |
| 21.  | Noa Jaffe          | De Dolfijn           | 201000726    | 38.95 | <b>37.64</b> | 464 +0,75 C |
| 22.  | Kinley Cole        | Psv                  | 200903696    | 38.49 | <b>37.66</b> | 464 C       |
| 23.  | Annelie Klinkhamer | Bubble               | 200702606    | 36.68 | <b>37.88</b> | 456 +0,74 C |
| 24.  | Charlie Klaver     | De Dolfijn           | 201102094    | 38.10 | <b>37.93</b> | 454 +0,60 C |
| 25.  | Amber Kunst        | Daw                  | 200900680    | 36.60 | <b>38.08</b> | 449 +0,78 C |
| 26.  | Rixt Rothschild    | ZPC Hoogeveen        | 200900026    | 38.61 | <b>38.36</b> | 439 +0,74 C |
| 27.  | Wieke Dekker       | De Dolfijn           | 201002020    | 38.00 | <b>38.44</b> | 436 C       |

DZ&PC Spring Swim 2025

Programmanr. 23, Dames, 50m schoolslag, Voorronde, Junioren 2 en ouder

| Rang  |                       |                     | In.tijd   | Tijd  | Pnt          | RT          |
|-------|-----------------------|---------------------|-----------|-------|--------------|-------------|
| 28.   | Gerlin van de Krol    | Dwk                 | 201101412 | 39.92 | <b>38.61</b> | 430 +0,69 R |
| 29.   | Amber Tiesinga        | DZ&PC               | 200600782 | 39.18 | <b>38.64</b> | 429 +0,79 R |
| 30.   | Meike van der Klugt   | Wvz                 | 201100808 | 37.33 | <b>38.66</b> | 429 +0,56   |
| 31.   | Sterre van der Wal    | Steenwijk 1934      | 200502356 | 37.61 | <b>38.95</b> | 419 +0,80   |
| 32.   | Lianne van Wier       | HZ&PC Heerenveen    | 200200438 | 39.79 | <b>39.53</b> | 401 +0,70   |
| 33.   | Hanna Heller          | Zpc Amersfoort      | 201102730 | 39.79 | <b>39.63</b> | 398 +0,83   |
| 34.   | Isa Kerpels           | ZPC Hoogeveen       | 200800880 | 39.64 | <b>39.68</b> | 396 +0,69   |
| 35.   | Evita Hoornweg        | TriVia              | 201002046 | 39.17 | <b>39.71</b> | 395 +0,77   |
| 36.   | Feyona Vonk           | F.Z.C.'54           | 200600814 | 39.80 | <b>39.74</b> | 395 +0,76   |
| 37.   | Leonie van Wier       | HZ&PC Heerenveen    | 200200436 | 39.96 | <b>39.79</b> | 393 +0,69   |
| 38.   | Lola Verheijen        | Psv                 | 201100832 | 40.32 | <b>39.80</b> | 393         |
| 39.   | Anique Polinder       | Dedemsvaart-AC      | 200800008 | 39.94 | <b>39.86</b> | 391 +0,80   |
| 40.   | Vivian Nooter         | Dedemsvaart-AC      | 200703614 | 41.31 | <b>39.96</b> | 388 +0,78   |
| 41.   | Lea Jerebic           | SV Wildeshausen     | 405121    | 39.67 | <b>40.76</b> | 366 +0,73   |
| 42.   | Emma Juliette Jansen  | Zpc Amersfoort      | 201200158 | 41.83 | <b>40.77</b> | 365 +0,62   |
| 43.   | Maud Roffel           | DZ&PC               | 200700840 | 39.42 | <b>40.84</b> | 364 +0,71   |
| 44.   | Minke Bouman          | Blue Marlins        | 201100104 | 39.21 | <b>41.09</b> | 357         |
| 45.   | Fenna Boterman        | TriVia              | 200701710 | 42.12 | <b>41.68</b> | 342 +0,74   |
| 46.   | Britt Jellesma        | SG. Bolsward-Workum | 201000310 | 41.57 | <b>41.69</b> | 342 +0,75   |
| 47.   | Finja Richter         | Wardenburger SC     | 383208    | 40.49 | <b>41.88</b> | 337 +0,73   |
| 48.   | Myron Dekker          | ZPC Hoogeveen       | 201000512 | 43.61 | <b>41.97</b> | 335 +0,74   |
| 49.   | Chantal Peters        | ZPC Hoogeveen       | 201001578 | 44.10 | <b>42.12</b> | 331 +0,62   |
| 50.   | Myrthe Bruinsma       | Zpc Amersfoort      | 201101108 | 41.75 | <b>42.24</b> | 328 +0,83   |
| 51.   | Jildau Folmer         | SG. Bolsward-Workum | 201002600 | 43.29 | <b>42.33</b> | 326         |
| 52.   | Devenda van der Meer  | DZ&PC               | 200900948 | 42.65 | <b>42.81</b> | 316 +0,71   |
| 53.   | Melissa Zeegers       | De Vikings          | 201002612 | 45.75 | <b>43.01</b> | 311 +0,77   |
| 54.   | Aline Strijker        | Ksn (Sg)            | 201100362 | 43.17 | <b>43.12</b> | 309 +0,70   |
| 55.   | Gabriela Borges       | Blue Marlins        | 201201726 | 45.07 | <b>43.37</b> | 303         |
| 56.   | Kamila Makhmadiyarova | Blue Marlins        | 201103178 | 45.18 | <b>43.59</b> | 299 +0,74   |
| 57.   | Jessica Dekkinga      | Steenwijk 1934      | 200600180 | 42.29 | <b>43.74</b> | 296 +0,67   |
| 58.   | Lian Vonk             | Zpc Amersfoort      | 201001606 | 49.33 | <b>44.00</b> | 291 +0,72   |
| 59.   | Marlies Brouwer       | DZ&PC               | 201101152 | 43.38 | <b>44.07</b> | 289 +0,78   |
| 60.   | Myrthe te Winkel      | Swol 1894           | 200804336 | 45.34 | <b>44.32</b> | 284 +0,83   |
| 61.   | Cynthia Koolman       | Steenwijk 1934      | 200300232 | 44.20 | <b>44.96</b> | 272 +0,53   |
| 62.   | Lena Diekamp          | SV Wildeshausen     | 427914    | 42.67 | <b>45.06</b> | 271 +0,78   |
| 63.   | Jessica Lerer         | De Kempvis          | 201002354 | 44.31 | <b>46.03</b> | 254 +0,63   |
| 64.   | Femke De Vries        | De Vikings          | 201200202 | 48.23 | <b>46.10</b> | 253 +0,70   |
| 65.   | Anna Nauta            | TriVia              | 201001114 | 45.21 | <b>46.16</b> | 252 +0,61   |
| 66.   | Nicky Zhang           | Blue Marlins        | 201003292 | 47.74 | <b>46.41</b> | 248         |
| 67.   | Nienke Smid           | ZPC de Kanaalstreek | 201000468 | 45.01 | <b>46.79</b> | 242 +0,76   |
| 68.   | Nicky Freriksen       | Swol 1894           | 200802348 | 47.05 | <b>47.11</b> | 237 +0,79   |
| 69.   | Noelie Hallbauer      | SV Wildeshausen     | 397699    | 43.15 | <b>48.23</b> | 221         |
| AFGEM | Isabella Ekberg       | Zpc Amersfoort      | 201202206 | 43.58 |              |             |

Programmanr. 24  
2-3-2025 - 10:21

Heren, 200m rugslag  
Spring Swim record: Niels Dijkshoorn: 2.03.08

Juniores 1 en ouder  
Resultaten Voorronde

Punten: AQUA 2024

| Rang |                      |                 |               |               |         |     |       | In.tijd | Tijd | Pnt | RT |
|------|----------------------|-----------------|---------------|---------------|---------|-----|-------|---------|------|-----|----|
| 1.   | Stan Franckx         | Zwemfed         | VZF/10005/02  | 2:05.18       | 2:08.22 | 665 | +0,64 | Q       |      |     |    |
|      | 50m: 29.24           | 100m: 1:01.06   | 150m: 1:34.20 | 200m: 2:08.22 |         |     |       |         |      |     |    |
| 2.   | Bram Loots           | Kzc             | 200700197     | 2:05.25       | 2:08.83 | 655 | +0,68 | Q       |      |     |    |
|      | 50m: 30.82           | 100m: 1:03.49   | 150m: 1:36.58 | 200m: 2:08.83 |         |     |       |         |      |     |    |
| 3.   | Tiamo van der Veen   | Dedemsvaart-AC  | 200600033     | 2:10.05       | 2:08.92 | 654 | +0,64 | Q       |      |     |    |
|      | 50m: 30.10           | 100m: 1:02.36   | 150m: 1:36.02 | 200m: 2:08.92 |         |     |       |         |      |     |    |
| 4.   | Giovanni Phillipson  | ZV De Zaan      | 200801099     | 2:08.20       | 2:10.00 | 638 | +0,69 | Q       |      |     |    |
|      | 50m: 29.62           | 100m: 1:02.14   | 150m: 1:36.15 | 200m: 2:10.00 |         |     |       |         |      |     |    |
| 5.   | Yarno van Dam        | Acz             | 200800115     | 2:11.01       | 2:10.75 | 627 | +0,67 | Q       |      |     |    |
|      | 50m: 29.81           | 100m: 1:03.09   | 150m: 1:37.32 | 200m: 2:10.75 |         |     |       |         |      |     |    |
| 6.   | Sven Klink           | Swol 1894       | 200500349     | 2:09.93       | 2:12.56 | 601 | +0,75 | Q       |      |     |    |
|      | 50m: 31.47           | 100m: 1:04.82   | 150m: 1:38.91 | 200m: 2:12.56 |         |     |       |         |      |     |    |
| 7.   | Jisse Lousma         | Wvz             | 200701493     | 2:13.74       | 2:12.65 | 600 | +0,54 | Q       |      |     |    |
|      | 50m: 31.57           | 100m: 1:05.65   | 150m: 1:39.93 | 200m: 2:12.65 |         |     |       |         |      |     |    |
| 8.   | Denzel Barthen       | Wvz             | 200700147     | 2:19.03       | 2:13.76 | 585 | +0,78 | Q       |      |     |    |
|      | 50m: 30.45           | 100m: 1:04.45   | 150m: 1:39.32 | 200m: 2:13.76 |         |     |       |         |      |     |    |
| 9.   | Nikodim Markovic     | Blue Marlins    | 200700255     | 2:11.25       | 2:14.35 | 578 | +0,61 | Q       |      |     |    |
|      | 50m: 30.28           | 100m: 1:03.39   | 150m: 1:38.12 | 200m: 2:14.35 |         |     |       |         |      |     |    |
| 10.  | Daan Sonneveld       | Wvz             | 200601085     | 2:06.32       | 2:14.74 | 573 | +0,58 | R       |      |     |    |
|      | 50m: 31.73           | 100m: 1:06.72   | 150m: 1:41.49 | 200m: 2:14.74 |         |     |       |         |      |     |    |
| 11.  | Colin Bes            | DZ&PC           | 200500201     | 2:14.73       | 2:15.46 | 564 | +0,63 | R       |      |     |    |
|      | 50m: 31.94           | 100m: 1:07.22   | 150m: 1:42.16 | 200m: 2:15.46 |         |     |       |         |      |     |    |
| 12.  | Olivier Wilbers      | ZPC Hoogeveen   | 200600181     | 2:15.42       | 2:16.40 | 552 | +0,65 |         |      |     |    |
|      | 50m: 32.78           | 100m: 1:07.05   | 150m: 1:42.03 | 200m: 2:16.40 |         |     |       |         |      |     |    |
| 13.  | Jaydey Schonewille   | Steenwijk 1934  | 200800025     | 2:12.32       | 2:16.67 | 549 | +0,71 |         |      |     |    |
|      | 50m: 31.70           | 100m: 1:06.55   | 150m: 1:42.15 | 200m: 2:16.67 |         |     |       |         |      |     |    |
| 14.  | Adriaan Coppelmans   | Azc 1           | 200903243     | 2:20.25       | 2:17.55 | 538 | +0,57 |         |      |     |    |
|      | 50m: 31.67           | 100m: 1:06.67   | 150m: 1:42.42 | 200m: 2:17.55 |         |     |       |         |      |     |    |
| 15.  | Tobian Vos           | Zpc Amersfoort  | 200900005     | 2:14.77       | 2:19.23 | 519 | +0,75 |         |      |     |    |
|      | 50m: 31.91           | 100m: 1:07.00   | 150m: 1:43.92 | 200m: 2:19.23 |         |     |       |         |      |     |    |
| 16.  | Niek Sonneveld       | Wvz             | 200802631     | 2:22.98       | 2:19.96 | 511 | +0,74 |         |      |     |    |
|      | 50m: 32.81           | 100m: 1:09.04   | 150m: 1:45.14 | 200m: 2:19.96 |         |     |       |         |      |     |    |
| 17.  | Sverre van der Zwaan | Wvz             | 200900737     | 2:23.02       | 2:20.04 | 510 | +0,62 |         |      |     |    |
|      | 50m: 32.52           | 100m: 1:08.01   | 150m: 1:43.87 | 200m: 2:20.04 |         |     |       |         |      |     |    |
| 18.  | Mikkel Grotelüschen  | SV Wildeshausen | 338479        | 2:13.65       | 2:20.20 | 508 | +0,64 |         |      |     |    |
|      | 50m: 32.19           | 100m: 1:08.36   | 150m: 1:44.98 | 200m: 2:20.20 |         |     |       |         |      |     |    |
| 19.  | Luc Kerpels          | ZPC Hoogeveen   | 200503015     | 2:18.97       | 2:21.71 | 492 | +0,73 |         |      |     |    |
|      | 50m: 33.28           | 100m: 1:08.93   | 150m: 1:45.53 | 200m: 2:21.71 |         |     |       |         |      |     |    |
| 20.  | Mart Tempelman       | Dedemsvaart-AC  | 200801075     | 2:21.51       | 2:23.31 | 476 | +0,70 |         |      |     |    |
|      | 50m: 33.09           | 100m: 1:08.55   | 150m: 1:45.57 | 200m: 2:23.31 |         |     |       |         |      |     |    |

DZ&PC Spring Swim 2025

Programmanr. 24, Heren, 200m rugslag, Voorronde, Junioren 1 en ouder

| Rang |                       |                 |               |               |  |  |  | In.tijd | Tijd           | Pnt | RT    |
|------|-----------------------|-----------------|---------------|---------------|--|--|--|---------|----------------|-----|-------|
| 21.  | Tim Boerefijn         | Wvz             | 200802815     |               |  |  |  | 2:29.64 | <b>2:23.32</b> | 476 | +0,73 |
|      | 50m: 33.19            | 100m: 1:09.85   | 150m: 1:47.43 | 200m: 2:23.32 |  |  |  |         |                |     |       |
| 22.  | Amor van der Veen     | Dedemsvaart-AC  | 201100197     |               |  |  |  | 2:30.94 | <b>2:23.65</b> | 472 | +0,73 |
|      | 50m: 33.30            | 100m: 1:10.39   | 150m: 1:48.12 | 200m: 2:23.65 |  |  |  |         |                |     |       |
| 23.  | Karsten van Groenigen | Zwemfed         | VZF/10013/08  |               |  |  |  | 2:29.70 | <b>2:23.79</b> | 471 | +0,71 |
|      | 50m: 33.84            | 100m: 1:10.23   | 150m: 1:47.93 | 200m: 2:23.79 |  |  |  |         |                |     |       |
| 24.  | Abel op den Velde     | De Duinkickers  | 201000079     |               |  |  |  | 2:22.38 | <b>2:23.98</b> | 469 | +0,77 |
|      | 50m: 33.31            | 100m: 1:09.58   | 150m: 1:46.89 | 200m: 2:23.98 |  |  |  |         |                |     |       |
| 25.  | Tim van Erven         | DZ&PC           | 200700175     |               |  |  |  | 2:19.76 | <b>2:23.99</b> | 469 | +0,84 |
|      | 50m: 33.24            | 100m: 1:09.78   | 150m: 1:47.32 | 200m: 2:23.99 |  |  |  |         |                |     |       |
| 26.  | Jere Wiersma          | DZ&PC           | 200701037     |               |  |  |  | 2:25.11 | <b>2:24.76</b> | 462 | +0,66 |
|      | 50m: 34.17            | 100m: 1:11.48   | 150m: 1:48.68 | 200m: 2:24.76 |  |  |  |         |                |     |       |
| 27.  | Ivo Bot               | Wiekslag        | 200900509     |               |  |  |  | 2:29.25 | <b>2:25.77</b> | 452 | +0,60 |
|      | 50m: 32.09            | 100m: 1:09.60   | 150m: 1:48.19 | 200m: 2:25.77 |  |  |  |         |                |     |       |
| 28.  | Xander Kragting       | Zpc Amersfoort  | 200900077     |               |  |  |  | 2:27.47 | <b>2:26.49</b> | 445 | +0,68 |
|      | 50m: 33.74            | 100m: 1:10.37   | 150m: 1:48.22 | 200m: 2:26.49 |  |  |  |         |                |     |       |
| 29.  | Thijmen Pruijssers    | Hieronymus      | 201000129     |               |  |  |  | 2:30.00 | <b>2:26.60</b> | 444 | +0,68 |
|      | 50m: 34.79            | 100m: 1:12.00   | 150m: 1:49.96 | 200m: 2:26.60 |  |  |  |         |                |     |       |
| 30.  | Tim Zuurman           | Dedemsvaart-AC  | 200700131     |               |  |  |  | 2:24.23 | <b>2:26.97</b> | 441 | +0,76 |
|      | 50m: 34.54            | 100m: 1:11.73   | 150m: 1:49.63 | 200m: 2:26.97 |  |  |  |         |                |     |       |
| 31.  | Sven Koorstra         | De Vikings      | 200900189     |               |  |  |  | 2:23.49 | <b>2:27.54</b> | 436 | +0,75 |
|      | 50m: 35.28            | 100m: 1:14.13   | 150m: 1:51.49 | 200m: 2:27.54 |  |  |  |         |                |     |       |
| 32.  | Tycho Wienbelt        | De Vikings      | 201001397     |               |  |  |  | 2:32.58 | <b>2:27.80</b> | 434 | +0,72 |
|      | 50m: 34.52            | 100m: 1:12.09   | 150m: 1:50.20 | 200m: 2:27.80 |  |  |  |         |                |     |       |
| 33.  | Jelte de Jong         | Zpch            | 200900975     |               |  |  |  | 2:24.76 | <b>2:28.13</b> | 431 | +0,69 |
|      | 50m: 35.68            | 100m: 1:13.46   | 150m: 1:50.47 | 200m: 2:28.13 |  |  |  |         |                |     |       |
| 34.  | Dax van den Nouland   | Blue Marlins    | 201000071     |               |  |  |  | 2:32.28 | <b>2:29.53</b> | 419 | +0,69 |
|      | 50m: 34.69            | 100m: 1:12.67   | 150m: 1:51.15 | 200m: 2:29.53 |  |  |  |         |                |     |       |
| 35.  | Sven Mulder           | Wvz             | 200901655     |               |  |  |  | 2:35.54 | <b>2:30.49</b> | 411 | +0,63 |
|      | 50m: 34.24            | 100m: 1:12.70   | 150m: 1:52.97 | 200m: 2:30.49 |  |  |  |         |                |     |       |
| 36.  | Henry Watson          | De Dolfijn      | 201001703     |               |  |  |  | 2:38.94 | <b>2:31.07</b> | 406 | +0,66 |
|      | 50m: 34.76            | 100m: 1:12.79   | 150m: 1:52.07 | 200m: 2:31.07 |  |  |  |         |                |     |       |
| 37.  | Enno Brahms           | SV Wildeshausen | 397825        |               |  |  |  | 2:21.85 | <b>2:32.39</b> | 396 | +0,60 |
|      | 50m: 35.87            | 100m: 1:14.21   | 150m: 1:52.97 | 200m: 2:32.39 |  |  |  |         |                |     |       |
| 38.  | Oden Hankins          | Blue Marlins    | 200902301     |               |  |  |  | 2:48.60 | <b>2:32.79</b> | 393 | +0,80 |
|      | 50m: 36.01            | 100m: 1:14.83   | 150m: 1:54.65 | 200m: 2:32.79 |  |  |  |         |                |     |       |
| 39.  | Twan Wielage          | Ksn (Sg)        | 200902671     |               |  |  |  | 2:26.53 | <b>2:33.59</b> | 386 | +0,82 |
|      | 50m: 34.60            | 100m: 1:13.33   | 150m: 1:53.62 | 200m: 2:33.59 |  |  |  |         |                |     |       |
| 40.  | Cayden Malone         | De Dolfijn      | 201002195     |               |  |  |  | 2:42.61 | <b>2:33.67</b> | 386 | +0,69 |
|      | 50m: 36.13            | 100m: 1:15.49   | 150m: 1:54.79 | 200m: 2:33.67 |  |  |  |         |                |     |       |
| 41.  | Milan Eikenaar        | Swol 1894       | 201100599     |               |  |  |  | 2:32.49 | <b>2:34.20</b> | 382 | +0,88 |
|      | 50m: 35.68            | 100m: 1:14.71   | 150m: 1:55.30 | 200m: 2:34.20 |  |  |  |         |                |     |       |

DZ&PC Spring Swim 2025

Programmanr. 24, Heren, 200m rugslag, Voorronde, Junioren 1 en ouder

| Rang                                                                       | In.tijd | Tijd           | Pnt | RT    |
|----------------------------------------------------------------------------|---------|----------------|-----|-------|
| 42. Yorre van der Wal SG. Bolsward-Workum 201000017                        | 2:38.64 | <b>2:34.74</b> | 378 | +0,81 |
| 50m: 35.60 100m: 1:14.35 150m: 1:54.78 200m: 2:34.74                       |         |                |     |       |
| 43. Stijn Dijkstra DZ&PC 201000279                                         | 2:34.07 | <b>2:34.86</b> | 377 | +0,65 |
| 50m: 36.37 100m: 1:14.88 150m: 1:54.77 200m: 2:34.86                       |         |                |     |       |
| 44. Gijs Nooter Dedemsvaart-AC 201000725                                   | 2:38.45 | <b>2:38.88</b> | 349 | +0,64 |
| 50m: 36.39 100m: 1:16.55 150m: 1:58.69 200m: 2:38.88                       |         |                |     |       |
| 45. Roan Dijkstra Dedemsvaart-AC 201002791                                 | 2:40.48 | <b>2:39.46</b> | 345 | +0,82 |
| 50m: 37.16 100m: 1:17.62 150m: 1:58.87 200m: 2:39.46                       |         |                |     |       |
| 46. Jasper Cox Zpc Amersfoort 201003589                                    | 2:53.82 | <b>2:42.59</b> | 326 | +0,69 |
| 50m: 38.44 100m: 1:20.68 150m: 2:02.05 200m: 2:42.59                       |         |                |     |       |
| 47. Yannick Dijks Orca Leeuwarden 200700923                                | 2:42.14 | <b>2:43.66</b> | 319 | +0,70 |
| 50m: 38.28 100m: 1:20.18 150m: 2:02.51 200m: 2:43.66                       |         |                |     |       |
| 48. Sven Potappel Dwk 201000127                                            | 2:41.00 | <b>2:43.89</b> | 318 | +0,72 |
| 50m: 38.64 100m: 1:21.96 150m: 2:04.39 200m: 2:43.89                       |         |                |     |       |
| 49. Revel Harmer Blue Marlins 201103467                                    | 2:34.49 | <b>2:45.58</b> | 308 | +0,80 |
| 50m: 37.69 100m: 1:19.58 150m: 2:02.34 200m: 2:45.58                       |         |                |     |       |
| 50. David van der Valk Wiekslag 201100519                                  | 2:40.32 | <b>2:47.76</b> | 296 | +0,68 |
| 50m: 40.05 100m: 1:22.50 150m: 2:06.72 200m: 2:47.76                       |         |                |     |       |
| 51. Marcelo Fritz Medina De Dolfijn 201201885                              | 2:48.93 | <b>2:47.94</b> | 295 | +0,64 |
| 50m: 39.75 100m: 1:23.16 150m: 2:06.63 200m: 2:47.94                       |         |                |     |       |
| 52. Guust Heijne Dwk 201202139                                             | 2:51.17 | <b>2:49.47</b> | 288 | +0,68 |
| 50m: 41.16 100m: 1:24.31 150m: 2:07.35 200m: 2:49.47                       |         |                |     |       |
| 53. Tim Koornstra De Vikings 201200231                                     | 2:51.99 | <b>2:52.33</b> | 273 | +0,74 |
| 50m: 41.66 100m: 1:26.48 150m: 2:09.69 200m: 2:52.33                       |         |                |     |       |
| 54. Jona Denke SV Wildeshausen 447339                                      | 2:44.90 | <b>2:53.73</b> | 267 | +0,65 |
| 50m: 39.30 100m: 1:24.22 150m: 2:09.39 200m: 2:53.73                       |         |                |     |       |
| 55. Gijs Leeneman HZ&PC Heerenveen 201200479                               | 2:55.83 | <b>2:55.28</b> | 260 | +0,69 |
| 50m: 41.01 100m: 1:26.48 150m: 2:10.86 200m: 2:55.28                       |         |                |     |       |
| 56. Leif Moormann SV Wildeshausen 484018                                   | 2:47.20 | <b>2:56.74</b> | 253 | +0,80 |
| 50m: 41.89 100m: 1:25.51 150m: 2:11.34 200m: 2:56.74                       |         |                |     |       |
| 57. Roan Krikke HZ&PC Heerenveen 201200501                                 | 3:10.82 | <b>3:05.60</b> | 219 | +0,73 |
| 50m: 42.83 100m: 1:31.11 150m: 2:19.94 200m: 3:05.60                       |         |                |     |       |
| DIS Danley Schneider ZC Polaris 201201323                                  | 2:54.00 |                |     |       |
| RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten. |         |                |     |       |
| DIS Lars Thül Swol 1894 201200119                                          | 3:03.36 |                |     |       |
| RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten. |         |                |     |       |
| AFGEM Colin Beuker ZPC Hoogeveen 200802023                                 | 2:29.54 |                |     |       |

Programmanr. 25  
2-3-2025 - 10:41

Dames, 200m vlinderslag  
Spring Swim record: Evy Rozeboom: 2:19.17

Junioren 2 en ouder  
Resultaten Voorronde

Punten: AQUA 2024

| Rang  |                             |                |              |         |       |         | In.tijd | Tijd           | Pnt | RT      |
|-------|-----------------------------|----------------|--------------|---------|-------|---------|---------|----------------|-----|---------|
| 1.    | Femke Spiering              | Zpc Amersfoort | 200204514    |         |       |         | 2:13.38 | <b>2:17.36</b> | 697 | +0,79 Q |
|       | <i>* Spring Swim record</i> |                |              |         |       |         |         |                |     |         |
|       | 50m:                        | 30.18          | 100m:        | 1:04.97 | 150m: | 1:41.09 | 200m:   | 2:17.36        |     |         |
| 2.    | Frouke Ludwig               | DZ&PC          | 200800112    |         |       |         | 2:23.65 | <b>2:26.08</b> | 579 | +0,80 Q |
|       | 50m:                        | 31.72          | 100m:        | 1:08.72 | 150m: | 1:47.00 | 200m:   | 2:26.08        |     |         |
| 3.    | Julia Agricola              | DZ&PC          | 200800266    |         |       |         | 2:32.73 | <b>2:40.57</b> | 436 | Q       |
|       | 50m:                        | 34.25          | 100m:        | 1:15.10 | 150m: | 1:57.31 | 200m:   | 2:40.57        |     |         |
| AFGEM | Sam De Bont                 | Zwemfed        | VZF/20001/08 |         |       |         | 2:23.63 |                |     |         |
| AFGEM | Niene Dewaelheyns           | Zwemfed        | VZF/20004/07 |         |       |         | 2:23.69 |                |     |         |
| AFGEM | Fenne Metten                | Zpc Amersfoort | 201000102    |         |       |         | 2:37.88 |                |     |         |
| AFGEM | Nikita van den Ouden        | Psv            | 199900622    |         |       |         | 2:27.78 |                |     |         |
| AFGEM | Odenza Soselisa             | Blue Marlins   | 201101780    |         |       |         | 2:37.02 |                |     |         |
| AFGEM | Elin Brinkhof               | De Dolfijn     | 200900078    |         |       |         | 2:39.30 |                |     |         |
| AFGEM | Nova Nijziel                | De Dolfijn     | 200804416    |         |       |         | 2:24.43 |                |     |         |

