

Programmanr. 1
25-3-2017 - 17:00

Heren, 100m schoolslag

12 jaar en ouder
Resultaten

| Rang | | | In.tijd | Tijd | RT | Klasse |
|-------|---|---------------------|-----------|---------|----------------|--------|
| 1. | Koen Lems | ZPC Hoogeveen | 199603709 | 1:04.23 | 1:07.00 | +0,80 |
| 2. | Ardi Knol | ZPC Hoogeveen | 199603447 | 1:06.49 | 1:08.23 | +0,78 |
| 3. | Klaas Pit | DZ&PC | 200104519 | 1:08.88 | 1:11.15 | +0,85 |
| 4. | Arjan Dekker | ReVeLie Swim Team | 200000499 | 1:09.68 | 1:12.57 | +0,72 |
| 5. | Hendrik Jilderda | Wetterwille | 200100673 | 1:10.00 | 1:12.71 | +0,73 |
| 6. | Hendrik Broekema | Bubble | 200002205 | 1:10.91 | 1:15.00 | +0,69 |
| 7. | Carlo Ruiz | De Forel | 199802549 | 1:10.15 | 1:15.20 | +0,88 |
| 8. | Derk Jan van Duyn | De Spatters | 200104517 | 1:16.00 | 1:16.29 | +0,83 |
| 9. | Darryl Lubbinge | ZPC Hoogeveen | 199701045 | 1:15.81 | 1:16.92 | +0,75 |
| 10. | Frederik Adema | de Granaet | 200300253 | 1:15.88 | 1:16.98 | +0,83 |
| 11. | Kylian Kooyman | Steenwijk 1934 | 199900763 | 1:13.26 | 1:18.12 | +0,77 |
| 12. | Jelle Opmeer | Octopus | 200100269 | 1:14.35 | 1:18.29 | +0,74 |
| 13. | Noa Burgstra | TriVia | 200300557 | 1:13.32 | 1:19.41 | +0,75 |
| 14. | Antwan Prins | De Hardenberg | 200300209 | 1:17.64 | 1:19.53 | +0,76 |
| 15. | Jurre Broekstra | SG FZC54-De Vikings | 200201483 | 1:16.27 | 1:20.02 | +0,77 |
| 16. | Pascal Kok | Avena | 200203359 | 1:24.74 | 1:20.33 | +0,74 |
| 17. | Robin Bruins | Dedemsvaart-AC | 200102795 | 1:17.69 | 1:20.86 | +0,78 |
| 18. | Marnix van Bottenburg | Octopus | 200100479 | 1:20.41 | 1:20.95 | +0,72 |
| 19. | Melle Fischer | Nova | 199900481 | 1:20.07 | 1:21.12 | +0,78 |
| 20. | Tristan Beugelsdijk | De Hardenberg | 200300783 | 1:16.47 | 1:21.49 | +0,80 |
| 21. | Hidde Wernsen | Zignea | 200200697 | 1:24.27 | 1:21.59 | +0,67 |
| 22. | Mike Fuhler | ZC Borger | 200201983 | 1:19.63 | 1:21.93 | +0,82 |
| * | | | | | | |
| 23. | Ilmar Stoop | Zuiderzeezwemmers | 200100871 | 1:18.61 | 1:22.30 | +0,71 |
| 24. | Kevin Postma | Zcnf34 | 200302913 | 1:23.52 | 1:23.36 | +0,83 |
| 25. | Rico Vroom | TriVia | 199802363 | 1:14.91 | 1:23.75 | +0,81 |
| 26. | Tim Speijer | Bubble | 200301661 | 1:22.25 | 1:24.25 | +0,75 |
| 27. | Björn Kokkelkoren | ZPC Hoogeveen | 200200757 | 1:17.35 | 1:24.66 | +0,83 |
| 28. | Joep Versluis | Zuiderzeezwemmers | 199805479 | 1:23.57 | 1:25.40 | +0,89 |
| 29. | Arnoud Bos | Bubble | 200203241 | 1:22.99 | 1:25.74 | +0,91 |
| 30. | Pascal de Jong | De Wellerobben | 199700415 | 1:23.35 | 1:26.38 | +0,88 |
| 31. | Lasse Rosner | Aquapoldro | 200104231 | 1:24.91 | 1:27.52 | +0,81 |
| 32. | Florian Houwen | Bubble | 200400065 | 1:25.13 | 1:28.27 | +0,79 |
| 33. | Yoram van der Tuin | SG FZC54-De Vikings | 200202439 | 1:26.75 | 1:28.50 | +0,58 |
| 34. | Tiemen Jonkman | DZ&PC | 200301193 | 1:27.07 | 1:28.78 | +0,87 |
| 35. | Erik van der Heide | Wetterwille | 200104975 | 1:26.63 | 1:29.12 | +0,76 |
| 36. | Mac Peeks | ZPC Hoogeveen | 200400153 | 1:24.40 | 1:29.21 | +0,82 |
| 37. | Kevin van Gelderen | TriVia | 200402325 | 1:26.76 | 1:31.60 | +0,79 |
| 38. | Sem Lanfers | de Valken | 200202191 | 1:27.23 | 1:31.85 | +0,76 |
| DIS | Jorian Darwinkel | HZ&PC Heerenveen | 200300565 | 1:24.84 | | |
| | <i>SD - De bewegingen van de benen niet te allen tijde gelijktijdig en/of in hetzelfde horizontale vlak uitgevoerd.</i> | | | | | |
| NG.ZA | Willem Poortinga | Wetterwille | 200105093 | 1:43.07 | | SB9 |
| AFGEM | Allard Sieperda | SG. Bolsward-Workum | 200101365 | NT | | |

Uitslag limietwedstrijd 25 maart 2017

Splash Meet Manager, 11.46751

Registered to DZ&PC

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Programmanr. 2
25-3-2017 - 17:09

Dames, 100m schoolslag

11 jaar en ouder
Resultaten

| Rang | | | In.tijd | Tijd | RT | Klasse | |
|------|-----------------------|---------------------|-----------|---------|----------------|--------|------|
| 1. | Karin Rijkelijhuizen | DZ&PC | 199403358 | 1:11.72 | 1:18.43 | +0,80 | |
| 2. | Joyce Kuipers | Orca | 200103426 | 1:14.59 | 1:18.75 | +0,82 | |
| 3. | Renate Hemmes | Bubble | 199600418 | 1:15.28 | 1:19.34 | +0,79 | |
| 4. | Myrna van Duijven | DZ&PC | 199900252 | 1:14.91 | 1:19.60 | +0,75 | |
| 5. | Lisanne Boets | Nova | 200200346 | 1:16.85 | 1:20.00 | +0,86 | |
| 6. | Mirthe Schenkel | ZPC Hoogeveen | 200300666 | 1:18.33 | 1:20.15 | +0,79 | |
| 7. | Carolien Baarda | Orca | 199704060 | 1:18.99 | 1:21.90 | +0,77 | |
| 8. | Eline van der Wal | DZ&PC | 200100930 | 1:18.95 | 1:22.20 | +0,74 | |
| 9. | Marieke Wildeboer | TriVia | 200100016 | 1:16.68 | 1:23.52 | +0,90 | |
| 10. | Josien Wijkhuijs | Orca | 199902866 | 1:20.73 | 1:23.95 | +0,70 | |
| 11. | Iris Nieuwhof | TriVia | 200401944 | 1:20.23 | 1:24.00 | +0,68 | |
| 12. | Ismay Lichtendonk | Dedemsvaart-AC | 200400622 | 1:19.24 | 1:24.52 | +0,80 | |
| 13. | Luka Stoker | Nova | 200200558 | 1:25.99 | 1:24.68 | +1,05 | |
| 14. | Tinka Kingma | SG FZC54-De Vikings | 200103176 | 1:21.95 | 1:24.75 | +0,74 | |
| 15. | Ellen Altena | TriVia | 200300266 | 1:21.58 | 1:25.16 | +0,76 | |
| 16. | Leonie van Wier | HZ&PC Heerenveen | 200200436 | 1:20.92 | 1:25.89 | +0,73 | |
| 17. | Leandra Vedder | Steenwijk 1934 | 199600866 | 1:19.20 | 1:25.95 | +0,82 | |
| 18. | Roeliene Bouwman | De Spatters | 200205106 | 1:24.57 | 1:26.74 | +0,79 | |
| 19. | Emma Sies | TriVia | 200300732 | 1:20.80 | 1:26.87 | +0,89 | |
| 20. | Myrthe Offenga | SG FZC54-De Vikings | 199901874 | 1:24.31 | 1:26.97 | +0,81 | |
| 21. | Nora Brouwer | Aquapoldro | 200300480 | 1:22.18 | 1:27.89 | +0,76 | |
| 22. | Dyan Rothschild | ZC Borger | 200300998 | 1:23.67 | 1:28.74 | +0,66 | |
| 23. | Liesette Bruinsma | HZ&PC Heerenveen | 200004346 | 1:22.85 | 1:28.85 | +0,74 | SB11 |
| 24. | Veerle Nieborg | TriVia | 200400428 | 1:25.46 | 1:29.12 | +0,90 | |
| 25. | Maud Kuipers | Dedemsvaart-AC | 200201894 | 1:21.22 | 1:29.30 | +0,83 | |
| 26. | Sigrid Hoogland | De Forel | 200301976 | 1:24.94 | 1:29.48 | +0,73 | |
| 27. | Martine Kamminga | de Granaet | 200201172 | 1:25.59 | 1:29.51 | +0,85 | |
| 28. | Sarina Beuker | SG FZC54-De Vikings | 200303454 | 1:24.73 | 1:29.65 | +0,93 | |
| 29. | Dagmar Kruik | Zuiderzeezwemmers | 199800008 | 1:22.40 | 1:29.86 | +0,76 | |
| 30. | Kyra Montijn | Dedemsvaart-AC | 200101270 | 1:24.24 | 1:29.94 | +0,84 | |
| 31. | Melissa de Lang | De Grunte | 200001186 | 1:23.31 | 1:29.98 | +0,82 | |
| 32. | Anna van Eeken | HZ&PC Heerenveen | 200401414 | 1:26.25 | 1:30.02 | +0,87 | |
| 33. | Noa Sopamena | ReVeLie Swim Team | 200202546 | 1:28.02 | 1:30.07 | +0,79 | |
| 34. | Willianne Vos | Bubble | 200300050 | 1:24.32 | 1:30.60 | +0,80 | |
| 35. | Ielan van Meerlo | Wetterwille | 200201098 | 1:25.16 | 1:30.67 | +0,68 | |
| 36. | Nike Tolsma | Zignea | 200300336 | 1:31.11 | 1:31.07 | +0,74 | |
| 37. | Myrthe Sietsma | Wetterwille | 200203854 | 1:28.59 | 1:31.10 | +0,76 | |
| 38. | Miron Schimmelpenning | ZPC Hoogeveen | 200500426 | 1:26.81 | 1:31.55 | +0,95 | |
| 39. | Lise Kleinbekman | ReVeLie Swim Team | 200502870 | 1:35.53 | 1:32.10 | +0,82 | |
| 40. | Nora Balje | TriVia | 200503228 | 1:29.33 | 1:32.55 | +0,91 | |
| | * | | | | | | |
| 41. | Meghan Mulder | Dedemsvaart-AC | 200301734 | 1:27.09 | 1:32.93 | +0,86 | |
| 42. | Kim van Dijk | Zignea | 200403008 | 1:34.64 | 1:32.98 | +0,96 | |
| 43. | Masha Polushkina | ReVeLie Swim Team | 200203064 | 1:27.72 | 1:33.10 | +0,82 | |
| 44. | Elka Siesling | SG FZC54-De Vikings | 200100566 | 1:26.72 | 1:33.64 | +0,88 | |

Uitslag limietwedstrijd 25 maart 2017

Splash Meet Manager, 11.46751

Registered to DZ&PC

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Programmanr. 2, Dames, 100m schoolslag, 11 jaar en ouder

| Rang | | | | In.tijd | Tijd | RT | Klasse |
|-------|---|---------------------|-----------|---------|----------------|-------|--------|
| 45. | Daphne Outhuijse | SG FZC54-De Vikings | 200003582 | 1:30.66 | 1:33.78 | +0,80 | |
| 46. | Aleid te Velthuis | Dedemsvaart-AC | 200401470 | 1:31.43 | 1:34.34 | +0,77 | |
| 47. | Femke Panjer | Aquapoldro | 200102438 | 1:29.52 | 1:34.35 | +0,89 | |
| 48. | Liza van Domselaar | TriVia | 200201464 | 1:31.71 | 1:34.55 | +0,78 | |
| 49. | Roos van Duin | ReVeLie Swim Team | 200404280 | 1:33.30 | 1:35.80 | +0,99 | |
| 50. | Sterre van der Wal | SG Middelse-Skelp | 200502356 | 1:32.93 | 1:36.32 | +0,86 | |
| 51. | Sanne Hofman | ZPC Hoogeveen | 200102154 | 1:35.02 | 1:36.47 | +0,82 | SB13 |
| 52. | Ilse Tonkens | Zuiderzeezwemmers | 200403024 | 1:33.57 | 1:36.55 | +0,90 | |
| 53. | Joëlle van der Veen | Dedemsvaart-AC | 200201176 | 1:31.82 | 1:37.42 | +0,87 | |
| 54. | Leonie van Hattum | DZ&PC | 200205922 | 1:41.12 | 1:37.83 | +0,93 | |
| 55. | Monica Faber | Deltasteur | 200400388 | 1:34.06 | 1:37.90 | +0,88 | |
| 56. | Tessa Maat | Deltasteur | 200201826 | 1:31.80 | 1:39.26 | +0,94 | |
| 57. | Trista Gort | Swol 1894 | 200304014 | 1:40.37 | 1:40.33 | +0,96 | |
| 58. | Lieke Visser | de Granaet | 200400666 | 1:36.51 | 1:40.60 | +0,93 | |
| | * | | | | | | |
| 59. | Anouk Boltendal | HZ&PC Heerenveen | 200002518 | 1:41.86 | 1:41.25 | +0,84 | |
| 60. | Marte Hieke van der Kamp | SG FZC54-De Vikings | 200500218 | 1:36.96 | 1:43.16 | +0,88 | |
| 61. | Maike van der Heide | de Granaet | 200500828 | 1:43.17 | 1:46.52 | | |
| DIS | Annemieke Visch | GZZignea Emmeloord | 198302762 | 1:51.79 | | | SB14 |
| | <i>AA - Gestart voor het startsignaal (en wel gezwommen).</i> | | | | | | |
| AFGEM | Annemijn Folkerts | TriVia | 200500628 | 1:34.67 | | | |
| AFGEM | Arianne Meijer | HZ&PC Heerenveen | 200500304 | 1:24.48 | | | |