Programmanr. 26  
2-3-2025 - 11:04

Heren, 50m rugslag  
Spring Swim record: Jay de Vries: 26.68

Junioren 1 en ouder  
Resultaten Voorronde

Punten: AQUA 2024

| Rang |                             |                 |              |  |  |  | In.tijd | Tijd         | Pnt | RT      |
|------|-----------------------------|-----------------|--------------|--|--|--|---------|--------------|-----|---------|
| 1.   | Stan Franckx                | Zwemfed         | VZF/10005/02 |  |  |  | 25.20   | <b>26.53</b> | 699 | +0,58 A |
|      | <i>* Spring Swim record</i> |                 |              |  |  |  |         |              |     |         |
| 2.   | Giovanni Phillipson         | ZV De Zaan      | 200801099    |  |  |  | 26.75   | <b>26.98</b> | 665 | +0,69 A |
| 3.   | Daan Sonneveld              | Wvz             | 200601085    |  |  |  | 26.39   | <b>27.47</b> | 630 | +0,55 A |
| 4.   | Jelle Betten                | DZ&PC           | 200001535    |  |  |  | 27.08   | <b>27.64</b> | 618 | +0,59 A |
| 5.   | Lars Minnaert               | Psv             | 200502355    |  |  |  | 26.75   | <b>27.78</b> | 609 | +0,62 A |
| 6.   | Niek Issard                 | DZ&PC           | 200700037    |  |  |  | 27.85   | <b>27.87</b> | 603 | +0,67 A |
| 7.   | Jisse Lousma                | Wvz             | 200701493    |  |  |  | 28.37   | <b>28.03</b> | 593 | +0,53 A |
|      | Tiamo van der Veen          | Dedemsvaart-AC  | 200600033    |  |  |  | 28.22   | <b>28.03</b> | 593 | +0,63 A |
| 9.   | Alexander Van Hoey Billie   | Zwemfed         | VZF/10014/09 |  |  |  | 27.04   | <b>28.31</b> | 575 | +0,70 A |
| 10.  | Lars Heddema                | Steenwijk 1934  | 200603697    |  |  |  | 29.01   | <b>28.41</b> | 569 | +0,66 B |
| 11.  | Mikkel Grotelüschen         | SV Wildeshausen | 338479       |  |  |  | 27.11   | <b>28.56</b> | 560 | +0,61 B |
| 12.  | Michael Sminck              | Blue Marlins    | 200302169    |  |  |  | 27.08   | <b>28.68</b> | 553 | +0,76 B |
| 13.  | Kia Afzali                  | De Vikings      | 200305145    |  |  |  | NT      | <b>28.90</b> | 541 | +0,66 B |
| 14.  | Jaydey Schonewille          | Steenwijk 1934  | 200800025    |  |  |  | 29.71   | <b>29.12</b> | 528 | +0,69 B |
| 15.  | Matthijs van Meerendonk     | DZ&PC           | 199900375    |  |  |  | 28.39   | <b>29.14</b> | 527 | +0,61 B |
| 16.  | Adriaan Coppelmans          | Azc 1           | 200903243    |  |  |  | 29.84   | <b>29.28</b> | 520 | +0,55 B |
| 17.  | Niek Sonneveld              | Wvz             | 200802631    |  |  |  | 29.98   | <b>29.53</b> | 507 | +0,61 B |
| 18.  | Q. Brouwer von Gonzenbe     | TriVia          | 200700001    |  |  |  | 29.40   | <b>29.92</b> | 487 | +0,59 B |
| 19.  | Luc Kerpels                 | ZPC Hoogeveen   | 200503015    |  |  |  | 30.33   | <b>30.04</b> | 481 | +0,74 C |
| 20.  | Ivo Bot                     | Wiekslag        | 200900509    |  |  |  | 31.54   | <b>30.11</b> | 478 | +0,61 C |
| 21.  | Pepijn van Egmond           | Wvz             | 200402309    |  |  |  | 30.76   | <b>30.23</b> | 472 | +0,79 C |
| 22.  | Giulian Janssen             | Psv             | 200900125    |  |  |  | 30.56   | <b>30.28</b> | 470 | +0,61 C |

DZ&PC Spring Swim 2025

Programmanr. 26, Heren, 50m rugslag, Voorronde, Junioren 1 en ouder

| Rang  |                         |                     | In.tijd   | Tijd  | Pnt          | RT          |
|-------|-------------------------|---------------------|-----------|-------|--------------|-------------|
| 23.   | Bjorn Rijkaart          | Wvz                 | 200601337 | 30.21 | <b>30.34</b> | 467 +0,64 C |
| 24.   | Abel op den Velde       | De Duinkikkers      | 201000079 | 31.62 | <b>30.38</b> | 465 +0,68 C |
| 25.   | Sverre van der Zwaan    | Wvz                 | 200900737 | 31.30 | <b>30.71</b> | 450 +0,60 C |
| 26.   | Jorian Darwinkel        | HZ&PC Heerenveen    | 200300565 | 30.41 | <b>30.92</b> | 441 +0,66 C |
| 27.   | Jere Wiersma            | DZ&PC               | 200701037 | 31.65 | <b>30.98</b> | 439 +0,64 C |
| 28.   | Fynn Grotelüschen       | SV Wildeshausen     | 310328    | 29.70 | <b>31.09</b> | 434 +0,77 R |
| 29.   | Gijs Vesseur            | Zpc Amersfoort      | 200700277 | 31.63 | <b>31.13</b> | 432 +0,74 R |
| 30.   | Amor van der Veen       | Dedemsvaart-AC      | 201100197 | 32.04 | <b>31.39</b> | 422 +0,69   |
| 31.   | Dyon Scholten           | Steenwijk 1934      | 200900095 | 34.70 | <b>32.20</b> | 391 +0,63   |
| 32.   | Xander Kragting         | Zpc Amersfoort      | 200900077 | 32.51 | <b>32.35</b> | 385 +0,68   |
| 33.   | Roan van der Stege      | Swol 1894           | 200900107 | 32.84 | <b>32.51</b> | 380 +0,78   |
| 34.   | Ruben Trompetter        | DZ&PC               | 200500997 | 34.39 | <b>32.92</b> | 366 +0,86   |
| 35.   | Sascha Timmer           | Azc 1               | 200902987 | 33.74 | <b>32.98</b> | 364 +0,73   |
| 36.   | Ryan Huizinga           | Bubble              | 200700419 | 30.92 | <b>33.40</b> | 350 +0,67   |
| 37.   | Yorre van der Wal       | SG. Bolsward-Workum | 201000017 | 35.47 | <b>33.56</b> | 345 +0,77   |
| 38.   | Giovanni Wolfgang       | MSV-Zeemacht        | 201100859 | 36.78 | <b>33.71</b> | 340 +0,62   |
| 39.   | Roderick Veldhuizen     | Ksn (Sg)            | 200804031 | 39.19 | <b>34.13</b> | 328 +0,69   |
| 40.   | Daniël Scheppink        | Swol 1894           | 200902769 | 34.71 | <b>34.54</b> | 316 +0,79   |
|       | Enno Brahms             | SV Wildeshausen     | 397825    | 33.01 | <b>34.54</b> | 316 +0,60   |
| 42.   | Gijs Nooter             | Dedemsvaart-AC      | 201000725 | 36.67 | <b>34.91</b> | 306 +0,62   |
| 43.   | Matthijs Wierbos        | ZPC Hoogeveen       | 200901965 | 37.88 | <b>34.92</b> | 306 +0,75   |
| 44.   | Alexander Jerebic       | SV Wildeshausen     | 427588    | 35.20 | <b>35.21</b> | 299 +0,68   |
| 45.   | Jasper Cox              | Zpc Amersfoort      | 201003589 | 37.03 | <b>35.56</b> | 290 +0,70   |
| 46.   | Robin Mintjes           | HZ&PC Heerenveen    | 201000957 | 39.32 | <b>35.89</b> | 282 +0,87   |
| 47.   | Leroy Maring            | ZPC de Kanaalstreek | 201100307 | 36.53 | <b>36.53</b> | 267 +0,69   |
| 48.   | Danley Schneider        | ZC Polaris          | 201201323 | 40.04 | <b>37.82</b> | 241 +0,75   |
| 49.   | Dex Kerpels             | ZPC Hoogeveen       | 201100087 | 41.22 | <b>38.26</b> | 233 +0,73   |
| 50.   | Milan van den Berg      | Swol 1894           | 201100253 | 43.03 | <b>38.85</b> | 222 +0,61   |
| 51.   | Rory Costello           | De Dolfijn          | 201102755 | 45.94 | <b>39.98</b> | 204 +0,70   |
| 52.   | Arian Thies             | SV Wildeshausen     | 447672    | 56.83 | <b>43.70</b> | 156 +0,70   |
| 53.   | Robin van den Berg      | Swol 1894           | 201200355 | 53.22 | <b>46.28</b> | 131 +0,79   |
| 54.   | Sander Knol             | ZPC de Kanaalstreek | 200701093 | 49.72 | <b>49.45</b> | 108 +0,88   |
|       | NG.ZA Erdi-Vahap Ilboga | SV Wildeshausen     | 324753    | 27.80 |              |             |
| AFGEM | Vasco Strampel          | Steenwijk 1934      | 200702073 | 32.47 |              |             |
| AFGEM | Timo van de Pavoordt    | Orca Leeuwarden     | 201100205 | 37.86 |              |             |
| AFGEM | Colin Beuker            | ZPC Hoogeveen       | 200802023 | 29.80 |              |             |
| AFGEM | Thygo van de Peppel     | Blue Marlins        | 200901101 | 32.68 |              |             |
| AFGEM | Christiaan Wilbrink     | TriVia              | 200803819 | 35.08 |              |             |

Programmanr. 27  
2-3-2025 - 11:12

Dames, 100m vrije slag  
Spring Swim record: Sam van Nunen: 55.05

Juniores 2 en ouder  
Resultaten Voorronde

Punten: AQUA 2024

| Rang |                      |                 |              | In.tijd | Tijd           | Pnt | RT      |
|------|----------------------|-----------------|--------------|---------|----------------|-----|---------|
| 1.   | Femke Spiering       | Zpc Amersfoort  | 200204514    | 55.55   | <b>56.48</b>   | 767 | +0,76 A |
|      | 50m: 27.48           | 100m: 56.48     |              |         |                |     |         |
| 2.   | Nore Michiels        | Zwemfed         | VZF/20009/08 | 57.32   | <b>57.20</b>   | 738 | A       |
|      | 50m: 27.72           | 100m: 57.20     |              |         |                |     |         |
| 3.   | Elise Tanis          | De Dolfijn      | 200200120    | 58.06   | <b>57.48</b>   | 728 | +0,72 A |
|      | 50m: 27.78           | 100m: 57.48     |              |         |                |     |         |
| 4.   | Sara Korthuis        | DZ&PC           | 200600494    | 55.71   | <b>58.15</b>   | 703 | +0,77 A |
|      | 50m: 27.92           | 100m: 58.15     |              |         |                |     |         |
| 5.   | Nynke Boerefijn      | Zpc Amersfoort  | 200700114    | 57.65   | <b>58.61</b>   | 686 | A       |
|      | 50m: 28.43           | 100m: 58.61     |              |         |                |     |         |
| 6.   | Lana Ravelingien     | Zwemfed         | VZF/20011/03 | 56.94   | <b>58.67</b>   | 684 | +0,67 A |
|      | 50m: 28.40           | 100m: 58.67     |              |         |                |     |         |
| 7.   | Noa Hollebosch       | Zwemfed         | VZF/20007/07 | 58.63   | <b>58.90</b>   | 676 | +0,68 A |
|      | 50m: 28.63           | 100m: 58.90     |              |         |                |     |         |
| 8.   | Hylcke de Beer       | Psv             | 200700006    | 58.88   | <b>59.19</b>   | 666 | +0,73 A |
|      | 50m: 28.12           | 100m: 59.19     |              |         |                |     |         |
| 9.   | Mare Schallenberg    | Blue Marlins    | 200600078    | 57.97   | <b>59.31</b>   | 662 | A       |
|      | 50m: 29.19           | 100m: 59.31     |              |         |                |     |         |
| 10.  | Kinge Zandringa      | De Dolfijn      | 199801422    | 58.17   | <b>59.99</b>   | 640 | +0,74 B |
|      | 50m: 28.93           | 100m: 59.99     |              |         |                |     |         |
| 11.  | Maaïke Issard        | DZ&PC           | 200300022    | 59.73   | <b>1:00.04</b> | 638 | +0,83 B |
|      | 50m: 29.01           | 100m: 1:00.04   |              |         |                |     |         |
| 12.  | Arianne Kooijnga     | DZ&PC           | 200001544    | 1:00.30 | <b>1:00.62</b> | 620 | +0,74 B |
|      | 50m: 29.50           | 100m: 1:00.62   |              |         |                |     |         |
| 13.  | Jade van der Schrier | Azc 1           | 200800692    | 1:00.54 | <b>1:00.75</b> | 616 | +0,76 B |
|      | 50m: 29.67           | 100m: 1:00.75   |              |         |                |     |         |
| 14.  | Marin Wieling        | Zpc Amersfoort  | 200501220    | 59.90   | <b>1:01.03</b> | 608 | +0,73 B |
|      | 50m: 29.28           | 100m: 1:01.03   |              |         |                |     |         |
| 15.  | Luus Gielens         | Psv             | 200900138    | 1:00.88 | <b>1:01.27</b> | 601 | B       |
|      | 50m: 29.92           | 100m: 1:01.27   |              |         |                |     |         |
| 16.  | Rhodee van den Ham   | De Duinkikkers  | 200700090    | 1:03.11 | <b>1:01.34</b> | 599 | +0,80 B |
|      | 50m: 30.04           | 100m: 1:01.34   |              |         |                |     |         |
| 17.  | Fenna Westerneng     | DZ&PC           | 200900070    | 1:00.46 | <b>1:01.59</b> | 591 | +0,75 B |
|      | 50m: 29.76           | 100m: 1:01.59   |              |         |                |     |         |
| 18.  | Femke Backx          | Orca Leeuwarden | 200106430    | 1:04.35 | <b>1:01.61</b> | 591 | +0,74 B |
|      | 50m: 29.25           | 100m: 1:01.61   |              |         |                |     |         |
| 19.  | Jolijn Liezen        | Steenwijk 1934  | 200500518    | 1:00.65 | <b>1:01.73</b> | 587 | +0,76 C |
|      | 50m: 29.69           | 100m: 1:01.73   |              |         |                |     |         |
| 20.  | Lola Verheijen       | Psv             | 201100832    | 1:00.90 | <b>1:01.89</b> | 583 | +0,61 C |
|      | 50m: 29.74           | 100m: 1:01.89   |              |         |                |     |         |

DZ&PC Spring Swim 2025

Programmanr. 27, Dames, 100m vrije slag, Voorronde, Junioren 2 en ouder

| Rang                                           | In.tijd | Tijd           | Pnt | RT      |
|------------------------------------------------|---------|----------------|-----|---------|
| 21. Breanna Belmar Blue Marlins 201004068      | 1:02.09 | <b>1:01.90</b> | 582 | +0,76 C |
| 50m: 29.92 100m: 1:01.90                       |         |                |     |         |
| 22. Bregje Dekkers Psv 200900746               | 1:01.90 | <b>1:01.96</b> | 581 | +0,66 C |
| 50m: 30.44 100m: 1:01.96                       |         |                |     |         |
| 23. Alessia Sluis Dedemsvaart-AC 200300896     | 1:02.57 | <b>1:02.00</b> | 580 | +0,75 C |
| 50m: 29.92 100m: 1:02.00                       |         |                |     |         |
| 24. Malin Roozeboom Wvz 201100006              | 1:00.84 | <b>1:02.06</b> | 578 | +0,66 C |
| 50m: 29.99 100m: 1:02.06                       |         |                |     |         |
| 25. Julie van Nispen Z&PV Nuenen 200800290     | 1:00.36 | <b>1:02.19</b> | 574 | +0,73 C |
| 50m: 29.87 100m: 1:02.19                       |         |                |     |         |
| 26. Nina van der Schrier Azc 1 201000444       | 1:01.50 | <b>1:02.24</b> | 573 | +0,53 C |
| 50m: 30.15 100m: 1:02.24                       |         |                |     |         |
| 27. Leonie van Wier HZ&PC Heerenveen 200200436 | 1:02.78 | <b>1:02.32</b> | 571 | +0,75 C |
| 50m: 30.35 100m: 1:02.32                       |         |                |     |         |
| 28. Kinley Cole Psv 200903696                  | 1:00.66 | <b>1:02.33</b> | 570 | +0,55 R |
| 50m: 29.63 100m: 1:02.33                       |         |                |     |         |
| 29. Frédérique Nijziel De Dolfijn 201103114    | 1:01.44 | <b>1:02.75</b> | 559 | R       |
| 50m: 30.16 100m: 1:02.75                       |         |                |     |         |
| 30. Liv Heijdra Feijenoord Albion 200800736    | 1:02.10 | <b>1:03.09</b> | 550 | +0,75   |
| 50m: 29.71 100m: 1:03.09                       |         |                |     |         |
| 31. Julia Dąbrowska Blue Marlins 201000300     | 1:03.06 | <b>1:03.24</b> | 546 | +0,73   |
| 50m: 30.27 100m: 1:03.24                       |         |                |     |         |
| 32. Fenna Zusterzeel Psv 201000008             | 1:02.05 | <b>1:03.39</b> | 542 | +0,71   |
| 50m: 29.73 100m: 1:03.39                       |         |                |     |         |
| 33. Daphne Dijsselhof Dedemsvaart-AC 200901690 | 1:02.75 | <b>1:03.55</b> | 538 | +0,84   |
| 50m: 31.08 100m: 1:03.55                       |         |                |     |         |
| 34. Amber Kunst Daw 200900680                  | 1:03.37 | <b>1:03.74</b> | 533 | +0,66   |
| 50m: 31.01 100m: 1:03.74                       |         |                |     |         |
| 35. Mijke Ouderkerken Blue Marlins 200901254   | 1:04.28 | <b>1:04.02</b> | 526 | +0,74   |
| 50m: 31.16 100m: 1:04.02                       |         |                |     |         |
| 36. Vera Wassink DZ&PC 200604976               | 1:00.14 | <b>1:04.09</b> | 525 | +0,74   |
| 50m: 30.53 100m: 1:04.09                       |         |                |     |         |
| 37. Ilse Jongepier TriVia 201000006            | 1:04.89 | <b>1:04.21</b> | 522 | +0,73   |
| 50m: 31.21 100m: 1:04.21                       |         |                |     |         |
| 38. Fardau Cazemier Zcnf34 200901736           | 1:06.78 | <b>1:04.23</b> | 521 |         |
| 50m: 31.00 100m: 1:04.23                       |         |                |     |         |
| 39. Esmee van Peer TriVia 200201114            | 1:03.66 | <b>1:04.31</b> | 519 | +0,80   |
| 50m: 30.67 100m: 1:04.31                       |         |                |     |         |
| 40. Isis Verhoeff Zpc Amersfoort 200902962     | 1:03.81 | <b>1:04.50</b> | 515 |         |
| 50m: 30.85 100m: 1:04.50                       |         |                |     |         |
| Ananda van der Wiel Wvz 200701562              | 1:03.49 | <b>1:04.50</b> | 515 | +0,65   |
| 50m: 30.24 100m: 1:04.50                       |         |                |     |         |

DZ&PC Spring Swim 2025

Programmanr. 27, Dames, 100m vrije slag, Voorronde, Junioren 2 en ouder

| Rang |                    |                     |           | In.tijd | Tijd           | Pnt | RT    |
|------|--------------------|---------------------|-----------|---------|----------------|-----|-------|
| 42.  | Nienke Koster      | ZPC Hoozeveen       | 200900612 | 1:03.26 | <b>1:04.66</b> | 511 |       |
|      | 50m: 30.72         | 100m: 1:04.66       |           |         |                |     |       |
| 43.  | Lea Jerebic        | SV Wildeshausen     | 405121    | 1:06.67 | <b>1:04.83</b> | 507 | +0,69 |
|      | 50m: 31.01         | 100m: 1:04.83       |           |         |                |     |       |
| 44.  | Aniek Vuist        | Steenwijk 1934      | 200600958 | 1:05.36 | <b>1:05.17</b> | 499 |       |
|      | 50m: 32.00         | 100m: 1:05.17       |           |         |                |     |       |
| 45.  | Fleur Van den Eijk | Blue Marlins        | 200900304 | 1:04.05 | <b>1:05.24</b> | 497 | +0,65 |
|      | 50m: 30.77         | 100m: 1:05.24       |           |         |                |     |       |
| 46.  | Karlijn Dijkshoorn | Steenwijk 1934      | 200803926 | 1:03.16 | <b>1:05.26</b> | 497 | +0,59 |
|      | 50m: 31.25         | 100m: 1:05.26       |           |         |                |     |       |
| 47.  | Anouk Steller      | Wvz                 | 201000004 | 1:05.36 | <b>1:05.44</b> | 493 | +0,78 |
|      | 50m: 31.62         | 100m: 1:05.44       |           |         |                |     |       |
| 48.  | Yanique Bax        | Zpc Amersfoort      | 201001428 | 1:08.11 | <b>1:05.79</b> | 485 |       |
|      | 50m: 31.80         | 100m: 1:05.79       |           |         |                |     |       |
| 49.  | Lian Vonk          | Zpc Amersfoort      | 201001606 | 1:06.32 | <b>1:05.87</b> | 483 | +0,58 |
|      | 50m: 31.69         | 100m: 1:05.87       |           |         |                |     |       |
| 50.  | Evita Hoornweg     | TriVia              | 201002046 | 1:09.64 | <b>1:05.90</b> | 483 | +0,76 |
|      | 50m: 31.87         | 100m: 1:05.90       |           |         |                |     |       |
| 51.  | Marlies Dijsselhof | Dedemsvaart-AC      | 200601046 | 1:04.75 | <b>1:06.06</b> | 479 | +0,72 |
|      | 50m: 31.21         | 100m: 1:06.06       |           |         |                |     |       |
| 52.  | Amber Tiesinga     | DZ&PC               | 200600782 | 1:05.91 | <b>1:06.11</b> | 478 | +0,86 |
|      | 50m: 32.17         | 100m: 1:06.11       |           |         |                |     |       |
| 53.  | Elke Kriesels      | Hieronymus          | 201100898 | 1:04.94 | <b>1:06.21</b> | 476 | +0,81 |
|      | 50m: 31.71         | 100m: 1:06.21       |           |         |                |     |       |
| 54.  | Hanna Heller       | Zpc Amersfoort      | 201102730 | 1:04.76 | <b>1:06.30</b> | 474 |       |
|      | 50m: 31.39         | 100m: 1:06.30       |           |         |                |     |       |
| 55.  | Manou Longayroux   | Blue Marlins        | 201000580 | 1:05.37 | <b>1:06.31</b> | 474 | +0,69 |
|      | 50m: 32.07         | 100m: 1:06.31       |           |         |                |     |       |
| 56.  | Ylène Zondervan    | Zpc Amersfoort      | 201200016 | 1:04.58 | <b>1:06.35</b> | 473 | +0,82 |
|      | 50m: 31.62         | 100m: 1:06.35       |           |         |                |     |       |
| 57.  | Kim Bouman         | Zpc Amersfoort      | 201000262 | 1:06.55 | <b>1:06.73</b> | 465 | +0,67 |
|      | 50m: 31.57         | 100m: 1:06.73       |           |         |                |     |       |
| 58.  | Nora Lynn Otten    | ZPC Hoozeveen       | 200903338 | 1:06.45 | <b>1:06.74</b> | 465 |       |
|      | 50m: 32.41         | 100m: 1:06.74       |           |         |                |     |       |
| 59.  | Milou Filemon      | Blue Marlins        | 201100078 | 1:05.00 | <b>1:06.75</b> | 464 | +0,67 |
|      | 50m: 31.99         | 100m: 1:06.75       |           |         |                |     |       |
| 60.  | Mare Offringa      | SG. Bolsward-Workum | 201001110 | 1:07.56 | <b>1:07.10</b> | 457 | +0,72 |
|      | 50m: 32.53         | 100m: 1:07.10       |           |         |                |     |       |
| 61.  | Eva Maria Keet     | Zpc Amersfoort      | 201003006 | 1:06.87 | <b>1:07.47</b> | 450 | +0,98 |
|      | 50m: 32.00         | 100m: 1:07.47       |           |         |                |     |       |
| 62.  | Esmee van der Tuuk | ZPC Hoozeveen       | 200800682 | 1:07.12 | <b>1:07.58</b> | 447 | +0,86 |
|      | 50m: 32.59         | 100m: 1:07.58       |           |         |                |     |       |

DZ&PC Spring Swim 2025

Programmanr. 27, Dames, 100m vrije slag, Voorronde, Junioren 2 en ouder

| Rang |                       |                     |           | In.tijd | Tijd           | Pnt | RT    |
|------|-----------------------|---------------------|-----------|---------|----------------|-----|-------|
| 63.  | Isa Segenhout         | Orca Leeuwarden     | 201000128 | 1:09.83 | <b>1:07.90</b> | 441 | +0,77 |
|      | 50m: 32.41            | 100m: 1:07.90       |           |         |                |     |       |
|      | Marjolie Spelde       | ZC Borger           | 200900266 | 1:07.56 | <b>1:07.90</b> | 441 | +0,77 |
|      | 50m: 32.02            | 100m: 1:07.90       |           |         |                |     |       |
| 65.  | Kyara Balt            | De Vikings          | 201100306 | 1:09.60 | <b>1:07.91</b> | 441 | +0,81 |
|      | 50m: 32.82            | 100m: 1:07.91       |           |         |                |     |       |
| 66.  | Marlies Brouwer       | DZ&PC               | 201101152 | 1:07.85 | <b>1:08.01</b> | 439 | +0,66 |
|      | 50m: 32.59            | 100m: 1:08.01       |           |         |                |     |       |
| 67.  | Lyanne Pathuis        | Bubble              | 200800042 | 1:07.62 | <b>1:08.10</b> | 437 | +0,81 |
|      | 50m: 32.93            | 100m: 1:08.10       |           |         |                |     |       |
| 68.  | Kim Koeling           | Ksn (Sg)            | 201201216 | 1:08.97 | <b>1:08.13</b> | 437 | +0,76 |
|      | 50m: 32.79            | 100m: 1:08.13       |           |         |                |     |       |
| 69.  | Hanna Sampimon        | Ksn (Sg)            | 200901824 | 1:09.48 | <b>1:08.30</b> | 433 |       |
|      | 50m: 33.37            | 100m: 1:08.30       |           |         |                |     |       |
| 70.  | Norell Kroeze         | ZC Polaris          | 201100378 | 1:05.81 | <b>1:08.44</b> | 431 | +0,73 |
|      | 50m: 33.10            | 100m: 1:08.44       |           |         |                |     |       |
| 71.  | Feyona Vonk           | F.Z.C.'54           | 200600814 | 1:08.11 | <b>1:08.53</b> | 429 | +0,70 |
|      | 50m: 32.72            | 100m: 1:08.53       |           |         |                |     |       |
| 72.  | Elize Schierbeek      | TriVia              | 201100652 | 1:09.24 | <b>1:08.58</b> | 428 | +0,74 |
|      | 50m: 33.51            | 100m: 1:08.58       |           |         |                |     |       |
| 73.  | Noortje Bisperink     | Zpc Amersfoort      | 201100486 | 1:09.01 | <b>1:08.61</b> | 428 | +0,73 |
|      | 50m: 32.91            | 100m: 1:08.61       |           |         |                |     |       |
| 74.  | Marlene Bührmann      | SV Wildeshausen     | 406182    | 1:07.00 | <b>1:09.21</b> | 417 | +0,59 |
|      | 50m: 32.71            | 100m: 1:09.21       |           |         |                |     |       |
| 75.  | Sara van Dijk         | TriVia              | 201001120 | 1:11.35 | <b>1:09.46</b> | 412 |       |
|      | 50m: 33.15            | 100m: 1:09.46       |           |         |                |     |       |
| 76.  | Lana Noordenbos       | Orca Leeuwarden     | 201100958 | 1:09.75 | <b>1:09.51</b> | 411 | +0,70 |
|      | 50m: 32.93            | 100m: 1:09.51       |           |         |                |     |       |
| 77.  | Kamila Makhmadiyarova | Blue Marlins        | 201103178 | 1:11.93 | <b>1:09.81</b> | 406 | +0,78 |
|      | 50m: 33.33            | 100m: 1:09.81       |           |         |                |     |       |
| 78.  | Fenna Boterman        | TriVia              | 200701710 | 1:12.53 | <b>1:09.82</b> | 406 |       |
|      | 50m: 32.20            | 100m: 1:09.82       |           |         |                |     |       |
| 79.  | Lily Zandstra         | Dedemsvaart-AC      | 200701418 | 1:08.33 | <b>1:09.84</b> | 405 | +0,84 |
|      | 50m: 33.23            | 100m: 1:09.84       |           |         |                |     |       |
| 80.  | Chantal Peters        | ZPC Hogeveen        | 201001578 | 1:10.52 | <b>1:09.99</b> | 403 | +0,84 |
|      | 50m: 33.75            | 100m: 1:09.99       |           |         |                |     |       |
| 81.  | Esmee Reuver          | ZC Polaris          | 201100846 | 1:09.89 | <b>1:10.16</b> | 400 | +0,76 |
|      | 50m: 33.51            | 100m: 1:10.16       |           |         |                |     |       |
| 82.  | Jildau Folmer         | SG. Bolsward-Workum | 201002600 | 1:10.03 | <b>1:10.32</b> | 397 |       |
|      | 50m: 33.34            | 100m: 1:10.32       |           |         |                |     |       |
| 83.  | Finja Richter         | Wardenburger SC     | 383208    | 1:08.69 | <b>1:10.53</b> | 394 | +0,76 |
|      | 50m: 33.43            | 100m: 1:10.53       |           |         |                |     |       |

Programmanr. 27, Dames, 100m vrije slag, Voorronde, Junioren 2 en ouder

| Rang |                      |                     |           | In.tijd | Tijd           | Pnt | RT    |
|------|----------------------|---------------------|-----------|---------|----------------|-----|-------|
| 84.  | Melody Paulussen     | De Dolfijn          | 201101106 | 1:08.57 | <b>1:10.91</b> | 387 | +0,61 |
|      | 50m: 33.27           | 100m: 1:10.91       |           |         |                |     |       |
| 85.  | Eva ter Horst        | ZPC Hoozeveen       | 201200070 | 1:13.22 | <b>1:11.15</b> | 383 | +0,88 |
|      | 50m: 33.87           | 100m: 1:11.15       |           |         |                |     |       |
| 86.  | Femke Griemink       | Ksn (Sg)            | 200802376 | 1:12.27 | <b>1:11.42</b> | 379 | +0,79 |
|      | 50m: 34.55           | 100m: 1:11.42       |           |         |                |     |       |
| 87.  | Devenda van der Meer | DZ&PC               | 200900948 | 1:09.84 | <b>1:11.62</b> | 376 | +0,75 |
|      | 50m: 33.38           | 100m: 1:11.62       |           |         |                |     |       |
| 88.  | Myron Dekker         | ZPC Hoozeveen       | 201000512 | 1:12.02 | <b>1:11.63</b> | 376 | +0,68 |
|      | 50m: 34.05           | 100m: 1:11.63       |           |         |                |     |       |
| 89.  | S. Eagleton-Zambrano | Blue Marlins        | 201103862 | 1:11.34 | <b>1:11.69</b> | 375 | +0,52 |
|      | 50m: 34.97           | 100m: 1:11.69       |           |         |                |     |       |
| 90.  | Charlie Klaver       | De Dolfijn          | 201102094 | 1:12.55 | <b>1:11.85</b> | 372 | +0,70 |
|      | 50m: 35.31           | 100m: 1:11.85       |           |         |                |     |       |
| 91.  | Gabriela Borges      | Blue Marlins        | 201201726 | 1:19.32 | <b>1:11.96</b> | 371 |       |
|      | 50m: 34.19           | 100m: 1:11.96       |           |         |                |     |       |
| 92.  | Jade van der Veen    | ZPC Hoozeveen       | 201200416 | 1:18.99 | <b>1:11.97</b> | 370 | +0,75 |
|      | 50m: 35.21           | 100m: 1:11.97       |           |         |                |     |       |
| 93.  | Femke van der Veen   | Orca Leeuwarden     | 201100962 | 1:11.84 | <b>1:12.02</b> | 370 | +0,70 |
|      | 50m: 34.08           | 100m: 1:12.02       |           |         |                |     |       |
| 94.  | Emma Koeleman        | Z&PC de Inktvis     | 200901762 | 1:11.76 | <b>1:12.08</b> | 369 | +0,78 |
|      | 50m: 34.99           | 100m: 1:12.08       |           |         |                |     |       |
| 95.  | Jessica Lerer        | De Kempvis          | 201002354 | 1:10.77 | <b>1:12.21</b> | 367 | +0,63 |
|      | 50m: 33.47           | 100m: 1:12.21       |           |         |                |     |       |
| 96.  | Anna Nauta           | TriVia              | 201001114 | 1:12.79 | <b>1:12.77</b> | 358 | +0,60 |
|      | 50m: 33.54           | 100m: 1:12.77       |           |         |                |     |       |
| 97.  | Ranomi Zeegers       | De Vikings          | 201201512 | 1:14.34 | <b>1:13.18</b> | 352 | +0,81 |
|      | 50m: 35.97           | 100m: 1:13.18       |           |         |                |     |       |
|      | Britt Jellesma       | SG. Bolsward-Workum | 201000310 | 1:13.89 | <b>1:13.18</b> | 352 | +0,52 |
|      | 50m: 34.07           | 100m: 1:13.18       |           |         |                |     |       |
| 99.  | Linthe Van Gelderen  | Ksn (Sg)            | 201201220 | 1:19.68 | <b>1:13.34</b> | 350 | +0,69 |
|      | 50m: 35.86           | 100m: 1:13.34       |           |         |                |     |       |
| 100. | Evy Anna Nijdam      | Orca Leeuwarden     | 201100834 | 1:12.85 | <b>1:13.38</b> | 349 | +0,90 |
|      | 50m: 34.81           | 100m: 1:13.38       |           |         |                |     |       |
| 101. | Yenthe Segeren       | F.Z.C.'54           | 200801440 | 1:14.02 | <b>1:13.51</b> | 348 | +0,78 |
|      | 50m: 34.36           | 100m: 1:13.51       |           |         |                |     |       |
| 102. | Anna Schuurman       | SG. Bolsward-Workum | 201000076 | 1:13.70 | <b>1:13.70</b> | 345 | +0,64 |
|      | 50m: 35.76           | 100m: 1:13.70       |           |         |                |     |       |
| 103. | Jelena Krikke        | DZ&PC               | 200405874 | 1:12.33 | <b>1:13.73</b> | 344 | +0,80 |
|      | 50m: 34.64           | 100m: 1:13.73       |           |         |                |     |       |
| 104. | Sarah Brandes        | SV Wildeshausen     | 406178    | 1:12.00 | <b>1:13.87</b> | 343 | +0,59 |
|      | 50m: 35.37           | 100m: 1:13.87       |           |         |                |     |       |

Programmanr. 27, Dames, 100m vrije slag, Voorronde, Junioren 2 en ouder

| Rang  |                     |                     |           | In.tijd | Tijd           | Pnt | RT    |
|-------|---------------------|---------------------|-----------|---------|----------------|-----|-------|
| 105.  | Laura Tjoonk        | Ksn (Sg)            | 201004120 | 1:12.14 | <b>1:13.90</b> | 342 |       |
|       | 50m: 35.70          | 100m: 1:13.90       |           |         |                |     |       |
| 106.  | Gerlin van de Krol  | Dwk                 | 201101412 | 1:16.62 | <b>1:14.00</b> | 341 |       |
|       | 50m: 35.15          | 100m: 1:14.00       |           |         |                |     |       |
| 107.  | Myrthe te Winkel    | Swol 1894           | 200804336 | 1:21.38 | <b>1:14.05</b> | 340 | +0,64 |
|       | 50m: 36.04          | 100m: 1:14.05       |           |         |                |     |       |
| 108.  | Floortje Bakker     | Blue Marlins        | 201101124 | 1:13.98 | <b>1:14.21</b> | 338 | +0,79 |
|       | 50m: 36.31          | 100m: 1:14.21       |           |         |                |     |       |
| 109.  | Annelie Klinkhamer  | Bubble              | 200702606 | 1:14.39 | <b>1:14.41</b> | 335 |       |
|       | 50m: 34.87          | 100m: 1:14.41       |           |         |                |     |       |
| 110.  | Noelie Hallbauer    | SV Wildeshausen     | 397699    | 1:09.70 | <b>1:14.49</b> | 334 |       |
|       | 50m: 35.49          | 100m: 1:14.49       |           |         |                |     |       |
| 111.  | Fabiën van Halderen | ZPC Hoogeveen       | 201200412 | 1:18.02 | <b>1:14.79</b> | 330 | +0,86 |
|       | 50m: 35.92          | 100m: 1:14.79       |           |         |                |     |       |
| 112.  | Bente Toth          | Zpc Amersfoort      | 201102818 | 1:15.20 | <b>1:14.91</b> | 328 | +0,72 |
|       | 50m: 35.54          | 100m: 1:14.91       |           |         |                |     |       |
| 113.  | Elske de Vries      | De Vikings          | 200800786 | 1:16.65 | <b>1:16.91</b> | 303 |       |
|       | 50m: 36.81          | 100m: 1:16.91       |           |         |                |     |       |
| 114.  | Nienke Smid         | ZPC de Kanaalstreek | 201000468 | 1:15.03 | <b>1:17.43</b> | 297 | +0,78 |
|       | 50m: 36.47          | 100m: 1:17.43       |           |         |                |     |       |
| 115.  | Renske Van Ommen    | ZC Polaris          | 201200948 | 1:21.89 | <b>1:17.49</b> | 297 | +0,86 |
|       | 50m: 36.69          | 100m: 1:17.49       |           |         |                |     |       |
| 116.  | Carlijn Aardema     | ZC Borger           | 201100272 | 1:16.42 | <b>1:17.74</b> | 294 | +0,88 |
|       | 50m: 36.73          | 100m: 1:17.74       |           |         |                |     |       |
| 117.  | Lena Diekamp        | SV Wildeshausen     | 427914    | 1:11.87 | <b>1:18.16</b> | 289 | +0,87 |
|       | 50m: 37.58          | 100m: 1:18.16       |           |         |                |     |       |
| 118.  | Saar Meems          | ZC Polaris          | 201200946 | 1:21.66 | <b>1:18.77</b> | 282 | +0,94 |
|       | 50m: 38.60          | 100m: 1:18.77       |           |         |                |     |       |
| 119.  | Sophie Feiertag     | ZC Polaris          | 200901144 | 1:16.16 | <b>1:18.99</b> | 280 | +0,85 |
|       | 50m: 37.11          | 100m: 1:18.99       |           |         |                |     |       |
| 120.  | Anna de Lange       | Steenwijk 1934      | 200801762 | 1:22.38 | <b>1:20.08</b> | 269 | +0,63 |
|       | 50m: 38.42          | 100m: 1:20.08       |           |         |                |     |       |
| 121.  | Isabella Walta      | Neptunia '24        | 200704902 | 1:17.98 | <b>1:20.22</b> | 267 | +0,56 |
|       | 50m: 39.25          | 100m: 1:20.22       |           |         |                |     |       |
| 122.  | Nicky Freriksen     | Swol 1894           | 200802348 | 1:26.32 | <b>1:23.66</b> | 236 | +0,97 |
|       | 50m: 38.77          | 100m: 1:23.66       |           |         |                |     |       |
| 123.  | Nicky Zhang         | Blue Marlins        | 201003292 | 1:26.67 | <b>1:27.57</b> | 205 |       |
|       | 50m: 41.03          | 100m: 1:27.57       |           |         |                |     |       |
| 124.  | Sophie Zwart        | TriVia              | 200902664 | 1:30.77 | <b>1:34.91</b> | 161 | +0,95 |
|       | 50m: 42.80          | 100m: 1:34.91       |           |         |                |     |       |
| AFGEM | Denise Thül         | Swol 1894           | 200902530 | 1:10.09 |                |     |       |
| AFGEM | Lotte Lübbers       | Ksn (Sg)            | 200900190 | 1:01.85 |                |     |       |

Programmanr. 27, Dames, 100m vrije slag, Voorronde, Junioren 2 en ouder

| Rang  |                  |              | In.tijd   | Tijd    | Pnt | RT |
|-------|------------------|--------------|-----------|---------|-----|----|
| AFGEM | Carlein Polinder | Ksn (Sg)     | 200600128 | 1:02.74 |     |    |
| AFGEM | Chaya Bremer     | MSV-Zeemacht | 200900372 | 1:07.88 |     |    |
| AFGEM | Eefje Irvine     | De Dolfijn   | 200700164 | 1:01.54 |     |    |
| AFGEM | Ilse Wiltjer     | DZ&PC        | 200900868 | 1:06.60 |     |    |

Programmanr. 28  
2-3-2025 - 11:34

Heren, 100m schoolslag  
Spring Swim record: Koen de Groot: 1.02.99

Junioren 1 en ouder  
Resultaten Voorronde

Punten: AQUA 2024

| Rang |                         |                |              | In.tijd | Tijd           | Pnt | RT      |
|------|-------------------------|----------------|--------------|---------|----------------|-----|---------|
| 1.   | Bartel Vranken          | Zwemfed        | VZF/10017/07 | 1:03.78 | <b>1:04.79</b> | 676 | +0,68 A |
|      | 50m: 30.38              | 100m: 1:04.79  |              |         |                |     |         |
| 2.   | Storm Boxum             | DZ&PC          | 200700421    | 1:04.39 | <b>1:05.74</b> | 647 | +0,74 A |
|      | 50m: 30.54              | 100m: 1:05.74  |              |         |                |     |         |
| 3.   | Karsten van Groenigen   | Zwemfed        | VZF/10013/08 | 1:05.53 | <b>1:06.11</b> | 636 | +0,70 A |
|      | 50m: 31.20              | 100m: 1:06.11  |              |         |                |     |         |
| 4.   | Jesse van der Meij      | De Dolfijn     | 200600841    | 1:07.18 | <b>1:07.01</b> | 611 | A       |
|      | 50m: 32.03              | 100m: 1:07.01  |              |         |                |     |         |
| 5.   | Ruben Baars             | Dwk            | 200900471    | 1:08.16 | <b>1:08.69</b> | 567 | +0,73 A |
|      | 50m: 32.31              | 100m: 1:08.69  |              |         |                |     |         |
| 6.   | Floris van der Valk     | Wiekslag       | 200801891    | 1:10.00 | <b>1:09.01</b> | 559 | +0,68 A |
|      | 50m: 31.78              | 100m: 1:09.01  |              |         |                |     |         |
| 7.   | Nikodim Markovic        | Blue Marlins   | 200700255    | 1:05.62 | <b>1:09.50</b> | 548 | A       |
|      | 50m: 32.55              | 100m: 1:09.50  |              |         |                |     |         |
| 8.   | Tiede Groener           | Psv            | 200700155    | 1:11.51 | <b>1:09.53</b> | 547 | +0,75 A |
|      | 50m: 32.65              | 100m: 1:09.53  |              |         |                |     |         |
| 9.   | Jetze de Vries          | De Vikings     | 200602589    | 1:09.09 | <b>1:09.65</b> | 544 | +0,71 A |
|      | 50m: 32.17              | 100m: 1:09.65  |              |         |                |     |         |
| 10.  | Joshua Agussalim        | Wvz            | 200600153    | 1:08.60 | <b>1:09.84</b> | 540 | +0,66 B |
|      | 50m: 32.48              | 100m: 1:09.84  |              |         |                |     |         |
| 11.  | Ruben Hoeve             | Dedemsvaart-AC | 200302179    | 1:10.29 | <b>1:10.04</b> | 535 | +0,76 B |
|      | 50m: 31.28              | 100m: 1:10.04  |              |         |                |     |         |
| 12.  | Rick Offringa           | DZ&PC          | 200300979    | 1:07.85 | <b>1:10.15</b> | 533 | B       |
|      | 50m: 32.35              | 100m: 1:10.15  |              |         |                |     |         |
| 13.  | Q. Brouwer von Gonzenbe | TriVia         | 200700001    | 1:08.74 | <b>1:11.57</b> | 501 | +0,68 B |
|      | 50m: 32.90              | 100m: 1:11.57  |              |         |                |     |         |
| 14.  | Emiel de Bruijn         | Dedemsvaart-AC | 200700953    | 1:10.03 | <b>1:12.15</b> | 489 | +0,75 B |
|      | 50m: 33.43              | 100m: 1:12.15  |              |         |                |     |         |
| 15.  | Alexander Griston       | De Dolfijn     | 200803053    | 1:11.38 | <b>1:13.02</b> | 472 | +0,72 B |
|      | 50m: 34.22              | 100m: 1:13.02  |              |         |                |     |         |
| 16.  | Kay van Sleen           | Steenwijk 1934 | 200400083    | 1:11.82 | <b>1:13.44</b> | 464 | +0,79 B |
|      | 50m: 34.07              | 100m: 1:13.44  |              |         |                |     |         |

Programmanr. 28, Heren, 100m schoolslag, Voorronde, Junioren 1 en ouder

| Rang |                       |                   |           | In.tijd | Tijd           | Pnt | RT      |
|------|-----------------------|-------------------|-----------|---------|----------------|-----|---------|
| 17.  | Jelte de Boer         | De Vikings        | 200700345 | 1:13.07 | <b>1:13.81</b> | 457 | +0,70 B |
|      | 50m: 34.28            | 100m: 1:13.81     |           |         |                |     |         |
| 18.  | Brian Arturo Bloemsma | De Dolfijn        | 200901155 | 1:14.24 | <b>1:14.73</b> | 440 | +0,52 B |
|      | 50m: 34.64            | 100m: 1:14.73     |           |         |                |     |         |
| 19.  | Milan Schuilenburg    | Zpc Amersfoort    | 201000935 | 1:14.63 | <b>1:14.95</b> | 437 | +0,61 C |
|      | 50m: 35.76            | 100m: 1:14.95     |           |         |                |     |         |
| 20.  | Mathijs Boersma       | ZPC Hoogeveen     | 201000313 | 1:18.16 | <b>1:14.97</b> | 436 | +0,80 C |
|      | 50m: 34.52            | 100m: 1:14.97     |           |         |                |     |         |
| 21.  | Stan Tibben           | Dedemsvaart-AC    | 200503591 | 1:21.30 | <b>1:15.35</b> | 430 | C       |
|      | 50m: 35.09            | 100m: 1:15.35     |           |         |                |     |         |
| 22.  | Cayden Malone         | De Dolfijn        | 201002195 | 1:19.46 | <b>1:15.55</b> | 426 | C       |
|      | 50m: 35.45            | 100m: 1:15.55     |           |         |                |     |         |
| 23.  | Nathan Magava         | De Dolfijn        | 201003067 | 1:16.51 | <b>1:15.61</b> | 425 | +0,57 C |
|      | 50m: 35.34            | 100m: 1:15.61     |           |         |                |     |         |
| 24.  | Mattias Stolk         | HZ&PC Heerenveen  | 201000525 | 1:17.52 | <b>1:15.89</b> | 421 | +0,70 C |
|      | 50m: 35.48            | 100m: 1:15.89     |           |         |                |     |         |
| 25.  | Kick Germers          | Swol 1894         | 201000185 | 1:16.76 | <b>1:16.54</b> | 410 | +0,70 C |
|      | 50m: 36.57            | 100m: 1:16.54     |           |         |                |     |         |
| 26.  | Tygo van de Wal       | Dwk               | 201001329 | 1:15.38 | <b>1:16.76</b> | 406 | +0,73 C |
|      | 50m: 34.57            | 100m: 1:16.76     |           |         |                |     |         |
| 27.  | Kylian Kooijman       | Steenwijk 1934    | 199900763 | 1:19.11 | <b>1:17.26</b> | 399 | +0,78 C |
|      | 50m: 35.28            | 100m: 1:17.26     |           |         |                |     |         |
| 28.  | Ruben Trompetter      | DZ&PC             | 200500997 | 1:20.43 | <b>1:17.33</b> | 397 | +0,83 R |
|      | 50m: 36.24            | 100m: 1:17.33     |           |         |                |     |         |
| 29.  | Ruben Nooter          | Dedemsvaart-AC    | 200901577 | 1:15.50 | <b>1:17.35</b> | 397 | +0,69 R |
|      | 50m: 35.42            | 100m: 1:17.35     |           |         |                |     |         |
| 30.  | Gerjan Berends        | ZPC Hoogeveen     | 200900169 | 1:15.05 | <b>1:17.48</b> | 395 | +0,65   |
|      | 50m: 36.44            | 100m: 1:17.48     |           |         |                |     |         |
| 31.  | Luca Monster          | SG Hoeksche Waard | 201100343 | 1:15.74 | <b>1:18.10</b> | 386 | +0,69   |
|      | 50m: 35.88            | 100m: 1:18.10     |           |         |                |     |         |
| 32.  | Sven Potappel         | Dwk               | 201000127 | 1:20.94 | <b>1:18.27</b> | 383 |         |
|      | 50m: 36.38            | 100m: 1:18.27     |           |         |                |     |         |
| 33.  | Oden Hankins          | Blue Marlins      | 200902301 | 1:27.12 | <b>1:19.24</b> | 369 |         |
|      | 50m: 35.92            | 100m: 1:19.24     |           |         |                |     |         |
| 34.  | Abe Pasop             | Dedemsvaart-AC    | 201000501 | 1:18.69 | <b>1:19.56</b> | 365 | +0,73   |
|      | 50m: 36.91            | 100m: 1:19.56     |           |         |                |     |         |
| 35.  | Kasper Lubbers        | Orca Leeuwarden   | 201100025 | 1:24.81 | <b>1:21.20</b> | 343 |         |
|      | 50m: 38.46            | 100m: 1:21.20     |           |         |                |     |         |
| 36.  | Daequan Ramos         | ZPC Hoogeveen     | 200901709 | 1:19.66 | <b>1:21.28</b> | 342 | +0,75   |
|      | 50m: 36.97            | 100m: 1:21.28     |           |         |                |     |         |
| 37.  | Joey Snabel           | Zpc Amersfoort    | 201002847 | 1:20.54 | <b>1:21.64</b> | 338 | +0,74   |
|      | 50m: 37.78            | 100m: 1:21.64     |           |         |                |     |         |

DZ&PC Spring Swim 2025

Programmanr. 28, Heren, 100m schoolslag, Voorronde, Junioren 1 en ouder

| Rang  |                      |                     |           | In.tijd | Tijd           | Pnt | RT    |
|-------|----------------------|---------------------|-----------|---------|----------------|-----|-------|
| 38.   | Art Jin van der Ent  | Blue Marlins        | 200903785 | 1:23.61 | <b>1:21.80</b> | 336 |       |
|       | 50m: 38.90           | 100m: 1:21.80       |           |         |                |     |       |
| 39.   | Kyaro Giuliano       | De Dolfijn          | 201000489 | 1:23.61 | <b>1:21.92</b> | 334 | +0,85 |
|       | 50m: 39.17           | 100m: 1:21.92       |           |         |                |     |       |
| 40.   | Douwe Enzerink       | Zpc Amersfoort      | 201102657 | 1:24.32 | <b>1:23.32</b> | 318 | +0,70 |
|       | 50m: 39.39           | 100m: 1:23.32       |           |         |                |     |       |
| 41.   | Yorre van der Wal    | SG. Bolsward-Workum | 201000017 | 1:23.73 | <b>1:23.35</b> | 317 |       |
|       | 50m: 39.39           | 100m: 1:23.35       |           |         |                |     |       |
| 42.   | Jente-Piebe Dijkstra | Wetterwille         | 200800299 | 1:22.92 | <b>1:24.55</b> | 304 | +0,73 |
|       | 50m: 38.67           | 100m: 1:24.55       |           |         |                |     |       |
| 43.   | Luca Karsten Schöler | HZ&PC Heerenveen    | 201101451 | 1:28.94 | <b>1:24.85</b> | 301 | +0,66 |
|       | 50m: 40.02           | 100m: 1:24.85       |           |         |                |     |       |
| 44.   | Sven Mulder          | Wvz                 | 200901655 | 1:30.96 | <b>1:25.21</b> | 297 | +0,72 |
|       | 50m: 40.74           | 100m: 1:25.21       |           |         |                |     |       |
| 45.   | Dirk Hoogeveen       | Dedemsvaart-AC      | 200702595 | 1:24.29 | <b>1:25.48</b> | 294 | +0,89 |
|       | 50m: 39.37           | 100m: 1:25.48       |           |         |                |     |       |
| 46.   | Thomas van Scheepen  | Steenwijk 1934      | 200001387 | 1:21.17 | <b>1:26.49</b> | 284 | +0,77 |
|       | 50m: 40.34           | 100m: 1:26.49       |           |         |                |     |       |
| 47.   | Milan Eikenaar       | Swol 1894           | 201100599 | 1:27.28 | <b>1:27.80</b> | 271 | +0,85 |
|       | 50m: 41.05           | 100m: 1:27.80       |           |         |                |     |       |
| 48.   | Joep Barwegen        | HZ&PC Heerenveen    | 201201823 | 1:33.90 | <b>1:28.50</b> | 265 | +0,60 |
|       | 50m: 41.33           | 100m: 1:28.50       |           |         |                |     |       |
|       | Alexander Jerebic    | SV Wildeshausen     | 427588    | 1:27.15 | <b>1:28.50</b> | 265 | +0,74 |
|       | 50m: 41.75           | 100m: 1:28.50       |           |         |                |     |       |
| 50.   | Daan Mulder          | Ksn (Sg)            | 201100267 | 1:34.55 | <b>1:28.51</b> | 265 | +0,82 |
|       | 50m: 40.83           | 100m: 1:28.51       |           |         |                |     |       |
| 51.   | Mathijs de Wit       | Ksn (Sg)            | 201001215 | 1:19.67 | <b>1:28.60</b> | 264 | +0,80 |
|       | 50m: 41.30           | 100m: 1:28.60       |           |         |                |     |       |
| 52.   | Tim Koornstra        | De Vikings          | 201200231 | 1:31.26 | <b>1:29.31</b> | 258 | +0,76 |
|       | 50m: 42.70           | 100m: 1:29.31       |           |         |                |     |       |
| 53.   | Stef van de Wal      | Dwk                 | 201200803 | 1:30.77 | <b>1:29.74</b> | 254 | +0,74 |
|       | 50m: 42.90           | 100m: 1:29.74       |           |         |                |     |       |
| 54.   | Michiel de Wit       | Ksn (Sg)            | 201101867 | 1:31.17 | <b>1:31.05</b> | 243 | +0,77 |
|       | 50m: 42.82           | 100m: 1:31.05       |           |         |                |     |       |
| 55.   | Nordin Vermeer       | Dwk                 | 201000227 | 1:21.40 | <b>1:31.40</b> | 241 | +0,71 |
|       | 50m: 41.64           | 100m: 1:31.40       |           |         |                |     |       |
| 56.   | Rio Babic            | Steenwijk 1934      | 201200867 | 1:30.73 | <b>1:31.47</b> | 240 |       |
|       | 50m: 44.22           | 100m: 1:31.47       |           |         |                |     |       |
| 57.   | Vince Van Wijk       | Ksn (Sg)            | 201101019 | 1:36.26 | <b>1:33.55</b> | 224 | +0,65 |
|       | 50m: 45.09           | 100m: 1:33.55       |           |         |                |     |       |
| AFGEM | Thomas Nauta         | Arethusa            | 200900339 | 1:15.10 |                |     |       |
| AFGEM | Sven Casper Hageman  | Steenwijk 1934      | 201000009 | 1:17.41 |                |     |       |