Programmanr. 3
25-3-2017 - 17:25

Heren, 1500m vrije slag

12 jaar en ouder
Resultaten

| Rang | | | | | In.tijd | Tijd | RT | Klasse |
|------|----------------|---------------|---------------|----------|-----------------|----------|-----------------|---------|
| 1. | David Kuipers | Orca | 200003633 | 16:13.31 | 17:01.15 | +0,80 | | |
| | 100m: 1:02.51 | 1:02.51 | 500m: 5:33.68 | 1:08.83 | 900m: 10:09.91 | 1:08.85 | 1300m: 14:46.52 | 1:09.32 |
| | 200m: 2:09.11 | 1:06.60 | 600m: 6:42.48 | 1:08.80 | 1000m: 11:18.90 | 1:08.99 | 1400m: 15:55.58 | 1:09.06 |
| | 300m: 3:16.94 | 1:07.83 | 700m: 7:52.15 | 1:09.67 | 1100m: 12:28.12 | 1:09.22 | 1500m: 17:01.15 | 1:05.57 |
| | 400m: 4:24.85 | 1:07.91 | 800m: 9:01.06 | 1:08.91 | 1200m: 13:37.20 | 1:09.08 | | |
| 2. | Owen Peeks | ZPC Hoogeveen | 200100765 | 17:17.77 | 17:39.36 | +1,01 | | |
| | 100m: 1:07.12 | 1:07.12 | 500m: 5:50.85 | 1:10.73 | 900m: 10:33.62 | 1:10.21 | 1300m: 15:18.00 | 1:11.06 |
| | 200m: 2:18.13 | 1:11.01 | 600m: 7:01.76 | 1:10.91 | 1000m: 11:44.54 | 1:10.92 | 1400m: 16:29.39 | 1:11.39 |
| | 300m: 3:29.42 | 1:11.29 | 700m: 8:12.84 | 1:11.08 | 1100m: 12:55.55 | 1:11.01 | 1500m: 17:39.36 | 1:09.97 |
| | 400m: 4:40.12 | 1:10.70 | 800m: 9:23.41 | 1:10.57 | 1200m: 14:06.94 | 1:11.39 | | |
| 3. | Niels Wiersema | Nova | 199703221 | 16:35.87 | 18:28.13 | +1,05 | | |
| | 100m: 1:06.08 | 1:06.08 | 400m: 4:40.86 | 2:23.53 | 700m: 8:22.73 | 1:14.66 | | |
| | 200m: 2:17.33 | 1:11.25 | 600m: 7:08.07 | 2:27.21 | 1500m: 18:28.13 | 10:05.40 | | |
| 4. | Raoul Witten | ZPC Hoogeveen | 200200231 | 18:48.41 | 18:35.22 | +0,78 | | |
| | 100m: 1:09.94 | 1:09.94 | 500m: 6:11.09 | 1:15.90 | 900m: 11:10.73 | 1:14.83 | 1300m: 16:08.57 | 1:14.56 |
| | 200m: 2:24.22 | 1:14.28 | 600m: 7:25.91 | 1:14.82 | 1000m: 12:24.93 | 1:14.20 | 1400m: 17:22.57 | 1:14.00 |
| | 300m: 3:39.63 | 1:15.41 | 700m: 8:41.00 | 1:15.09 | 1100m: 13:39.71 | 1:14.78 | 1500m: 18:35.22 | 1:12.65 |
| | 400m: 4:55.19 | 1:15.56 | 800m: 9:55.90 | 1:14.90 | 1200m: 14:54.01 | 1:14.30 | | |

Uitslag limietwedstrijd 25 maart 2017

Programmanr. 3, Heren, 1500m vrije slag, 12 jaar en ouder

| Rang | | | | In.tijd | Tijd | RT | Klasse |
|------|-----------------------|--------------------------|-------------------------|-------------------------|-----------------|-------|--------|
| 5. | Jari Hofsink | Deltasteur | 199700535 | 18:30.28 | 18:37.48 | +0,96 | |
| | 100m: 1:08.90 1:08.90 | 500m: 6:08.49 1:15.68 | 900m: 11:12.39 1:16.05 | 1300m: 16:10.67 1:13.24 | | | |
| | 200m: 2:23.29 1:14.39 | 600m: 7:25.26 1:16.77 | 1000m: 12:27.70 1:15.31 | 1400m: 17:25.31 1:14.64 | | | |
| | 300m: 3:37.85 1:14.56 | 700m: 8:40.97 1:15.71 | 1100m: 13:42.77 1:15.07 | 1500m: 18:37.48 1:12.17 | | | |
| | 400m: 4:52.81 1:14.96 | 800m: 9:56.34 1:15.37 | 1200m: 14:57.43 1:14.66 | | | | |
| 6. | Bob de Vries | Aquapoldro | 196601101 | 18:10.09 | 19:10.18 | +0,80 | |
| | 100m: 1:10.33 1:10.33 | 500m: 6:17.77 1:16.97 | 900m: 11:26.59 1:17.03 | 1300m: 16:36.77 1:18.04 | | | |
| | 200m: 2:27.40 1:17.07 | 600m: 7:35.11 1:17.34 | 1000m: 12:43.80 1:17.21 | 1400m: 17:54.64 1:17.87 | | | |
| | 300m: 3:43.88 1:16.48 | 700m: 8:52.01 1:16.90 | 1100m: 14:01.07 1:17.27 | 1500m: 19:10.18 1:15.54 | | | |
| | 400m: 5:00.80 1:16.92 | 800m: 10:09.56 1:17.55 | 1200m: 15:18.73 1:17.66 | | | | |
| 7. | Abel te Riele | Wvz | 200402317 | 18:51.78 | 19:10.90 | +0,96 | |
| | 100m: 1:13.44 1:13.44 | 500m: 6:25.98 1:17.03 | 900m: 11:34.55 1:16.82 | 1300m: 16:42.52 1:16.85 | | | |
| | 200m: 2:32.95 1:19.51 | 600m: 7:43.09 1:17.11 | 1000m: 12:51.33 1:16.78 | 1400m: 17:58.25 1:15.73 | | | |
| | 300m: 3:51.38 1:18.43 | 700m: 9:00.80 1:17.71 | 1100m: 14:08.54 1:17.21 | 1500m: 19:10.90 1:12.65 | | | |
| | 400m: 5:08.95 1:17.57 | 800m: 10:17.73 1:16.93 | 1200m: 15:25.67 1:17.13 | | | | |
| 8. | Marten de Groot | HZ&PC Heerenveen | 195800149 | 18:12.52 | 19:22.08 | +0,89 | |
| | 100m: 1:11.61 1:11.61 | 1200m: 15:29.97 13:02.24 | 1500m: 19:22.08 2:32.45 | | | | |
| | 200m: 2:27.73 1:16.12 | 1400m: 16:49.63 1:19.66 | | | | | |

Programmanr. 4
25-3-2017 - 17:45

Dames, 800m vrije slag

11 jaar en ouder
Resultaten

| Rang | | | | In.tijd | Tijd | RT | Klasse |
|------|-----------------------|-----------------------|-----------------------|------------------------|-----------------|-------|--------|
| 1. | Laura Setz | Nova | 200000130 | 8:53.62 | 9:08.06 | +0,81 | |
| | 100m: 1:04.30 1:04.30 | 300m: 3:21.56 1:08.75 | 500m: 5:40.79 1:09.80 | 700m: 8:00.51 1:09.55 | | | |
| | 200m: 2:12.81 1:08.51 | 400m: 4:30.99 1:09.43 | 600m: 6:50.96 1:10.17 | 800m: 9:08.06 1:07.55 | | | |
| 2. | Hinke Groos | DZ&PC | 199901768 | 9:47.27 | 9:33.95 | +0,74 | |
| | 100m: 1:07.57 1:07.57 | 300m: 3:31.76 1:12.55 | 500m: 5:56.89 1:12.40 | 700m: 8:22.69 1:12.79 | | | |
| | 200m: 2:19.21 1:11.64 | 400m: 4:44.49 1:12.73 | 600m: 7:09.90 1:13.01 | 800m: 9:33.95 1:11.26 | | | |
| 3. | Suze Kuipers | Orca | 200301714 | 9:27.01 | 9:46.22 | +0,73 | |
| | 100m: 1:09.69 1:09.69 | 200m: 2:23.64 1:13.95 | 800m: 9:46.22 7:22.58 | | | | |
| 4. | Lize Janna de Vries | Orca | 200101948 | 9:28.42 | 9:53.44 | +0,82 | |
| | 100m: 1:07.31 1:07.31 | 300m: 3:34.16 1:14.04 | 500m: 6:05.68 1:16.18 | 700m: 8:40.13 1:17.01 | | | |
| | 200m: 2:20.12 1:12.81 | 400m: 4:49.50 1:15.34 | 600m: 7:23.12 1:17.44 | 800m: 9:53.44 1:13.31 | | | |
| 5. | Janna van Kooten | TriVia | 200404584 | 9:46.08 | 9:55.11 | +0,90 | |
| | 100m: 1:08.59 1:08.59 | 300m: 3:39.15 1:15.62 | 500m: 6:11.00 1:15.99 | 700m: 8:42.89 1:15.57 | | | |
| | 200m: 2:23.53 1:14.94 | 400m: 4:55.01 1:15.86 | 600m: 7:27.32 1:16.32 | 800m: 9:55.11 1:12.22 | | | |
| 6. | Tessa Kooi | Nova | 200201386 | 10:19.56 | 9:58.80 | +0,97 | |
| | 100m: 1:08.21 1:08.21 | 300m: 3:38.73 1:15.66 | 500m: 6:12.34 1:16.99 | 700m: 8:44.96 1:16.24 | | | |
| | 200m: 2:23.07 1:14.86 | 400m: 4:55.35 1:16.62 | 600m: 7:28.72 1:16.38 | 800m: 9:58.80 1:13.84 | | | |
| 7. | Hanne te Velthuis | Dedemsvaart-AC | 200201324 | 9:45.76 | 10:02.31 | +0,82 | |
| | 100m: 1:09.48 1:09.48 | 300m: 3:40.53 1:15.94 | 500m: 6:14.81 1:17.10 | 700m: 8:47.97 1:16.39 | | | |
| | 200m: 2:24.59 1:15.11 | 400m: 4:57.71 1:17.18 | 600m: 7:31.58 1:16.77 | 800m: 10:02.31 1:14.34 | | | |
| 8. | Jolien Wind | Nova | 200100510 | 10:00.68 | 10:07.05 | +0,84 | |
| | 100m: 1:09.07 1:09.07 | 300m: 3:41.24 1:16.97 | 500m: 6:16.03 1:17.93 | 700m: 8:51.07 1:17.45 | | | |
| | 200m: 2:24.27 1:15.20 | 400m: 4:58.10 1:16.86 | 600m: 7:33.62 1:17.59 | 800m: 10:07.05 1:15.98 | | | |