Programmanr. 28, Heren, 100m schoolslag, Voorronde, Junioren 1 en ouder

| Rang                                             | In.tijd | Tijd | Pnt | RT |
|--------------------------------------------------|---------|------|-----|----|
| AFGEM Thygo van de Peppel Blue Marlins 200901101 | 1:10.09 |      |     |    |

Programmanr. 29  
2-3-2025 - 11:45

Dames, 200m schoolslag  
Spring Swim record: Djanilla Brink 2:35.76

Junioren 2 en ouder  
Resultaten Voorronde

Punten: AQUA 2024

| Rang                                                 | In.tijd | Tijd           | Pnt | RT      |
|------------------------------------------------------|---------|----------------|-----|---------|
| 1. Jade Geurts Wvz 200402278<br>* Spring Swim record | 2:37.88 | <b>2:35.33</b> | 694 | +0,83 Q |
| 50m: 34.89 100m: 1:14.11 150m: 1:54.47 200m: 2:35.33 |         |                |     |         |
| 2. Zinke Delcommune Zwemfed VZF/20003/05             | 2:33.30 | <b>2:35.64</b> | 690 | +0,74 Q |
| 50m: 35.45 100m: 1:14.63 150m: 1:55.07 200m: 2:35.64 |         |                |     |         |
| 3. Rafaela Mulders De Reuring 200701398              | 2:39.93 | <b>2:38.74</b> | 650 | Q       |
| 50m: 35.95 100m: 1:15.74 150m: 1:56.89 200m: 2:38.74 |         |                |     |         |
| 4. Nina Zusterzeel Psv 200800656                     | 2:38.87 | <b>2:42.51</b> | 606 | Q       |
| 50m: 37.75 100m: 1:19.08 150m: 2:00.50 200m: 2:42.51 |         |                |     |         |
| 5. Carla Moreno Palacios De Dolfijn 201002302        | 2:42.47 | <b>2:43.01</b> | 600 | +0,78 Q |
| 50m: 35.43 100m: 1:16.04 150m: 1:58.84 200m: 2:43.01 |         |                |     |         |
| 6. Robine Moot Zpc Amersfoort 200900330              | 2:40.28 | <b>2:43.63</b> | 594 | Q       |
| 50m: 37.19 100m: 1:18.78 150m: 2:00.90 200m: 2:43.63 |         |                |     |         |
| 7. Tess Vonk De Geul 200900024                       | 2:46.42 | <b>2:45.71</b> | 571 | +0,69 Q |
| 50m: 38.37 100m: 1:21.24 150m: 2:02.68 200m: 2:45.71 |         |                |     |         |
| 8. Esmee Mulder DZ&PC 200800038                      | 2:43.03 | <b>2:46.26</b> | 566 | +0,74 Q |
| 50m: 37.65 100m: 1:19.59 150m: 2:02.19 200m: 2:46.26 |         |                |     |         |
| 9. Paula Spans Zpc Amersfoort 201000064              | 2:44.02 | <b>2:46.32</b> | 565 | +0,79 Q |
| 50m: 37.83 100m: 1:20.06 150m: 2:03.41 200m: 2:46.32 |         |                |     |         |
| 10. Ismay Lichtendonk Dedemsvaart-AC 200400622       | 2:44.73 | <b>2:48.62</b> | 542 | +0,77 R |
| 50m: 37.82 100m: 1:20.38 150m: 2:04.35 200m: 2:48.62 |         |                |     |         |
| 11. Yill van Bezouw Hieronymus 201100704             | 2:45.66 | <b>2:48.73</b> | 541 | +0,78 R |
| 50m: 37.62 100m: 1:20.69 150m: 2:04.49 200m: 2:48.73 |         |                |     |         |
| 12. Marre van der Wal SG. Bolsward-Workum 201000046  | 2:47.36 | <b>2:50.79</b> | 522 | +0,76   |
| 50m: 38.01 100m: 1:21.37 150m: 2:06.00 200m: 2:50.79 |         |                |     |         |
| 13. Lise Kleinbekman DZ&PC 200502870                 | 2:52.35 | <b>2:52.08</b> | 510 | +0,76   |
| 50m: 39.01 100m: 1:22.95 150m: 2:07.53 200m: 2:52.08 |         |                |     |         |
| 14. Djelaysa Buunk Z & PC De Zeeuwse Kl 200900536    | 2:54.22 | <b>2:52.61</b> | 506 | +0,78   |
| 50m: 38.76 100m: 1:23.11 150m: 2:07.90 200m: 2:52.61 |         |                |     |         |
| 15. Tess van de Steeg Wvz 201000016                  | 2:55.89 | <b>2:53.00</b> | 502 | +0,81   |
| 50m: 39.34 100m: 1:23.69 150m: 2:07.41 200m: 2:53.00 |         |                |     |         |
| 16. Amber Kunst Daw 200900680                        | 2:51.12 | <b>2:55.38</b> | 482 | +0,83   |
| 50m: 40.18 100m: 1:24.89 150m: 2:10.43 200m: 2:55.38 |         |                |     |         |
| 17. Rixt Rothschild ZPC Hoogeveen 200900026          | 2:59.15 | <b>2:56.58</b> | 472 | +0,62   |
| 50m: 40.64 100m: 1:25.63 150m: 2:11.10 200m: 2:56.58 |         |                |     |         |

DZ&PC Spring Swim 2025

Programmanr. 29, Dames, 200m schoolslag, Voorronde, Junioren 2 en ouder

| Rang |                      |                  |               |               | In.tijd | Tijd           | Pnt | RT    |
|------|----------------------|------------------|---------------|---------------|---------|----------------|-----|-------|
| 18.  | Isa Kerpels          | ZPC Hoogeveen    | 200800880     |               | 2:57.88 | <b>2:56.80</b> | 470 | +0,71 |
|      | 50m: 40.43           | 100m: 1:25.34    | 150m: 2:10.58 | 200m: 2:56.80 |         |                |     |       |
| 19.  | Meike van der Klugt  | Wvz              | 201100808     |               | 2:53.61 | <b>2:57.79</b> | 463 | +0,86 |
|      | 50m: 40.07           | 100m: 1:25.79    | 150m: 2:11.96 | 200m: 2:57.79 |         |                |     |       |
| 20.  | Odenza Soselisa      | Blue Marlins     | 201101780     |               | 3:02.16 | <b>2:58.02</b> | 461 | +0,73 |
|      | 50m: 40.24           | 100m: 1:26.16    | 150m: 2:11.30 | 200m: 2:58.02 |         |                |     |       |
| 21.  | Sanne Keizer         | Dedemsvaart-AC   | 201001348     |               | 3:12.96 | <b>2:58.14</b> | 460 | +0,83 |
|      | 50m: 38.38           | 100m: 1:23.37    | 150m: 2:10.75 | 200m: 2:58.14 |         |                |     |       |
| 22.  | Gerlin van de Krol   | Dwk              | 201101412     |               | 3:10.34 | <b>2:59.19</b> | 452 |       |
|      | 50m: 39.60           | 100m: 1:24.17    | 150m: 2:11.67 | 200m: 2:59.19 |         |                |     |       |
| 23.  | Noa van Zalk         | Zpc Amersfoort   | 201102534     |               | 3:00.52 | <b>2:59.50</b> | 449 | +0,58 |
|      | 50m: 39.55           | 100m: 1:25.43    | 150m: 2:11.99 | 200m: 2:59.50 |         |                |     |       |
| 24.  | Noa Jaffe            | De Dolfijn       | 201000726     |               | 3:02.72 | <b>3:00.68</b> | 441 |       |
|      | 50m: 41.88           | 100m: 1:28.43    | 150m: 2:14.46 | 200m: 3:00.68 |         |                |     |       |
| 25.  | Wieke Dekker         | De Dolfijn       | 201002020     |               | 3:00.47 | <b>3:02.72</b> | 426 | +0,64 |
|      | 50m: 41.00           | 100m: 1:27.97    | 150m: 2:15.34 | 200m: 3:02.72 |         |                |     |       |
| 26.  | Elien Groothuismink  | Swol 1894        | 200800920     |               | 3:19.04 | <b>3:03.53</b> | 420 | +0,79 |
|      | 50m: 42.56           | 100m: 1:28.18    | 150m: 2:16.04 | 200m: 3:03.53 |         |                |     |       |
| 27.  | Alena Ytsma          | HZ&PC Heerenveen | 201201736     |               | 3:05.43 | <b>3:04.78</b> | 412 | +0,80 |
|      | 50m: 42.11           | 100m: 1:28.95    | 150m: 2:16.18 | 200m: 3:04.78 |         |                |     |       |
| 28.  | Laura Tjoonk         | Ksn (Sg)         | 201004120     |               | 3:09.90 | <b>3:06.20</b> | 403 | +0,62 |
|      | 50m: 43.11           | 100m: 1:30.57    | 150m: 2:19.37 | 200m: 3:06.20 |         |                |     |       |
| 29.  | Ylène Zondervan      | Zpc Amersfoort   | 201200016     |               | 3:02.28 | <b>3:06.50</b> | 401 |       |
|      | 50m: 41.82           | 100m: 1:28.78    | 150m: 2:16.93 | 200m: 3:06.50 |         |                |     |       |
| 30.  | Ilse Jongepier       | TriVia           | 201000006     |               | 3:14.32 | <b>3:06.99</b> | 398 | +0,83 |
|      | 50m: 43.48           | 100m: 1:30.86    | 150m: 2:19.73 | 200m: 3:06.99 |         |                |     |       |
| 31.  | Esther Dijsselhof    | Dedemsvaart-AC   | 200800784     |               | 3:05.00 | <b>3:07.34</b> | 395 | +0,76 |
|      | 50m: 40.51           | 100m: 1:28.30    | 150m: 2:17.37 | 200m: 3:07.34 |         |                |     |       |
| 32.  | Elin Reinstra        | TriVia           | 201100842     |               | 2:58.86 | <b>3:08.04</b> | 391 | +0,77 |
|      | 50m: 43.15           | 100m: 1:30.88    | 150m: 2:19.19 | 200m: 3:08.04 |         |                |     |       |
| 33.  | Anique Polinder      | Dedemsvaart-AC   | 200800008     |               | 3:14.15 | <b>3:11.37</b> | 371 | +0,64 |
|      | 50m: 42.44           | 100m: 1:32.41    | 150m: 2:23.19 | 200m: 3:11.37 |         |                |     |       |
| 34.  | Norell Kroeze        | ZC Polaris       | 201100378     |               | 3:07.63 | <b>3:11.95</b> | 367 | +0,72 |
|      | 50m: 43.12           | 100m: 1:33.22    | 150m: 2:22.24 | 200m: 3:11.95 |         |                |     |       |
| 35.  | Hanna Heller         | Zpc Amersfoort   | 201102730     |               | 3:18.41 | <b>3:14.10</b> | 355 | +0,92 |
|      | 50m: 42.48           | 100m: 1:31.75    | 150m: 2:23.07 | 200m: 3:14.10 |         |                |     |       |
| 36.  | Syll Rinsma          | DZ&PC            | 201200798     |               | 3:11.66 | <b>3:16.07</b> | 345 | +0,64 |
|      | 50m: 43.79           | 100m: 1:34.15    | 150m: 2:26.25 | 200m: 3:16.07 |         |                |     |       |
| 37.  | Emma Juliette Jansen | Zpc Amersfoort   | 201200158     |               | 3:28.51 | <b>3:16.45</b> | 343 | +0,60 |
|      | 50m: 43.96           | 100m: 1:34.36    | 150m: 2:25.58 | 200m: 3:16.45 |         |                |     |       |
| 38.  | Kyara Balt           | De Vikings       | 201100306     |               | 3:11.76 | <b>3:16.86</b> | 341 |       |
|      | 50m: 45.11           | 100m: 1:35.48    | 150m: 2:26.29 | 200m: 3:16.86 |         |                |     |       |

DZ&PC Spring Swim 2025

Programmanr. 29, Dames, 200m schoolslag, Voorronde, Junioren 2 en ouder

| Rang                                                  | In.tijd | Tijd           | Pnt | RT    |
|-------------------------------------------------------|---------|----------------|-----|-------|
| 39. Minke Bouman Blue Marlins 201100104               | 3:02.92 | <b>3:17.45</b> | 338 | +0,72 |
| * Eindtijd Back up tijd                               |         |                |     |       |
| 50m: 42.53 100m: 1:32.13 150m: 2:25.22 200m: 3:17.45  |         |                |     |       |
| 40. Myrthe Bruinsma Zpc Amersfoort 201101108          | 3:13.39 | <b>3:17.54</b> | 337 | +0,74 |
| 50m: 44.63 100m: 1:35.66 150m: 2:26.49 200m: 3:17.54  |         |                |     |       |
| 41. Brechtje Slootweg Zpc Amersfoort 201101744        | 3:31.45 | <b>3:18.32</b> | 333 | +0,80 |
| 50m: 43.65 100m: 1:33.89 150m: 2:25.69 200m: 3:18.32  |         |                |     |       |
| 42. Esmee Reuver ZC Polaris 201100846                 | 3:11.86 | <b>3:18.46</b> | 332 | +0,84 |
| 50m: 45.31 100m: 1:35.44 150m: 2:27.33 200m: 3:18.46  |         |                |     |       |
| 43. Renske Van Ommen ZC Polaris 201200948             | 3:22.75 | <b>3:18.47</b> | 332 |       |
| 50m: 44.96 100m: 1:35.59 150m: 2:27.44 200m: 3:18.47  |         |                |     |       |
| 44. Aline Strijker Ksn (Sg) 201100362                 | 3:25.78 | <b>3:20.41</b> | 323 | +0,74 |
| 50m: 45.34 100m: 1:36.46 150m: 2:28.57 200m: 3:20.41  |         |                |     |       |
| 45. Lena Diekamp SV Wildeshausen 427914               | 3:20.87 | <b>3:23.15</b> | 310 | +0,81 |
| 50m: 46.45 100m: 1:37.02 150m: 2:30.53 200m: 3:23.15  |         |                |     |       |
| 46. Jessica Dekkinga Steenwijk 1934 200600180         | 3:19.56 | <b>3:23.27</b> | 309 |       |
| 50m: 46.54 100m: 1:38.33 150m: 2:31.93 200m: 3:23.27  |         |                |     |       |
| 47. Fenna Gabriels ZPC Hoogeveen 201201230            | 3:22.87 | <b>3:34.26</b> | 264 | +0,76 |
| 50m: 47.29 100m: 1:43.03 150m: 2:39.29 200m: 3:34.26  |         |                |     |       |
| 48. Floortje Bakker Blue Marlins 201101124            | 3:37.85 | <b>3:40.48</b> | 242 | +0,63 |
| 50m: 50.26 100m: 1:45.58 150m: 2:42.43 200m: 3:40.48  |         |                |     |       |
| 49. Femke De Vries De Vikings 201200202               | 3:43.11 | <b>3:44.35</b> | 230 | +0,81 |
| 50m: 49.17 100m: 1:48.44 150m: 2:48.05 200m: 3:44.35  |         |                |     |       |
| DIS Jill Nai Chung Tong Wvz 200404272                 | 2:37.34 |                |     |       |
| SL - Het keer- en/of eindpunt met één hand aangetikt. |         |                |     |       |

Programmanr. 30  
2-3-2025 - 12:04

Heren, 200m vrije slag  
Spring Swim record: Stan Pijnenburg 1:49.98

Junioren 1 en ouder  
Resultaten Voorronde

Punten: AQUA 2024

| Rang                                               | In.tijd | Tijd           | Pnt | RT      |
|----------------------------------------------------|---------|----------------|-----|---------|
| 1. Bere Waerniers Zwemfed VZF/10018/08             | 1:55.16 | <b>1:53.21</b> | 731 | +0,74 Q |
| 50m: 26.15 100m: 54.23 150m: 1:23.45 200m: 1:53.21 |         |                |     |         |
| 2. Émile Fouzaï Zpc Amersfoort 200500263           | 1:53.06 | <b>1:53.39</b> | 727 | Q       |
| 50m: 26.68 100m: 55.48 150m: 1:24.65 200m: 1:53.39 |         |                |     |         |
| 3. Bas Claerhout Zwemfed VZF/10003/08              | 1:53.03 | <b>1:53.50</b> | 725 | +0,71 Q |
| 50m: 26.25 100m: 55.17 150m: 1:24.35 200m: 1:53.50 |         |                |     |         |
| 4. Austin Namesnik Zpc Amersfoort 200101817        | 1:51.62 | <b>1:53.72</b> | 721 | +0,64 Q |
| 50m: 26.61 100m: 54.99 150m: 1:24.33 200m: 1:53.72 |         |                |     |         |
| 5. Lucas Peters Zpc Amersfoort 200301325           | 1:50.07 | <b>1:54.10</b> | 714 | +0,69 Q |
| 50m: 26.76 100m: 55.59 150m: 1:25.18 200m: 1:54.10 |         |                |     |         |

DZ&PC Spring Swim 2025

Programmanr. 30, Heren, 200m vrije slag, Voorronde, Junioren 1 en ouder

| Rang                                                 | In.tijd | Tijd           | Pnt | RT      |
|------------------------------------------------------|---------|----------------|-----|---------|
| 6. Seppe Lammens Zwemfed VZF/10009/07                | 1:53.88 | <b>1:55.86</b> | 682 | +0,77 Q |
| 50m: 26.93 100m: 56.32 150m: 1:26.02 200m: 1:55.86   |         |                |     |         |
| 7. Levi Kindt Zwemfed VZF/10007/07                   | 1:54.69 | <b>1:56.19</b> | 676 | +0,68 Q |
| 50m: 26.63 100m: 55.97 150m: 1:26.70 200m: 1:56.19   |         |                |     |         |
| 8. Jasper Van Remoortere Zwemfed VZF/10015/09        | 1:56.65 | <b>1:57.07</b> | 661 | +0,80 Q |
| 50m: 27.84 100m: 57.47 150m: 1:27.48 200m: 1:57.07   |         |                |     |         |
| 9. Sven Klink Swol 1894 200500349                    | 1:53.34 | <b>1:57.19</b> | 659 | Q       |
| 50m: 27.61 100m: 57.19 150m: 1:27.40 200m: 1:57.19   |         |                |     |         |
| 10. Tieme Wiersma DZ&PC 200701031                    | 1:59.57 | <b>1:57.63</b> | 651 | +0,72 R |
| 50m: 27.40 100m: 57.25 150m: 1:27.49 200m: 1:57.63   |         |                |     |         |
| 11. Ronis van Everdingen Dwk 200300043               | 2:00.12 | <b>1:59.11</b> | 627 | +0,77 R |
| 50m: 27.30 100m: 57.20 150m: 1:28.40 200m: 1:59.11   |         |                |     |         |
| 12. Tobian Vos Zpc Amersfoort 200900005              | 2:00.74 | <b>1:59.57</b> | 620 | +0,77   |
| 50m: 27.67 100m: 58.04 150m: 1:29.53 200m: 1:59.57   |         |                |     |         |
| 13. Olivier Wilbers ZPC Hoozeveen 200600181          | 2:00.43 | <b>1:59.58</b> | 620 | +0,74   |
| 50m: 28.25 100m: 58.48 150m: 1:28.82 200m: 1:59.58   |         |                |     |         |
| 14. Colin Bes DZ&PC 200500201                        | 1:58.23 | <b>1:59.70</b> | 618 | +0,88   |
| 50m: 27.68 100m: 57.76 150m: 1:29.24 200m: 1:59.70   |         |                |     |         |
| 15. Tim Boerefijn Wvz 200802815                      | 2:00.97 | <b>2:00.07</b> | 613 |         |
| 50m: 27.79 100m: 58.11 150m: 1:29.35 200m: 2:00.07   |         |                |     |         |
| 16. Floris Stork DZ&PC 200305075                     | 1:53.97 | <b>2:00.27</b> | 609 | +0,69   |
| 50m: 27.65 100m: 58.21 150m: 1:29.42 200m: 2:00.27   |         |                |     |         |
| 17. Darren Chen Zpc Amersfoort 200001149             | 2:00.75 | <b>2:00.80</b> | 602 |         |
| 50m: 27.93 100m: 58.71 150m: 1:29.66 200m: 2:00.80   |         |                |     |         |
| 18. Felbe van 't Land Zpc Amersfoort 200900027       | 2:03.59 | <b>2:01.55</b> | 590 | +0,84   |
| 50m: 27.76 100m: 58.30 150m: 1:30.61 200m: 2:01.55   |         |                |     |         |
| 19. Giovanni Phillipson ZV De Zaan 200801099         | 1:53.84 | <b>2:02.23</b> | 581 |         |
| 50m: 26.56 100m: 56.03 150m: 1:28.82 200m: 2:02.23   |         |                |     |         |
| 20. Tim van Erven DZ&PC 200700175                    | 2:00.57 | <b>2:02.61</b> | 575 | +0,78   |
| 50m: 28.46 100m: 59.38 150m: 1:31.18 200m: 2:02.61   |         |                |     |         |
| 21. Storm Tolsma DZ&PC 200600277                     | 2:04.29 | <b>2:03.16</b> | 568 | +0,25   |
| 50m: 28.61 100m: 1:00.13 150m: 1:31.68 200m: 2:03.16 |         |                |     |         |
| 22. Jetze de Vries De Vikings 200602589              | 2:02.93 | <b>2:04.67</b> | 547 | +0,56   |
| 50m: 28.63 100m: 1:00.15 150m: 1:32.06 200m: 2:04.67 |         |                |     |         |
| 23. Jones Chuang Psv 200801173                       | 2:05.18 | <b>2:05.39</b> | 538 |         |
| 50m: 28.24 100m: 59.60 150m: 1:32.58 200m: 2:05.39   |         |                |     |         |
| 24. Niek Issard DZ&PC 200700037                      | 2:08.12 | <b>2:05.64</b> | 535 |         |
| 50m: 28.44 100m: 1:00.37 150m: 1:33.56 200m: 2:05.64 |         |                |     |         |
| 25. Bas Blanker Acz 200601497                        | 2:02.47 | <b>2:05.85</b> | 532 | +0,58   |
| 50m: 28.70 100m: 1:00.98 150m: 1:34.68 200m: 2:05.85 |         |                |     |         |
| 26. Bjorn Rijkaart Wvz 200601337                     | 2:10.10 | <b>2:07.41</b> | 513 | +0,71   |
| 50m: 28.88 100m: 1:01.50 150m: 1:35.97 200m: 2:07.41 |         |                |     |         |

DZ&PC Spring Swim 2025

Programmanr. 30, Heren, 200m vrije slag, Voorronde, Junioren 1 en ouder

| Rang |                      |                  |               |               |  |  | In.tijd | Tijd           | Pnt | RT    |
|------|----------------------|------------------|---------------|---------------|--|--|---------|----------------|-----|-------|
| 26.  | Daan Sonneveld       | Wvz              | 200601085     |               |  |  | 1:59.00 | <b>2:07.41</b> | 513 | +0,69 |
|      | 50m: 28.48           | 100m: 1:01.02    | 150m: 1:34.91 | 200m: 2:07.41 |  |  |         |                |     |       |
| 28.  | Lars Heddema         | Steenwijk 1934   | 200603697     |               |  |  | 2:17.69 | <b>2:07.47</b> | 512 | +0,73 |
|      | 50m: 29.57           | 100m: 1:01.84    | 150m: 1:35.00 | 200m: 2:07.47 |  |  |         |                |     |       |
| 29.  | Juan Cruz Slappendel | Orca Leeuwarden  | 200903053     |               |  |  | 2:06.32 | <b>2:07.88</b> | 507 |       |
|      | 50m: 28.41           | 100m: 1:00.35    | 150m: 1:34.32 | 200m: 2:07.88 |  |  |         |                |     |       |
| 30.  | Ramon Vos            | ZPC Hoogeveen    | 201100051     |               |  |  | 2:10.21 | <b>2:08.00</b> | 506 | +0,73 |
|      | 50m: 29.27           | 100m: 1:02.05    | 150m: 1:35.64 | 200m: 2:08.00 |  |  |         |                |     |       |
| 31.  | Roan van der Stege   | Swol 1894        | 200900107     |               |  |  | 2:12.94 | <b>2:08.17</b> | 504 |       |
|      | 50m: 29.19           | 100m: 1:01.23    | 150m: 1:34.77 | 200m: 2:08.17 |  |  |         |                |     |       |
| 32.  | Sverre van der Zwaan | Wvz              | 200900737     |               |  |  | 2:10.24 | <b>2:08.52</b> | 499 | +0,58 |
|      | 50m: 29.69           | 100m: 1:02.66    | 150m: 1:36.35 | 200m: 2:08.52 |  |  |         |                |     |       |
| 33.  | Xander Kragting      | Zpc Amersfoort   | 200900077     |               |  |  | 2:08.21 | <b>2:09.18</b> | 492 | +0,76 |
|      | 50m: 29.37           | 100m: 1:02.24    | 150m: 1:35.85 | 200m: 2:09.18 |  |  |         |                |     |       |
| 34.  | Alexander Griston    | De Dolfijn       | 200803053     |               |  |  | 2:10.74 | <b>2:09.55</b> | 488 | +0,80 |
|      | 50m: 30.47           | 100m: 1:03.79    | 150m: 1:38.02 | 200m: 2:09.55 |  |  |         |                |     |       |
| 35.  | Baris Tomu           | Zpch             | 201000869     |               |  |  | 2:13.02 | <b>2:09.78</b> | 485 | +0,53 |
|      | 50m: 29.65           | 100m: 1:02.76    | 150m: 1:36.28 | 200m: 2:09.78 |  |  |         |                |     |       |
| 36.  | Aidan van der Stelt  | Blue Marlins     | 200900901     |               |  |  | 2:10.39 | <b>2:09.84</b> | 484 | +0,77 |
|      | 50m: 29.87           | 100m: 1:03.32    | 150m: 1:36.96 | 200m: 2:09.84 |  |  |         |                |     |       |
| 37.  | Thijmen Pruijssers   | Hieronimus       | 201000129     |               |  |  | 2:13.42 | <b>2:10.73</b> | 474 | +0,81 |
|      | 50m: 29.49           | 100m: 1:02.60    | 150m: 1:37.16 | 200m: 2:10.73 |  |  |         |                |     |       |
| 38.  | Abel op den Velde    | De Duinkikkers   | 201000079     |               |  |  | 2:08.57 | <b>2:11.29</b> | 468 | +0,84 |
|      | 50m: 30.10           | 100m: 1:03.75    | 150m: 1:37.74 | 200m: 2:11.29 |  |  |         |                |     |       |
| 39.  | Dyon Scholten        | Steenwijk 1934   | 200900095     |               |  |  | 2:13.32 | <b>2:11.77</b> | 463 | +0,89 |
|      | 50m: 29.92           | 100m: 1:03.22    | 150m: 1:37.31 | 200m: 2:11.77 |  |  |         |                |     |       |
| 40.  | Jordey Thole         | ZPC Hoogeveen    | 200700385     |               |  |  | 2:14.99 | <b>2:11.80</b> | 463 | +0,80 |
|      | 50m: 30.24           | 100m: 1:03.82    | 150m: 1:39.27 | 200m: 2:11.80 |  |  |         |                |     |       |
| 41.  | Dax van den Noulant  | Blue Marlins     | 201000071     |               |  |  | 2:18.04 | <b>2:12.62</b> | 454 | +0,74 |
|      | 50m: 30.72           | 100m: 1:04.22    | 150m: 1:38.89 | 200m: 2:12.62 |  |  |         |                |     |       |
| 42.  | Tycho Wienbelt       | De Vikings       | 201001397     |               |  |  | 2:14.73 | <b>2:12.73</b> | 453 | +0,76 |
|      | 50m: 30.70           | 100m: 1:04.57    | 150m: 1:39.42 | 200m: 2:12.73 |  |  |         |                |     |       |
| 43.  | Henry Watson         | De Dolfijn       | 201001703     |               |  |  | 2:20.61 | <b>2:13.15</b> | 449 | +0,67 |
|      | 50m: 30.71           | 100m: 1:04.67    | 150m: 1:39.35 | 200m: 2:13.15 |  |  |         |                |     |       |
| 44.  | Mattias Stolk        | HZ&PC Heerenveen | 201000525     |               |  |  | 2:13.21 | <b>2:13.52</b> | 445 |       |
|      | 50m: 30.31           | 100m: 1:04.39    | 150m: 1:39.01 | 200m: 2:13.52 |  |  |         |                |     |       |
| 45.  | Evren Ege Orcunus    | De Dolfijn       | 201003253     |               |  |  | 2:14.32 | <b>2:15.07</b> | 430 |       |
|      | 50m: 30.52           | 100m: 1:04.39    | 150m: 1:39.63 | 200m: 2:15.07 |  |  |         |                |     |       |
| 46.  | Donny van den Bosch  | Wiekslag         | 199502001     |               |  |  | 2:10.14 | <b>2:15.42</b> | 427 |       |
|      | 50m: 30.20           | 100m: 1:03.73    | 150m: 1:38.42 | 200m: 2:15.42 |  |  |         |                |     |       |
| 47.  | Giovanni Wolfgang    | MSV-Zeemacht     | 201100859     |               |  |  | 2:23.72 | <b>2:15.76</b> | 424 | +0,65 |
|      | 50m: 30.65           | 100m: 1:06.47    | 150m: 1:43.38 | 200m: 2:15.76 |  |  |         |                |     |       |