Uitslag limietwedstrijd 25 maart 2017

Programmanr. 4, Dames, 800m vrije slag, 11 jaar en ouder

| Rang | | | | In.tijd | Tijd | RT | Klasse |
|------|-----------------------|-----------------------|------------------------|-----------------------|------------------------|-------|--------|
| 9. | Nynke Zandstra | DZ&PC | 200202044 | 9:50.81 | 10:09.76 | +0,85 | |
| | 100m: 1:09.47 1:09.47 | 300m: 3:43.63 1:17.68 | 500m: 6:19.56 1:18.08 | 700m: 8:55.37 1:18.47 | 800m: 10:09.76 1:14.39 | | |
| | 200m: 2:25.95 1:16.48 | 400m: 5:01.48 1:17.85 | 600m: 7:36.90 1:17.34 | | | | |
| 10. | Hilde Dekker | ReVeLie Swim Team | 199901926 | 9:48.29 | 10:11.26 | +0,91 | |
| | 100m: 1:09.53 1:09.53 | 300m: 3:44.28 1:17.64 | 500m: 6:19.77 1:17.60 | 700m: 8:56.05 1:18.45 | 800m: 10:11.26 1:15.21 | | |
| | 200m: 2:26.64 1:17.11 | 400m: 5:02.17 1:17.89 | 600m: 7:37.60 1:17.83 | | | | |
| 11. | Luca Ebbinge | DZ&PC | 199802406 | 10:19.24 | 10:12.47 | +0,78 | |
| | 100m: 1:13.15 1:13.15 | 300m: 3:48.91 1:18.14 | 500m: 6:22.25 1:17.01 | 700m: 8:56.79 1:17.45 | 800m: 10:12.47 1:15.68 | | |
| | 200m: 2:30.77 1:17.62 | 400m: 5:05.24 1:16.33 | 600m: 7:39.34 1:17.09 | | | | |
| 12. | Charlotte Wilbers | ZPC Hoogeveen | 200400312 | 10:07.23 | 10:19.35 | +0,84 | |
| | 100m: 1:12.81 1:12.81 | 300m: 3:49.32 1:18.33 | 800m: 10:19.35 5:11.88 | | | | |
| | 200m: 2:30.99 1:18.18 | 400m: 5:07.47 1:18.15 | | | | | |
| 13. | Marika de Jong | Avena | 200101074 | 10:20.36 | 10:22.73 | +0,86 | |
| | 100m: 1:10.51 1:10.51 | 300m: 3:46.78 1:18.95 | 500m: 6:25.20 1:19.60 | 700m: 9:05.33 1:19.61 | 800m: 10:22.73 1:17.40 | | |
| | 200m: 2:27.83 1:17.32 | 400m: 5:05.60 1:18.82 | 600m: 7:45.72 1:20.52 | | | | |
| 14. | Rosa Ebbinge | DZ&PC | 200200904 | 10:19.87 | 10:26.47 | +0,75 | |
| | 100m: 1:13.37 1:13.37 | 300m: 3:51.43 1:19.32 | 500m: 6:29.99 1:19.20 | 700m: 9:09.31 1:19.19 | 800m: 10:26.47 1:17.16 | | |
| | 200m: 2:32.11 1:18.74 | 400m: 5:10.79 1:19.36 | 600m: 7:50.12 1:20.13 | | | | |
| 15. | Henriette Jonkman | DZ&PC | 200000840 | NT | 10:34.39 | +0,88 | |
| | 100m: 1:15.06 1:15.06 | 300m: 3:54.67 1:20.09 | 500m: 6:34.01 1:20.57 | 700m: 9:15.66 1:20.98 | 800m: 10:34.39 1:18.73 | | |
| | 200m: 2:34.58 1:19.52 | 400m: 5:13.44 1:18.77 | 600m: 7:54.68 1:20.67 | | | | |
| 16. | Lianne van Wier | HZ&PC Heerenveen | 200200438 | 10:13.34 | 10:44.14 | +0,81 | |
| | 100m: 1:09.12 1:09.12 | 300m: 3:41.80 1:16.85 | 500m: 6:23.29 1:26.49 | 700m: 9:18.61 1:27.47 | 800m: 10:44.14 1:25.53 | | |
| | 200m: 2:24.95 1:15.83 | 400m: 4:56.80 1:15.00 | 600m: 7:51.14 1:27.85 | | | | |

Programmanr. 5
25-3-2017 - 18:06

Heren, 200m vlinderslag

12 jaar en ouder
Resultaten

| Rang | | | | In.tijd | Tijd | RT | Klasse |
|------|-------------------------|-----------------------|-----------|---------|----------------|-------|--------|
| 1. | Matthijs van Meerendonk | TriVia | 199900375 | 2:12.64 | 2:20.92 | +0,74 | |
| | 100m: 1:04.95 1:04.95 | 200m: 2:20.92 1:15.97 | | | | | |
| 2. | Jelmar Koopman | De Forel | 200100249 | 2:13.97 | 2:22.96 | +0,78 | |
| | 100m: 1:08.66 1:08.66 | 200m: 2:22.96 1:14.30 | | | | | |
| 3. | Marcel Delfstra | Orca | 200100037 | 2:16.16 | 2:23.82 | +0,72 | |
| | 100m: 1:07.24 1:07.24 | 200m: 2:23.82 1:16.58 | | | | | |
| 4. | Maik Huser | ZPC Hoogeveen | 199900265 | 2:21.47 | 2:27.79 | +0,96 | |
| | 100m: 1:10.24 1:10.24 | 200m: 2:27.79 1:17.55 | | | | | |
| 5. | Jeroen Louwinger | Nova | 199900583 | 2:23.58 | 2:34.46 | +0,72 | |
| | 100m: 1:10.89 1:10.89 | 200m: 2:34.46 1:23.57 | | | | | |
| 6. | Erwin Pras | Gzww | 199601781 | 2:37.24 | 2:37.73 | +0,92 | |
| | 100m: 1:13.76 1:13.76 | 200m: 2:37.73 1:23.97 | | | | | |
| 7. | Alex Stevens | de Valken | 199703545 | 2:23.68 | 2:38.65 | +0,83 | |
| | 100m: 1:12.23 1:12.23 | 200m: 2:38.65 1:26.42 | | | | | |

Uitslag limietwedstrijd 25 maart 2017

Programmanr. 5, Heren, 200m vlinderslag, 12 jaar en ouder

| Rang | | | | In.tijd | Tijd | RT | Klasse |
|------|----------------|---------|---------------|---------|----------------|-------|--------|
| 8. | Bart Muselaers | Octopus | 200100865 | 2:30.32 | 2:39.76 | +0,72 | |
| | 100m: 1:12.23 | 1:12.23 | 200m: 2:39.76 | 1:27.53 | | | |

Programmanr. 6
25-3-2017 - 18:09

Dames, 200m vlinderslag

11 jaar en ouder
Resultaten

| Rang | | | | In.tijd | Tijd | RT | Klasse |
|------|--------------------|-------------------|---------------|---------|----------------|-------|--------|
| 1. | Vivianne Dortmund | Gzww | 199801578 | 2:31.83 | 2:32.16 | +0,95 | |
| | 100m: 1:10.68 | 1:10.68 | 200m: 2:32.16 | 1:21.48 | | | |
| 2. | Ilona Venema | ReVeLie Swim Team | 200200050 | 2:36.56 | 2:34.38 | +0,67 | S10 |
| | 100m: 1:12.80 | 1:12.80 | 200m: 2:34.38 | 1:21.58 | | | |
| 3. | Wiktoria Redzimska | ZPC Hoogeveen | 200106042 | 2:42.10 | 2:36.93 | +0,89 | |
| | 100m: 1:14.70 | 1:14.70 | 200m: 2:36.93 | 1:22.23 | | | |
| 4. | Stéphanie Bergsma | Dedemsvaart-AC | 199203374 | 2:29.58 | 2:38.43 | +0,73 | |
| | 100m: 1:14.05 | 1:14.05 | 200m: 2:38.43 | 1:24.38 | | | |
| 5. | Danique Stoop | Zuiderzeewimmers | 199106956 | 2:32.85 | 2:39.62 | +0,76 | |
| | 100m: 1:12.09 | 1:12.09 | 200m: 2:39.62 | 1:27.53 | | | |
| 6. | Anna Tinga | De Forel | 200302734 | 2:45.72 | 2:44.40 | +0,92 | |
| | 100m: 1:17.24 | 1:17.24 | 200m: 2:44.40 | 1:27.16 | | | |
| 7. | Manon Compagner | Dedemsvaart-AC | 200101710 | 2:39.43 | 2:50.19 | +0,83 | |
| | 100m: 1:16.37 | 1:16.37 | 200m: 2:50.19 | 1:33.82 | | | |
| 8. | Ilse Hoogeveen | Aqua 68 | 200301140 | 2:45.46 | 2:53.40 | +0,82 | |
| | 100m: 1:17.75 | 1:17.75 | 200m: 2:53.40 | 1:35.65 | | | |

Programmanr. 7
25-3-2017 - 18:12

Heren, 200m rugslag

12 jaar en ouder
Resultaten

| Rang | | | | In.tijd | Tijd | RT | Klasse |
|------|-------------------|-----------------|---------------|---------|----------------|-------|--------|
| 1. | Richard Kuipers | Orca | 199704171 | 2:09.65 | 2:21.16 | +0,72 | |
| | 100m: 1:08.51 | 1:08.51 | 200m: 2:21.16 | 1:12.65 | | | |
| 2. | Emile Dost | ZC Borger | 200100731 | 2:13.08 | 2:21.78 | | |
| | 100m: 1:10.41 | 1:10.41 | 200m: 2:21.78 | 1:11.37 | | | |
| 3. | Dennis Wildeboer | Nova | 199800571 | 2:15.46 | 2:24.06 | +0,72 | |
| | 100m: 1:09.79 | 1:09.79 | 200m: 2:24.06 | 1:14.27 | | | |
| 4. | Makai van Haren | De Forel | 200200627 | 2:28.86 | 2:27.24 | +0,74 | |
| | 100m: 1:11.73 | 1:11.73 | 200m: 2:27.24 | 1:15.51 | | | |
| 5. | Max Pathuis | ZPC Stadskanaal | 200000979 | 2:24.20 | 2:34.03 | +0,68 | |
| | 100m: 1:14.73 | 1:14.73 | 200m: 2:34.03 | 1:19.30 | | | |
| 6. | Björn Kokkelkoren | ZPC Hoogeveen | 200200757 | 2:20.54 | 2:35.78 | +0,74 | |
| | 100m: 1:18.22 | 1:18.22 | 200m: 2:35.78 | 1:17.56 | | | |

Uitslag limietwedstrijd 25 maart 2017

Programmanr. 7, Heren, 200m rugslag, 12 jaar en ouder

| Rang | | | | In.tijd | Tijd | RT | Klasse |
|------|-----------------------|------------------|---------------|---------|----------------|-------|--------|
| 7. | Marnix van Bottenburg | Octopus | 200100479 | 2:34.59 | 2:38.74 | +0,79 | |
| | 100m: 1:17.43 | 1:17.43 | 200m: 2:38.74 | 1:21.31 | | | |
| 8. | Vincent van Emous | Aquapoldro | 199802783 | 2:27.37 | 2:40.74 | +0,75 | |
| | 100m: 1:17.93 | 1:17.93 | 200m: 2:40.74 | 1:22.81 | | | |
| 9. | Josse Reinders | ZPC Hoogeveen | 200201729 | 2:35.56 | 2:42.08 | | |
| | 100m: 1:21.58 | 1:21.58 | 200m: 2:42.08 | 1:20.50 | | | |
| 10. | Ruben Kooi | Nova | 200300829 | 2:39.25 | 2:42.24 | +0,77 | |
| | 100m: 1:21.04 | 1:21.04 | 200m: 2:42.24 | 1:21.20 | | | |
| 11. | Meindert Dekkinga | HZ&PC Heerenveen | 200400377 | 2:41.25 | 2:43.74 | +0,91 | |
| | 100m: 1:20.78 | 1:20.78 | 200m: 2:43.74 | 1:22.96 | | | |
| 12. | Hidde Wernsen | Zignea | 200200697 | 3:08.71 | 2:44.83 | +0,78 | |
| | 100m: 1:20.48 | 1:20.48 | 200m: 2:44.83 | 1:24.35 | | | |
| 13. | Quint van Haren | De Forel | 200400215 | 2:34.70 | 2:45.10 | +0,83 | |
| | 100m: 1:21.36 | 1:21.36 | 200m: 2:45.10 | 1:23.74 | | | |
| 14. | Thijs van Erp | Swol 1894 | 200200313 | 2:39.56 | 2:45.94 | +0,70 | |
| | 100m: 1:20.73 | 1:20.73 | 200m: 2:45.94 | 1:25.21 | | | |
| 15. | Sijbren Beeksma | TriVia | 200400133 | 2:37.01 | 2:46.06 | +0,74 | |
| | 100m: 1:21.50 | 1:21.50 | 200m: 2:46.06 | 1:24.56 | | | |
| 16. | Danny Veenstra | Wetterwille | 200201011 | 3:12.99 | 3:08.99 | +0,89 | |
| | 100m: 1:32.80 | 1:32.80 | 200m: 3:08.99 | 1:36.19 | | | |

Programmanr. 8
25-3-2017 - 18:19

Dames, 200m rugslag

11 jaar en ouder
Resultaten

| Rang | | | | In.tijd | Tijd | RT | Klasse |
|------|--------------------|---------------------|---------------|---------|----------------|-------|--------|
| 1. | Arianne Kooijnga | TriVia | 200001544 | 2:20.31 | 2:28.93 | +0,75 | |
| | 100m: 1:12.09 | 1:12.09 | 200m: 2:28.93 | 1:16.84 | | | |
| 2. | Yara van Kalmthout | Nova | 200200984 | 2:24.15 | 2:29.73 | +0,75 | |
| | 100m: 1:13.03 | 1:13.03 | 200m: 2:29.73 | 1:16.70 | | | |
| 3. | Dionne Salomons | ZC Borger | 200200504 | 2:28.40 | 2:31.59 | +0,66 | |
| | 100m: 1:14.14 | 1:14.14 | 200m: 2:31.59 | 1:17.45 | | | |
| 4. | Tessa van de Belt | Dedemsvaart-AC | 200102056 | 2:26.91 | 2:32.32 | +0,74 | |
| | 100m: 1:14.29 | 1:14.29 | 200m: 2:32.32 | 1:18.03 | | | |
| 5. | Heline Koning | SG FZC54-De Vikings | 200000422 | 2:26.58 | 2:33.45 | +0,85 | |
| | 100m: 1:12.34 | 1:12.34 | 200m: 2:33.45 | 1:21.11 | | | |
| 6. | Ylsa Dijkstra | DZ&PC | 200200728 | 2:29.33 | 2:37.66 | +0,64 | |
| | 100m: 1:17.20 | 1:17.20 | 200m: 2:37.66 | 1:20.46 | | | |
| 7. | Fleur Vialle | Nova | 200100554 | 2:34.68 | 2:38.01 | +0,70 | |
| | 100m: 1:17.68 | 1:17.68 | 200m: 2:38.01 | 1:20.33 | | | |
| 8. | Brit Brandsma | De Forel | 200100026 | 2:26.51 | 2:38.28 | +0,78 | |
| | 100m: 1:15.26 | 1:15.26 | 200m: 2:38.28 | 1:23.02 | | | |