DZ&PC Spring Swim 2025

Programmanr. 30, Heren, 200m vrije slag, Voorronde, Junioren 1 en ouder

| Rang |                      |                     |               |               |  |  | In.tijd | Tijd           | Pnt | RT    |
|------|----------------------|---------------------|---------------|---------------|--|--|---------|----------------|-----|-------|
| 48.  | Stan Rothschild      | ZPC Hoogeveen       | 201000353     |               |  |  | 2:30.22 | <b>2:18.22</b> | 401 | +0,71 |
|      | 50m: 31.56           | 100m: 1:07.38       | 150m: 1:43.82 | 200m: 2:18.22 |  |  |         |                |     |       |
| 49.  | Sascha Timmer        | Azc 1               | 200902987     |               |  |  | 2:18.54 | <b>2:19.32</b> | 392 |       |
|      | 50m: 31.38           | 100m: 1:06.57       | 150m: 1:43.13 | 200m: 2:19.32 |  |  |         |                |     |       |
| 50.  | Ryan Huizinga        | Bubble              | 200700419     |               |  |  | 2:09.11 | <b>2:20.06</b> | 386 | +0,80 |
|      | 50m: 31.42           | 100m: 1:06.73       | 150m: 1:43.06 | 200m: 2:20.06 |  |  |         |                |     |       |
| 51.  | David van der Valk   | Wiekslag            | 201100519     |               |  |  | 2:21.49 | <b>2:21.80</b> | 372 | +0,71 |
|      | 50m: 32.53           | 100m: 1:09.24       | 150m: 1:46.21 | 200m: 2:21.80 |  |  |         |                |     |       |
| 52.  | Vince van Dam        | Acz                 | 201000405     |               |  |  | 2:27.32 | <b>2:25.28</b> | 346 | +0,73 |
|      | 50m: 32.60           | 100m: 1:08.73       | 150m: 1:46.68 | 200m: 2:25.28 |  |  |         |                |     |       |
| 53.  | Luca Karsten Schüler | HZ&PC Heerenveen    | 201101451     |               |  |  | 2:25.63 | <b>2:26.64</b> | 336 |       |
|      | 50m: 31.84           | 100m: 1:09.24       | 150m: 1:48.93 | 200m: 2:26.64 |  |  |         |                |     |       |
| 54.  | Marcelo Fritz Medina | De Dolfijn          | 201201885     |               |  |  | 2:31.40 | <b>2:26.91</b> | 334 | +0,78 |
|      | 50m: 33.54           | 100m: 1:11.26       | 150m: 1:49.74 | 200m: 2:26.91 |  |  |         |                |     |       |
| 55.  | Jasper Cox           | Zpc Amersfoort      | 201003589     |               |  |  | 2:43.13 | <b>2:27.48</b> | 330 | +0,51 |
|      | 50m: 33.51           | 100m: 1:11.51       | 150m: 1:50.91 | 200m: 2:27.48 |  |  |         |                |     |       |
| 56.  | Guust Heijne         | Dwk                 | 201202139     |               |  |  | 2:41.09 | <b>2:28.92</b> | 321 | +0,73 |
|      | 50m: 33.97           | 100m: 1:11.78       | 150m: 1:51.45 | 200m: 2:28.92 |  |  |         |                |     |       |
| 57.  | Gijs Leeneman        | HZ&PC Heerenveen    | 201200479     |               |  |  | 2:38.40 | <b>2:30.72</b> | 309 | +0,73 |
|      | 50m: 34.37           | 100m: 1:12.39       | 150m: 1:53.59 | 200m: 2:30.72 |  |  |         |                |     |       |
| 58.  | Leroy Maring         | ZPC de Kanaalstreek | 201100307     |               |  |  | 2:39.61 | <b>2:31.15</b> | 307 |       |
|      | 50m: 34.06           | 100m: 1:12.61       | 150m: 1:53.73 | 200m: 2:31.15 |  |  |         |                |     |       |
| 59.  | Leif Moormann        | SV Wildeshausen     | 484018        |               |  |  | 2:33.05 | <b>2:31.75</b> | 303 |       |
|      | 50m: 32.97           | 100m: 1:11.08       | 150m: 1:51.90 | 200m: 2:31.75 |  |  |         |                |     |       |
| 60.  | Yannick Dijks        | Orca Leeuwarden     | 200700923     |               |  |  | 2:36.49 | <b>2:33.97</b> | 290 |       |
|      | 50m: 34.05           | 100m: 1:14.50       | 150m: 1:55.66 | 200m: 2:33.97 |  |  |         |                |     |       |
| 61.  | Revel Harmer         | Blue Marlins        | 201103467     |               |  |  | 2:30.75 | <b>2:34.74</b> | 286 | +0,68 |
|      | 50m: 34.58           | 100m: 1:14.03       | 150m: 1:55.81 | 200m: 2:34.74 |  |  |         |                |     |       |
| 62.  | Lars Thül            | Swol 1894           | 201200119     |               |  |  | 2:35.55 | <b>2:37.15</b> | 273 |       |
|      | 50m: 34.88           | 100m: 1:15.97       | 150m: 1:57.77 | 200m: 2:37.15 |  |  |         |                |     |       |
| 63.  | Dex Kerpels          | ZPC Hoogeveen       | 201100087     |               |  |  | 2:59.27 | <b>2:38.70</b> | 265 |       |
|      | 50m: 35.75           | 100m: 1:17.39       | 150m: 1:58.87 | 200m: 2:38.70 |  |  |         |                |     |       |
| 64.  | Casper Miltenburg    | De Dolfijn          | 201201157     |               |  |  | 2:51.34 | <b>2:43.42</b> | 243 | +0,55 |
|      | 50m: 37.39           | 100m: 1:19.45       | 150m: 2:03.04 | 200m: 2:43.42 |  |  |         |                |     |       |
| 65.  | Danley Schneider     | ZC Polaris          | 201201323     |               |  |  | 2:49.43 | <b>2:46.31</b> | 230 | +0,89 |
|      | 50m: 37.96           | 100m: 1:20.72       | 150m: 2:05.05 | 200m: 2:46.31 |  |  |         |                |     |       |
| 66.  | Sem Britstra         | Ksn (Sg)            | 201202037     |               |  |  | 2:49.92 | <b>2:48.53</b> | 221 | +0,65 |
|      | 50m: 36.68           | 100m: 1:20.79       | 150m: 2:06.90 | 200m: 2:48.53 |  |  |         |                |     |       |
| 67.  | Sander Knol          | ZPC de Kanaalstreek | 200701093     | S9            |  |  | 3:09.34 | <b>3:03.69</b> | 171 | +0,81 |
|      | 50m: 40.56           | 100m: 1:27.13       | 150m: 2:15.41 | 200m: 3:03.69 |  |  |         |                |     |       |
| 68.  | Roan Krikke          | HZ&PC Heerenveen    | 201200501     |               |  |  | 2:59.29 | <b>3:04.74</b> | 168 |       |
|      | 50m: 40.36           | 100m: 1:29.10       | 150m: 2:18.98 | 200m: 3:04.74 |  |  |         |                |     |       |

Programmanr. 30, Heren, 200m vrije slag, Voorronde, Junioren 1 en ouder

| Rang  |                |                  | In.tijd   | Tijd    | Pnt | RT |
|-------|----------------|------------------|-----------|---------|-----|----|
| NG.ZA | Paul Pickart   | SV Wildeshausen  | 481999    | 2:37.00 |     |    |
| AFGEM | Victor de Haan | HZ&PC Heerenveen | 201001921 | 2:19.02 |     |    |

Programmanr. 31  
2-3-2025 - 12:24

Dames, 50m vlinderslag  
Spring Swim record: Kim Busch 26.75

Junioren 2 en ouder  
Resultaten Voorronde

Punten: AQUA 2024

| Rang |                       |                   | In.tijd      | Tijd  | Pnt          | RT          |
|------|-----------------------|-------------------|--------------|-------|--------------|-------------|
| 1.   | Kinge Zandringa       | De Dolfijn        | 199801422    | 26.71 | <b>27.79</b> | 679 +0,71 A |
| 2.   | Sara Korthuis         | DZ&PC             | 200600494    | 27.21 | <b>28.02</b> | 662 +0,73 A |
| 3.   | Elise Tanis           | De Dolfijn        | 200200120    | 27.21 | <b>28.06</b> | 659 +0,70 A |
| 4.   | Jinth Engelse         | Blue Marlins      | 200800204    | 27.64 | <b>28.23</b> | 648 A       |
| 5.   | Zinke Delcommune      | Zwemfed           | VZF/20003/05 | 28.41 | <b>28.50</b> | 629 +0,74 A |
| 6.   | Niene Dewaelheyns     | Zwemfed           | VZF/20004/07 | 28.18 | <b>28.99</b> | 598 +0,61 A |
| 7.   | Megan Jonkman         | Blue Marlins      | 200600508    | 27.89 | <b>29.23</b> | 583 A       |
| 8.   | Liv Heijdra           | Feijenoord Albion | 200800736    | 29.91 | <b>29.35</b> | 576 +0,72 A |
|      | Mare Schallenberg     | Blue Marlins      | 200600078    | 28.01 | <b>29.35</b> | 576 +0,73 A |
| 10.  | Alinda Dingshoff      | De Dolfijn        | 200000928    | 29.20 | <b>29.42</b> | 572 +0,76 B |
| 11.  | Arianne Kooijnga      | DZ&PC             | 200001544    | 29.79 | <b>29.46</b> | 570 +0,67 B |
| 12.  | Frédérique Nijziel    | De Dolfijn        | 201103114    | 29.18 | <b>29.54</b> | 565 +0,70 B |
| 13.  | Jolijn Liezen         | Steenwijk 1934    | 200500518    | 28.81 | <b>29.68</b> | 557 +0,75 B |
| 14.  | Ismay Lichtendonk     | Dedemsvaart-AC    | 200400622    | 28.50 | <b>29.71</b> | 555 +0,72 B |
| 15.  | Elin Brinkhof         | De Dolfijn        | 200900078    | 30.23 | <b>30.05</b> | 537 +0,67 B |
| 16.  | Lola Verheijen        | Psv               | 201100832    | 30.66 | <b>30.26</b> | 526 +0,74 B |
| 17.  | Nova Nijziel          | De Dolfijn        | 200804416    | 29.93 | <b>30.30</b> | 524 +0,74 B |
| 18.  | Tess Vonk             | De Geul           | 200900024    | 30.34 | <b>30.34</b> | 522 +0,57 B |
| 19.  | Alessia Sluis         | Dedemsvaart-AC    | 200300896    | 30.28 | <b>30.38</b> | 520 C       |
| 20.  | Rafaela Mulders       | De Reuring        | 200701398    | 28.64 | <b>30.45</b> | 516 +0,69 C |
| 21.  | Marin Wieling         | Zpc Amersfoort    | 200501220    | 28.99 | <b>30.48</b> | 514 +0,76 C |
| 22.  | Carla Moreno Palacios | De Dolfijn        | 201002302    | 30.72 | <b>30.92</b> | 493 +0,78 C |
| 23.  | Julia Dąbrowska       | Blue Marlins      | 201000300    | 31.05 | <b>30.94</b> | 492 +0,71 C |
| 24.  | Karlijn Dijkshoorn    | Steenwijk 1934    | 200803926    | 31.72 | <b>31.04</b> | 487 +0,75 C |
| 25.  | Dionne Salomons       | ZC Borger         | 200200504    | 30.22 | <b>31.05</b> | 487 C       |
| 26.  | Isis Verhoeff         | Zpc Amersfoort    | 200902962    | 31.47 | <b>31.06</b> | 486 +0,72 C |
| 27.  | Ananda van der Wiel   | Wvz               | 200701562    | 30.71 | <b>31.09</b> | 485 +0,65 C |
| 28.  | Esmee Mulder          | DZ&PC             | 200800038    | 30.10 | <b>31.11</b> | 484 +0,62 R |
| 29.  | Jade van der Schrier  | Azc 1             | 200800692    | 30.30 | <b>31.23</b> | 478 +0,72 R |
| 30.  | Aniek Vuist           | Steenwijk 1934    | 200600958    | 31.32 | <b>31.37</b> | 472 +0,75   |
| 31.  | Lianne van Wier       | HZ&PC Heerenveen  | 200200438    | 31.22 | <b>31.39</b> | 471 +0,71   |
| 32.  | Fenna Westerneng      | DZ&PC             | 200900070    | 31.96 | <b>31.47</b> | 467 +0,74   |
| 33.  | Amber Tiesinga        | DZ&PC             | 200600782    | 31.87 | <b>31.59</b> | 462 +0,77   |
| 34.  | Fleur Van den Eijk    | Blue Marlins      | 200900304    | 31.73 | <b>31.70</b> | 457 +0,65   |
| 35.  | Kinley Cole           | Psv               | 200903696    | 31.67 | <b>31.88</b> | 450 +0,50   |
| 36.  | Anouk Steller         | Wvz               | 201000004    | 32.11 | <b>31.91</b> | 448 +0,81   |
| 37.  | Kim Bouman            | Zpc Amersfoort    | 201000262    | 30.88 | <b>31.92</b> | 448 +0,82   |
|      | Nienke Koster         | ZPC Hoozeveen     | 200900612    | 31.25 | <b>31.92</b> | 448 +0,73   |
| 39.  | Jade Geurts           | Wvz               | 200402278    | 32.02 | <b>31.96</b> | 446 +0,74   |

DZ&PC Spring Swim 2025

Programmanr. 31, Dames, 50m vlinderslag, Voorronde, Junioren 2 en ouder

| Rang |                      |                     | In.tijd   | Tijd  | Pnt          | RT        |
|------|----------------------|---------------------|-----------|-------|--------------|-----------|
| 40.  | Femke ter Horst      | ZPC Hoogeveen       | 201000108 | 32.15 | <b>32.08</b> | 441       |
|      | Vera Wassink         | DZ&PC               | 200604976 | 31.74 | <b>32.08</b> | 441       |
| 42.  | Nina van der Schrier | Azc 1               | 201000444 | 33.50 | <b>32.24</b> | 435 +0,81 |
| 43.  | Julia Agricola       | DZ&PC               | 200800266 | 30.58 | <b>32.25</b> | 434       |
| 44.  | Vivian Nooter        | Dedemsvaart-AC      | 200703614 | 31.89 | <b>32.42</b> | 427 +0,80 |
| 45.  | Simone Brobbel       | SG Hoeksche Waard   | 201200058 | 32.75 | <b>32.53</b> | 423       |
| 46.  | Yanique Bax          | Zpc Amersfoort      | 201001428 | 35.69 | <b>32.71</b> | 416 +0,53 |
| 47.  | Daphne Dijsselhof    | Dedemsvaart-AC      | 200901690 | 32.94 | <b>32.79</b> | 413 +0,85 |
| 48.  | Marjolie Spelde      | ZC Borger           | 200900266 | 33.24 | <b>32.99</b> | 406 +0,79 |
| 49.  | Kiki Bootsman        | Azuro               | 200502850 | 33.26 | <b>33.06</b> | 403 +0,78 |
| 50.  | Elke Kriesels        | Hieronymus          | 201100898 | 32.28 | <b>33.07</b> | 403 +0,81 |
| 51.  | Esmee van Peer       | TriVia              | 200201114 | 33.70 | <b>33.10</b> | 402 +0,81 |
| 52.  | Hanna Sampimon       | Ksn (Sg)            | 200901824 | 35.39 | <b>33.18</b> | 399 +0,69 |
| 53.  | Evita Hoornweg       | TriVia              | 201002046 | 32.08 | <b>33.32</b> | 394       |
| 54.  | Esmee van der Tuuk   | ZPC Hoogeveen       | 200800682 | 33.43 | <b>33.44</b> | 389       |
| 55.  | Fardau Cazemier      | Zcnf34              | 200901736 | 34.61 | <b>33.94</b> | 372 +0,78 |
| 56.  | Maud Roffel          | DZ&PC               | 200700840 | 32.91 | <b>33.97</b> | 371 +0,71 |
| 57.  | Ilse Jongepier       | TriVia              | 201000006 | 35.01 | <b>34.03</b> | 369 +0,85 |
| 58.  | Melody Paulussen     | De Dolfijn          | 201101106 | 35.80 | <b>34.15</b> | 366 +0,81 |
| 59.  | Lea Jerebic          | SV Wildeshausen     | 405121    | 33.55 | <b>34.42</b> | 357 +0,61 |
| 60.  | Sterre van der Wal   | Steenwijk 1934      | 200502356 | 32.63 | <b>34.45</b> | 356 +0,80 |
| 61.  | Chantal Peters       | ZPC Hoogeveen       | 201001578 | 35.35 | <b>34.58</b> | 352 +0,90 |
| 62.  | Isa Segenhout        | Orca Leeuwarden     | 201000128 | 35.27 | <b>34.68</b> | 349 +0,74 |
|      | Feyona Vonk          | F.Z.C.'54           | 200600814 | 35.31 | <b>34.68</b> | 349 +0,68 |
| 64.  | Minke Bouman         | Blue Marlins        | 201100104 | 35.18 | <b>34.77</b> | 346 +0,63 |
| 65.  | Emma Koeleman        | Z&PC de Inktvis     | 200901762 | 34.18 | <b>34.79</b> | 346 +0,82 |
| 66.  | Noa Jaffe            | De Dolfijn          | 201000726 | 36.46 | <b>34.86</b> | 344 +0,69 |
| 67.  | Fenna Boterman       | TriVia              | 200701710 | 34.16 | <b>35.01</b> | 339 +0,75 |
| 68.  | Bente Toth           | Zpc Amersfoort      | 201102818 | 39.52 | <b>35.29</b> | 331 +0,75 |
| 69.  | Sarah Brandes        | SV Wildeshausen     | 406178    | 34.70 | <b>35.58</b> | 323 +0,58 |
| 70.  | Anna Nauta           | TriVia              | 201001114 | 40.81 | <b>35.64</b> | 322 +0,76 |
| 71.  | Mare Offringa        | SG. Bolsward-Workum | 201001110 | 36.32 | <b>35.69</b> | 320 +0,86 |
| 72.  | Finja Richter        | Wardenburger SC     | 383208    | 33.80 | <b>35.70</b> | 320 +0,70 |
| 73.  | Charlie Klaver       | De Dolfijn          | 201102094 | 35.51 | <b>35.76</b> | 318 +0,70 |
| 74.  | Elize Schierbeek     | TriVia              | 201100652 | 36.75 | <b>35.78</b> | 318 +0,76 |
| 75.  | Jelena Krikke        | DZ&PC               | 200405874 | 36.28 | <b>35.83</b> | 316 +0,83 |
| 76.  | Jessica Lerer        | De Kempvis          | 201002354 | 36.03 | <b>35.86</b> | 316 +0,63 |
| 77.  | Myrthe Bruinsma      | Zpc Amersfoort      | 201101108 | 35.98 | <b>35.87</b> | 315 +0,82 |
|      | Femke van der Veen   | Orca Leeuwarden     | 201100962 | 34.33 | <b>35.87</b> | 315 +0,91 |
| 79.  | Lian Vonk            | Zpc Amersfoort      | 201001606 | 36.02 | <b>35.92</b> | 314       |
| 80.  | Mirthe de Haan       | Zcnf34              | 201000866 | 35.23 | <b>36.01</b> | 312       |
| 81.  | Eva Maria Keet       | Zpc Amersfoort      | 201003006 | 35.81 | <b>36.02</b> | 311 +0,89 |
| 82.  | Devenda van der Meer | DZ&PC               | 200900948 | 36.12 | <b>36.08</b> | 310 +0,74 |
| 83.  | Annelie Klinkhamer   | Bubble              | 200702606 | 34.16 | <b>36.15</b> | 308       |
| 84.  | Britt Jellesma       | SG. Bolsward-Workum | 201000310 | 35.02 | <b>36.53</b> | 299       |
| 85.  | Marlene Bührmann     | SV Wildeshausen     | 406182    | 35.10 | <b>36.74</b> | 294 +0,75 |
| 86.  | Noortje Bisperink    | Zpc Amersfoort      | 201100486 | 37.38 | <b>36.82</b> | 292       |
| 87.  | Lyanne Pathuis       | Bubble              | 200800042 | 38.64 | <b>37.05</b> | 286 +0,78 |

Programmanr. 31, Dames, 50m vlinderslag, Voorronde, Junioren 2 en ouder

| Rang  |                      |                     | In.tijd      | Tijd  | Pnt          | RT        |
|-------|----------------------|---------------------|--------------|-------|--------------|-----------|
| 88.   | Jade van der Veen    | ZPC Hoogeveen       | 201200416    | 43.66 | <b>37.17</b> | 283 +0,53 |
| 89.   | Yenthe Segeren       | F.Z.C.'54           | 200801440    | 36.72 | <b>37.20</b> | 283       |
| 90.   | Ranomi Zeegers       | De Vikings          | 201201512    | 38.55 | <b>38.04</b> | 264 +0,82 |
| 91.   | Marlies Brouwer      | DZ&PC               | 201101152    | 39.88 | <b>38.25</b> | 260 +0,76 |
| 92.   | Isabella Walta       | Neptunia '24        | 200704902    | 37.37 | <b>38.59</b> | 253 +0,77 |
| 93.   | Saar Meems           | ZC Polaris          | 201200946    | 45.73 | <b>38.64</b> | 252 +0,79 |
| 94.   | Emma Juliette Jansen | Zpc Amersfoort      | 201200158    | 40.46 | <b>39.53</b> | 236       |
| 95.   | Cynthia Koolman      | Steenwijk 1934      | 200300232    | 39.97 | <b>39.60</b> | 234 +0,70 |
| 96.   | Lana Noordenbos      | Orca Leeuwarden     | 201100958    | 41.15 | <b>39.67</b> | 233 +0,78 |
| 97.   | Noelie Hallbauer     | SV Wildeshausen     | 397699       | 38.80 | <b>39.81</b> | 231       |
| 98.   | Anna Schuurman       | SG. Bolsward-Workum | 201000076    | 38.30 | <b>40.10</b> | 226 +0,81 |
| 99.   | Stella Hooisma       | Z&PC de Inktvis     | 200801888    | 38.50 | <b>40.20</b> | 224       |
| 100.  | Melissa Zeegers      | De Vikings          | 201002612    | 47.25 | <b>40.28</b> | 223       |
| 101.  | Elske de Vries       | De Vikings          | 200800786    | 41.03 | <b>40.41</b> | 220 +0,58 |
| 102.  | Hanna Fluks          | Neptunia '24        | 200604826    | NT    | <b>40.84</b> | 214 +0,91 |
| 103.  | Kim Koeling          | Ksn (Sg)            | 201201216    | 45.08 | <b>40.92</b> | 212 +0,82 |
| 104.  | Anna de Lange        | Steenwijk 1934      | 200801762    | 47.51 | <b>43.18</b> | 181 +0,75 |
| 105.  | Sophie Feiertag      | ZC Polaris          | 200901144    | 41.34 | <b>43.64</b> | 175 +0,80 |
| 106.  | Fabiën van Halderen  | ZPC Hoogeveen       | 201200412    | 42.19 | <b>43.71</b> | 174       |
| 107.  | Iris Segeren         | F.Z.C.'54           | 201200244    | 49.56 | <b>44.64</b> | 163 +0,77 |
| 108.  | Evy Anna Nijdam      | Orca Leeuwarden     | 201100834    | 44.00 | <b>46.28</b> | 147       |
| NG.ZA | Lana Ravelingien     | Zwemfed             | VZF/20011/03 | 30.55 |              |           |
| AFGEM | Isabella Ekberg      | Zpc Amersfoort      | 201202206    | 40.16 |              |           |
| AFGEM | Femke Spiering       | Zpc Amersfoort      | 200204514    | 27.30 |              |           |
| AFGEM | Lotte Lübbers        | Ksn (Sg)            | 200900190    | 30.46 |              |           |
| AFGEM | Carlein Polinder     | Ksn (Sg)            | 200600128    | 31.33 |              |           |
| AFGEM | Chaya Bremer         | MSV-Zeemacht        | 200900372    | 36.72 |              |           |
| AFGEM | Eefje Irvine         | De Dolfijn          | 200700164    | 30.97 |              |           |