Uitslag limietwedstrijd 25 maart 2017

Programmanr. 8, Dames, 200m rugslag, 11 jaar en ouder

| Rang | | | | In.tijd | Tijd | RT | Klasse |
|------|--------------------|---------------------|---------------|---------|----------------|-------|--------|
| 9. | Brenda Beijering | ZC Borger | 200300352 | 2:32.76 | 2:38.94 | +0,67 | |
| | 100m: 1:17.74 | 1:17.74 | 200m: 2:38.94 | 1:21.20 | | | |
| 10. | Milou ten Koppel | Deltasteur | 200302572 | 2:31.54 | 2:38.98 | +0,82 | |
| | 100m: 1:19.16 | 1:19.16 | 200m: 2:38.98 | 1:19.82 | | | |
| 11. | Kyomi Groenhart | DZ&PC | 200400628 | 2:36.61 | 2:42.17 | +0,77 | |
| | 100m: 1:20.37 | 1:20.37 | 200m: 2:42.17 | 1:21.80 | | | |
| 12. | Kyra Wooldrik | ZPC Hoogeveen | 200101042 | 2:38.24 | 2:42.25 | +0,85 | |
| | 100m: 1:19.43 | 1:19.43 | 200m: 2:42.25 | 1:22.82 | | | |
| 13. | Senna van der Veen | ZPC Hoogeveen | 200400072 | 2:35.55 | 2:43.93 | +0,96 | |
| | 100m: 1:20.08 | 1:20.08 | 200m: 2:43.93 | 1:23.85 | | | |
| 14. | Noa Teuben | SG FZC54-De Vikings | 200500254 | 2:39.66 | 2:45.01 | +0,68 | |
| | 100m: 1:21.65 | 1:21.65 | 200m: 2:45.01 | 1:23.36 | | | |
| 15. | Marieke Wildeboer | TriVia | 200100016 | 2:32.53 | 2:46.13 | +0,77 | |
| | 100m: 1:20.29 | 1:20.29 | 200m: 2:46.13 | 1:25.84 | | | |
| 16. | Manon Tiggelaar | ZPC Hoogeveen | 200400394 | 2:40.47 | 2:47.33 | +0,84 | |
| | * | | | | | | |
| 17. | Elisah Velgersdijk | Aquapoldro | 200102436 | 2:36.03 | 2:48.44 | +0,68 | |
| | 100m: 1:23.44 | 1:23.44 | 200m: 2:48.44 | 1:25.00 | | | |
| 18. | Rosalie Baarda | Orca | 199903460 | 2:42.25 | 2:49.72 | +0,74 | |
| | 100m: 1:21.78 | 1:21.78 | 200m: 2:49.72 | 1:27.94 | | | |
| 19. | Lisa van Riel | Swol 1894 | 199805652 | 2:43.95 | 2:51.01 | +0,89 | |
| | 100m: 1:23.73 | 1:23.73 | 200m: 2:51.01 | 1:27.28 | | | |
| 20. | Denise Dost | ZC Borger | 200400190 | 2:51.01 | 2:51.22 | +0,77 | |
| | 100m: 1:24.77 | 1:24.77 | 200m: 2:51.22 | 1:26.45 | | | |
| 21. | Erna Smit | DZ&PC | 200201908 | 2:53.88 | 2:51.87 | +0,69 | |
| | 100m: 1:24.23 | 1:24.23 | 200m: 2:51.87 | 1:27.64 | | | |
| 22. | Monica Faber | Deltasteur | 200400388 | 2:47.11 | 2:52.85 | +0,88 | |
| | 100m: 1:26.11 | 1:26.11 | 200m: 2:52.85 | 1:26.74 | | | |
| 23. | Marrit Tiekstra | Orca | 200301796 | 2:55.30 | 2:54.04 | +0,74 | |
| | 100m: 1:24.45 | 1:24.45 | 200m: 2:54.04 | 1:29.59 | | | |
| 24. | Veerle Nieborg | TriVia | 200400428 | 2:41.94 | 2:55.32 | +0,80 | |
| | 100m: 1:27.14 | 1:27.14 | 200m: 2:55.32 | 1:28.18 | | | |
| 25. | Demi Westendorp | Deltasteur | 200500262 | 2:51.04 | 2:55.38 | +0,82 | |
| | 100m: 2:55.45 | 2:55.45 | 200m: 2:55.38 | | | | |
| 26. | Femke Panjer | Aquapoldro | 200102438 | 2:44.98 | 2:55.82 | +0,69 | |
| | 100m: 1:26.55 | 1:26.55 | 200m: 2:55.82 | 1:29.27 | | | |
| 27. | Charley Zethoven | HZ&PC Heerenveen | 200500868 | 2:56.46 | 2:58.71 | +0,79 | |
| | 100m: 1:30.18 | 1:30.18 | 200m: 2:58.71 | 1:28.53 | | | |
| 28. | Sophie Heuker | De Spatters | 200203392 | 2:52.41 | 3:00.35 | +0,75 | |
| | 100m: 1:28.19 | 1:28.19 | 200m: 3:00.35 | 1:32.16 | | | |
| 29. | Elise Bentlage | ZPC Stadskanaal | 200105358 | 2:54.43 | 3:03.97 | +0,81 | |
| | 100m: 1:31.27 | 1:31.27 | 200m: 3:03.97 | 1:32.70 | | | |

Uitslag limietwedstrijd 25 maart 2017

Programmanr. 8, Dames, 200m rugslag, 11 jaar en ouder

| Rang | | | In.tijd | Tijd | RT | Klasse |
|-------|-------------------|---------------------|-----------|---------|----------------|--------|
| 30. | Jolieke Timmer | de Valken | 199800688 | 2:53.32 | 3:07.57 | +0,70 |
| | 100m: | 200m: 3:07.57 | | | | |
| AFGEM | Ellen Altena | TriVia | 200300266 | 2:39.89 | | |
| AFGEM | Lotte Grovenstein | SG FZC54-De Vikings | 200102964 | 2:45.13 | | |

Programmanr. 9
25-3-2017 - 18:32

Heren, 100m vrije slag

12 jaar en ouder
Resultaten

| Rang | | | | In.tijd | Tijd | RT | Klasse |
|------|--------------------|---------------------|-----------|---------|----------------|-------|--------|
| 1. | Erik Nijholt | DZ&PC | 199401349 | 51.17 | 52.93 | +0,76 | |
| 2. | Hendrik Broekema | Bubble | 200002205 | 54.53 | 55.93 | +0,74 | |
| 3. | Casper Muselaers | Octopus | 199600399 | 52.88 | 56.14 | +0,68 | |
| 4. | Sjoerd Vonk | Wetterwille | 200004241 | 54.64 | 56.64 | +0,73 | |
| 5. | Stijn Boertien | Dedemsvaart-AC | 200100719 | 54.34 | 57.36 | +0,89 | |
| 6. | Darryl Lubbinge | ZPC Hoogeveen | 199701045 | 57.36 | 58.53 | +0,78 | |
| 7. | Klaas Pit | DZ&PC | 200104519 | 55.75 | 58.74 | +0,88 | |
| 8. | Matias Jansen | Zignea | 200300199 | 1:00.24 | 59.92 | +0,76 | |
| 9. | Melle Fischer | Nova | 199900481 | 58.22 | 1:00.25 | +0,77 | |
| | Kylian Kooyman | Steenwijk 1934 | 199900763 | 58.95 | 1:00.25 | +0,74 | |
| 11. | Jarno Bijsterbosch | Octopus | 200300081 | 1:00.44 | 1:00.57 | +0,67 | |
| | * | | | | | | |
| 12. | Thomas Hamstra | HZ&PC Heerenveen | 200001693 | 58.58 | 1:00.98 | +0,78 | |
| 13. | Darren Sieswerda | SG FZC54-De Vikings | 200001763 | 58.92 | 1:01.48 | +0,75 | |
| 14. | Pascal Kok | Avena | 200203359 | 1:02.36 | 1:01.87 | +0,79 | |
| 15. | Ilmar Stoop | Zuiderzeezwimmers | 200100871 | 58.99 | 1:01.98 | +0,77 | |
| 16. | Arnoud Bos | Bubble | 200203241 | 1:00.41 | 1:02.10 | +0,89 | |
| 17. | Diederik de Boer | Steenwijk 1934 | 200000269 | 59.83 | 1:02.65 | +0,74 | |
| 18. | Borek Buursma | HZ&PC Heerenveen | 200200747 | 1:02.00 | 1:02.78 | +0,76 | |
| 19. | Robin Bruins | Dedemsvaart-AC | 200102795 | 1:01.23 | 1:02.87 | +0,74 | |
| 20. | Jan Berend Sipma | de Granaet | 200201443 | 1:02.05 | 1:03.39 | +0,67 | |
| 21. | Hendrik Jilderda | Wetterwille | 200100673 | 1:01.24 | 1:03.65 | +0,77 | |
| 22. | Christian Muthert | Bubble | 200100139 | 1:02.96 | 1:04.05 | +0,76 | |
| 23. | Jovanny Timmer | De Spatters | 200302369 | 1:04.21 | 1:04.30 | +0,76 | |
| 24. | Wouter van Asperen | De Spatters | 200000125 | 58.82 | 1:04.46 | +0,79 | |
| 25. | Tim Speijer | Bubble | 200301661 | 1:02.72 | 1:04.94 | +0,72 | |
| 26. | Lasse Rosner | Aquapoldro | 200104231 | 1:02.10 | 1:05.01 | +0,77 | |
| 27. | Willem Vonk | Wetterwille | 200301233 | 1:03.53 | 1:05.27 | +0,67 | |
| 28. | Rico Vroom | TriVia | 199802363 | 1:01.24 | 1:05.38 | +0,81 | |
| 29. | Ruben van Veenen | Zcnf34 | 200400425 | 1:05.81 | 1:05.40 | +0,71 | |
| 30. | Mathijs Baarda | Orca | 200300633 | 1:03.95 | 1:06.02 | +0,70 | |
| 31. | Mark Vanger | Wetterwille | 199904565 | 1:04.75 | 1:06.45 | +0,75 | |
| | Mac Peeks | ZPC Hoogeveen | 200400153 | 1:04.59 | 1:06.45 | +0,80 | |
| 33. | Erik van der Heide | Wetterwille | 200104975 | 1:04.76 | 1:06.53 | +0,81 | |
| 34. | Rens Meijberg | de Valken | 200004155 | 1:06.15 | 1:09.03 | +0,77 | |
| 35. | Mees Niemeijer | DZ&PC | 200201275 | 1:09.33 | 1:10.67 | +0,79 | |
| 36. | Kevin van Gelderen | TriVia | 200402325 | 1:08.86 | 1:11.69 | | |

Uitslag limietwedstrijd 25 maart 2017

Programmanr. 9, Heren, 100m vrije slag, 12 jaar en ouder

| Rang | | | | In.tijd | Tijd | RT | Klasse |
|---|------------------|---------------------|-----------|---------|----------------|-------|--------|
| 37. | Sem LanTERS | de Valken | 200202191 | 1:10.28 | 1:11.71 | +0,86 | |
| 38. | Vito Kuperus | SG FZC54-De Vikings | 200401389 | 1:16.56 | 1:13.94 | +0,85 | |
| 39. | Minze Hamstra | de Valken | 200202193 | 1:13.59 | 1:18.34 | +0,83 | |
| 40. | Redmar Visser | de Granaet | 200402055 | 1:24.05 | 1:24.97 | +0,67 | |
| DIS | Daan Waterlander | HZ&PC Heerenveen | 200203405 | 1:24.06 | | | S9 |
| <i>AA - Gestart voor het startsignaal (en wel gezwommen).</i> | | | | | | | |
| AFGEM | Marc Hoogeveen | Aqua 68 | 200101585 | 57.01 | | | |
| AFGEM | Robert Dragt | Deltasteur | 200400239 | 1:07.17 | | | |
| AFGEM | Allard Sieperda | SG. Bolsward-Workum | 200101365 | 1:06.61 | | | |
| AFGEM | Johannes Post | Zignea | 200203393 | 1:02.06 | | | |
| BM | Senna Hof | isis | 200600761 | 1:13.70 | 1:16.49 | +0,88 | |

Programmanr. 10
25-3-2017 - 18:42

Dames, 100m vrije slag

11 jaar en ouder
Resultaten

| Rang | | | | In.tijd | Tijd | RT | Klasse |
|------|---------------------------|---------------------|-----------|---------|----------------|-------|--------|
| 1. | Myrna van Duijven | DZ&PC | 199900252 | 56.92 | 58.90 | +0,76 | |
| 2. | Josien Wijkhuijs | Orca | 199902866 | 56.20 | 59.81 | +0,74 | |
| 3. | Karin Rijkelijhuizen | DZ&PC | 199403358 | 57.51 | 1:01.37 | +0,76 | |
| 4. | Marit Boxum | Deltasteur | 200000068 | 59.76 | 1:02.23 | +0,80 | |
| 5. | Amy Lynn Zweers | Dedemsvaart-AC | 200300390 | 1:00.50 | 1:02.65 | +0,71 | |
| 6. | Renate Hemmes | Bubble | 199600418 | 59.67 | 1:03.20 | +0,80 | |
| 7. | Nynke Zandstra | DZ&PC | 200202044 | 1:00.85 | 1:03.35 | +0,84 | |
| 8. | Eva Willebrands | Orca | 200101510 | 1:00.35 | 1:03.51 | +0,86 | |
| 9. | Cynthia Smit | Zuiderzeezwemmers | 200100550 | 1:00.79 | 1:03.70 | +0,88 | |
| 10. | Manon de Man | Deltasteur | 200201458 | 1:03.02 | 1:03.89 | +0,67 | |
| 11. | Tara van Bree | Dedemsvaart-AC | 200103650 | 1:02.18 | 1:04.83 | +0,80 | |
| 12. | Michelle Zomerdijk | Dedemsvaart-AC | 200003196 | 1:00.84 | 1:04.84 | +0,76 | |
| 13. | Myrthe Offenga | SG FZC54-De Vikings | 199901874 | 1:01.14 | 1:05.20 | +0,80 | |
| 14. | Lotte Rougoor | Dedemsvaart-AC | 200000774 | 1:02.04 | 1:05.48 | +0,76 | |
| 15. | Masha Polushkina | ReVeLie Swim Team | 200203064 | 1:03.14 | 1:05.66 | +0,91 | |
| 16. | Danique Slaper | TriVia | 200401914 | 1:04.10 | 1:05.75 | +0,76 | |
| 17. | Carolien Baarda | Orca | 199704060 | 1:02.75 | 1:05.99 | +0,80 | |
| 18. | Ilse Hoogeveen | Aqua 68 | 200301140 | 1:06.35 | 1:06.85 | +0,83 | |
| 19. | Joyce Kuipers | Orca | 200103426 | 1:05.33 | 1:06.91 | +0,75 | |
| 20. | Nova Wiersma | Zignea | 200105550 | 1:19.75 | 1:07.30 | +0,76 | |
| 21. | Anna Tinga | De Forel | 200302734 | 1:04.76 | 1:07.43 | +0,85 | |
| 22. | Marinda Top | Zeno | 200300460 | 1:04.83 | 1:07.55 | +0,63 | |
| 23. | Henriëke Jonkman | DZ&PC | 200000840 | 1:04.82 | 1:07.56 | +0,84 | |
| * | | | | | | | |
| 24. | Krista De Reus-Trompetter | DZ&PC | 197600520 | 1:07.66 | 1:07.58 | +0,93 | |
| 25. | Alessia Sluis | Dedemsvaart-AC | 200300896 | 1:06.07 | 1:07.93 | +0,72 | |
| 26. | Eline Dankelman | Dedemsvaart-AC | 200204804 | 1:06.05 | 1:07.95 | | |
| 27. | Sanne Kloezen | ZPC Stadskanaal | 200204644 | 1:05.33 | 1:08.22 | +0,85 | |
| | Melissa de Lang | De Grunte | 200001186 | 1:05.68 | 1:08.22 | +0,80 | |

Uitslag limietwedstrijd 25 maart 2017

Programmanr. 10, Dames, 100m vrije slag, 11 jaar en ouder

| Rang | | | | In.tijd | Tijd | RT | Klasse |
|---|--------------------------|---------------------|-----------|---------|----------------|-------|--------|
| 29. | Marieke Wind | Nova | 200300178 | 1:06.15 | 1:08.39 | +0,84 | |
| 30. | Romy Jalving | HZ&PC Heerenveen | 200000616 | 1:05.66 | 1:08.70 | +0,78 | |
| 31. | Hilde Jonkman | Zuiderzeezwemmers | 200300442 | 1:09.25 | 1:09.16 | +0,96 | |
| 32. | Arita Tolman | de Valken | 200000914 | 1:09.05 | 1:09.43 | +0,82 | |
| 33. | Nora Brouwer | Aquapoldro | 200300480 | 1:04.99 | 1:09.51 | +0,78 | |
| 34. | Merle Stavorinus | de Granaet | 200400138 | 1:08.90 | 1:09.77 | +0,89 | |
| 35. | Joëlle van der Veen | Dedemsvaart-AC | 200201176 | 1:06.60 | 1:09.94 | +0,90 | |
| 36. | Camilla Dortmund | Gzw | 200100786 | 1:07.28 | 1:10.12 | +0,86 | |
| 37. | Emma Sies | TriVia | 200300732 | 1:05.57 | 1:10.15 | +0,85 | |
| 38. | Lynn Reitsma | Swol 1894 | 200502750 | 1:09.61 | 1:10.58 | +0,78 | |
| 39. | Martine Kamminga | de Granaet | 200201172 | 1:10.90 | 1:11.42 | +0,84 | |
| 40. | Kim van Dijk | Zignea | 200403008 | 1:11.44 | 1:11.59 | +0,87 | |
| 41. | Leonique Spierenburg | de Valken | 200204354 | 1:11.80 | 1:11.64 | +0,86 | |
| 42. | Sigrid Hoogland | De Forel | 200301976 | 1:09.51 | 1:11.78 | +0,77 | |
| 43. | Esmee Kloezen | ZPC Stadskanaal | 200204646 | 1:09.07 | 1:11.88 | +0,83 | |
| 44. | Marte Hieke van der Kamp | SG FZC54-De Vikings | 200500218 | 1:11.35 | 1:12.05 | +0,94 | |
| 45. | Noa Sopamena | ReVeLie Swim Team | 200202546 | 1:10.18 | 1:12.45 | +0,80 | |
| 46. | Daphne Spaan | Dedemsvaart-AC | 200100740 | 1:05.11 | 1:12.47 | +0,86 | |
| 47. | Tove Beltman | Orca | 200301618 | 1:12.54 | 1:12.55 | +0,79 | |
| 48. | Loïs Jalving | HZ&PC Heerenveen | 200400280 | 1:09.76 | 1:12.58 | +0,81 | |
| 49. | Sanne Hofman | ZPC Hoogeveen | 200102154 | 1:09.60 | 1:12.65 | +0,88 | S13 |
| 50. | Vera Vanderheyden | ReVeLie Swim Team | 200103416 | 1:08.83 | 1:12.72 | +0,88 | |
| 51. | Aleid te Velthuis | Dedemsvaart-AC | 200401470 | 1:10.02 | 1:13.19 | +0,78 | |
| 52. | Eline Pathuis | ZPC Stadskanaal | 200300408 | 1:14.49 | 1:13.27 | +0,97 | |
| 53. | Anouk Boltendal | HZ&PC Heerenveen | 200002518 | 1:14.36 | 1:13.98 | +0,70 | |
| 54. | Naomi Vellinga | Wetterwille | 200500504 | 1:13.18 | 1:14.22 | +0,92 | |
| 55. | Julia Spierenburg | de Valken | 200500798 | 1:14.12 | 1:14.39 | +0,87 | |
| 56. | Linde Kasemir | Nova | 200502446 | 1:14.96 | 1:14.59 | +0,72 | |
| 57. | Ielan van Meerlo | Wetterwille | 200201098 | 1:09.40 | 1:14.62 | +0,74 | |
| 58. | Anouk van Duijven | isis | 199800888 | 1:14.95 | 1:14.81 | +0,83 | |
| 59. | Yvonne Kuipers | Zeno | 200303078 | 1:10.11 | 1:14.88 | +0,83 | |
| 60. | Anouk Veeninga | De Spatters | 200300048 | 1:15.26 | 1:16.10 | +0,80 | |
| 61. | Rinlaphad Elzinga | de Granaet | 200502822 | 1:14.33 | 1:16.28 | +1,04 | |
| 62. | Marijke Poortinga | Wetterwille | 199906518 | 1:13.85 | 1:16.73 | +0,82 | |
| 63. | Tessa Maat | Deltasteur | 200201826 | 1:12.00 | 1:16.90 | +0,97 | |
| 64. | Ilse Tonkens | Zuiderzeezwemmers | 200403024 | 1:15.79 | 1:17.03 | +0,96 | |
| 65. | Liza van Domselaar | TriVia | 200201464 | 1:17.00 | 1:17.74 | +0,69 | |
| 66. | Cornalijn Ramaker | De Grunte | 199706580 | 1:18.55 | 1:18.84 | +0,81 | |
| 67. | Jolieke Timmer | de Valken | 199800688 | 1:11.83 | 1:19.61 | +0,80 | |
| 68. | Suzanne Vesseur | Zuiderzeezwemmers | 200500740 | 1:19.84 | 1:19.70 | +0,90 | |
| 69. | Maike van der Heide | de Granaet | 200500828 | 1:16.58 | 1:20.82 | +0,77 | |
| 70. | Annemieke Visch | GZZignea Emmeloord | 198302762 | 1:35.08 | 1:39.09 | +1,14 | S14 |
| DIS | Liesette Bruinsma | HZ&PC Heerenveen | 200004346 | 1:07.22 | | | S11 |
| <i>AA - Gestart voor het startsignaal (en wel gezwommen).</i> | | | | | | | |
| AFGEM | Annemijn Folkerts | TriVia | 200500628 | 1:15.63 | | | |

Uitslag limietwedstrijd 25 maart 2017

Programmanr. 11
25-3-2017 - 19:07

Heren, 200m schoolslag

12 jaar en ouder
Resultaten

| Rang | | | | In.tijd | Tijd | RT | Klasse |
|------|-----------------------|-----------------------|-----------|---------|----------------|-------|--------|
| 1. | Koen Lems | ZPC Hoogeveen | 199603709 | 2:19.73 | 2:27.20 | +0,82 | |
| | 100m: 1:11.24 1:11.24 | 200m: 2:27.20 1:15.96 | | | | | |
| 2. | Ardi Knol | ZPC Hoogeveen | 199603447 | 2:28.41 | 2:34.20 | +0,84 | |
| | 100m: 1:13.74 1:13.74 | 200m: 2:34.20 1:20.46 | | | | | |
| 3. | Derk Jan van Duyn | De Spatters | 200104517 | 2:42.82 | 2:42.72 | +0,90 | |
| | 100m: 1:19.12 1:19.12 | 200m: 2:42.72 1:23.60 | | | | | |
| 4. | Maik Huser | ZPC Hoogeveen | 199900265 | 2:35.83 | 2:43.19 | +0,96 | |
| | 100m: 1:18.96 1:18.96 | 200m: 2:43.19 1:24.23 | | | | | |
| 5. | Carlo Ruiz | De Forel | 199802549 | 2:33.08 | 2:46.64 | +0,91 | |
| | 100m: 1:19.78 1:19.78 | 200m: 2:46.64 1:26.86 | | | | | |
| 6. | Coen de Lang | ZPC Hoogeveen | 200100067 | 2:41.13 | 2:51.30 | +0,82 | |
| | 100m: 1:21.11 1:21.11 | 200m: 2:51.30 1:30.19 | | | | | |
| 7. | Antwan Prins | De Hardenberg | 200300209 | 2:46.02 | 2:51.72 | +0,72 | |
| | 100m: 1:24.43 1:24.43 | 200m: 2:51.72 1:27.29 | | | | | |
| 8. | Mike Fuhler | ZC Borger | 200201983 | 2:55.91 | 2:59.85 | +0,88 | |
| | 100m: 1:26.73 1:26.73 | 200m: 2:59.85 1:33.12 | | | | | |

Programmanr. 12
25-3-2017 - 19:10

Dames, 200m schoolslag

11 jaar en ouder
Resultaten

| Rang | | | | In.tijd | Tijd | RT | Klasse |
|-------|-----------------------|-----------------------|-----------|---------|----------------|-------|--------|
| 1. | Lonneke Graansma | TriVia | 199900936 | 2:43.63 | 2:52.47 | +0,75 | |
| | * | | | | | | |
| | 100m: 1:21.72 1:21.72 | 200m: 2:52.47 1:30.75 | | | | | |
| 2. | Mirthe Schenkel | ZPC Hoogeveen | 200300666 | 2:51.84 | 2:55.12 | +0,85 | |
| | * | | | | | | |
| | 100m: 1:28.74 1:28.74 | 200m: 2:55.12 1:26.38 | | | | | |
| 3. | Ismay Lichtendonk | Dedemsvaart-AC | 200400622 | 2:53.52 | 3:04.66 | +0,81 | |
| | 100m: 1:27.72 1:27.72 | 200m: 3:04.66 1:36.94 | | | | | |
| 4. | Roeliene Bouwman | De Spatters | 200205106 | 3:11.62 | 3:12.91 | +0,86 | |
| | 100m: 1:33.83 1:33.83 | 200m: 3:12.91 1:39.08 | | | | | |
| 5. | Miron Schimmelpenning | ZPC Hoogeveen | 200500426 | 3:06.27 | 3:15.83 | +0,92 | |
| | 100m: 1:33.65 1:33.65 | 200m: 3:15.83 1:42.18 | | | | | |
| 6. | Dagmar Kruijck | Zuiderzeezwemmers | 199800008 | 3:11.39 | 3:20.06 | +0,71 | |
| | 100m: 1:34.15 1:34.15 | 200m: 3:20.06 1:45.91 | | | | | |
| AFGEM | Sterre-Marit Drok | ZPC Stadskanaal | 200400880 | 3:09.61 | | | |
| AFGEM | Arianne Meijer | HZ&PC Heerenveen | 200500304 | 3:05.41 | | | |