Programmanr. 32  
2-3-2025 - 12:38

Heren, 200m wisselslag  
Spring Swim record: Thomas Jansen: 2.03.42

Junioren 1 en ouder  
Resultaten Voorronde

Punten: AQUA 2024

| Rang |                    |               |               |               | In.tijd        | Tijd | Pnt   | RT |
|------|--------------------|---------------|---------------|---------------|----------------|------|-------|----|
| 1.   | Nikodim Markovic   | Blue Marlins  | 200700255     | 2:06.91       | <b>2:10.32</b> | 669  | +0,72 | Q  |
|      | 50m: 26.91         | 100m: 1:00.28 | 150m: 1:38.86 | 200m: 2:10.32 |                |      |       |    |
| 2.   | Tiede Groener      | Psv           | 200700155     | 2:09.11       | <b>2:11.09</b> | 657  |       | Q  |
|      | 50m: 28.11         | 100m: 1:03.03 | 150m: 1:41.92 | 200m: 2:11.09 |                |      |       |    |
| 3.   | Yarno van Dam      | Acz           | 200800115     | 2:12.59       | <b>2:11.17</b> | 656  | +0,71 | Q  |
|      | 50m: 27.20         | 100m: 1:00.37 | 150m: 1:40.40 | 200m: 2:11.17 |                |      |       |    |
| 4.   | Denzel Barthen     | Wvz           | 200700147     | 2:12.24       | <b>2:12.16</b> | 641  |       | Q  |
|      | 50m: 28.61         | 100m: 1:02.14 | 150m: 1:42.54 | 200m: 2:12.16 |                |      |       |    |
| 5.   | Alexander Van Hoey | BillieZwemfed | VZF/10014/09  | 2:07.34       | <b>2:15.32</b> | 597  | +0,69 | Q  |
|      | 50m: 28.07         | 100m: 1:02.02 | 150m: 1:40.96 | 200m: 2:15.32 |                |      |       |    |
| 6.   | Tieme Wiersma      | DZ&PC         | 200701031     | 2:14.78       | <b>2:16.79</b> | 578  | +0,82 | Q  |
|      | 50m: 29.52         | 100m: 1:05.98 | 150m: 1:46.00 | 200m: 2:16.79 |                |      |       |    |

DZ&PC Spring Swim 2025

Programmanr. 32, Heren, 200m wisselslag, Voorronde, Junioren 1 en ouder

| Rang |                     |                  |               |               |  |  | In.tijd | Tijd           | Pnt | RT      |
|------|---------------------|------------------|---------------|---------------|--|--|---------|----------------|-----|---------|
| 7.   | Storm Boxum         | DZ&PC            | 200700421     |               |  |  | 2:13.97 | <b>2:17.52</b> | 569 | +0,76 Q |
|      | 50m: 28.88          | 100m: 1:05.87    | 150m: 1:44.15 | 200m: 2:17.52 |  |  |         |                |     |         |
| 8.   | Mikkel Grotelüschen | SV Wildeshausen  | 338479        |               |  |  | 2:12.09 | <b>2:17.67</b> | 567 | Q       |
|      | 50m: 28.15          | 100m: 1:04.38    | 150m: 1:46.46 | 200m: 2:17.67 |  |  |         |                |     |         |
| 9.   | Lars Bulman         | Blue Marlins     | 200600125     |               |  |  | 2:16.15 | <b>2:18.03</b> | 563 | +0,72 Q |
|      | 50m: 27.44          | 100m: 1:04.24    | 150m: 1:45.37 | 200m: 2:18.03 |  |  |         |                |     |         |
| 10.  | Jesse van der Meij  | De Dolfijn       | 200600841     |               |  |  | 2:23.11 | <b>2:18.31</b> | 559 | +0,67 R |
|      | 50m: 30.23          | 100m: 1:07.39    | 150m: 1:45.53 | 200m: 2:18.31 |  |  |         |                |     |         |
| 11.  | Storm Tolsma        | DZ&PC            | 200600277     |               |  |  | 2:18.66 | <b>2:18.60</b> | 556 | +0,78 R |
|      | 50m: 28.86          | 100m: 1:06.32    | 150m: 1:46.55 | 200m: 2:18.60 |  |  |         |                |     |         |
| 12.  | Martijn Nies        | Psv              | 200902095     |               |  |  | 2:18.75 | <b>2:19.68</b> | 543 | +0,74   |
|      | 50m: 29.25          | 100m: 1:05.53    | 150m: 1:48.95 | 200m: 2:19.68 |  |  |         |                |     |         |
| 13.  | Giulian Janssen     | Psv              | 200900125     |               |  |  | 2:17.65 | <b>2:19.94</b> | 540 | +0,72   |
|      | 50m: 28.02          | 100m: 1:07.64    | 150m: 1:47.59 | 200m: 2:19.94 |  |  |         |                |     |         |
| 14.  | Ruben Baars         | Dwk              | 200900471     |               |  |  | 2:22.94 | <b>2:21.37</b> | 524 | +0,73   |
|      | 50m: 28.58          | 100m: 1:08.23    | 150m: 1:48.49 | 200m: 2:21.37 |  |  |         |                |     |         |
| 15.  | Tiamo van der Veen  | Dedemsvaart-AC   | 200600033     |               |  |  | 2:24.87 | <b>2:21.41</b> | 523 | +0,62   |
|      | 50m: 28.89          | 100m: 1:02.39    | 150m: 1:48.91 | 200m: 2:21.41 |  |  |         |                |     |         |
| 16.  | Sven Koorstra       | De Vikings       | 200900189     |               |  |  | 2:13.30 | <b>2:21.66</b> | 521 | +0,78   |
|      | 50m: 29.24          | 100m: 1:08.77    | 150m: 1:49.48 | 200m: 2:21.66 |  |  |         |                |     |         |
| 17.  | David Kuipers       | HZ&PC Heerenveen | 200003633     |               |  |  | 2:24.15 | <b>2:21.98</b> | 517 | +0,83   |
|      | 50m: 29.28          | 100m: 1:06.51    | 150m: 1:49.80 | 200m: 2:21.98 |  |  |         |                |     |         |
| 18.  | Emiel de Bruijn     | Dedemsvaart-AC   | 200700953     |               |  |  | 2:20.23 | <b>2:22.19</b> | 515 | +0,79   |
|      | 50m: 29.04          | 100m: 1:09.79    | 150m: 1:48.99 | 200m: 2:22.19 |  |  |         |                |     |         |
| 19.  | Adriaan Coppelmans  | Azc 1            | 200903243     |               |  |  | 2:20.70 | <b>2:22.24</b> | 514 | +0,79   |
|      | 50m: 30.94          | 100m: 1:06.61    | 150m: 1:49.32 | 200m: 2:22.24 |  |  |         |                |     |         |
| 20.  | Jelte de Jong       | Zpch             | 200900975     |               |  |  | 2:20.84 | <b>2:22.27</b> | 514 | +0,77   |
|      | 50m: 29.23          | 100m: 1:05.64    | 150m: 1:49.14 | 200m: 2:22.27 |  |  |         |                |     |         |
| 21.  | Jelte de Boer       | De Vikings       | 200700345     |               |  |  | 2:22.76 | <b>2:23.45</b> | 501 | +0,53   |
|      | 50m: 29.76          | 100m: 1:08.79    | 150m: 1:50.33 | 200m: 2:23.45 |  |  |         |                |     |         |
| 22.  | Lucas Berner        | De Duinkikkers   | 200700219     |               |  |  | 2:22.84 | <b>2:23.71</b> | 499 | +0,60   |
|      | 50m: 29.26          | 100m: 1:07.38    | 150m: 1:49.48 | 200m: 2:23.71 |  |  |         |                |     |         |
| 23.  | Filip Piszczynski   | Ksn (Sg)         | 200802125     |               |  |  | 2:23.35 | <b>2:24.14</b> | 494 | +0,78   |
|      | 50m: 30.70          | 100m: 1:07.42    | 150m: 1:51.39 | 200m: 2:24.14 |  |  |         |                |     |         |
| 24.  | Ivo Bot             | Wiekslag         | 200900509     |               |  |  | 2:25.44 | <b>2:26.52</b> | 471 | +0,76   |
|      | 50m: 29.18          | 100m: 1:06.14    | 150m: 1:50.81 | 200m: 2:26.52 |  |  |         |                |     |         |
| 25.  | Aidan van der Stelt | Blue Marlins     | 200900901     |               |  |  | 2:33.06 | <b>2:26.77</b> | 468 | +0,71   |
|      | 50m: 31.12          | 100m: 1:09.06    | 150m: 1:53.54 | 200m: 2:26.77 |  |  |         |                |     |         |
| 26.  | Jere Wiersma        | DZ&PC            | 200701037     |               |  |  | 2:26.39 | <b>2:26.81</b> | 468 | +0,76   |
|      | 50m: 30.24          | 100m: 1:08.51    | 150m: 1:52.94 | 200m: 2:26.81 |  |  |         |                |     |         |
| 27.  | Tim Zuurman         | Dedemsvaart-AC   | 200700131     |               |  |  | 2:26.63 | <b>2:27.08</b> | 465 | +0,83   |
|      | 50m: 32.75          | 100m: 1:10.80    | 150m: 1:54.84 | 200m: 2:27.08 |  |  |         |                |     |         |

DZ&PC Spring Swim 2025

Programmanr. 32, Heren, 200m wisselslag, Voorronde, Junioren 1 en ouder

| Rang |                                |                 |               |               |  |  | In.tijd | Tijd           | Pnt | RT    |
|------|--------------------------------|-----------------|---------------|---------------|--|--|---------|----------------|-----|-------|
| 28.  | Kay van Sleen                  | Steenwijk 1934  | 200400083     |               |  |  | 2:25.33 | <b>2:27.93</b> | 457 | +0,65 |
|      | 50m: 30.88                     | 100m: 1:11.49   | 150m: 1:51.84 | 200m: 2:27.93 |  |  |         |                |     |       |
| 29.  | Cayden Malone                  | De Dolfijn      | 201002195     |               |  |  | 2:33.76 | <b>2:28.12</b> | 455 | +0,67 |
|      | 50m: 31.26                     | 100m: 1:09.78   | 150m: 1:53.30 | 200m: 2:28.12 |  |  |         |                |     |       |
| 30.  | Ramon Vos                      | ZPC Hoozeveen   | 201100051     |               |  |  | 2:29.96 | <b>2:30.01</b> | 438 | +0,74 |
|      | 50m: 33.05                     | 100m: 1:11.68   | 150m: 1:57.13 | 200m: 2:30.01 |  |  |         |                |     |       |
| 31.  | Ruben Hoeve                    | Dedemsvaart-AC  | 200302179     |               |  |  | 2:33.20 | <b>2:30.32</b> | 436 | +0,92 |
|      | 50m: 30.37                     | 100m: 1:12.53   | 150m: 1:53.64 | 200m: 2:30.32 |  |  |         |                |     |       |
| 32.  | Dax van den Noulant            | Blue Marlins    | 201000071     |               |  |  | 2:32.91 | <b>2:30.42</b> | 435 |       |
|      | 50m: 34.08                     | 100m: 1:12.67   | 150m: 1:56.88 | 200m: 2:30.42 |  |  |         |                |     |       |
| 33.  | Ruben Nooter                   | Dedemsvaart-AC  | 200901577     |               |  |  | 2:31.09 | <b>2:30.98</b> | 430 | +0,69 |
|      | 50m: 33.06                     | 100m: 1:12.85   | 150m: 1:56.64 | 200m: 2:30.98 |  |  |         |                |     |       |
| 34.  | Joey Snabel                    | Zpc Amersfoort  | 201002847     |               |  |  | 2:34.53 | <b>2:31.05</b> | 429 | +0,71 |
|      | 50m: 32.34                     | 100m: 1:13.16   | 150m: 1:58.66 | 200m: 2:31.05 |  |  |         |                |     |       |
| 35.  | Sven Mulder                    | Wvz             | 200901655     |               |  |  | 2:38.87 | <b>2:31.75</b> | 423 | +0,72 |
|      | 50m: 33.03                     | 100m: 1:12.27   | 150m: 1:58.61 | 200m: 2:31.75 |  |  |         |                |     |       |
| 36.  | Oden Hankins                   | Blue Marlins    | 200902301     |               |  |  | 2:50.81 | <b>2:32.68</b> | 416 |       |
|      | 50m: 32.79                     | 100m: 1:12.64   | 150m: 1:56.53 | 200m: 2:32.68 |  |  |         |                |     |       |
| 37.  | Kick Germers                   | Swol 1894       | 201000185     |               |  |  | 2:35.65 | <b>2:33.06</b> | 413 | +0,83 |
|      | 50m: 33.12                     | 100m: 1:14.36   | 150m: 1:57.85 | 200m: 2:33.06 |  |  |         |                |     |       |
| 38.  | Milan Schuilenburg             | Zpc Amersfoort  | 201000935     |               |  |  | 2:40.55 | <b>2:33.28</b> | 411 | +0,70 |
|      | 50m: 33.40                     | 100m: 1:17.10   | 150m: 1:58.71 | 200m: 2:33.28 |  |  |         |                |     |       |
| 39.  | Nathan Magava                  | De Dolfijn      | 201003067     |               |  |  | 2:35.54 | <b>2:33.55</b> | 409 | +0,63 |
|      | 50m: 32.21                     | 100m: 1:12.58   | 150m: 1:56.85 | 200m: 2:33.55 |  |  |         |                |     |       |
| 40.  | Fynn Grotelüschen              | SV Wildeshausen | 310328        |               |  |  | 2:25.35 | <b>2:33.68</b> | 408 | +0,72 |
|      | 50m: 30.12                     | 100m: 1:13.45   | 150m: 1:58.88 | 200m: 2:33.68 |  |  |         |                |     |       |
| 41.  | Brian Arturo Bloemsma          | De Dolfijn      | 200901155     |               |  |  | 2:34.05 | <b>2:33.93</b> | 406 |       |
|      | 50m: 31.31                     | 100m: 1:14.65   | 150m: 1:56.91 | 200m: 2:33.93 |  |  |         |                |     |       |
| 42.  | Douwe Enzerink                 | Zpc Amersfoort  | 201102657     |               |  |  | 2:37.92 | <b>2:34.45</b> | 402 | +0,55 |
|      | 50m: 33.03                     | 100m: 1:15.55   | 150m: 1:59.68 | 200m: 2:34.45 |  |  |         |                |     |       |
| 43.  | Art Jin van der Ent            | Blue Marlins    | 200903785     |               |  |  | 2:43.54 | <b>2:34.69</b> | 400 | +0,76 |
|      | 50m: 33.77                     | 100m: 1:14.24   | 150m: 2:00.40 | 200m: 2:34.69 |  |  |         |                |     |       |
| 44.  | Twan Wielage                   | Ksn (Sg)        | 200902671     |               |  |  | 2:32.80 | <b>2:34.90</b> | 398 | +0,76 |
|      | 50m: 32.60                     | 100m: 1:12.53   | 150m: 1:59.62 | 200m: 2:34.90 |  |  |         |                |     |       |
| 45.  | Mathijs Boersma                | ZPC Hoozeveen   | 201000313     |               |  |  | 2:32.86 | <b>2:37.20</b> | 381 | +0,75 |
|      | <i>* Eindtijd Back up tijd</i> |                 |               |               |  |  |         |                |     |       |
|      | 50m: 35.74                     | 100m: 1:17.44   | 150m: 2:01.42 | 200m: 2:37.20 |  |  |         |                |     |       |
| 46.  | Amor van der Veen              | Dedemsvaart-AC  | 201100197     |               |  |  | 2:47.95 | <b>2:37.24</b> | 381 | +0,70 |
|      | 50m: 33.42                     | 100m: 1:11.67   | 150m: 2:02.08 | 200m: 2:37.24 |  |  |         |                |     |       |
| 47.  | Roderick Veldhuizen            | Ksn (Sg)        | 200804031     |               |  |  | 2:43.41 | <b>2:37.42</b> | 379 | +0,79 |
|      | 50m: 32.73                     | 100m: 1:16.01   | 150m: 2:03.41 | 200m: 2:37.42 |  |  |         |                |     |       |

Programmanr. 32, Heren, 200m wisselslag, Voorronde, Junioren 1 en ouder

| Rang                   | In.tijd           | Tijd          | Pnt           | RT                       |
|------------------------|-------------------|---------------|---------------|--------------------------|
| 48. Mathijs de Wit     | Ksn (Sg)          | 201001215     | 2:32.77       | <b>2:37.82</b> 376 +0,81 |
| 50m: 35.86             | 100m: 1:14.84     | 150m: 2:03.48 | 200m: 2:37.82 |                          |
| 49. Luca Monster       | SG Hoeksche Waard | 201100343     | 2:37.96       | <b>2:37.94</b> 376 +0,62 |
| 50m: 31.27             | 100m: 1:12.95     | 150m: 1:59.55 | 200m: 2:37.94 |                          |
| 50. Robin Mintjes      | HZ&PC Heerenveen  | 201000957     | 2:45.89       | <b>2:38.67</b> 370 +0,68 |
| 50m: 34.39             | 100m: 1:14.77     | 150m: 2:03.15 | 200m: 2:38.67 |                          |
| 51. Milan Eikenaar     | Swol 1894         | 201100599     | 2:43.75       | <b>2:39.35</b> 366 +0,91 |
| 50m: 35.67             | 100m: 1:15.85     | 150m: 2:03.79 | 200m: 2:39.35 |                          |
| 52. Abe Pasop          | Dedemsvaart-AC    | 201000501     | 2:36.40       | <b>2:41.64</b> 350 +0,54 |
| 50m: 34.94             | 100m: 1:17.56     | 150m: 2:02.45 | 200m: 2:41.64 |                          |
| 53. Stijn Dijkstra     | DZ&PC             | 201000279     | 2:35.13       | <b>2:41.92</b> 348 +0,79 |
| 50m: 35.20             | 100m: 1:15.78     | 150m: 2:04.12 | 200m: 2:41.92 |                          |
| 54. Daan Mulder        | Ksn (Sg)          | 201100267     | 2:45.15       | <b>2:43.44</b> 339 +0,91 |
| 50m: 36.81             | 100m: 1:18.32     | 150m: 2:06.53 | 200m: 2:43.44 |                          |
| 55. Mathijs Haitsma    | F.Z.C.'54         | 200700039     | NT            | <b>2:46.67</b> 319 +0,79 |
| 50m: 33.04             | 100m: 1:17.04     | 150m: 2:08.65 | 200m: 2:46.67 |                          |
| 56. Izayah Castillo    | Blue Marlins      | 201100311     | 2:53.51       | <b>2:47.02</b> 317 +0,72 |
| 50m: 32.19             | 100m: 1:15.89     | 150m: 2:05.48 | 200m: 2:47.02 |                          |
| 57. Matthijs Wierbos   | ZPC Hoozeveen     | 200901965     | 3:04.01       | <b>2:51.84</b> 291 +0,80 |
| 50m: 33.70             | 100m: 1:16.31     | 150m: 2:11.54 | 200m: 2:51.84 |                          |
| 58. Jona Denke         | SV Wildeshausen   | 447339        | 2:52.21       | <b>2:52.16</b> 290 +0,74 |
| 50m: 35.48             | 100m: 1:22.31     | 150m: 2:13.37 | 200m: 2:52.16 |                          |
| 59. Rio Babic          | Steenwijk 1934    | 201200867     | 2:59.53       | <b>2:52.84</b> 286 +0,72 |
| 50m: 37.24             | 100m: 1:21.87     | 150m: 2:15.57 | 200m: 2:52.84 |                          |
| 60. Daniël Scheppink   | Swol 1894         | 200902769     | 3:04.29       | <b>2:53.56</b> 283 +0,88 |
| 50m: 35.98             | 100m: 1:20.70     | 150m: 2:14.93 | 200m: 2:53.56 |                          |
| 61. Revel Harmer       | Blue Marlins      | 201103467     | 2:47.40       | <b>2:54.14</b> 280 +0,62 |
| 50m: 35.98             | 100m: 1:18.44     | 150m: 2:12.41 | 200m: 2:54.14 |                          |
| 62. Milan van den Berg | Swol 1894         | 201100253     | 3:10.89       | <b>2:57.22</b> 266       |
| 50m: 40.42             | 100m: 1:25.15     | 150m: 2:18.58 | 200m: 2:57.22 |                          |
| 63. Stef van de Wal    | Dwk               | 201200803     | 2:55.02       | <b>2:58.23</b> 261 +0,74 |
| 50m: 38.50             | 100m: 1:28.00     | 150m: 2:18.48 | 200m: 2:58.23 |                          |
| 64. Timo Vuist         | Steenwijk 1934    | 201101245     | 3:05.28       | <b>3:00.51</b> 251 +0,77 |
| 50m: 40.13             | 100m: 1:25.04     | 150m: 2:18.87 | 200m: 3:00.51 |                          |
| 65. Michiel de Wit     | Ksn (Sg)          | 201101867     | 3:00.77       | <b>3:08.65</b> 220 +0,74 |
| 50m: 43.14             | 100m: 1:32.97     | 150m: 2:24.81 | 200m: 3:08.65 |                          |
| 66. Daan van Meerveld  | Zpc Amersfoort    | 201200785     | 3:12.74       | <b>3:12.03</b> 209 +0,71 |
| 50m: 44.73             | 100m: 1:34.71     | 150m: 2:28.04 | 200m: 3:12.03 |                          |
| 67. Casper Miltenburg  | De Dolfijn        | 201201157     | 3:04.55       | <b>3:12.77</b> 206       |
| 50m: 41.71             | 100m: 1:33.45     | 150m: 2:30.28 | 200m: 3:12.77 |                          |
| 68. Danley Schneider   | ZC Polaris        | 201201323     | 3:03.19       | <b>3:13.64</b> 204 +0,66 |
| 50m: 45.73             | 100m: 1:33.81     | 150m: 2:30.73 | 200m: 3:13.64 |                          |

DZ&PC Spring Swim 2025

Programmanr. 32, Heren, 200m wisselslag, Voorronde, Junioren 1 en ouder

| Rang  |                      |                  |              |         |       |         |       |         | In.tijd | Tijd           | Pnt | RT |
|-------|----------------------|------------------|--------------|---------|-------|---------|-------|---------|---------|----------------|-----|----|
| 69.   | Robin van den Berg   | Swol 1894        | 201200355    |         |       |         |       |         | 3:58.08 | <b>3:45.15</b> | 129 |    |
|       | 50m:                 | 53.68            | 100m:        | 1:51.16 | 150m: | 2:58.44 | 200m: | 3:45.15 |         |                |     |    |
| NG.ZA | Joseph Van Wellen    | Zwemfed          | VZF/10016/08 |         |       |         |       |         | 2:07.24 |                |     |    |
| NG.ZA | Erdi-Vahap Ilboga    | SV Wildeshausen  | 324753       |         |       |         |       |         | 2:15.22 |                |     |    |
| AFGEM | Victor de Haan       | HZ&PC Heerenveen | 201001921    |         |       |         |       |         | 2:46.92 |                |     |    |
| AFGEM | Sven Casper Hageman  | Steenwijk 1934   | 201000009    |         |       |         |       |         | 2:32.71 |                |     |    |
| AFGEM | Vasco Strampel       | Steenwijk 1934   | 200702073    |         |       |         |       |         | 2:30.65 |                |     |    |
| AFGEM | Timo van de Pavoordt | Orca Leeuwarden  | 201100205    |         |       |         |       |         | 2:47.72 |                |     |    |
| AFGEM | Colin Beuker         | ZPC Hoozeveen    | 200802023    |         |       |         |       |         | 2:42.01 |                |     |    |
| AFGEM | Christiaan Wilbrink  | TriVia           | 200803819    |         |       |         |       |         | 2:51.59 |                |     |    |
| AFGEM | Julian Mithoe        | TriVia           | 201102801    |         |       |         |       |         | 3:23.14 |                |     |    |

## 5 - Spring Swim sessie 5: Finales

2-3-2025 - 16:00

Programmanr. 19  
2-3-2025 - 16:00

Dames, 400m vrije slag  
Spring Swim record: Serena Stel: 4.20.79

Juniores 2 en ouder  
Resultaten Finale

Punten: AQUA 2024

| Rang                                                    | In.tijd | Tijd           | Pnt | RT    |
|---------------------------------------------------------|---------|----------------|-----|-------|
| 1. Jade van der Schrier Azc 1 200800692                 | 4:24.16 | <b>4:21.81</b> | 726 | +0,75 |
| 50m: 30.98 150m: 1:36.73 250m: 2:43.46 350m: 3:50.32    |         |                |     |       |
| 100m: 1:03.47 200m: 2:09.86 300m: 3:16.85 400m: 4:21.81 |         |                |     |       |
| 2. Bregje Dekkers Psv 200900746                         | 4:29.88 | <b>4:26.40</b> | 689 | +0,62 |
| 50m: 30.84 150m: 1:37.63 250m: 2:45.17 350m: 3:53.29    |         |                |     |       |
| 100m: 1:03.84 200m: 2:11.26 300m: 3:19.16 400m: 4:26.40 |         |                |     |       |
| 3. Sam De Bont Zwemfed VZF/20001/08                     | 4:32.16 | <b>4:29.43</b> | 666 | +0,81 |
| 50m: 31.07 150m: 1:39.41 250m: 2:48.60 350m: 3:57.33    |         |                |     |       |
| 100m: 1:05.07 200m: 2:13.85 300m: 3:23.22 400m: 4:29.43 |         |                |     |       |
| 4. Fenne Metten Zpc Amersfoort 201000102                | 4:34.05 | <b>4:29.52</b> | 666 | +0,65 |
| 50m: 30.43 150m: 1:38.87 250m: 2:48.20 350m: 3:57.54    |         |                |     |       |
| 100m: 1:04.18 200m: 2:13.41 300m: 3:23.13 400m: 4:29.52 |         |                |     |       |
| 5. Lana Ravelingien Zwemfed VZF/20011/03                | 4:32.96 | <b>4:29.84</b> | 663 | +0,72 |
| 50m: 30.76 150m: 1:38.95 250m: 2:48.05 350m: 3:56.92    |         |                |     |       |
| 100m: 1:05.09 200m: 2:13.54 300m: 3:22.83 400m: 4:29.84 |         |                |     |       |
| 6. Julie van Nispen Z&PV Nuenen 200800290               | 4:35.90 | <b>4:32.82</b> | 642 | +0,75 |
| 50m: 30.55 150m: 1:39.00 250m: 2:48.32 350m: 3:58.63    |         |                |     |       |
| 100m: 1:04.88 200m: 2:13.68 300m: 3:23.74 400m: 4:32.82 |         |                |     |       |
| 7. Nynke Boerefijn Zpc Amersfoort 200700114             | 4:27.61 | <b>4:33.09</b> | 640 |       |
| 50m: 30.80 150m: 1:39.05 250m: 2:48.35 350m: 3:58.15    |         |                |     |       |
| 100m: 1:04.19 200m: 2:13.49 300m: 3:23.08 400m: 4:33.09 |         |                |     |       |
| 8. Noa Hollebosch Zwemfed VZF/20007/07                  | 4:32.72 | <b>4:33.88</b> | 634 | +0,72 |
| 50m: 30.41 150m: 1:38.79 250m: 2:48.90 350m: 3:59.52    |         |                |     |       |
| 100m: 1:04.03 200m: 2:13.68 300m: 3:24.22 400m: 4:33.88 |         |                |     |       |