Uitslag limietwedstrijd 25 maart 2017

Splash Meet Manager, 11.46751

Registered to DZ&PC

25-3-2017 20:42 - pagina 12

Programmanr. 13
25-3-2017 - 19:14

Heren, 200m wisselslag

12 jaar en ouder
Resultaten

| Rang | | | | In.tijd | Tijd | RT | Klasse |
|------|-----------------------|-----------------------|-----------|---------|----------------|-------|--------|
| 1. | Richard Kuipers | Orca | 199704171 | 2:08.52 | 2:18.57 | +0,81 | |
| | 100m: 1:05.29 1:05.29 | 200m: 2:18.57 1:13.28 | | | | | |
| 2. | Emile Dost | ZC Borger | 200100731 | 2:12.00 | 2:19.81 | +0,86 | |
| | 100m: 1:07.17 1:07.17 | 200m: 2:19.81 1:12.64 | | | | | |
| 3. | Arjan Dekker | ReVeLie Swim Team | 200000499 | 2:15.01 | 2:20.06 | +0,77 | |
| | 100m: 1:08.28 1:08.28 | 200m: 2:20.06 1:11.78 | | | | | |
| 4. | Marcel Delfstra | Orca | 200100037 | 2:14.08 | 2:20.36 | +0,75 | |
| | 100m: 1:06.79 1:06.79 | 200m: 2:20.36 1:13.57 | | | | | |
| 5. | Dushan de Bruijn | De Forel | 200201273 | 2:22.28 | 2:26.72 | +0,73 | |
| | 100m: 1:10.87 1:10.87 | 200m: 2:26.72 1:15.85 | | | | | |
| 6. | Frederik Adema | de Granaet | 200300253 | 2:31.98 | 2:33.52 | +0,78 | |
| | 100m: 1:12.13 1:12.13 | 200m: 2:33.52 1:21.39 | | | | | |
| 7. | Jelle Opmeer | Octopus | 200100269 | 2:27.36 | 2:33.60 | +0,78 | |
| | 100m: 1:13.47 1:13.47 | 200m: 2:33.60 1:20.13 | | | | | |
| 8. | Jarno Bijsterbosch | Octopus | 200300081 | 2:34.72 | 2:35.22 | +0,67 | |
| | 100m: 1:12.25 1:12.25 | 200m: 2:35.22 1:22.97 | | | | | |
| 9. | Arnoud Bos | Bubble | 200203241 | 2:33.39 | 2:36.81 | +0,93 | |
| | 100m: 1:14.56 1:14.56 | 200m: 2:36.81 1:22.25 | | | | | |
| 10. | Erwin Pras | Gzww | 199601781 | 2:31.46 | 2:38.30 | +0,86 | |
| | 100m: 1:14.79 1:14.79 | 200m: 2:38.30 1:23.51 | | | | | |
| 11. | Alex Stevens | de Valken | 199703545 | 2:31.21 | 2:38.62 | +0,80 | |
| | 100m: 1:17.19 1:17.19 | 200m: 2:38.62 1:21.43 | | | | | |
| 12. | Makai van Haren | De Forel | 200200627 | 2:29.68 | 2:40.53 | +0,71 | |
| | 100m: 1:12.62 1:12.62 | 200m: 2:40.53 1:27.91 | | | | | |
| 13. | Marnix van Bottenburg | Octopus | 200100479 | 2:42.94 | 2:41.24 | +0,80 | |
| | 100m: 1:14.53 1:14.53 | 200m: 2:41.24 1:26.71 | | | | | |
| 14. | Wouter van Asperen | De Spatters | 200000125 | 2:29.71 | 2:44.54 | +0,84 | |
| | 100m: 1:21.12 1:21.12 | 200m: 2:44.54 1:23.42 | | | | | |
| 15. | Thijs van Erp | Swol 1894 | 200200313 | 2:38.89 | 2:45.74 | +0,78 | |
| | 100m: 1:18.31 1:18.31 | 200m: 2:45.74 1:27.43 | | | | | |
| 16. | Noa Burgstra | TriVia | 200300557 | 2:38.19 | 2:48.90 | +0,86 | |
| | 100m: 1:24.38 1:24.38 | 200m: 2:48.90 1:24.52 | | | | | |
| 17. | Florian Houwen | Bubble | 200400065 | 2:41.81 | 2:48.91 | +0,80 | |
| | 100m: 1:20.97 1:20.97 | 200m: 2:48.91 1:27.94 | | | | | |
| 18. | Mees Niemeijer | DZ&PC | 200201275 | 2:53.00 | 2:49.37 | +0,57 | |
| | 100m: 1:21.16 1:21.16 | 200m: 2:49.37 1:28.21 | | | | | |
| 19. | Ruben van Veenen | Zcnf34 | 200400425 | 2:54.82 | 2:51.14 | +0,82 | |
| | 100m: 1:23.46 1:23.46 | 200m: 2:51.14 1:27.68 | | | | | |
| 20. | Quint van Haren | De Forel | 200400215 | 2:43.58 | 2:52.67 | +0,95 | |
| | 100m: 1:20.13 1:20.13 | 200m: 2:52.67 1:32.54 | | | | | |

Uitslag limietwedstrijd 25 maart 2017

Splash Meet Manager, 11.46751

Registered to DZ&PC

25-3-2017 20:42 - pagina 13

Programmanr. 13, Heren, 200m wisselslag, 12 jaar en ouder

| Rang | | | | In.tijd | Tijd | RT | Klasse |
|------|---|-----------------------|-----------|---------|----------------|-------|--------|
| 21. | Tiemen Jonkman | DZ&PC | 200301193 | 3:06.05 | 3:07.12 | +0,79 | |
| | 100m: 1:31.95 1:31.95 | 200m: 3:07.12 1:35.17 | | | | | |
| 22. | Rens Meijberg | de Valken | 200004155 | 2:53.69 | 3:08.40 | +0,76 | |
| | 100m: 1:28.33 1:28.33 | 200m: 3:08.40 1:40.07 | | | | | |
| 23. | Willem Poortinga | Wetterwille | 200105093 | 3:12.17 | 3:17.27 | +0,83 | SM10 |
| | 100m: 1:35.50 1:35.50 | 200m: 3:17.27 1:41.77 | | | | | |
| DIS | Tristan Beugelsdijk | De Hardenberg | 200300783 | 2:48.99 | | | |
| | <i>RH - Het eindpunt niet in rugligging aangeraakt.</i> | | | | | | |

Programmanr. 14
25-3-2017 - 19:24

Dames, 200m wisselslag

11 jaar en ouder
Resultaten

| Rang | | | | In.tijd | Tijd | RT | Klasse |
|------|-----------------------|-----------------------|-----------|---------|----------------|-------|--------|
| 1. | Laura Setz | Nova | 200000130 | 2:21.07 | 2:28.36 | +0,85 | |
| | 100m: 1:10.61 1:10.61 | 200m: 2:28.36 1:17.75 | | | | | |
| 2. | Eline van der Wal | DZ&PC | 200100930 | 2:29.48 | 2:28.43 | +0,75 | |
| | 100m: 1:09.90 1:09.90 | 200m: 2:28.43 1:18.53 | | | | | |
| 3. | Lisanne Boets | Nova | 200200346 | 2:34.49 | 2:37.26 | +0,84 | |
| | 100m: 1:16.28 1:16.28 | 200m: 2:37.26 1:20.98 | | | | | |
| 4. | Brit Brandsma | De Forel | 200100026 | 2:29.82 | 2:37.86 | +0,77 | |
| | 100m: 1:12.97 1:12.97 | 200m: 2:37.86 1:24.89 | | | | | |
| 5. | Tessa van de Belt | Dedemsvaart-AC | 200102056 | 2:31.67 | 2:38.54 | +0,80 | |
| | 100m: 1:14.52 1:14.52 | 200m: 2:38.54 1:24.02 | | | | | |
| 6. | Fleur Vialle | Nova | 200100554 | 2:35.10 | 2:40.88 | +0,76 | |
| | 100m: 1:15.03 1:15.03 | 200m: 2:40.88 1:25.85 | | | | | |
| 7. | Ilona Venema | ReVeLie Swim Team | 200200050 | 2:45.79 | 2:40.99 | +0,75 | SM10 |
| | 100m: 1:13.69 1:13.69 | 200m: 2:40.99 1:27.30 | | | | | |
| 8. | Leonie van Wier | HZ&PC Heerenveen | 200200436 | 2:46.11 | 2:42.82 | +0,85 | |
| | 100m: 1:20.15 1:20.15 | 200m: 2:42.82 1:22.67 | | | | | |
| 9. | Lianne van Wier | HZ&PC Heerenveen | 200200438 | 2:39.75 | 2:43.22 | +0,80 | |
| | 100m: 1:16.03 1:16.03 | 200m: 2:43.22 1:27.19 | | | | | |
| 10. | Emma Hofstee | TriVia | 200401282 | 2:42.80 | 2:43.25 | +0,86 | |
| | 100m: 1:19.35 1:19.35 | 200m: 2:43.25 1:23.90 | | | | | |
| 11. | Marieke Wildeboer | TriVia | 200100016 | 2:35.86 | 2:45.93 | +0,94 | |
| | 100m: 1:20.69 1:20.69 | 200m: 2:45.93 1:25.24 | | | | | |
| 12. | Iris Nieuwhof | TriVia | 200401944 | 2:43.00 | 2:46.38 | +0,84 | |
| | 100m: 1:20.65 1:20.65 | 200m: 2:46.38 1:25.73 | | | | | |
| 13. | Brenda Beijering | ZC Borger | 200300352 | 2:41.00 | 2:46.49 | +0,85 | |
| | 100m: 1:17.68 1:17.68 | 200m: 2:46.49 1:28.81 | | | | | |
| 14. | Noa Teuben | SG FZC54-De Vikings | 200500254 | 2:34.59 | 2:46.66 | +0,88 | |
| | 100m: 1:21.47 1:21.47 | 200m: 2:46.66 1:25.19 | | | | | |

Uitslag limietwedstrijd 25 maart 2017

Programmanr. 14, Dames, 200m wisselslag, 11 jaar en ouder

| Rang | | | | In.tijd | Tijd | RT | Klasse |
|------|-----------------------|-----------------------|-----------|---------|----------------|-------|--------|
| 15. | Luka Stoker | Nova | 200200558 | 2:48.15 | 2:46.78 | +0,90 | |
| | 100m: 1:20.71 1:20.71 | 200m: 2:46.78 1:26.07 | | | | | |
| 16. | Veerle Nieborg | TriVia | 200400428 | 2:35.28 | 2:48.57 | +0,88 | |
| | 100m: 1:22.10 1:22.10 | 200m: 2:48.57 1:26.47 | | | | | |
| 17. | Elisah Velgersdijk | Aquapoldro | 200102436 | 2:40.46 | 2:50.77 | +0,80 | |
| | 100m: 1:21.58 1:21.58 | 200m: 2:50.77 1:29.19 | | | | | |
| 18. | Laura Noord | De Wellerobben | 200202568 | 2:51.71 | 2:51.13 | +0,78 | |
| | 100m: 1:18.68 1:18.68 | 200m: 2:51.13 1:32.45 | | | | | |
| 19. | Sanne Kloezen | ZPC Stadskanaal | 200204644 | 2:47.50 | 2:52.66 | +0,87 | |
| | 100m: 1:23.91 1:23.91 | 200m: 2:52.66 1:28.75 | | | | | |
| 20. | Nike Tolsma | Zignea | 200300336 | 2:52.31 | 2:53.93 | +0,59 | |
| | 100m: 1:23.71 1:23.71 | 200m: 2:53.93 1:30.22 | | | | | |
| 21. | Emma Sies | TriVia | 200300732 | 2:38.90 | 2:53.97 | +0,85 | |
| | 100m: 1:25.95 1:25.95 | 200m: 2:53.97 1:28.02 | | | | | |
| 22. | Leandra Vedder | Steenwijk 1934 | 199600866 | 2:37.67 | 2:54.24 | +0,94 | |
| | 100m: 1:21.09 1:21.09 | 200m: 2:54.24 1:33.15 | | | | | |
| 23. | Ylsa Dijkstra | DZ&PC | 200200728 | 2:41.48 | 2:55.81 | +0,73 | |
| | 100m: 1:23.07 1:23.07 | 200m: 2:55.81 1:32.74 | | | | | |
| 24. | Meghan Mulder | Dedemsvaart-AC | 200301734 | 2:54.64 | 2:55.87 | +0,86 | |
| | 100m: 1:27.29 1:27.29 | 200m: 2:55.87 1:28.58 | | | | | |
| 25. | Liesette Bruinsma | HZ&PC Heerenveen | 200004346 | 2:44.99 | 2:55.95 | +0,74 | SM11 |
| | 100m: 1:30.09 1:30.09 | 200m: 2:55.95 1:25.86 | | | | | |
| 26. | Denise Dost | ZC Borger | 200400190 | 2:53.26 | 2:57.42 | +1,01 | |
| | 100m: 1:25.41 1:25.41 | 200m: 2:57.42 1:32.01 | | | | | |
| 27. | Arita Tolman | de Valken | 200000914 | 2:52.54 | 2:57.70 | +0,82 | |
| | 100m: 1:23.03 1:23.03 | 200m: 2:57.70 1:34.67 | | | | | |
| 28. | Willianne Vos | Bubble | 200300050 | 2:46.27 | 2:58.49 | +0,76 | |
| | 100m: 1:25.33 1:25.33 | 200m: 2:58.49 1:33.16 | | | | | |
| 29. | Femke Panjer | Aquapoldro | 200102438 | 2:48.67 | 2:59.57 | +0,88 | |
| | 100m: 1:26.80 1:26.80 | 200m: 2:59.57 1:32.77 | | | | | |
| 30. | Monica Faber | Deltasteur | 200400388 | 2:52.09 | 2:59.77 | +0,87 | |
| | 100m: 1:27.21 1:27.21 | 200m: 2:59.77 1:32.56 | | | | | |
| 31. | Sophie Heuker | De Spatters | 200203392 | 2:52.27 | 2:59.93 | +0,85 | |
| | 100m: 1:29.20 1:29.20 | 200m: 2:59.93 1:30.73 | | | | | |
| 32. | Tinka Kingma | SG FZC54-De Vikings | 200103176 | 2:55.82 | 3:01.52 | +0,70 | |
| | 100m: 1:29.09 1:29.09 | 200m: 3:01.52 1:32.43 | | | | | |
| 33. | Esmee Kloezen | ZPC Stadskanaal | 200204646 | 2:55.46 | 3:04.27 | +0,88 | |
| | 100m: 1:29.06 1:29.06 | 200m: 3:04.27 1:35.21 | | | | | |
| 34. | Elise Bentlage | ZPC Stadskanaal | 200105358 | 2:56.12 | 3:06.87 | +0,97 | |
| | 100m: 1:32.11 1:32.11 | 200m: 3:06.87 1:34.76 | | | | | |

Uitslag limietwedstrijd 25 maart 2017

Programmanr. 14, Dames, 200m wisselslag, 11 jaar en ouder

| Rang | | | | In.tijd | Tijd | RT | Klasse |
|-------|-------------------|---------------------|---------------|---------|----------------|-------|--------|
| 35. | Marieke Wind | Nova | 200300178 | 2:55.78 | 3:09.67 | | |
| | 100m: 1:31.44 | 1:31.44 | 200m: 3:09.67 | 1:38.23 | | | |
| 36. | Leonie van Hattum | DZ&PC | 200205922 | 3:24.22 | 3:16.00 | +0,87 | |
| | 100m: 1:34.51 | 1:34.51 | 200m: 3:16.00 | 1:41.49 | | | |
| AFGEM | Sterre-Marit Drok | ZPC Stadskanaal | 200400880 | 2:44.11 | | | |
| AFGEM | Ellen Altena | TriVia | 200300266 | 2:42.77 | | | |
| AFGEM | Annemijn Folkerts | TriVia | 200500628 | 2:58.41 | | | |
| AFGEM | Lotte Grovenstein | SG FZC54-De Vikings | 200102964 | 2:47.11 | | | |

Programmanr. 15
25-3-2017 - 19:41

Heren, 100m rugslag

12 jaar en ouder
Resultaten

| Rang | | | | In.tijd | Tijd | RT | Klasse |
|-------|---|---------------------|-----------|---------|----------------|-------|--------|
| 1. | Matthijs van Meerendonk | TriVia | 199900375 | 1:01.78 | 1:03.12 | +0,64 | |
| 2. | Casper Muselaers | Octopus | 199600399 | 59.87 | 1:03.31 | +0,68 | |
| 3. | Jari Hofsink | Deltasteur | 199700535 | 58.87 | 1:04.19 | +0,71 | |
| 4. | Sjoerd Vonk | Wetterwille | 200004241 | 1:02.72 | 1:07.06 | +0,62 | |
| 5. | Owen Peeks | ZPC Hoogeveen | 200100765 | 1:05.03 | 1:07.60 | +0,84 | |
| 6. | Max Pathuis | ZPC Stadskanaal | 200000979 | 1:07.57 | 1:09.33 | +0,69 | |
| 7. | Dennis Wildeboer | Nova | 199800571 | 1:04.48 | 1:09.35 | +0,71 | |
| 8. | Jelmar Koopman | De Forel | 200100249 | 1:01.80 | 1:09.49 | +0,72 | |
| 9. | Raoul Witten | ZPC Hoogeveen | 200200231 | 1:09.08 | 1:09.64 | +0,73 | |
| 10. | Gjalt Panjer | Aquapoldro | 200201943 | 1:07.45 | 1:11.16 | +0,86 | |
| 11. | Christian Muthert | Bubble | 200100139 | 1:08.52 | 1:12.45 | +0,69 | |
| 12. | Melle Fischer | Nova | 199900481 | 1:07.03 | 1:12.62 | +0,64 | |
| 13. | Thomas Hamstra | HZ&PC Heerenveen | 200001693 | 1:10.22 | 1:12.88 | +0,68 | |
| 14. | Björn Kokkelkoren | ZPC Hoogeveen | 200200757 | 1:06.52 | 1:13.86 | +0,79 | |
| 15. | Vincent van Emous | Aquapoldro | 199802783 | 1:06.01 | 1:14.46 | +0,76 | |
| 16. | Jan Berend Sipma | de Granaet | 200201443 | 1:10.87 | 1:15.07 | | |
| 17. | Ilmar Stoop | Zuiderzeezwimmers | 200100871 | 1:08.77 | 1:15.31 | +0,71 | |
| 18. | Jovanny Timmer | De Spatters | 200302369 | 1:12.60 | 1:16.26 | +0,76 | |
| 19. | Josse Reinders | ZPC Hoogeveen | 200201729 | 1:14.62 | 1:17.15 | +0,93 | |
| 20. | Tim Speijer | Bubble | 200301661 | 1:13.35 | 1:18.56 | +0,78 | |
| 21. | Meindert Dekkinga | HZ&PC Heerenveen | 200400377 | 1:15.22 | 1:18.62 | +0,89 | |
| 22. | Erik van der Heide | Wetterwille | 200104975 | 1:19.64 | 1:27.13 | +0,73 | |
| 23. | Sem Lanter | de Valken | 200202191 | 1:19.94 | 1:28.41 | | |
| 24. | Minze Hamstra | de Valken | 200202193 | 1:29.94 | 1:36.11 | +0,76 | |
| 25. | Redmar Visser | de Granaet | 200402055 | 1:40.91 | 1:36.84 | +0,84 | |
| 26. | Daan Waterlander | HZ&PC Heerenveen | 200203405 | 1:46.99 | 1:54.40 | +0,79 | S9 |
| DIS | Yoram van der Tuin | SG FZC54-De Vikings | 200202439 | 1:14.22 | | | |
| | <i>AA - Gestart voor het startsignaal (en wel gezwommen).</i> | | | | | | |
| AFGEM | Marc Hoogeveen | Aqua 68 | 200101585 | 1:03.15 | | | |
| AFGEM | Robert Dragt | Deltasteur | 200400239 | 1:15.09 | | | |

Uitslag limietwedstrijd 25 maart 2017

Programmanr. 16
25-3-2017 - 19:48

Dames, 100m rugslag

11 jaar en ouder
Resultaten

| Rang | | | In.tijd | Tijd | RT | Klasse |
|------|----------------------|---------------------|-----------|---------|----------------|--------|
| 1. | Dionne Salomons | ZC Borger | 200200504 | 1:07.10 | 1:08.97 | +0,69 |
| 2. | Vivianne Dortmund | Gzw | 199801578 | 1:08.14 | 1:11.19 | +0,73 |
| 3. | Suze Kuipers | Orca | 200301714 | 1:09.15 | 1:11.72 | +0,70 |
| 4. | Marit Boxum | Deltasteur | 200000068 | 1:05.72 | 1:12.08 | +0,92 |
| 5. | Tessa Kooi | Nova | 200201386 | 1:06.79 | 1:12.12 | +0,72 |
| 6. | Hilde Dekker | ReVeLie Swim Team | 199901926 | 1:09.62 | 1:13.48 | +0,82 |
| | * | | | | | |
| 7. | Stéphanie Bergsma | Dedemsvaart-AC | 199203374 | 1:07.58 | 1:13.60 | +0,66 |
| 8. | Milou ten Koppel | Deltasteur | 200302572 | 1:10.42 | 1:14.00 | +0,80 |
| 9. | Lotte Rougoor | Dedemsvaart-AC | 200000774 | 1:08.75 | 1:14.01 | +0,77 |
| 10. | Cynthia Smit | Zuiderzeezwemmers | 200100550 | 1:07.84 | 1:15.37 | +0,71 |
| 11. | Amé Hulleman | ReVeLie Swim Team | 200202794 | 1:12.02 | 1:15.45 | +0,84 |
| 12. | Hanne te Velthuis | Dedemsvaart-AC | 200201324 | 1:11.03 | 1:15.80 | +0,87 |
| 13. | Manon de Man | Deltasteur | 200201458 | 1:11.67 | 1:16.13 | +0,76 |
| 14. | Danique Slaper | TriVia | 200401914 | 1:10.96 | 1:16.57 | +0,77 |
| 15. | Carolien Baarda | Orca | 199704060 | 1:12.07 | 1:16.64 | +0,71 |
| 16. | Senna van der Veen | ZPC Hoogeveen | 200400072 | 1:12.29 | 1:16.98 | +0,77 |
| 17. | Tara van Bree | Dedemsvaart-AC | 200103650 | 1:13.75 | 1:17.07 | +0,88 |
| 18. | Myrthe Offenga | SG FZC54-De Vikings | 199901874 | 1:11.43 | 1:17.09 | +0,73 |
| 19. | Anna Tinga | De Forel | 200302734 | 1:13.23 | 1:17.78 | +0,76 |
| 20. | Nora Brouwer | Aquapoldro | 200300480 | 1:15.80 | 1:18.51 | +0,81 |
| 21. | Marinda Top | Zeno | 200300460 | 1:15.64 | 1:18.80 | +0,62 |
| 22. | Demi Westendorp | Deltasteur | 200500262 | 1:17.37 | 1:20.01 | +0,75 |
| 23. | Melissa de Lang | De Grunte | 200001186 | 1:16.72 | 1:20.19 | +0,79 |
| 24. | Hilde Jonkman | Zuiderzeezwemmers | 200300442 | 1:14.32 | 1:20.25 | +0,70 |
| 25. | Manon Tiggelaar | ZPC Hoogeveen | 200400394 | 1:13.47 | 1:20.49 | +0,85 |
| 26. | Rosa Ebbinge | DZ&PC | 200200904 | 1:13.74 | 1:21.81 | +0,84 |
| 27. | Camilla Dortmund | Gzw | 200100786 | 1:18.49 | 1:22.80 | +0,72 |
| 28. | Elka Siesling | SG FZC54-De Vikings | 200100566 | 1:15.21 | 1:23.72 | +0,78 |
| 29. | Daphne Outhuijse | SG FZC54-De Vikings | 200003582 | 1:20.21 | 1:24.00 | +0,81 |
| 30. | Myrthe Sietsma | Wetterwille | 200203854 | 1:23.35 | 1:25.79 | |
| 31. | Linde Kasemir | Nova | 200502446 | 1:27.05 | 1:26.12 | +0,76 |
| 32. | Eline Pathuis | ZPC Stadskanaal | 200300408 | 1:24.54 | 1:26.39 | +0,85 |
| 33. | Leonique Spierenburg | de Valken | 200204354 | 1:27.13 | 1:27.21 | +0,80 |
| 34. | Yvonne Kuipers | Zeno | 200303078 | 1:23.23 | 1:27.22 | +0,86 |
| 35. | Julia Spierenburg | de Valken | 200500798 | 1:25.73 | 1:28.60 | +0,73 |
| 36. | Tara Schuurman | Deltasteur | 200400386 | 1:33.14 | 1:28.72 | +0,71 |
| 37. | Rinlaphad Elzinga | de Granaet | 200502822 | 1:28.53 | 1:28.88 | +1,10 |
| 38. | Merinthe Buurlage | Zcnf34 | 200400626 | 1:34.49 | 1:29.27 | +0,71 |
| 39. | Anouk Boltendal | HZ&PC Heerenveen | 200002518 | 1:23.21 | 1:29.76 | +0,66 |
| 40. | Vera Vanderheyden | ReVeLie Swim Team | 200103416 | 1:23.31 | 1:30.79 | +0,88 |
| 41. | Maike van der Heide | de Granaet | 200500828 | 1:27.84 | 1:32.73 | +0,73 |
| 42. | Nora Balje | TriVia | 200503228 | 1:35.75 | 1:33.28 | +0,99 |
| 43. | Maud Koehoorn | HZ&PC Heerenveen | 200501418 | 1:33.84 | 1:36.33 | |
| 44. | Annemieke Visch | GZZignea Emmeloord | 198302762 | 1:50.39 | 1:55.35 | S14 |

Uitslag limietwedstrijd 25 maart 2017

Splash Meet Manager, 11.46751

Registered to DZ&PC

25-3-2017 20:42 - pagina 17

Programmanr. 16, Dames, 100m rugslag, 11 jaar en ouder

| Rang | In.tijd | Tijd | RT | Klasse |
|----------------------|---------|-----------|---------|--------|
| DIS Josien Wijkhuijs | Orca | 199902866 | 1:03.13 | |

RA - Na start en/of keerpunt niet bij of voor de 15m met het hoofd het wateroppervlak doorbroken.

Programmanr. 17
25-3-2017 - 19:59

Heren, 200m vrije slag

12 jaar en ouder
Resultaten

| Rang | In.tijd | Tijd | RT | Klasse |
|------------------------|---------------------|-----------|---------|----------------------|
| 1. Koen Lems | ZPC Hoogeveen | 199603709 | 1:59.81 | 2:06.23 +0,86 |
| 100m: 1:02.63 | 200m: 2:06.23 | 1:03.60 | | |
| 2. Stijn Boertien | Dedemsvaart-AC | 200100719 | 2:01.09 | 2:08.72 +0,92 |
| 100m: 1:03.24 | 200m: 2:08.72 | 1:05.48 | | |
| 3. Bart Muselaers | Octopus | 200100865 | 2:05.95 | 2:11.70 +0,76 |
| 100m: 1:04.37 | 200m: 2:11.70 | 1:07.33 | | |
| 4. Jeroen Louwinger | Nova | 199900583 | 2:05.66 | 2:12.76 +0,74 |
| 100m: 1:05.02 | 200m: 2:12.76 | 1:07.74 | | |
| 5. Darryl Lubbinge | ZPC Hoogeveen | 199701045 | 2:08.67 | 2:12.88 +0,72 |
| 100m: 1:04.64 | 200m: 2:12.88 | 1:08.24 | | |
| 6. Coen de Lang | ZPC Hoogeveen | 200100067 | 2:07.20 | 2:12.90 +0,87 |
| 100m: 1:04.85 | 200m: 2:12.90 | 1:08.05 | | |
| 7. Matias Jansen | Zignea | 200300199 | 2:12.75 | 2:14.11 +0,76 |
| 100m: 1:04.21 | 200m: 2:14.11 | 1:09.90 | | |
| 8. Klaas Pit | DZ&PC | 200104519 | 2:05.31 | 2:15.86 +0,90 |
| 100m: 1:04.47 | 200m: 2:15.86 | 1:11.39 | | |
| 9. Makai van Haren | De Forel | 200200627 | 2:12.63 | 2:17.92 +0,80 |
| 100m: 1:05.59 | 200m: 2:17.92 | 1:12.33 | | |
| 10. Darren Sieswerda | SG FZC54-De Vikings | 200001763 | 2:13.09 | 2:19.41 +0,74 |
| 100m: 1:06.92 | 200m: 2:19.41 | 1:12.49 | | |
| 11. Jurje Broekstra | SG FZC54-De Vikings | 200201483 | 2:13.57 | 2:19.63 +0,80 |
| 100m: 1:06.32 | 200m: 2:19.63 | 1:13.31 | | |
| 12. Jarno Bijsterbosch | Octopus | 200300081 | 2:15.82 | 2:19.92 +0,70 |
| 100m: 1:06.45 | 200m: 2:19.92 | 1:13.47 | | |
| 13. Diederik de Boer | Steenwijk 1934 | 200000269 | 2:13.30 | 2:21.57 +0,77 |
| 100m: 1:06.68 | 200m: 2:21.57 | 1:14.89 | | |
| 14. Pascal Kok | Avena | 200203359 | 2:20.31 | 2:23.60 +0,77 |
| 100m: 1:08.76 | 200m: 2:23.60 | 1:14.84 | | |
| 15. Thijs van Erp | Swol 1894 | 200200313 | 2:26.00 | 2:24.71 +0,77 |
| 100m: 1:09.24 | 200m: 2:24.71 | 1:15.47 | | |
| 16. Mac Peeks | ZPC Hoogeveen | 200400153 | 2:22.52 | 2:25.47 +0,79 |
| 17. Ruben Kooi | Nova | 200300829 | 2:18.94 | 2:26.18 +0,93 |
| 100m: 1:11.52 | 200m: 2:26.18 | 1:14.66 | | |
| 18. Borek Buursma | HZ&PC Heerenveen | 200200747 | 2:20.83 | 2:26.48 +0,81 |
| 100m: 1:12.01 | 200m: 2:26.48 | 1:14.47 | | |