Programmanr. 20  
2-3-2025 - 16:08

Heren, 100m vlinderslag  
Spring Swim record: Michael Smink: 54.05

Juniores 1 en ouder  
Resultaten Finale

Punten: AQUA 2024

| Rang                                     | In.tijd | Tijd         | Pnt | RT    |
|------------------------------------------|---------|--------------|-----|-------|
| Finale A                                 |         |              |     |       |
| 1. Michael Smink Blue Marlins 200302169  | 55.54   | <b>55.49</b> | 707 | +0,69 |
| 50m: 25.11 100m: 55.49                   |         |              |     |       |
| 2. Émile Fouzaï Zpc Amersfoort 200500263 | 56.43   | <b>57.20</b> | 646 |       |
| 50m: 26.84 100m: 57.20                   |         |              |     |       |
| Matthijs van Meerendonk DZ&PC 199900375  | 57.39   | <b>57.20</b> | 646 | +0,69 |
| 50m: 26.91 100m: 57.20                   |         |              |     |       |
| 4. Floris Stork DZ&PC 200305075          | 59.00   | <b>57.42</b> | 638 | +0,56 |
| 50m: 26.88 100m: 57.42                   |         |              |     |       |
| 5. Lars Bulman Blue Marlins 200600125    | 57.51   | <b>57.64</b> | 631 | +0,71 |
| 50m: 26.81 100m: 57.64                   |         |              |     |       |

DZ&PC Spring Swim 2025

Programmanr. 20, Heren, 100m vlinderslag, Finale, Junioren 1 en ouder

| Rang |                  |             |           | In.tijd | Tijd         | Pnt | RT    |
|------|------------------|-------------|-----------|---------|--------------|-----|-------|
| 6.   | Jisse Lousma     | Wvz         | 200701493 | 57.54   | <b>57.99</b> | 620 | +0,64 |
|      | 50m: 27.31       | 100m: 57.99 |           |         |              |     |       |
| 7.   | Joshua Agussalim | Wvz         | 200600153 | 58.91   | <b>59.12</b> | 585 | +0,68 |
|      | 50m: 27.20       | 100m: 59.12 |           |         |              |     |       |
| 8.   | Kia Afzali       | De Vikings  | 200305145 | 59.16   | <b>59.67</b> | 569 | +0,80 |
|      | 50m: 26.75       | 100m: 59.67 |           |         |              |     |       |

Finale B

|     |                       |               |              |         |                |     |       |
|-----|-----------------------|---------------|--------------|---------|----------------|-----|-------|
| 10. | Levi Kindt            | Zwemfed       | VZF/10007/07 | 59.28   | <b>58.12</b>   | 615 | +0,65 |
|     | 50m: 27.06            | 100m: 58.12   |              |         |                |     |       |
| 11. | Jasper Van Remoortere | Zwemfed       | VZF/10015/09 | 59.59   | <b>59.16</b>   | 584 | +0,75 |
|     | 50m: 27.43            | 100m: 59.16   |              |         |                |     |       |
| 12. | Pepijn van Egmond     | Wvz           | 200402309    | 59.83   | <b>59.40</b>   | 576 | +0,99 |
|     | 50m: 27.62            | 100m: 59.40   |              |         |                |     |       |
| 13. | Ronis van Everdingen  | Dwk           | 200300043    | 1:00.15 | <b>59.72</b>   | 567 | +0,81 |
|     | 50m: 27.45            | 100m: 59.72   |              |         |                |     |       |
| 14. | Bjorn Rijkaart        | Wvz           | 200601337    | 1:00.64 | <b>1:00.36</b> | 549 | +0,72 |
|     | <i>*Backup tijd</i>   |               |              |         |                |     |       |
|     | 50m: 27.61            | 100m: 1:00.36 |              |         |                |     |       |
| 15. | Lars Minnaert         | Psv           | 200502355    | 1:00.72 | <b>1:00.44</b> | 547 | +0,56 |
|     | 50m: 27.92            | 100m: 1:00.44 |              |         |                |     |       |
| 16. | Donny van den Bosch   | Wiekslag      | 199502001    | 1:00.91 | <b>1:00.48</b> | 546 | +0,74 |
|     | 50m: 27.83            | 100m: 1:00.48 |              |         |                |     |       |
| 17. | Jetze de Vries        | De Vikings    | 200602589    | 1:01.48 | <b>1:02.43</b> | 496 |       |
|     | 50m: 28.56            | 100m: 1:02.43 |              |         |                |     |       |

Finale C

|     |                     |                |           |         |                |     |       |
|-----|---------------------|----------------|-----------|---------|----------------|-----|-------|
| 19. | Jones Chuang        | Psv            | 200801173 | 1:00.77 | <b>58.59</b>   | 601 | +0,64 |
|     | 50m: 27.19          | 100m: 58.59    |           |         |                |     |       |
| 20. | Martijn Nies        | Psv            | 200902095 | 1:01.26 | <b>1:00.51</b> | 545 |       |
|     | 50m: 28.69          | 100m: 1:00.51  |           |         |                |     |       |
| 21. | Tobian Vos          | Zpc Amersfoort | 200900005 | 1:01.89 | <b>1:01.01</b> | 532 | +0,75 |
|     | 50m: 28.27          | 100m: 1:01.01  |           |         |                |     |       |
| 22. | Sven Koornstra      | De Vikings     | 200900189 | 1:02.12 | <b>1:01.53</b> | 519 | +0,80 |
|     | 50m: 28.96          | 100m: 1:01.53  |           |         |                |     |       |
| 23. | Tim Boerefijn       | Wvz            | 200802815 | 1:04.05 | <b>1:03.19</b> | 479 | +0,73 |
|     | 50m: 28.95          | 100m: 1:03.19  |           |         |                |     |       |
| 24. | Floris van der Valk | Wiekslag       | 200801891 | 1:03.36 | <b>1:04.59</b> | 448 | +0,71 |
|     | 50m: 29.57          | 100m: 1:04.59  |           |         |                |     |       |
| 25. | Evren Ege Orcunus   | De Dolfijn     | 201003253 | 1:04.02 | <b>1:05.71</b> | 426 | +0,66 |
|     | 50m: 30.45          | 100m: 1:05.71  |           |         |                |     |       |
| 26. | Alexander Griston   | De Dolfijn     | 200803053 | 1:02.01 | <b>1:11.47</b> | 331 | +0,84 |
|     | 50m: 31.41          | 100m: 1:11.47  |           |         |                |     |       |

Programmanr. 20, Heren, 100m vlinderslag, Finale, Junioren 1 en ouder

| Rang  |                |         | In.tijd      | Tijd  | Pnt | RT |
|-------|----------------|---------|--------------|-------|-----|----|
| NG.ZA | Bartel Vranken | Zwemfed | VZF/10017/07 | 59.34 |     |    |

Programmanr. 21  
2-3-2025 - 16:18

Dames, 100m rugslag  
Spring Swim record: Maaïke de Waard 1:02.11

Junioren 2 en ouder  
Resultaten Finale

Punten: AQUA 2024

| Rang     |                      |                   |           | In.tijd | Tijd           | Pnt | RT    |
|----------|----------------------|-------------------|-----------|---------|----------------|-----|-------|
| Finale A |                      |                   |           |         |                |     |       |
| 1.       | Jinth Engelse        | Blue Marlins      | 200800204 | 1:03.29 | <b>1:02.65</b> | 766 | +0,63 |
|          | 50m: 30.74           | 100m: 1:02.65     |           |         |                |     |       |
| 2.       | Ismay Lichtendonk    | Dedemsvaart-AC    | 200400622 | 1:03.82 | <b>1:03.43</b> | 738 | +0,62 |
|          | 50m: 30.73           | 100m: 1:03.43     |           |         |                |     |       |
| 3.       | Malin Roozeboom      | Wvz               | 201100006 | 1:06.97 | <b>1:05.61</b> | 667 | +0,74 |
|          | 50m: 31.74           | 100m: 1:05.61     |           |         |                |     |       |
| 4.       | Nina van der Schrier | Azc 1             | 201000444 | 1:08.41 | <b>1:06.58</b> | 638 | +0,71 |
|          | 50m: 32.64           | 100m: 1:06.58     |           |         |                |     |       |
| 5.       | Nienke Koster        | ZPC Hoogeveen     | 200900612 | 1:09.09 | <b>1:07.75</b> | 605 | +0,60 |
|          | 50m: 32.59           | 100m: 1:07.75     |           |         |                |     |       |
| 6.       | Fenna Zusterzeel     | Psv               | 201000008 | 1:09.12 | <b>1:09.71</b> | 556 | +0,62 |
|          | 50m: 33.39           | 100m: 1:09.71     |           |         |                |     |       |
| 7.       | Luus Gielens         | Psv               | 200900138 | 1:10.32 | <b>1:10.13</b> | 546 | +0,73 |
|          | 50m: 34.49           | 100m: 1:10.13     |           |         |                |     |       |
| 8.       | Esmee Mulder         | DZ&PC             | 200800038 | 1:10.09 | <b>1:11.40</b> | 517 | +0,61 |
|          | 50m: 33.74           | 100m: 1:11.40     |           |         |                |     |       |
| Finale B |                      |                   |           |         |                |     |       |
| 10.      | Jill Nai Chung Tong  | Wvz               | 200404272 | 1:10.53 | <b>1:07.06</b> | 624 | +0,72 |
|          | 50m: 32.34           | 100m: 1:07.06     |           |         |                |     |       |
| 11.      | Marlies Dijsselhof   | Dedemsvaart-AC    | 200601046 | 1:10.46 | <b>1:08.77</b> | 579 | +0,77 |
|          | 50m: 33.68           | 100m: 1:08.77     |           |         |                |     |       |
| 12.      | Anouk Steller        | Wvz               | 201000004 | 1:11.42 | <b>1:10.78</b> | 531 | +0,61 |
|          | 50m: 34.05           | 100m: 1:10.78     |           |         |                |     |       |
| 13.      | Maud Roffel          | DZ&PC             | 200700840 | 1:10.85 | <b>1:11.15</b> | 523 | +0,72 |
|          | 50m: 34.73           | 100m: 1:11.15     |           |         |                |     |       |
| 14.      | Jolijn Liezen        | Steenwijk 1934    | 200500518 | 1:10.46 | <b>1:11.26</b> | 520 | +0,70 |
|          | 50m: 34.33           | 100m: 1:11.26     |           |         |                |     |       |
| 15.      | Julia Dąbrowska      | Blue Marlins      | 201000300 | 1:11.41 | <b>1:12.00</b> | 504 | +0,65 |
|          | 50m: 34.76           | 100m: 1:12.00     |           |         |                |     |       |
| 16.      | Frédérique Nijziel   | De Dolfijn        | 201103114 | 1:10.62 | <b>1:12.29</b> | 498 | +0,67 |
|          | 50m: 34.91           | 100m: 1:12.29     |           |         |                |     |       |
| 17.      | Liv Heijdra          | Feijenoord Albion | 200800736 | 1:10.93 | <b>1:12.83</b> | 487 | +0,61 |
|          | 50m: 34.21           | 100m: 1:12.83     |           |         |                |     |       |

DZ&PC Spring Swim 2025

Programmanr. 21, Dames, 100m rugslag, Finale, Junioren 2 en ouder

| Rang     |                   |                   |           | In.tijd | Tijd           | Pnt | RT    |
|----------|-------------------|-------------------|-----------|---------|----------------|-----|-------|
| Finale C |                   |                   |           |         |                |     |       |
| 19.      | Marjolie Spelde   | ZC Borger         | 200900266 | 1:11.91 | <b>1:09.83</b> | 553 | +0,75 |
|          | 50m: 34.20        | 100m: 1:09.83     |           |         |                |     |       |
| 20.      | Imre Bouwland     | ZPC Hoogeveen     | 200700388 | 1:11.76 | <b>1:11.29</b> | 520 | +0,65 |
|          | 50m: 34.32        | 100m: 1:11.29     |           |         |                |     |       |
|          | Raegan Belmar     | Blue Marlins      | 201004070 | 1:13.46 | <b>1:11.29</b> | 520 | +0,84 |
|          | 50m: 34.57        | 100m: 1:11.29     |           |         |                |     |       |
| 22.      | Nora Lynn Otten   | ZPC Hoogeveen     | 200903338 | 1:12.67 | <b>1:12.15</b> | 501 | +0,92 |
|          | 50m: 34.87        | 100m: 1:12.15     |           |         |                |     |       |
| 23.      | Tess van de Steeg | Wvz               | 201000016 | 1:13.81 | <b>1:12.47</b> | 495 | +0,70 |
|          | 50m: 35.27        | 100m: 1:12.47     |           |         |                |     |       |
| 24.      | Amber Kunst       | Daw               | 200900680 | 1:13.59 | <b>1:13.17</b> | 481 | +0,62 |
|          | 50m: 35.48        | 100m: 1:13.17     |           |         |                |     |       |
| 25.      | Noortje Bisperink | Zpc Amersfoort    | 201100486 | 1:13.38 | <b>1:14.08</b> | 463 | +0,73 |
|          | 50m: 36.31        | 100m: 1:14.08     |           |         |                |     |       |
| 26.      | Simone Brobbel    | SG Hoeksche Waard | 201200058 | 1:13.14 | <b>1:14.18</b> | 461 | +0,77 |
|          | 50m: 36.67        | 100m: 1:14.18     |           |         |                |     |       |
| NG       | Elin Reinstra     | TriVia            | 201100842 | 1:13.16 |                |     |       |

Programmanr. 22  
2-3-2025 - 16:27

Heren, 50m vrije slag  
Spring Swim record: Thom de Boer 22.31

Junioren 1 en ouder  
Resultaten Finale

Punten: AQUA 2024

| Rang     |                         |                |              | In.tijd | Tijd         | Pnt | RT    |
|----------|-------------------------|----------------|--------------|---------|--------------|-----|-------|
| Finale A |                         |                |              |         |              |     |       |
| 1.       | Stan Franckx            | Zwemfed        | VZF/10005/02 | 23.68   | <b>23.57</b> | 698 | +0,68 |
| 2.       | Giovanni Phillipson     | ZV De Zaan     | 200801099    | 24.00   | <b>23.69</b> | 687 | +0,75 |
| 3.       | Patriks Francis Pone    | De Dolfijn     | 200504577    | 24.04   | <b>23.78</b> | 679 | +0,85 |
| 4.       | Seppe Lammens           | Zwemfed        | VZF/10009/07 | 23.99   | <b>23.87</b> | 672 |       |
| 5.       | Joseph Van Wellen       | Zwemfed        | VZF/10016/08 | 24.28   | <b>24.06</b> | 656 | +0,74 |
| 6.       | Colin Bes               | DZ&PC          | 200500201    | 24.46   | <b>24.21</b> | 644 | +0,76 |
| 7.       | Felbe van 't Land       | Zpc Amersfoort | 200900027    | 24.68   | <b>24.38</b> | 630 | +0,64 |
| 8.       | Ruben Baars             | Dwk            | 200900471    | 24.50   | <b>24.58</b> | 615 | +0,57 |
| Finale B |                         |                |              |         |              |     |       |
| 10.      | Darren Chen             | Zpc Amersfoort | 200001149    | 24.95   | <b>24.77</b> | 601 | +0,66 |
| 11.      | Lucas Bemer             | De Duinkikkers | 200700219    | 25.11   | <b>24.97</b> | 587 |       |
| 12.      | Giulian Janssen         | Psv            | 200900125    | 25.15   | <b>25.06</b> | 580 | +0,83 |
| 13.      | Niek Issard             | DZ&PC          | 200700037    | 25.14   | <b>25.07</b> | 580 | +0,72 |
| 14.      | Gijs Vesseur            | Zpc Amersfoort | 200700277    | 25.54   | <b>25.39</b> | 558 | +0,76 |
| 15.      | Q. Brouwer von Gonzenbe | TriVia         | 200700001    | 25.44   | <b>25.67</b> | 540 | +0,73 |
| 16.      | Lars Heddema            | Steenwijk 1934 | 200603697    | 25.88   | <b>25.80</b> | 532 | +0,51 |
| 17.      | Emiel de Bruijn         | Dedemsvaart-AC | 200700953    | 26.02   | <b>25.93</b> | 524 | +0,59 |
| Finale C |                         |                |              |         |              |     |       |
| 19.      | Gerjan Berends          | ZPC Hoogeveen  | 200900169    | 26.54   | <b>26.01</b> | 519 | +0,72 |

DZ&PC Spring Swim 2025

Programmanr. 22, Heren, 50m vrije slag, Finale, Junioren 1 en ouder

| Rang  |                      |                 | In.tijd   | Tijd  | Pnt          | RT        |
|-------|----------------------|-----------------|-----------|-------|--------------|-----------|
| 20.   | Floris van der Valk  | Wiekslag        | 200801891 | 26.11 | <b>26.10</b> | 514 +0,68 |
| 21.   | Juan Cruz Slappendel | Orca Leeuwarden | 200903053 | 26.20 | <b>26.25</b> | 505       |
| 22.   | Ruben Nooter         | Dedemsvaart-AC  | 200901577 | 27.10 | <b>26.79</b> | 475 +0,75 |
| 23.   | Ramon Vos            | ZPC Hoogeveen   | 201100051 | 27.84 | <b>27.21</b> | 453 +0,76 |
| 24.   | Art Jin van der Ent  | Blue Marlins    | 200903785 | 27.59 | <b>27.26</b> | 451 +0,78 |
| AFGEM | Daequan Ramos        | ZPC Hoogeveen   | 200901709 | 27.29 |              |           |
| NG    | Mathijs de Wit       | Ksn (Sg)        | 201001215 | 27.85 |              |           |
| NG.ZA | Enno Brahms          | SV Wildeshausen | 397825    | 27.12 |              |           |
| NG.ZA | Joey Snabel          | Zpc Amersfoort  | 201002847 | 27.40 |              |           |

Programmanr. 23  
2-3-2025 - 16:35

Dames, 50m schoolslag  
Spring Swim record: Tes Schouten 31.97

Junioren 2 en ouder  
Resultaten Finale

Punten: AQUA 2024

| Rang     |                    |                      | In.tijd      | Tijd  | Pnt          | RT        |
|----------|--------------------|----------------------|--------------|-------|--------------|-----------|
| Finale A |                    |                      |              |       |              |           |
| 1.       | Sterre Hendriks    | De Dolfijn           | 200401288    | 32.68 | <b>32.43</b> | 726 +0,72 |
| 2.       | Hylcke de Beer     | Psv                  | 200700006    | 33.23 | <b>32.69</b> | 709       |
| 3.       | Mare Schallenberg  | Blue Marlins         | 200600078    | 34.04 | <b>33.17</b> | 679 +0,96 |
| 4.       | Nina Zusterzeel    | Psv                  | 200800656    | 33.62 | <b>33.55</b> | 656 +0,72 |
| 5.       | Jade Geurts        | Wvz                  | 200402278    | 34.14 | <b>33.58</b> | 654 +0,77 |
| 6.       | Rafaëla Mulders    | De Reuring           | 200701398    | 34.87 | <b>34.46</b> | 605 +0,75 |
| 7.       | Megan Jonkman      | Blue Marlins         | 200600508    | 35.29 | <b>34.48</b> | 604 +0,74 |
| 8.       | Tess Vonk          | De Geul              | 200900024    | 35.32 | <b>35.29</b> | 564 +0,68 |
| Finale B |                    |                      |              |       |              |           |
| 10.      | Liv Heijdra        | Feijenoord Albion    | 200800736    | 36.08 | <b>35.57</b> | 550 +0,98 |
| 11.      | Breanna Belmar     | Blue Marlins         | 201004068    | 35.45 | <b>35.67</b> | 546 +0,70 |
| 12.      | Noa Hollebosch     | Zwemfed              | VZF/20007/07 | 35.53 | <b>35.76</b> | 542       |
| 13.      | Djelaysa Buunk     | Z & PC De Zeeuwse Kl | 200900536    | 36.54 | <b>35.97</b> | 532 +0,72 |
| 14.      | Lise Kleinbekman   | DZ&PC                | 200502870    | 35.78 | <b>35.99</b> | 531 +0,72 |
| 15.      | Marre van der Wal  | SG. Bolsward-Workum  | 201000046    | 36.34 | <b>36.40</b> | 514 +0,75 |
| 16.      | Alessia Sluis      | Dedemsvaart-AC       | 200300896    | 36.98 | <b>36.66</b> | 503       |
| 17.      | Rhodee van den Ham | De Duinkikkers       | 200700090    | 37.19 | <b>36.85</b> | 495 +0,77 |
| Finale C |                    |                      |              |       |              |           |
| 19.      | Amber Kunst        | Daw                  | 200900680    | 38.08 | <b>35.96</b> | 533 +0,77 |
| 20.      | Annelie Klinkhamer | Bubble               | 200702606    | 37.88 | <b>37.67</b> | 463 +0,72 |
| 21.      | Kinley Cole        | Psv                  | 200903696    | 37.66 | <b>37.92</b> | 454       |
| 22.      | Charlie Klaver     | De Dolfijn           | 201102094    | 37.93 | <b>37.98</b> | 452 +0,81 |
| 23.      | Wieke Dekker       | De Dolfijn           | 201002020    | 38.44 | <b>38.51</b> | 434 +0,78 |
| 24.      | Noa Jaffe          | De Dolfijn           | 201000726    | 37.64 | <b>38.79</b> | 424 +0,65 |
| 25.      | Hanna Heller       | Zpc Amersfoort       | 201102730    | 39.63 | <b>39.19</b> | 411       |
| 26.      | Gerlin van de Krol | Dwk                  | 201101412    | 38.61 | <b>39.27</b> | 409 +0,71 |

Programmanr. 24  
2-3-2025 - 16:44

Heren, 200m rugslag  
Spring Swim record: Niels Dijkshoorn 2:03.08

Junioren 1 en ouder  
Resultaten Finale

Punten: AQUA 2024

| Rang                                                                           | In.tijd | Tijd           | Pnt | RT    |
|--------------------------------------------------------------------------------|---------|----------------|-----|-------|
| 1. Bram Loots<br>50m: 30.47 100m: 1:02.57 150m: 1:35.63 200m: 2:07.66          | 2:08.83 | <b>2:07.66</b> | 673 | +0,65 |
| Kzc 200700197                                                                  |         |                |     |       |
| 2. Giovanni Phillipson<br>50m: 29.71 100m: 1:02.35 150m: 1:36.17 200m: 2:08.75 | 2:10.00 | <b>2:08.75</b> | 656 | +0,70 |
| ZV De Zaan 200801099                                                           |         |                |     |       |
| 3. Tiamo van der Veen<br>50m: 29.71 100m: 1:01.80 150m: 1:35.71 200m: 2:09.64  | 2:08.92 | <b>2:09.64</b> | 643 | +0,62 |
| Dedemsvaart-AC 200600033                                                       |         |                |     |       |
| 4. Sven Klink<br>50m: 31.16 100m: 1:04.41 150m: 1:38.89 200m: 2:12.55          | 2:12.56 | <b>2:12.55</b> | 601 | +0,72 |
| Swol 1894 200500349                                                            |         |                |     |       |
| 5. Jisse Lousma<br>50m: 30.76 100m: 1:05.33 150m: 1:41.12 200m: 2:15.03        | 2:12.65 | <b>2:15.03</b> | 569 | +0,53 |
| Wvz 200701493                                                                  |         |                |     |       |
| 6. Olivier Wilbers<br>50m: 32.27 100m: 1:06.78 150m: 1:41.63 200m: 2:15.89     | 2:16.40 | <b>2:15.89</b> | 558 | +0,64 |
| ZPC Hoogeveen 200600181                                                        |         |                |     |       |
| 7. Jaydey Schonewille<br>50m: 31.23 100m: 1:05.84 150m: 1:40.79 200m: 2:16.02  | 2:16.67 | <b>2:16.02</b> | 557 | +0,73 |
| Steenwijk 1934 200800025                                                       |         |                |     |       |
| 8. Denzel Barthen<br>50m: 31.61 100m: 1:05.82 150m: 1:42.65 200m: 2:19.16      | 2:13.76 | <b>2:19.16</b> | 520 | +0,74 |
| Wvz 200700147                                                                  |         |                |     |       |
| 9. Adriaan Coppelmans<br>50m: 31.25 100m: 1:06.61 150m: 1:43.90 200m: 2:20.71  | 2:17.55 | <b>2:20.71</b> | 503 | +0,58 |
| Azc 1 200903243                                                                |         |                |     |       |

Programmanr. 25  
2-3-2025 - 16:50

Dames, 200m vlinderslag  
Spring Swim record: Evy Rozeboom: 2:19.17

Junioren 2 en ouder  
Resultaten Finale

Punten: AQUA 2024

| Rang                                                                                             | In.tijd | Tijd           | Pnt | RT    |
|--------------------------------------------------------------------------------------------------|---------|----------------|-----|-------|
| 1. Femke Spiering<br>*Spring Swim record<br>50m: 30.16 100m: 1:04.66 150m: 1:40.06 200m: 2:15.96 | 2:17.36 | <b>2:15.96</b> | 719 | +0,78 |
| Zpc Amersfoort 200204514                                                                         |         |                |     |       |
| 2. Niene Dewaelheyns<br>50m: 32.12 100m: 1:09.72 150m: 1:48.39 200m: 2:27.68                     | 2:23.69 | <b>2:27.68</b> | 561 | +0,64 |
| Zwemfed VZF/20004/07                                                                             |         |                |     |       |
| 3. Sam De Bont<br>50m: 32.32 100m: 1:10.11 150m: 1:48.71 200m: 2:28.65                           | 2:23.63 | <b>2:28.65</b> | 550 |       |
| Zwemfed VZF/20001/08                                                                             |         |                |     |       |
| 4. Nova Nijziel<br>50m: 32.87 100m: 1:10.75 150m: 1:50.45 200m: 2:30.62                          | 2:24.43 | <b>2:30.62</b> | 528 | +0,84 |
| De Dolfijn 200804416                                                                             |         |                |     |       |
| 5. Fenne Metten<br>50m: 33.11 100m: 1:12.14 150m: 1:53.20 200m: 2:34.32                          | 2:37.88 | <b>2:34.32</b> | 491 | +0,84 |
| Zpc Amersfoort 201000102                                                                         |         |                |     |       |
| 6. Elin Brinkhof<br>50m: 32.48 100m: 1:10.83 150m: 1:55.41 200m: 2:41.13                         | 2:39.30 | <b>2:41.13</b> | 432 | +0,84 |
| De Dolfijn 200900078                                                                             |         |                |     |       |
| 7. Marlies Dijsselhof<br>50m: 33.78 100m: 1:14.61 150m: 1:58.73 200m: 2:43.06                    | 2:57.07 | <b>2:43.06</b> | 416 | +0,71 |
| Dedemsvaart-AC 200601046                                                                         |         |                |     |       |

DZ&PC Spring Swim 2025

Programmanr. 26  
2-3-2025 - 17:10

Heren, 50m rugslag  
Spring Swim record: Stan Franckx: 26.53

Junioren 1 en ouder  
Resultaten Finale

Punten: AQUA 2024

| Rang     |                            |                | In.tijd      | Tijd  | Pnt          | RT        |
|----------|----------------------------|----------------|--------------|-------|--------------|-----------|
| Finale A |                            |                |              |       |              |           |
| 1.       | Stan Franckx               | Zwemfed        | VZF/10005/02 | 26.53 | <b>26.36</b> | 713 +0,57 |
|          | <i>*Spring Swim record</i> |                |              |       |              |           |
| 2.       | Giovanni Phillipson        | ZV De Zaan     | 200801099    | 26.98 | <b>26.45</b> | 705 +0,66 |
| 3.       | Daan Sonneveld             | Wvz            | 200601085    | 27.47 | <b>27.06</b> | 659 +0,58 |
| 4.       | Jelle Betten               | DZ&PC          | 200001535    | 27.64 | <b>27.22</b> | 647 +0,57 |
| 5.       | Lars Minnaert              | Psv            | 200502355    | 27.78 | <b>27.50</b> | 628 +0,57 |
| 6.       | Jisse Lousma               | Wvz            | 200701493    | 28.03 | <b>27.86</b> | 603 +0,51 |
| 7.       | Tiamo van der Veen         | Dedemsvaart-AC | 200600033    | 28.03 | <b>27.95</b> | 598 +0,65 |
| 8.       | Niek Issard                | DZ&PC          | 200700037    | 27.87 | <b>28.01</b> | 594 +0,68 |
| Finale B |                            |                |              |       |              |           |
| 10.      | Michael Smink              | Blue Marlins   | 200302169    | 28.68 | <b>27.79</b> | 608 +0,73 |
| 11.      | Lars Heddema               | Steenwijk 1934 | 200603697    | 28.41 | <b>28.18</b> | 583 +0,72 |
| 12.      | Kia Afzali                 | De Vikings     | 200305145    | 28.90 | <b>28.41</b> | 569 +0,64 |
| 13.      | Adriaan Coppelmans         | Azc 1          | 200903243    | 29.28 | <b>29.17</b> | 526 +0,57 |
| 14.      | Jaydey Schonewille         | Steenwijk 1934 | 200800025    | 29.12 | <b>29.25</b> | 521 +0,70 |
| 15.      | Niek Sonneveld             | Wvz            | 200802631    | 29.53 | <b>29.32</b> | 518 +0,66 |
| 16.      | Pepijn van Egmond          | Wvz            | 200402309    | 30.23 | <b>29.96</b> | 485 +0,76 |
| 17.      | Q. Brouwer von Gonzenbe    | TriVia         | 200700001    | 29.92 | <b>30.32</b> | 468 +0,58 |
| Finale C |                            |                |              |       |              |           |
| 19.      | Ivo Bot                    | Wiekslag       | 200900509    | 30.11 | <b>29.63</b> | 502 +0,57 |
| 20.      | Abel op den Velde          | De Duinkikkers | 201000079    | 30.38 | <b>30.13</b> | 477 +0,69 |
| 21.      | Giulian Janssen            | Psv            | 200900125    | 30.28 | <b>30.14</b> | 477 +0,59 |
| 22.      | Gijs Vesseur               | Zpc Amersfoort | 200700277    | 31.13 | <b>30.75</b> | 449 +0,73 |
| 23.      | Sverre van der Zwaan       | Wvz            | 200900737    | 30.71 | <b>30.80</b> | 447 +0,61 |
| 24.      | Jere Wiersma               | DZ&PC          | 200701037    | 30.98 | <b>30.99</b> | 438 +0,63 |
| 25.      | Amor van der Veen          | Dedemsvaart-AC | 201100197    | 31.39 | <b>31.21</b> | 429 +0,68 |
| 26.      | Dyon Scholten              | Steenwijk 1934 | 200900095    | 32.20 | <b>31.56</b> | 415 +0,65 |
| NG       | Luc Kerpels                | ZPC Hoogeveen  | 200503015    | 30.04 |              |           |

Programmanr. 27  
2-3-2025 - 17:19

Dames, 100m vrije slag  
Spring Swim record: Sam van Nunen: 55.05

Junioren 2 en ouder  
Resultaten Finale

Punten: AQUA 2024

| Rang |  |  | In.tijd | Tijd | Pnt | RT |
|------|--|--|---------|------|-----|----|
|------|--|--|---------|------|-----|----|

Programmanr. 27, Dames, 100m vrije slag, Finale

Finale A

|                     |                |              |       |              |     |       |
|---------------------|----------------|--------------|-------|--------------|-----|-------|
| 1. Femke Spiering   | Zpc Amersfoort | 200204514    | 56.48 | <b>56.35</b> | 772 | +0,77 |
| 50m: 27.68          | 100m: 56.35    |              |       |              |     |       |
| 2. Nore Michiels    | Zwemfed        | VZF/20009/08 | 57.20 | <b>57.47</b> | 728 |       |
| 50m: 27.97          | 100m: 57.47    |              |       |              |     |       |
| 3. Sara Korthuis    | DZ&PC          | 200600494    | 58.15 | <b>58.08</b> | 705 | +0,80 |
| 50m: 28.18          | 100m: 58.08    |              |       |              |     |       |
| 4. Elise Tanis      | De Dolfijn     | 200200120    | 57.48 | <b>58.81</b> | 679 | +0,74 |
| 50m: 28.39          | 100m: 58.81    |              |       |              |     |       |
| 5. Noa Hollebosch   | Zwemfed        | VZF/20007/07 | 58.90 | <b>58.88</b> | 677 |       |
| 50m: 28.58          | 100m: 58.88    |              |       |              |     |       |
| 6. Hylcke de Beer   | Psv            | 200700006    | 59.19 | <b>58.98</b> | 673 | +0,85 |
| 50m: 28.20          | 100m: 58.98    |              |       |              |     |       |
| 7. Nynke Boerefijn  | Zpc Amersfoort | 200700114    | 58.61 | <b>59.10</b> | 669 | +0,90 |
| 50m: 28.62          | 100m: 59.10    |              |       |              |     |       |
| 8. Lana Ravelingien | Zwemfed        | VZF/20011/03 | 58.67 | <b>59.73</b> | 648 | +0,72 |
| 50m: 28.33          | 100m: 59.73    |              |       |              |     |       |

Finale B

|                          |                 |           |         |                |     |       |
|--------------------------|-----------------|-----------|---------|----------------|-----|-------|
| 10. Maaïke Issard        | DZ&PC           | 200300022 | 1:00.04 | <b>1:00.28</b> | 631 | +0,82 |
| 50m: 29.30               | 100m: 1:00.28   |           |         |                |     |       |
| 11. Jade van der Schrier | Azc 1           | 200800692 | 1:00.75 | <b>1:00.33</b> | 629 |       |
| 50m: 30.03               | 100m: 1:00.33   |           |         |                |     |       |
| Marin Wieling            | Zpc Amersfoort  | 200501220 | 1:01.03 | <b>1:00.33</b> | 629 | +0,74 |
| 50m: 28.95               | 100m: 1:00.33   |           |         |                |     |       |
| 13. Lola Verheijen       | Psv             | 201100832 | 1:01.89 | <b>1:00.94</b> | 610 | +0,75 |
| 50m: 29.52               | 100m: 1:00.94   |           |         |                |     |       |
| 14. Rhodee van den Ham   | De Duinkikkers  | 200700090 | 1:01.34 | <b>1:01.17</b> | 604 | +0,78 |
| 50m: 29.50               | 100m: 1:01.17   |           |         |                |     |       |
| 15. Fenna Westerneng     | DZ&PC           | 200900070 | 1:01.59 | <b>1:01.25</b> | 601 | +0,75 |
| 50m: 29.98               | 100m: 1:01.25   |           |         |                |     |       |
| 16. Luus Gielens         | Psv             | 200900138 | 1:01.27 | <b>1:01.28</b> | 600 | +0,89 |
| 50m: 29.85               | 100m: 1:01.28   |           |         |                |     |       |
| 17. Femke Backx          | Orca Leeuwarden | 200106430 | 1:01.61 | <b>1:02.26</b> | 572 |       |
| 50m: 29.64               | 100m: 1:02.26   |           |         |                |     |       |

Finale C

|                          |               |           |         |                |     |       |
|--------------------------|---------------|-----------|---------|----------------|-----|-------|
| 19. Malin Roozeboom      | Wvz           | 201100006 | 1:02.06 | <b>1:01.25</b> | 601 | +0,80 |
| 50m: 30.17               | 100m: 1:01.25 |           |         |                |     |       |
| 20. Nina van der Schrier | Azc 1         | 201000444 | 1:02.24 | <b>1:01.77</b> | 586 | +0,85 |
| 50m: 30.10               | 100m: 1:01.77 |           |         |                |     |       |
| 21. Bregje Dekkers       | Psv           | 200900746 | 1:01.96 | <b>1:02.09</b> | 577 |       |
| 50m: 30.55               | 100m: 1:02.09 |           |         |                |     |       |
| 22. Breanna Belmar       | Blue Marlins  | 201004068 | 1:01.90 | <b>1:02.12</b> | 576 | +0,73 |
| 50m: 30.43               | 100m: 1:02.12 |           |         |                |     |       |

Programmanr. 27, Dames, 100m vrije slag, Finale, Junioren 2 en ouder

| Rang                                           | In.tijd | Tijd           | Pnt | RT    |
|------------------------------------------------|---------|----------------|-----|-------|
| 23. Julia Dąbrowska Blue Marlins 201000300     | 1:03.24 | <b>1:02.48</b> | 566 | +0,73 |
| 50m: 29.68 100m: 1:02.48                       |         |                |     |       |
| 24. Kinley Cole Psv 200903696                  | 1:02.33 | <b>1:02.65</b> | 562 | +0,69 |
| 50m: 30.26 100m: 1:02.65                       |         |                |     |       |
| 25. Fenna Zusterzeel Psv 201000008             | 1:03.39 | <b>1:04.35</b> | 518 |       |
| 50m: 30.38 100m: 1:04.35                       |         |                |     |       |
| 26. Daphne Dijsselhof Dedemsvaart-AC 200901690 | 1:03.55 | <b>1:04.67</b> | 511 |       |
| 50m: 32.15 100m: 1:04.67                       |         |                |     |       |

Programmanr. 28  
2-3-2025 - 17:28

Heren, 100m schoolslag  
Spring Swim record: Koen de Groot 1:02.99

Junioren 1 en ouder  
Resultaten Finale

Punten: AQUA 2024

| Rang                                          | In.tijd | Tijd           | Pnt | RT    |
|-----------------------------------------------|---------|----------------|-----|-------|
| Finale A                                      |         |                |     |       |
| 1. Bartel Vranken Zwemfed VZF/10017/07        | 1:04.79 | <b>1:04.46</b> | 687 | +0,68 |
| 50m: 30.95 100m: 1:04.46                      |         |                |     |       |
| 2. Storm Boxum DZ&PC 200700421                | 1:05.74 | <b>1:04.71</b> | 679 |       |
| 50m: 30.38 100m: 1:04.71                      |         |                |     |       |
| 3. Karsten van Groenigen Zwemfed VZF/10013/08 | 1:06.11 | <b>1:05.61</b> | 651 | +0,72 |
| 50m: 30.76 100m: 1:05.61                      |         |                |     |       |
| 4. Jesse van der Meij De Dolfijn 200600841    | 1:07.01 | <b>1:06.80</b> | 617 | +0,91 |
| 50m: 31.59 100m: 1:06.80                      |         |                |     |       |
| 5. Jetze de Vries De Vikings 200602589        | 1:09.65 | <b>1:09.36</b> | 551 | +0,72 |
| 50m: 32.30 100m: 1:09.36                      |         |                |     |       |
| 6. Ruben Baars Dwk 200900471                  | 1:08.69 | <b>1:10.15</b> | 533 | +0,71 |
| 50m: 32.57 100m: 1:10.15                      |         |                |     |       |
| 7. Floris van der Valk Wiekslag 200801891     | 1:09.01 | <b>1:11.43</b> | 504 | +0,72 |
| 50m: 33.09 100m: 1:11.43                      |         |                |     |       |
| 8. Tiede Groener Psv 200700155                | 1:09.53 | <b>1:18.32</b> | 383 | +0,62 |
| 50m: 36.36 100m: 1:18.32                      |         |                |     |       |

Finale B

|                                              |         |                |     |       |
|----------------------------------------------|---------|----------------|-----|-------|
| 10. Joshua Agussalim Wvz 200600153           | 1:09.84 | <b>1:09.26</b> | 553 | +0,65 |
| 50m: 32.48 100m: 1:09.26                     |         |                |     |       |
| 11. Ruben Hoeve Dedemsvaart-AC 200302179     | 1:10.04 | <b>1:10.51</b> | 524 |       |
| 50m: 32.04 100m: 1:10.51                     |         |                |     |       |
| 12. Jelte de Boer De Vikings 200700345       | 1:13.81 | <b>1:12.22</b> | 488 | +0,68 |
| 50m: 33.23 100m: 1:12.22                     |         |                |     |       |
| 13. Emiel de Bruijn Dedemsvaart-AC 200700953 | 1:12.15 | <b>1:12.39</b> | 485 | +0,96 |
| 50m: 32.94 100m: 1:12.39                     |         |                |     |       |
| 14. Q. Brouwer von GonzenbeTriVia 200700001  | 1:11.57 | <b>1:12.54</b> | 482 | +0,72 |
| 50m: 33.08 100m: 1:12.54                     |         |                |     |       |

Programmanr. 28, Heren, 100m schoolslag, Finale, Junioren 1 en ouder

| Rang |                       |                |           | In.tijd | Tijd           | Pnt | RT    |
|------|-----------------------|----------------|-----------|---------|----------------|-----|-------|
| 15.  | Kay van Sleen         | Steenwijk 1934 | 200400083 | 1:13.44 | <b>1:12.94</b> | 474 | +0,78 |
|      | 50m: 34.32            | 100m: 1:12.94  |           |         |                |     |       |
| 16.  | Milan Schuilenburg    | Zpc Amersfoort | 201000935 | 1:14.95 | <b>1:14.68</b> | 441 | +0,49 |
|      | 50m: 34.94            | 100m: 1:14.68  |           |         |                |     |       |
| 17.  | Brian Arturo Bloemsma | De Dolfijn     | 200901155 | 1:14.73 | <b>1:16.95</b> | 403 | +0,78 |
|      | 50m: 35.50            | 100m: 1:16.95  |           |         |                |     |       |

Finale C

|       |                 |                   |           |         |                |     |       |
|-------|-----------------|-------------------|-----------|---------|----------------|-----|-------|
| 19.   | Mathijs Boersma | ZPC Hoogeveen     | 201000313 | 1:14.97 | <b>1:14.57</b> | 443 | +0,82 |
|       | 50m: 34.79      | 100m: 1:14.57     |           |         |                |     |       |
| 20.   | Kick Germers    | Swol 1894         | 201000185 | 1:16.54 | <b>1:16.00</b> | 419 | +0,90 |
|       | 50m: 35.98      | 100m: 1:16.00     |           |         |                |     |       |
| 21.   | Nathan Magava   | De Dolfijn        | 201003067 | 1:15.61 | <b>1:16.20</b> | 415 | +0,60 |
|       | 50m: 34.93      | 100m: 1:16.20     |           |         |                |     |       |
| 22.   | Ruben Nooter    | Dedemsvaart-AC    | 200901577 | 1:17.35 | <b>1:16.93</b> | 404 | +0,67 |
|       | 50m: 35.51      | 100m: 1:16.93     |           |         |                |     |       |
| 23.   | Tygo van de Wal | Dwk               | 201001329 | 1:16.76 | <b>1:16.97</b> | 403 | +0,74 |
|       | 50m: 35.77      | 100m: 1:16.97     |           |         |                |     |       |
| 24.   | Luca Monster    | SG Hoeksche Waard | 201100343 | 1:18.10 | <b>1:18.00</b> | 387 | +0,72 |
|       | 50m: 35.67      | 100m: 1:18.00     |           |         |                |     |       |
| 25.   | Gerjan Berends  | ZPC Hoogeveen     | 200900169 | 1:17.48 | <b>1:20.53</b> | 352 | +0,82 |
|       | 50m: 37.72      | 100m: 1:20.53     |           |         |                |     |       |
| NG    | Sven Potappel   | Dwk               | 201000127 | 1:18.27 |                |     |       |
| NG.ZA | Cayden Malone   | De Dolfijn        | 201002195 | 1:15.55 |                |     |       |

Programmanr. 29  
2-3-2025 - 17:38

Dames, 200m schoolslag  
Spring Swim record: Djanilla Brink 2:35.76

Junioren 2 en ouder  
Resultaten Finale

Punten: AQUA 2024

| Rang |                            |               |               |               | In.tijd | Tijd           | Pnt | RT    |
|------|----------------------------|---------------|---------------|---------------|---------|----------------|-----|-------|
| 1.   | Zinke Delcommune           | Zwemfed       | VZF/20003/05  |               | 2:35.64 | <b>2:33.52</b> | 719 |       |
|      | <i>*Spring Swim record</i> |               |               |               |         |                |     |       |
|      | 50m: 35.06                 | 100m: 1:13.81 | 150m: 1:53.40 | 200m: 2:33.52 |         |                |     |       |
| 2.   | Jade Geurts                | Wvz           | 200402278     |               | 2:35.33 | <b>2:36.72</b> | 676 | +0,76 |
|      | 50m: 35.06                 | 100m: 1:14.48 | 150m: 1:55.00 | 200m: 2:36.72 |         |                |     |       |
| 3.   | Rafaela Mulders            | De Reuring    | 200701398     |               | 2:38.74 | <b>2:37.76</b> | 662 | +0,72 |
|      | 50m: 35.42                 | 100m: 1:15.37 | 150m: 1:56.03 | 200m: 2:37.76 |         |                |     |       |
| 4.   | Nina Zusterzeel            | Psv           | 200800656     |               | 2:42.51 | <b>2:40.07</b> | 634 | +0,98 |
|      | 50m: 35.61                 | 100m: 1:15.83 | 150m: 1:57.40 | 200m: 2:40.07 |         |                |     |       |
| 5.   | Tess Vonk                  | De Geul       | 200900024     |               | 2:45.71 | <b>2:44.89</b> | 580 | +0,52 |
|      | 50m: 37.66                 | 100m: 1:19.49 | 150m: 2:02.21 | 200m: 2:44.89 |         |                |     |       |
| 6.   | Carla Moreno Palacios      | De Dolfijn    | 201002302     |               | 2:43.01 | <b>2:45.85</b> | 570 | +0,78 |
|      | 50m: 35.45                 | 100m: 1:16.65 | 150m: 2:00.32 | 200m: 2:45.85 |         |                |     |       |

DZ&PC Spring Swim 2025

Programmanr. 29, Dames, 200m schoolslag, Finale, Junioren 2 en ouder

| Rang                                                                    | In.tijd | Tijd           | Pnt | RT    |
|-------------------------------------------------------------------------|---------|----------------|-----|-------|
| 7. Esmee Mulder<br>50m: 37.27 100m: 1:19.60 150m: 2:02.61 200m: 2:46.23 | 2:46.26 | <b>2:46.23</b> | 566 | +0,58 |
| DZ&PC 200800038                                                         |         |                |     |       |
| 8. Robine Moot<br>50m: 37.09 100m: 1:19.42 150m: 2:03.09 200m: 2:47.21  | 2:43.63 | <b>2:47.21</b> | 556 | +0,81 |
| Zpc Amersfoort 200900330                                                |         |                |     |       |

Programmanr. 30  
2-3-2025 - 17:44

Heren, 200m vrije slag  
Spring Swim record: Stan Pijnenburg 1:49.98

Junioren 1 en ouder  
Resultaten Finale

Punten: AQUA 2024

| Rang                                                                           | In.tijd | Tijd           | Pnt | RT    |
|--------------------------------------------------------------------------------|---------|----------------|-----|-------|
| 1. Lucas Peters<br>50m: 26.31 100m: 54.70 150m: 1:23.83 200m: 1:52.39          | 1:54.10 | <b>1:52.39</b> | 747 | +0,71 |
| Zpc Amersfoort 200301325                                                       |         |                |     |       |
| 2. Bere Waerniers<br>50m: 26.50 100m: 54.90 150m: 1:24.51 200m: 1:53.61        | 1:53.21 | <b>1:53.61</b> | 723 | +0,72 |
| Zwemfed VZF/10018/08                                                           |         |                |     |       |
| 3. Austin Namesnik<br>50m: 26.59 100m: 55.26 150m: 1:24.70 200m: 1:53.71       | 1:53.72 | <b>1:53.71</b> | 721 | +0,91 |
| Zpc Amersfoort 200101817                                                       |         |                |     |       |
| 4. Émile Fouzaï<br>50m: 26.63 100m: 55.35 150m: 1:24.90 200m: 1:53.98          | 1:53.39 | <b>1:53.98</b> | 716 |       |
| Zpc Amersfoort 200500263                                                       |         |                |     |       |
| 5. Bas Claerhout<br>50m: 26.41 100m: 55.26 150m: 1:24.90 200m: 1:54.22         | 1:53.50 | <b>1:54.22</b> | 712 | +0,73 |
| Zwemfed VZF/10003/08                                                           |         |                |     |       |
| 6. Seppe Lammens<br>50m: 26.57 100m: 55.63 150m: 1:26.00 200m: 1:56.51         | 1:55.86 | <b>1:56.51</b> | 670 | +0,77 |
| Zwemfed VZF/10009/07                                                           |         |                |     |       |
| 7. Jasper Van Remoortere<br>50m: 27.44 100m: 57.28 150m: 1:27.63 200m: 1:57.96 | 1:57.07 | <b>1:57.96</b> | 646 | +0,96 |
| Zwemfed VZF/10015/09                                                           |         |                |     |       |
| 8. Levi Kindt<br>50m: 26.74 100m: 56.73 150m: 1:27.54 200m: 1:58.07            | 1:56.19 | <b>1:58.07</b> | 644 | +0,55 |
| Zwemfed VZF/10007/07                                                           |         |                |     |       |

Programmanr. 31  
2-3-2025 - 17:49

Dames, 50m vlinderslag  
Spring Swim record: Kim Busch 26.75

Junioren 2 en ouder  
Resultaten Finale

Punten: AQUA 2024

| Rang                        | In.tijd | Tijd         | Pnt | RT    |
|-----------------------------|---------|--------------|-----|-------|
| Finale A                    |         |              |     |       |
| 1. Kinge Zandringa          | 27.79   | <b>27.32</b> | 715 | +0,72 |
| De Dolfijn 199801422        |         |              |     |       |
| 2. Sara Korthuis            | 28.02   | <b>27.85</b> | 674 |       |
| DZ&PC 200600494             |         |              |     |       |
| 3. Jinh Engelse             | 28.23   | <b>27.96</b> | 667 | +0,78 |
| Blue Marlins 200800204      |         |              |     |       |
| 4. Megan Jonkman            | 29.23   | <b>28.17</b> | 652 | +0,84 |
| Blue Marlins 200600508      |         |              |     |       |
| 5. Elise Tanis              | 28.06   | <b>28.40</b> | 636 | +0,71 |
| De Dolfijn 200200120        |         |              |     |       |
| 6. Alinda Dingshoff         | 29.42   | <b>28.54</b> | 627 | +0,72 |
| De Dolfijn 200000928        |         |              |     |       |
| 7. Liv Heijdra              | 29.35   | <b>28.98</b> | 599 |       |
| Feijenoord Albion 200800736 |         |              |     |       |
| 8. Niene Dewaelheyns        | 28.99   | <b>29.24</b> | 583 | +0,64 |
| Zwemfed VZF/20004/07        |         |              |     |       |
| Finale B                    |         |              |     |       |
| 10. Frédérique Nijziel      | 29.54   | <b>29.06</b> | 594 | +0,71 |
| De Dolfijn 201103114        |         |              |     |       |

DZ&PC Spring Swim 2025

Programmanr. 31, Dames, 50m vlinderslag, Finale, Junioren 2 en ouder

| Rang |                 |                | In.tijd   | Tijd  | Pnt          | RT        |
|------|-----------------|----------------|-----------|-------|--------------|-----------|
| 11.  | Jolijn Liezen   | Steenwijk 1934 | 200500518 | 29.68 | <b>29.38</b> | 574       |
| 12.  | Lola Verheijen  | Psv            | 201100832 | 30.26 | <b>29.70</b> | 556 +0,92 |
| 13.  | Nova Nijziel    | De Dolfijn     | 200804416 | 30.30 | <b>29.88</b> | 546 +0,76 |
| 14.  | Elin Brinkhof   | De Dolfijn     | 200900078 | 30.05 | <b>30.00</b> | 540 +0,76 |
| 15.  | Alessia Sluis   | Dedemsvaart-AC | 200300896 | 30.38 | <b>30.17</b> | 530       |
| 16.  | Rafaela Mulders | De Reuring     | 200701398 | 30.45 | <b>30.30</b> | 524 +0,71 |
| 17.  | Tess Vonk       | De Geul        | 200900024 | 30.34 | <b>30.32</b> | 523 +0,65 |

Finale C

|     |                       |                |           |       |              |           |
|-----|-----------------------|----------------|-----------|-------|--------------|-----------|
| 19. | Jade van der Schrier  | Azc 1          | 200800692 | 31.23 | <b>30.33</b> | 522 +0,76 |
| 20. | Carla Moreno Palacios | De Dolfijn     | 201002302 | 30.92 | <b>30.48</b> | 514 +0,77 |
| 21. | Ananda van der Wiel   | Wvz            | 200701562 | 31.09 | <b>30.66</b> | 505 +0,71 |
| 22. | Fleur Van den Eijk    | Blue Marlins   | 200900304 | 31.70 | <b>30.89</b> | 494 +0,58 |
| 23. | Julia Dąbrowska       | Blue Marlins   | 201000300 | 30.94 | <b>30.90</b> | 494       |
| 24. | Esmee Mulder          | DZ&PC          | 200800038 | 31.11 | <b>30.91</b> | 493 +0,69 |
| 25. | Karlijn Dijkshoorn    | Steenwijk 1934 | 200803926 | 31.04 | <b>31.28</b> | 476 +0,76 |
| 26. | Fenna Westerneng      | DZ&PC          | 200900070 | 31.47 | <b>31.36</b> | 472 +0,61 |

Programmanr. 32  
2-3-2025 - 17:59

Heren, 200m wisselslag  
Spring Swim record: Thomas Jansen: 2.03.42

Junioren 1 en ouder  
Resultaten Finale

Punten: AQUA 2024

| Rang |                    |               |               | In.tijd       | Tijd           | Pnt | RT    |
|------|--------------------|---------------|---------------|---------------|----------------|-----|-------|
| 1.   | Nikodim Markovic   | Blue Marlins  | 200700255     | 2:10.32       | <b>2:09.04</b> | 689 | +0,69 |
|      | 50m: 27.41         | 100m: 1:00.39 | 150m: 1:38.79 | 200m: 2:09.04 |                |     |       |
| 2.   | Tiede Groener      | Psv           | 200700155     | 2:11.09       | <b>2:09.71</b> | 678 |       |
|      | 50m: 27.62         | 100m: 1:01.10 | 150m: 1:40.17 | 200m: 2:09.71 |                |     |       |
| 3.   | Alexander Van Hoey | BillieZwemfed | VZF/10014/09  | 2:15.32       | <b>2:11.17</b> | 656 | +0,74 |
|      | 50m: 27.36         | 100m: 1:01.12 | 150m: 1:39.49 | 200m: 2:11.17 |                |     |       |
| 4.   | Denzel Barthen     | Wvz           | 200700147     | 2:12.16       | <b>2:14.17</b> | 613 | +0,73 |
|      | 50m: 28.69         | 100m: 1:02.99 | 150m: 1:44.61 | 200m: 2:14.17 |                |     |       |
| 5.   | Tieme Wiersma      | DZ&PC         | 200701031     | 2:16.79       | <b>2:15.67</b> | 593 | +0,72 |
|      | 50m: 29.29         | 100m: 1:04.28 | 150m: 1:43.35 | 200m: 2:15.67 |                |     |       |
| 6.   | Storm Tolsma       | DZ&PC         | 200600277     | 2:18.60       | <b>2:16.41</b> | 583 |       |
|      | 50m: 28.25         | 100m: 1:05.03 | 150m: 1:44.69 | 200m: 2:16.41 |                |     |       |
| 7.   | Jesse van der Meij | De Dolfijn    | 200600841     | 2:18.31       | <b>2:18.40</b> | 558 |       |
|      | 50m: 30.17         | 100m: 1:07.42 | 150m: 1:45.82 | 200m: 2:18.40 |                |     |       |
| 8.   | Lars Bulman        | Blue Marlins  | 200600125     | 2:18.03       | <b>2:18.84</b> | 553 | +0,72 |
|      | 50m: 27.26         | 100m: 1:03.51 | 150m: 1:44.90 | 200m: 2:18.84 |                |     |       |