Uitslag limietwedstrijd 25 maart 2017

Programmanr. 17, Heren, 200m vrije slag, 12 jaar en ouder

| Rang | | | | In.tijd | Tijd | RT | Klasse |
|-------|-----------------------|-----------------------|-----------|---------|----------------|-------|--------|
| 19. | Jorian Darwinkel | HZ&PC Heerenveen | 200300565 | 2:26.36 | 2:28.81 | +0,72 | |
| | 100m: 1:11.00 1:11.00 | 200m: 2:28.81 1:17.81 | | | | | |
| 20. | Mathijs Baarda | Orca | 200300633 | 2:22.22 | 2:29.91 | +0,68 | |
| | 100m: 1:11.36 1:11.36 | 200m: 2:29.91 1:18.55 | | | | | |
| 21. | Willem Vonk | Wetterwille | 200301233 | 2:24.44 | 2:31.51 | +0,71 | |
| | 100m: 1:12.91 1:12.91 | 200m: 2:31.51 1:18.60 | | | | | |
| 22. | Sjibren Beeksma | TriVia | 200400133 | 2:30.07 | 2:32.62 | +0,75 | |
| | 100m: 1:15.71 1:15.71 | 200m: 2:32.62 1:16.91 | | | | | |
| 23. | Kevin van Gelderen | TriVia | 200402325 | 2:28.50 | 2:35.48 | +0,91 | |
| | 100m: 1:16.48 1:16.48 | 200m: 2:35.48 1:19.00 | | | | | |
| 24. | Mark Vanger | Wetterwille | 199904565 | 2:28.96 | 2:35.75 | +0,80 | |
| | 100m: 1:13.19 1:13.19 | 200m: 2:35.75 1:22.56 | | | | | |
| 25. | Quint van Haren | De Forel | 200400215 | 2:31.85 | 2:38.29 | +0,92 | |
| 26. | Rens Meijberg | de Valken | 200004155 | 2:31.24 | 2:45.51 | +0,79 | |
| | 100m: 1:20.32 1:20.32 | 200m: 2:45.51 1:25.19 | | | | | |
| 27. | Danny Veenstra | Wetterwille | 200201011 | 2:43.63 | 2:45.74 | +0,87 | |
| | 100m: 1:19.80 1:19.80 | 200m: 2:45.74 1:25.94 | | | | | |
| 28. | Daan Waterlander | HZ&PC Heerenveen | 200203405 | 3:18.61 | 3:25.72 | +1,00 | S9 |
| | 100m: 1:40.54 1:40.54 | 200m: 3:25.72 1:45.18 | | | | | |
| AFGEM | Johannes Post | Zignea | 200203393 | 2:43.70 | | | |

Programmanr. 18
25-3-2017 - 20:12

Dames, 200m vrije slag

11 jaar en ouder
Resultaten

| Rang | | | | In.tijd | Tijd | RT | Klasse |
|------|-----------------------|-----------------------|-----------|---------|----------------|-------|--------|
| 1. | Laura Setz | Nova | 200000130 | 2:02.04 | 2:12.34 | +0,87 | |
| | 100m: 1:03.39 1:03.39 | 200m: 2:12.34 1:08.95 | | | | | |
| 2. | Kyra Wooldrik | ZPC Hoogeveen | 200101042 | 2:15.93 | 2:15.04 | +0,80 | |
| | 100m: 1:05.02 1:05.02 | 200m: 2:15.04 1:10.02 | | | | | |
| 3. | Arianne Kooijnga | TriVia | 200001544 | 2:10.11 | 2:15.12 | +0,90 | |
| | 100m: 1:06.50 1:06.50 | 200m: 2:15.12 1:08.62 | | | | | |
| 4. | Lize Janna de Vries | Orca | 200101948 | 2:11.55 | 2:15.80 | +0,80 | |
| | 100m: 1:05.23 1:05.23 | 200m: 2:15.80 1:10.57 | | | | | |
| 5. | Luca Ebbinge | DZ&PC | 199802406 | 2:14.70 | 2:18.04 | +0,71 | |
| | * | | | | | | |
| 6. | Yara van Kalmthout | Nova | 200200984 | 2:12.71 | 2:18.81 | +0,83 | |
| | 100m: 1:07.19 1:07.19 | 200m: 2:18.81 1:11.62 | | | | | |
| 7. | Manon Compagner | Dedemsvaart-AC | 200101710 | 2:09.74 | 2:20.04 | +0,89 | |
| | 100m: 1:07.71 1:07.71 | 200m: 2:20.04 1:12.33 | | | | | |
| 8. | Danique Stoop | Zuiderzeezwemmers | 199106956 | 2:12.79 | 2:20.82 | +0,77 | |
| | 100m: 1:07.07 1:07.07 | 200m: 2:20.82 1:13.75 | | | | | |

Uitslag limietwedstrijd 25 maart 2017

Programmanr. 18, Dames, 200m vrije slag, 11 jaar en ouder

| Rang | | | | In.tijd | Tijd | RT | Klasse |
|------|--------------------------|-----------------------|-----------|---------|----------------|-------|--------|
| 9. | Eva Willebrands | Orca | 200101510 | 2:13.34 | 2:21.43 | +0,89 | |
| | 100m: 1:06.75 1:06.75 | 200m: 2:21.43 1:14.68 | | | | | |
| 10. | Wiktoria Redzimska | ZPC Hoogeveen | 200106042 | 2:26.53 | 2:21.85 | +0,79 | |
| | 100m: 1:08.32 1:08.32 | 200m: 2:21.85 1:13.53 | | | | | |
| 11. | Myrna van Duijven | DZ&PC | 199900252 | 2:05.03 | 2:22.84 | +0,74 | |
| | 50m: 27.33 27.33 | 200m: 2:22.84 1:55.51 | | | | | |
| 12. | Heline Koning | SG FZC54-De Vikings | 200000422 | 2:23.33 | 2:23.11 | +0,94 | |
| | 100m: 1:10.10 1:10.10 | 200m: 2:23.11 1:13.01 | | | | | |
| 13. | Amy Lynn Zweers | Dedemsvaart-AC | 200300390 | 2:14.93 | 2:23.90 | +0,78 | |
| | 100m: 1:09.01 1:09.01 | 200m: 2:23.90 1:14.89 | | | | | |
| 14. | Maud Kuipers | Dedemsvaart-AC | 200201894 | 2:16.73 | 2:24.12 | +0,81 | |
| | 100m: 1:10.31 1:10.31 | 200m: 2:24.12 1:13.81 | | | | | |
| 15. | Charlotte Wilbers | ZPC Hoogeveen | 200400312 | 2:21.03 | 2:24.46 | +0,71 | |
| | 100m: 1:10.57 1:10.57 | 200m: 2:24.46 1:13.89 | | | | | |
| 16. | Michelle Zomerdijk | Dedemsvaart-AC | 200003196 | 2:12.10 | 2:25.14 | +0,81 | |
| | 100m: 1:10.00 1:10.00 | 200m: 2:25.14 1:15.14 | | | | | |
| 17. | Kyomi Groenhart | DZ&PC | 200400628 | 2:27.44 | 2:26.56 | +0,82 | |
| | 100m: 1:11.74 1:11.74 | 200m: 2:26.56 1:14.82 | | | | | |
| 18. | Alessia Sluis | Dedemsvaart-AC | 200300896 | 2:24.98 | 2:27.81 | | |
| | 100m: 1:10.51 1:10.51 | 200m: 2:27.81 1:17.30 | | | | | |
| 19. | Dyan Rothschild | ZC Borger | 200300998 | 2:28.13 | 2:28.33 | +0,68 | |
| | 100m: 1:11.59 1:11.59 | 200m: 2:28.33 1:16.74 | | | | | |
| 20. | Eline Dankelman | Dedemsvaart-AC | 200204804 | 2:25.13 | 2:29.97 | +0,82 | |
| | 100m: 1:10.24 1:10.24 | 200m: 2:29.97 1:19.73 | | | | | |
| 21. | Kyra Montijn | Dedemsvaart-AC | 200101270 | 2:22.83 | 2:30.56 | +0,89 | |
| | 100m: 1:13.47 1:13.47 | 200m: 2:30.56 1:17.09 | | | | | |
| 22. | Dagmar Kruik | Zuiderzeezwemmers | 199800008 | 2:18.66 | 2:32.16 | +0,79 | |
| | 100m: 1:11.35 1:11.35 | 200m: 2:32.16 1:20.81 | | | | | |
| 23. | Merle Stavorinus | de Granaet | 200400138 | 2:30.49 | 2:34.64 | +0,86 | |
| | 100m: 1:15.76 1:15.76 | 200m: 2:34.64 1:18.88 | | | | | |
| 24. | Martine Kamminga | de Granaet | 200201172 | 2:27.80 | 2:35.16 | +0,83 | |
| 25. | Lisa van Riel | Swol 1894 | 199805652 | 2:28.14 | 2:35.41 | +0,68 | |
| | 100m: 1:14.73 1:14.73 | 200m: 2:35.41 1:20.68 | | | | | |
| 26. | Willianne Vos | Bubble | 200300050 | 2:33.02 | 2:35.91 | +0,86 | |
| | 100m: 1:15.90 1:15.90 | 200m: 2:35.91 1:20.01 | | | | | |
| 27. | Sanne Kloezen | ZPC Stadskanaal | 200204644 | 2:25.21 | 2:36.76 | +0,95 | |
| | 100m: 1:14.02 1:14.02 | 200m: 2:36.76 1:22.74 | | | | | |
| 28. | Tove Beltman | Orca | 200301618 | 2:36.88 | 2:37.24 | +0,84 | |
| | 100m: 1:16.60 1:16.60 | 200m: 2:37.24 1:20.64 | | | | | |
| 29. | Marte Hieke van der Kamp | SG FZC54-De Vikings | 200500218 | 2:36.94 | 2:37.40 | +0,82 | |
| 30. | Rosalie Baarda | Orca | 199903460 | 2:25.35 | 2:37.49 | +0,77 | |
| | 100m: 1:13.42 1:13.42 | 200m: 2:37.49 1:24.07 | | | | | |

Uitslag limietwedstrijd 25 maart 2017

Programmanr. 18, Dames, 200m vrije slag, 11 jaar en ouder

| Rang | | | | In.tijd | Tijd | RT | Klasse |
|-------|-------------------|------------------|---------------|---------|----------------|-------|--------|
| 31. | Daphne Spaan | Dedemsvaart-AC | 200100740 | 2:23.74 | 2:38.86 | +0,79 | |
| | 100m: 1:14.02 | 1:14.02 | 200m: 2:38.86 | 1:24.84 | | | |
| 32. | Erna Smit | DZ&PC | 200201908 | 2:48.64 | 2:40.08 | +0,78 | |
| | 100m: 1:17.39 | 1:17.39 | 200m: 2:40.08 | 1:22.69 | | | |
| 33. | Marrit Tiekstra | Orca | 200301796 | 2:36.73 | 2:40.64 | +0,85 | |
| | 100m: 1:16.81 | 1:16.81 | 200m: 2:40.64 | 1:23.83 | | | |
| 34. | Charley Zethoven | HZ&PC Heerenveen | 200500868 | 2:38.40 | 2:44.85 | +0,67 | |
| 35. | Lieke Visser | de Granaet | 200400666 | 2:39.48 | 2:45.65 | +0,86 | |
| | 100m: 1:20.61 | 1:20.61 | 200m: 2:45.65 | 1:25.04 | | | |
| 36. | Lynn Reitsma | Swol 1894 | 200502750 | 2:38.94 | 2:46.61 | +0,86 | |
| | 100m: 1:23.97 | 1:23.97 | 200m: 2:46.61 | 1:22.64 | | | |
| 37. | Esmee Kloezen | ZPC Stadskanaal | 200204646 | 2:30.74 | 2:48.98 | +0,92 | |
| | 100m: 1:20.29 | 1:20.29 | 200m: 2:48.98 | 1:28.69 | | | |
| 38. | Tessa Maat | Deltasteur | 200201826 | 2:38.32 | 2:49.80 | +0,88 | |
| | 100m: 1:23.26 | 1:23.26 | 200m: 2:49.80 | 1:26.54 | | | |
| 39. | Elise Bentlage | ZPC Stadskanaal | 200105358 | 2:37.31 | 2:50.91 | +0,90 | |
| | 100m: 1:20.10 | 1:20.10 | 200m: 2:50.91 | 1:30.81 | | | |
| AFGEM | Sterre-Marit Drok | ZPC Stadskanaal | 200400880 | 2:21.34 | | | |